

Longmont

RECREATION

Summer 2024



SERVING YOU

- » In Person: at three year-round sites
- » Online: <https://rec.ci.longmont.co.us>
- » Over the Phone: 303-774-4700

Si, habla Español



Rumor has it...

LONGMONT RECREATION HAS THE BEST JOBS AROUND!

Now Hiring for All Jobs, All Areas, All Seasons.
Summer positions are interviewing now.

» Visit bit.ly/longmontrecjobs

Quick Reference Guide

3 Easy Ways to Connect with Recreation



ONLINE

RecSupport@LongmontColorado.gov

- » Home Page: www.LongmontColorado.gov/rec
- » Program Registrations: <https://rec.ci.longmont.co.us>
- » Select self-service online cancellations
- » Park Shelter Reservations:
www.LongmontColorado.gov/park-shelters

Questions? Registrations? Reservations?



IN PERSON

- » Longmont Recreation Center, 310 Quail Rd
- » St Vrain Memorial Building, 700 Longs Peak Ave
- » Centennial Pool, 1201 Alpine St



OVER THE PHONE

See more phone numbers inside on page 3 in the City Info Section

1. Registration & Pass Sales: 303-774-4700
2. Longmont Recreation Center: 303-774-4800
3. St Vrain Memorial Building: 303-651-8404
4. Centennial Pool: 303-651-8406
5. Park Shelter Reservations: 303-651-8404

Register
for classes beginning
**TUESDAY,
MARCH 26**

IMPORTANT INFORMATION

- » Full payment is due at registration unless otherwise noted.
- » \$5 minimum service charge assessed for cancellations. Cancellations requested with less than 7 days notice are subject to no refund or loss of a percentage of fees paid.
- » Sorry, refunds cannot be given in cash. A check will be issued and mailed within 2 weeks.
- » \$25 charge on all returned checks.
- » A resident is defined as living within the City limits of Longmont and having utilities (trash service) provided by the City of Longmont.
- » Classes may be cancelled or consolidated if minimum enrollment figures are not met 3 business days before a class starts. Participants will be contacted.

FACILITY FEES

Admittance Fees

(All fees are subject to change. Resident is defined as within Longmont city limits.)

20 VISIT PASS

Valid at all facilities - Expires 5 years from date of purchase.

	Resident	Non-Res	Corp/Mil	
2024 to May 14	\$95.50	\$119.00	\$86.75	Able to purchase/renew online
2024 begin May 15	\$105.00	\$131.50	\$94.50	
20 visit passes are for all ages and may be shared with friends and family.				

2024 Fees go into effect on May 15, 2024

30-Day Pass | 2024

	Resident	Non-Res	Corp/Mil	
Child 2-10 yrs	\$22.00	\$27.50	n/a	Valid at all facilities. Expires 30 days from start date. Able to purchase/renew online
Youth 11-17 yrs	\$31.25	\$39.00	n/a	
Adult 18-54 yrs	\$52.25	\$65.25	\$47.00	
Senior 55 and up	\$31.25	\$39.00	\$28.00	
Household†	\$100.65	\$125.50	\$95.25	
Couple	\$89.75	\$112.25	\$84.50	

3-MONTH PASS* | 2024

	Resident	Non-Res	Corp/Mil	
Child 2-10 yrs	\$57.50	\$71.75	n/a	Valid at all facilities. Expires 3 months from date of purchase. Able to purchase/renew online
Youth 11-17 yrs	\$82.50	\$103.00	n/a	
Adult 18-54 yrs	\$144.00	\$180.00	\$115.25	
Senior 55 and up	\$82.50	\$103.00	\$66.00	
Household†	\$271.00	\$338.75	\$242.25	
Couple	\$238.75	\$298.00	\$209.75	

ANNUAL PASS: Monthly Payments* | 2024

	Resident	Non-Res	Corp/Mil	
Child 2-10 yrs	\$20.50	\$25.75	n/a	Valid at all facilities. Monthly credit card charge or checking/savings.
Youth 11-17 yrs	\$29.00	\$36.25	n/a	
Adult 18-54 yrs	\$50.50	\$63.00	\$45.50	
Senior 55 and up	\$29.00	\$36.25	\$26.00	
Household†	\$95.75	\$119.75	\$90.75	
Couple	\$84.75	\$106.00	\$79.75	

account debit minimum commitment 12 + months required.

