



The SCOPE (Supportive, Captivating, & Original Programs & Experiences) This Program encourages people of all abilities to participate in recreational programs and activities. The mission of SCOPE is to provide specialized support and recreational opportunities to people with disabilities. Our vision is to enrich lives and create experiences that are memorable, empowering, fun and safe for all participants.

Ariana Heter, Therapeutic Recreation Coordinator | ariana.heter@longmontcolorado.gov | 303-651-8907

SCOPE: Arts & Crafts

It's time to get those creative muscles moving! Join SCOPE for a variety of creative expressions! All materials are provided. All abilities are welcome. *"scope"*

8 & up: **Tues, 5-6pm** 449202 | 149202
Sept 10 | Oct 8 | Nov 12 | Dec 10
 Location: Locations vary
 Fee: \$15 resident/\$18.75 non-resident

SCOPE: Movie Night

Join in for some movie night fun! Popcorn, light refreshments, and great company! All movies will be PG-13. *"scope"*

8 & up: **Mon, 5-7pm** 449508 | 149500
Sept 30 | Oct 14 | Nov 18 | Dec 9
 Location: St Vrain Memorial Bldg, 700 Longs Peak Ave
 Fee: \$15 resident/\$18.75 non-resident

SCOPE: Fitness

Join us for a fun-filled, inclusive exercise experience that celebrates the unique abilities and strengths of every individual on their journey towards a healthier and happier lifestyle. *"scope"*

12 & up: **Sept 9-Nov 25*, Mon, 3:30-4:30pm** 449510
Dec 2-Dec 16, Mon, 3:30-4:30pm 149510
 Location: St Vrain Memorial Bldg, 700 Longs Peak Ave
 Fee: \$7 resident/\$8.75 non-resident



SCOPE: Line Dance

Adaptive line dance makes dance for everyone! No prior dance experience required. Inclusive movement for standing or seated participants. Come out and enjoy line dance with Two Left Boots! *"scope"*



10 & up: **1st & 3rd Wed, 4-5pm** 449513 | 149513
Sept 4-Dec 18*
 Instructor: Two Left Boots
 Location: Izaak Walton Clubhouse, 18 S Sunset
 Daily Fee: \$7 resident/\$8.75 non-resident

SCOPE: Kite Flying

Join us at Dickens Farm Nature Area for kite flying! It's a great way to practice mindfulness, be in the beauty of nature, focus on socializing, and get some exercise. We supply the kites or bring your own! *"scope"*



12 & up: **Sept 11, Wed, 4-5pm** 449512
Oct 9, Wed, 4-5pm 449512
 Location: Dickens Farm Nature Area parking lot
 Fee: \$6.50 resident/\$8 non-resident

SCOPE: Sing for Joy!

Come sing your favorite songs with Barbara Jo and let the magic of singing with others light up your being from head to toe! No experience necessary, just a desire to have a bunch of fun! Barbara Jo will bring her bells and percussion instruments! *Care assistants are required to attend with persons with severe physical or emotional needs. *"scope"*

10 & up: **Fri, 4:30-5:30pm** 449516 | 149516
Sept 13 | Sept 27 | Oct 11 | Oct 25
Nov 8 | Nov 22 | Dec 13
 Instructor: Barbara Jo Kammer
 Location: Izaak Walton Clubhouse, 18 S Sunset
 Fee: \$6.50 resident/\$8 non-resident

SCOPE: Parties

Join SCOPE for a party every month! Light refreshments provided.

8 & up:		<i>"scope"</i>
Yard Games Party	Sept 25, Wed, 5-6pm	449520
Halloween Party	Oct 23, Wed, 5-6pm	449520
Bing-OH Night!	Nov 13, Wed, 5-6pm	449520
Holiday Sweater	Dec 11, Wed, 5-6pm	149520
Location:	Locations vary	
Fee:	\$16.50 resident/\$20.50 non-resident	

SCOPE: Lunch Trips

Each month, join SCOPE as we visit a different restaurant for casual lunch. Transportation is provided. Cost of lunch is on your own. Spots are limited, registered now! *"scope"*

8 & up:	Tuesdays	
Parkway Food Hall	Sept 24, 11am-1pm	449521
T/aco	Oct 22, 10:30am-1:30pm	449521
Rosalee's Pizzeria	Nov 19, 11am-1pm	449521
The Yellow Deli	Dec 17, Tue, 10:30am-1:30pm	449521
Location:	St Vrain Memorial Bldg, 700 Longs Peak Ave	
Fee:	\$5 resident/\$6 non-resident	

SCOPE: Community Outing

Join SCOPE out in the community! This program provides the opportunity to develop a variety of important social and life skills, find new hobbies and interests, and have fun connecting with others in a new environment. Prices vary based on the community outing destination. *"scope"*

10 & up:		449514
The Bee Hugger Farm	Sept 17, Tue, 10:30am-1:30pm	
Leaf Peeping at Mud Lake	Sept 23, Mon, 8am-12pm	
Lil' Buckaroo's Petting Zoo	Oct 7, Mon, 10:30am-1:30pm	
Location:	St Vrain Memorial Bldg, 700 Longs Peak Ave	
Fee:	Price varies based on outing	

SCOPE: Bowling

Join us at Centennial Lanes to enjoy a fun and exciting leisure activity or prepare for the Special Olympics Bowling Tournament in the Fall. Each bowler participates at their own pace and should have a basic knowledge of bowling. An additional fee of \$2 will be collected from each bowler per week. *"scope"*

12 & up:	Sept 12-Oct 17, Thurs, 3-4pm	449100
	Oct 24-Dec 12, Thurs, 3-4pm	449100
Location:	Centennial Bowling, 110 E 9th Ave	
Fee:	\$20 resident/\$25 non-resident	

SCOPE: Volleyball

This program offers instruction and training in Special Olympics Volleyball Unified team competition. *"scope"*

11 & up:	Sept 10-Nov 12, Tue, 6:15-7:15pm	449110
Location:	St Vrain Memorial Bldg, 700 Longs Peak Ave	
Fee:	\$20 resident/\$25 non-resident	

SCOPE: Pickleball

Come try pickleball with SCOPE! Pickleball is a combination of badminton, ping-pong, and tennis. It's played with a whiffle ball on a short tennis court. It's fun, social, and easy to learn making it one of the nation's fastest growing sports! Learn the basics of the sport while meeting new friends! Equipment is provided. *"scope"*

10 & up:	Tue, 4:30-5:30pm	449511 149511
	Sept 17 Oct 15 Nov 19 Dec 17	
Location:	Longmont Recreation Center, 310 Quail Rd	
Fee:	\$12 resident/\$15 non-resident	