Subject to early termination fee of one month. Auto Renewals. Forms to cancel auto debit must be received by the 25th of the month prior to stopping; no proration. Any overdraft fees responsibility of cardholder.

ANNUAL PASS: Paid in full* | 2024

	Resident	Non-Res	Corp/Mil	
Child 2-10 yrs	\$199.50	\$249.50	n/a	Valid at all facilities - Expires 1 year from date of purchase. Includes 2-6 free visits with purchase
Youth 11-17 yrs	\$286.00	\$357.50	n/a	
Adult 18-54 yrs	\$501.00	\$626.25	\$400.75	
Senior 55 and up	\$286.00	\$357.50	\$228.75	
Household†	\$942.75	\$1,178.50	\$842.50	
Couple	\$830.00	\$1,037.50	\$729.75	

*The benefits of 3-Month and Annual passes: Admittance to all indoor year round facilities. Admittance to seasonal outdoor facilities (Ice Pavilion, Sunset Pool, Kanemoto & Roosevelt Activity Pools). †Household pass: The household rate is for 2 adults and their children (22 & under) living at home. Free babysitting at LRC for Household Pass holders.

DROP-IN VISIT

(per person)	2023	2024	effective May 15	
	Resident	Non-Res	Resident	Non-Res
Child 2-10 yrs	\$5.00	\$5.75	\$5.50	\$6.75
Youth 11-17 yrs	\$5.50	\$6.25	\$6.00	\$7.50
Adult 18-54 yrs	\$6.50	\$8.00	\$7.00	\$8.75
Senior 55 and up	\$5.50	\$6.25	\$6.00	\$7.50

Drop-In Visit fees are good for all day, same day use, same user with receipt.

ACTIVITY POOL DROP-IN VISITS

	Resident	Non-Resident	
Under 1 year	\$1.00	\$1.00	Able to purchase/renew visit passes online.
1 year & older	\$4.00	\$5.00	

Visit passes can be purchased for infants and 1 & up online. While there are no discounts for bulk purchase, enjoy swiping a card and avoid the need to carry cash.

PRESCHEDULED GROUP RATE (10+ people)

A reduced rate for groups of 10 or more is available at Recreation Facilities with at least 24 hours' notice. See online LongmontColorado.gov/rec, email RecSupport@longmontcolorado.gov or call 303-774-4700 for information.

CORPORATE RATE

Recreation partners with businesses to promote health & wellness. A minimum of 3 pass-holding employees are required for corporate status. Employees (re) enroll each year to receive benefits. Call 303-651-8821 to inquire.

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Follow us on Facebook!

www.facebook.com/longmontrecreation

Para información sobre esta publicación en Español llame al 303-651-8601 o correo electrónico maria.tostado@longmontcolorado.gov



LONGMONT CIVIC CENTER

350 Kimbark St | 303-776-6050

Hours of Operation:

Mon-Fri 8am-5pm | Closed Sat and Sun

Holidays: Closed May 27, June 19,
July 4, and Sept 2

Join Coffee with Council in 2024

The public is invited to Coffee with Council January through October, at locations throughout Longmont. Find locations online at bit.ly/coffeewithcouncil
See 2024 dates online | Saturdays, 9-10am
For information about city council meetings and agendas, call the City Manager's Office at 303-651-8601 or visit longmontcolorado.gov/agendas



CITY COUNCIL

There are a variety of ways to contact city council members:

- City council meetings, most Tuesdays at 7 pm
- Coffee with Council, one Saturday of every month Jan-Oct
- Mail c/o City Clerk's Office, 350 Kimbark St. 80501
- Email and phone

MAYOR

Joan Peck

Term expires 11/2025

joan.peck@longmontcolorado.gov

303-774-3619

WARD I

Diane Crist

Term expires 11/2027

diane.crist@longmontcolorado.gov

303-774-3614

WARD II

Marcia Martin

Term expires 11/2025

marcia.martin@longmontcolorado.gov

303-774-3617

WARD III /Mayor Pro Tem

Susie Hidalgo-Fahring

Term expires 11/2025

susie.hidalgofahring@longmontcolorado.gov

303-774-3612

AT-LARGE

Shiquita Yarbrough

Term expires 11/2025

shiquita.yarbrough@longmontcolorado.gov

303-774-3613

AT-LARGE

Sean McCoy

Term expires 11/2027

sean.mccoy@longmontcolorado.gov

303-774-3618

AT-LARGE

Aren Rodriguez

Term expires 11/2025

aren.rodriguez@longmontcolorado.gov

303-774-3615

GOLF ADVISORY BOARD

Marshall Allen

John Hay

Philip Schluckebier

Paul Mayer

Rick Accountius

Anne Dorozenski

Sean McCoy, City Council Liaison

CALLAHAN HOUSE ADVISORY BOARD

Karen Kruse

Karen Reed

Maureen McCoy

Cindy Martini

Candis Schey

Brittaney Hastings, Staff Liaison

MUSEUM ADVISORY BOARD

Bruce Montgomery

Caley Cordova

Thomas Kurtz

Catherine Cox

Robert Lee

Linda Buchsbaum

Susie Hidalgo-Fahring, City Council Liaison

TAKE YOUR PLACE ON A CITY BOARD OR COMMISSION!

What is your passion? Preserving history? Programs for senior citizens? Longmont's beautiful parks and open spaces? Ensuring that community services are available to everyone?

If you have a desire to serve your community and participate in the deliberation of topics of importance to the city, consider serving on a volunteer advisory board. Applicants must be registered voters and residents of Longmont for at least one year prior to serving.

It's easy to apply!

Visit the City's website at bit.ly/longmontapp

Questions? Call the City Clerk's Office at 303-651-8649.

PARKS & RECREATION ADVISORY BOARD

Paige Lewis

Erin Angel

Nick Novello

Scott Conlin

Thomas Davis

Sam Libby

Sean McCoy, City Council Liaison

SENIOR SERVICES ADVISORY BOARD

Art Quintana

David Brenna

Arlene Zootman

Sheila Conroy

Ellon Dooley

Erik Brack

John Higgins

Maria Cortez

Marcia Martin, City Council Liaison

LONGMONT PHONE NUMBERS

General Information	303-776-6050
Animal Control	303-651-8500
Building Inspection	303-651-8332
CDBG / Affordable Housing	303-651-8736
Centennial Pool	303-651-8406
Children, Youth and Families	303-651-8580
City Clerk's Office	303-651-8649
City Manager / Mayor	303-651-8601
Code Enforcement	303-651-8695
Community & Neighborhood Resources	303-651-8444
Economic Development	303-651-0128
Electric Power Interruption	303-776-0011
Employment Opportunities/Human Resources	303-651-8609
Facility Rental Hotline	303-651-8443
Fire Administration	303-651-8437
Forestry	303-651-8416
Hearing Impaired TTD#	800-659-3656
Longmont Museum & Stewart Auditorium	303-651-8374
Longmont PD/BCSO Firing Range & Training Center	303-774-4587 or 303-774-4589
Longmont Power & Communications	303-651-8386
Longmont Public Library	303-651-8470
Longmont Recreation	303-651-8404
Municipal Court	303-651-8688
NextLight Internet	303-774-4494
Parking Enforcement	303-651-8658 or 303-774-4724
Parks, Open Space & Trails	303-651-8416
Police Administration	303-651-8555
Public Works Engineering	303-651-8304
Senior Center	303-651-8411
Streets & Traffic	303-651-8416
Sunset Pool (Seasonal)	303-651-8300
Sunset Golf Course	303-651-8466
Trash/Recycling/Composting	303-651-8416
Twin Peaks Golf Course	303-651-8401
Union Reservoir	303-772-1265
Ute Creek Golf Course	303-774-4342
Utility Billing	303-651-8664
Water/Sewer/Storm Drainage	303-651-8416

LONGMONT ONLINE

-  LongmontColorado.gov
-  LongmontColorado.gov/Link2Longmont
-  Twitter: @cityoflongmont
-  LongmontColorado.gov/cityline
-  engage.longmontcolorado.gov
-  facebook.com/cityoflongmontco
-  youtube.com/user/cityoflongmont
-  Instagram: @longmontcolorado

LOCAL SERVICE PROVIDERS

The City of Longmont Recreation staff strives to provide a broad spectrum of recreation and leisure opportunities for a wide range of ages, interests and abilities.

However, we also acknowledge that not every recreational interest is addressed in our program line up. With this in mind, we would encourage you to contact one or more of the other local providers that provide quality programs in the Longmont community.

A list of local service providers is available online at LongmontColorado.gov/rec on the sports page.

Every effort is made to provide accurate information. If you are a local service provider and would like to have your information included on the list, please send your information to RecSupport@LongmontColorado.gov.

VOLUNTEERS MAKE IT POSSIBLE

Divisions and departments across the City rely on the support of volunteers for a variety of projects and programs. Summer months have programs and events large and small. There are a wide range of ways to be involved in our community. Want a one-and-done commitment? Consider cheering on racers as a Longmont Try-a-Tri course marshal. In for a multi-day, deeper community connection? Volunteer as a Bocce Ball Coach or as a swim instructor aide. Training is provided. More options exist!

We depend on YOU to help create this fantastic community.

If you are interested in contributing to our Longmont community and making Longmont the best it can be, visit our volunteer pages online at longmontcolorado.gov/volunteer



CITY OF LONGMONT IS COMMITTED TO SUPPORTING PEOPLE OF ALL ABILITIES IN RECREATION THROUGH BOTH SPECIALIZED AND INCLUSIVE PROGRAMS.

We strive to exceed the requirements set forth in the Americans with Disabilities Act and to create a welcoming and supportive community. If you require an accommodation, please notify us at least two weeks in advance. For more information and/or to request accommodation go to <https://www.longmontcolorado.gov/community/about-longmont/accessibilityand-quality-assurance> or contact the City ADA coordinator, Doug Spight, 303-651-8435 or Doug.Spight@longmontcolorado.gov



Photo credit: Julie Perry Nelson

SANDSTONE RANCH VISITORS & LEARNING CENTER

3001 Sandstone Drive | Longmont, CO 80504 | 303-651-8404

Visitors Center Hours:

Wednesdays, 9am to noon, May 1 through Aug 28. Closed July 3.

Saturdays, 10am-2pm, 2nd & 4th Saturdays, Mar 9-Oct 26

No pets allowed at the center or on trails due to wildlife.

Discover a treasure of nature & history, just outside your door.

The Visitors Center includes hands-on displays on environmental features of the area, as well as history of the Coffin family who homesteaded the site, and other early Longmont history. There is no admission fee to the Visitors Center. A nature trail from the Visitors Center takes you past several historical buildings, near the sandstone bluffs, and includes a scenic overlook.

Directions to Sandstone Ranch Visitors Center:

The Visitors Center is located on Sandstone Drive, east of County Line Road and just off Highway 119. Turn south on Sandstone Drive, past the ball fields and follow the signs for the Visitors Center/Trailhead Parking Lot. If you park at the upper parking lot, the trail on the west side takes you down the hill to the Visitors Center. Handicapped parking is available next to the Visitors Center.

Volunteering at Sandstone Ranch:

Sandstone Ranch depends volunteers to run our programs! We need volunteers for open house hours, gardening, school field trips, and nature and history programming. If you love nature, gardening and/or history and enjoy working with the public, this is a great volunteer opportunity. For more information, contact Kirsten at sandstone.ranch@longmontcolorado.gov



Group Tours:

Schedule a group tour or program for your organization, class, or camp. Topics include Longmont History, natural history, Front Range ecology and more. For more information, contact Kirsten at sandstone.ranch@longmontcolorado.gov

PROGRAMS AT SANDSTONE RANCH

Limited house-adjacent parking is available. Thank you for parking in the upper parking lot. Handicap parking available in front of the Visitors Center. Pre-register each person attending online or by calling 303-774-4700. A suggested donation of \$4/person exists for all programs unless otherwise noted. Registration is required.

Nature Fridays

Come enjoy outdoor explorations with unique weekly themes and storytelling at 11am. *No fee for parent/guardians.* “SSR”

May 24-Jun 28, Fri, 9am-12pm 306851

Location: SSR Visitors Center

Fee: \$5 resident/\$6.25 non-resident

Bloom: Outdoor Family Movement, Theater & Music

Did you know the arts and outdoor activities increase children’s confidence, motivation, self-efficacy, and well-being? Join Mimi and Kristel for creative outdoor games and art activities to support well-being. Geared towards ages 4-9, with all ages welcome. “SSR”

306103

All Ages: **Tuesdays, 9:30-10:30am**

Jun 11 | Jun 18 | Jun 25 | Jul 9 | Jul 16

Guided Bird Walks

Local birder, Carl Starace, guides you around the loop trail as you explore the variety of birds that pass through or call Sandstone Ranch home. Bring binoculars if you have them. Meet up at the upper parking lot.

10 & up: **Mon, 8:30-11:30am** “SSR”

Apr 22 206206 | **TBD** 306206

Educational Programs with Longmont Rangers

Come explore the ecosystem of Sandstone Ranch with the Longmont Ranger Team! These educational programs will bring out the outdoor naturalist in you!

8 & up: “SSR” 306104

Sneaky Serpents: Jun 15, Sat, 3-4:30pm

Mutualism: Nature’s Best Friend: Jul 20, Sat, 3-4:30pm

Wildlife Detectives: Aug 12, Mon, 10-11:30am

COMMUNITY NIGHTS AT SANDSTONE RANCH

» **Jun 18, Tuesday, 6:30-7:30pm | The Vibe Tribe**

» **July 16, Tuesday, 6:30-7:30pm | Jeff & Paige**

» **Aug 20, Tuesday, 6:30-7:30pm | Legendary Ladies**

See center calendar for more information.





UNION RESERVOIR

461 Weld County Rd 26 | Longmont, CO 80504 | 303-772-1265

Union Reservoir is a 736-acre body of water offering the best in wakeless boating and a variety of other outdoor activities.

Reserve picnic area & shelters online.

For more information:

LongmontColorado.gov/UnionRes



Union Reservoir Hours

Mar 1-May 31 6am-8pm | **Jun 1-Aug 31** 6am-9pm

Sept 1-Oct 31 6am-8pm | **Nov 1-Feb 28** 7am-6pm

Boating Season: Mar 1-Nov 30, dependent on ice conditions. Note: Hours & fees subject to change

Admission Fees (required year-round)

Bicycle/Walk-In	\$2/person
Daily Vehicle	\$10
Van/Bus....Daily Vehicle Fee + \$2 per person over 10 people with a \$100 max per vehicle.	
Weekend/Holiday Vehicle	\$15
effective May 25-Sept 2, including July 5	
Daily Watercraft canoe, kayak, paddleboard, raft, and Windsurfing board	\$5
Trailer Boat	\$10
Longmont Resident/Non-Res	
Vehicle Season Pass	\$85/\$200
2nd Vehicle Pass	\$65/\$140
Vehicle Senior Season Pass	\$55/\$128
2nd Vehicle Senior Pass	\$45/\$90
Watercraft Pass**	\$35/\$70
Trailer Boat Pass**	\$70/\$132
Year-round Boat Storage	\$480/\$924

Storage requires vehicle & trailer boat passes

**Weekend rates effective Memorial Day Weekend to Labor Day*

***Requires purchase of Vehicle season pass.*

Beach Hours:

Pre-Season: **May 24-27** *Closed May 28-31*

Fri-Mon 10am-5pm

Summer: **Jun 1-Aug 13**

Mon-Thurs 10am-6pm

Fri-Sun 10am-8pm

Hours subject to change

Union Scheduled Events

Limited access or park closure may occur during these events. Please call the reservoir office for additional information:

6/23 Solstice Sunrise Swim

8/18 & 9/22 Triathlon

No camping:

Day-use only.

Fishing:

Walleye, trout, wiper, crappie, catfish, bass, and sunfish. Bag limits in effect.

Boating Activities:

Union Reservoir is wakeless. Lifejackets required for all watercraft. ANS inspections for required vessels.

Picnicking:

See online for information on reserving shelter or picnic areas. No alcohol. No glass.

Swimming:

A sandy beach with a roped-in waterfront area. Wading is not allowed outside of the swim beach area. Large groups are asked to contact 303-774-4771 or Union@LongmontColorado.gov 1 week in advance of swimming.

Dog Off Leash Area:

Specific area set aside for off-leash land and water activities.

Other Activities:

A modern Playground and Sand Volleyball pit.

Open Water Swim (OWS)

Buoys are placed in a triangle on the Reservoir to create an approx 0.6 mile Open Swim Course. Lifeguards provided. Register online with activity keyword "ows" Must be on the roster, or show receipt, to participate.

16 & up: **Jun 4-Aug 7, Tue & Wed, 6:15-7:30pm** 300606

Jun 8-Aug 17, Sat, 8:30-10am 300606

Fee: \$10 per person. Union Reservoir Season Passes are not valid. After 15 paid Open Water Swims, no fee will be charged, but registrations are still required. Entry is only valid for the Open Water Swims. Swimmers must exit park by 15 minutes after course is closed, or purchase day use pass.



Self-Serve Parking Kiosks at Union Reservoir

Union Reservoir requires fees for use, year-round. The Gate House is open daily, April through September, during good weather. Kiosks are available for year-round credit card payment of daily pass fees: place your receipt on the dash of your vehicle, date up.

Questions about Union?

Email us at Union@LongmontColorado.gov.



ST. VRAIN MEMORIAL BUILDING

700 Longs Peak Ave | 303-651-8404

Building/Weight Room Hours

Monday-Thurs: 6:00 am-7:00 pm

Friday: 7:00 am-7:00 pm

Saturday: 7:00 am- 12:00 pm

Holiday Hours: May 27, July 4, Sept 2
Regular hours June 19

Facility Maintenance Closure: Aug 5-10

Facility Rentals Available: see page 48



Itty Bitty City Gym Rental

Reserve exclusive time with our Itty Bitty City toys! Spend the whole time with the toys, or plan in some table time in the gym. This rental is great for DIY celebrations.

Times: Sundays, 10am-12pm or 1-3pm

Fee: \$220

Location: St Vrain Memorial Building,
700 Longs Peak Ave

Reserve: 303-651-8404

Memorial Building Rental Fees

For Rental Availability Call 303-651-8404

Gymnasium Rental: \$65/hr

After Hours Supervisor: \$40/hr

Table and Chairs are additional. Rental deposit and insurance may be required.



DROP-IN TABLE TENNIS

Drop-In Table Tennis

Join us for an evening of play. Bring your own paddle. Regular admission fees apply. Use your pass or pay the drop-in fee. Children must be supervised by parent/guardian.

All Ages: Mar 25-Dec 30, 6:30-9pm

Recreation in the Heart of Longmont:



» Weight room with free weights, selectorized machines, and cardio equipment

» Aerobics/Wellness room

» TRX classes



» Feature court gymnasium

» Classroom/Party and Conference room

» Seasonal access to Roosevelt Activity Pool

» Adjacent to Roosevelt Park walking loop

» Longmont Summer Day Camp May 28-Aug 2



A quieter, more intimate setting for your workout, to take a class, or to learn a new skill. Much of the same equipment as a large workout gym with none of the pretention or crowd. Offering a wide variety of fitness and general variety classes for little tykes to active older adults.

Friendly and professional staff and great patrons make it a comfortable community atmosphere. Clean, quality amenities make it worth returning again and again.

Itty Bitty City

Rain or Shine, our toys are divine! Kids ages 6 months to 5 years have lots of room to run and play in the gym! Parents must supervise their children. Please, no older children. No fee for babies less than 6 months old.

Ages: 6 months to 5 years with a parent

Dates: Jan 5-May 10, Fridays, 9-11am

Location: St Vrain Memorial Building

Fee: \$4 per child; 10 visit pass \$34

» purchase and renew Itty Bitty Passes online!





LONGMONT RECREATION CENTER

310 Quail Road | 303-774-4800

Hours of Operation: **note: pools close 30 minutes before building*
Mon-Fri 5am-9pm | Sat & Sun 7am-5pm*

Holiday Hours: May 27, July 4, & Sept 2:
10am-4pm (Regular Hours Jun 19)

Maintenance Closure: Aug 25-Sept 1

Facility Rentals Available: see page 48



LRC Pool Hours

Lap Pool/Hot Tub:

Mon-Fri 5:00am-8:30pm
Sat/Sun 7:00am-4:30pm

Leisure Pool:

Mon-Fri* 9:00am-7:00pm
Sat 9:00am-4:30pm
Sun 11:00am-4:30pm

Slides Open Beginning at 11am daily
Slides close at 4pm Tu/Th

**No slides/water features on during swim lessons and some fitness classes. Current pool schedules are posted online.*

Babysitting Information

Parent/guardian must be in the facility

Ages: 6 months-7 years

Mon-Sun: 8:30am-1:00pm

Mon-Fri: 4:00pm-7:00pm

Rates: \$4/hour, two hour max
Included with family annual,
3-mo, and 30-day passes.

Climbing Wall summer hours subject to change

Mon-Fri: 4:00pm-7:00pm

Sat-Sun: 10:00am-2:00pm

Skate Park

(East of the Recreation Center)

Daily Hours: Sunrise to Sunset

Rules: Please be respectful of the park, other users, and the neighbors. Skate at your own risk.

SPORTS DROP-IN HOURS

Volleyball Wed 5:30-9pm
Fri Teen 4-6:30pm; 18+ 6:30-9pm

Basketball Mon-Fri 11:30am-1:30pm
& Sun 7am-10am

Pickleball Mon-Thurs, 1:30pm-4pm
(55+ only) & M/W/F (all ages:
maximum 2 courts) 7am-9am

Sport Drop-In Hours are for adults 16 & older unless otherwise indicated.

A one-stop recreation facility offering:

- » Running track (11 1/2 laps = 1 mile)
- » Meeting room/Party room



- » Lap Pool (6 lanes, 25 yards)

- » Leisure Pool with waterslides, lazy river, and interactive play features

- » Weight room with free weights and selectorized machines



- » Cardio equipment and fitness room

- » Multi-court gymnasium

- » Climbing wall

- » Babysitting services

- » Steam and dry sauna, spa

- » Wifi



Only authorized City of Longmont Recreation staff are permitted to train, coach or consult others in City facilities. If interested in using City facilities for this purpose, please ask at the front desk.

SUNSET POOL



SUNSET POOL 1900 Longs Peak Ave | 303-651-8300

- » Heated outdoor pool
- » Six 25 meter lap lanes
- » Plank, 1 meter & 3 meter diving boards
- » 2 super long and fast waterslides
- » Party room
- » Reserve-able outdoor shade shelters
- » Sandy beach play area
- » Family locker rooms
- » Best view in Longmont!
- » Closes for the season at 5pm, Sept 2

Opening Day: May 23

Thurs 1-5pm Lap & Open

Pre-Season Hours

May 24-31 *May 31 open to 6pm

Lap & Open Swim

Mon-Sat 10am-5pm*
Sun 10am-12pm Lap;
12pm-5pm Lap
& Open

Pre-Season Slide Schedule

Mon-Sat On at 10am
Sun On at 12pm

Summer Hours June 1–August 11

Lap Swim

Mon/Wed 10am-8pm
Tues/Thurs 10am-6pm
Fri/Sat 7am-6pm
Sun 10am-6pm

Open Swim

Mon/Wed 12:30pm-5pm
Tues / Thurs 12:30pm-6pm
Fri & Sat 8am-6pm
Sun 12pm-6pm

Slide Schedule during Open Swims

Mon-Thurs On at 12:30pm
Fri & Sat On at 10am
Sun On at 12pm

Diving Board Schedule during Open Swim

Mon/Wed Open at 12:30pm
Tue/Thurs Open at 1pm
Fri/Sat Open at 10am
Sun Open at 12pm

Special Hours

July 4, Thurs: 4th of July

10:30am-12pm Aqua Zumba®
10am-3pm Open/Lap Swim
Slides on at 12pm
Diving Board 12pm

Post Summer Hours

Aug 12-Sept 2 View online in late July
at LongmontColorado.gov/rec



Little's Swim at Sunset Pool

Enjoy this morning time at Sunset Pool, with no slides or older kids! Youths, 0-4yrs, must be registered in advance, no drop-in options. Adults can pre-register with payment, or swipe their pass/pay at the desk when they arrive. No refunds due to inclement weather.

0-4 yrs plus Adult 18 & up: "little"
May 26-Sept 1
Sun, 10am-12pm 300306

Location: Sunset Pool,
1900 Longs Peak Ave

Fee: Daily Admittance
or Recreation Pass.

Middle School Night at Sunset Pool

Geared for all middle-schoolers and soon to be freshmen! Preregister so you don't have to wait in line. Everyone who is preregistered can enter the facility at 6:45pm, in the water at 7pm. Preregistration ends at 6pm on day of event. Daily drop-in payment is available at the window, and participant must show proof of age or current student ID. No refunds due to inclement weather.

11-14yrs: Tuesdays, 7-9pm "middle"
Jun 11 | Jun 25 | Jul 9 | Jul 23 | Aug 6

Location: Sunset Pool, 1900 Longs Peak Ave

Fee: \$6 resident/\$7.50 non-resident.

Recreation Passes or previous
daily admission receipts are not valid.

ROOSEVELT ACTIVITY POOL

903 8th Ave | 303-774-4455

June 4-Aug 11 | Monday-Sunday 10am-4pm

Roosevelt Activity Pool is a heated outdoor pool with a maximum depth of 2'8". It features zero-depth geysers, tumble buckets, water cannon and a spray garden primarily geared for ages 8 & under. Adult 14 yrs+ must be in water with youth 5 and under.

Facility Rentals Exist: see page 48



KANEMOTO ACTIVITY POOL

1151 S. Pratt Pkwy | 303-774-3784

June 4-Aug 11 | Monday-Sunday 10am-4pm

Kanemoto Activity Pool is a heated outdoor activity pool geared for youth 10 & under. Kanemoto has a zero depth entry, chair lift entry, fun water slide and a 4 foot deep end - great for jumping and swimming. Adult 14 yrs+ must be in water with youth 5 and under.

Facility Rentals Exist: see page 48

CENTENNIAL POOL

1201 Alpine Street | 303-651-8406

Holiday Hours: CLOSED, May 25-27: Memorial Day Weekend
July 4: 4th of July, July 6 & 7
OPEN, June 19 & July 5: Regular hrs

Facility Rentals Exist: see page 48

The facility will close 15 minutes after the last swimming session. Please plan your shower/changing times accordingly.



Summer Hours

June 3-August 9

Fitness Room

Mon/Wed	6am-5pm
Tue/Thurs	6am-7pm
Fri	6am-1pm
Sat	9am-12pm & 1-4pm
Sun	2-5pm

Lap Swim

Mon-Thurs	6am-3pm
Fri	6am-1pm
Sat	9am-12pm & 1-4pm
Sun	2-5pm

Spring Hours

Through June 2

Fitness Room

Mon-Fri	6am-5pm
Sat	7am-12noon
Sun	8am-12noon

Lap Swim

Mon-Fri	6am-3pm
Sat/Sun	8am-12noon

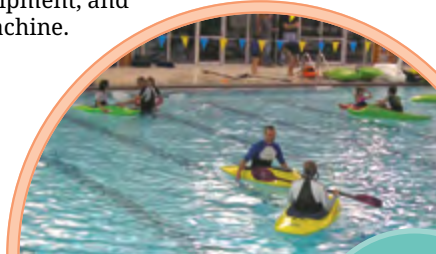
An Aquatic-Centric Fitness Facility Offering:

- » A pool with six 25-yard lap lanes
- » Large windows and skylights provide natural lighting for a calm yet energizing lap swim experience.
- » A fitness room overlooking the pool with treadmills, Lifecycles, and elliptical equipment, and a cable resistance weight machine.

Interested in a job? We are Hiring!

See FREE certification training classes on page 16. »

See a listing of all jobs at » [LongmontColorado.gov/jobs](https://www.LongmontColorado.gov/jobs)



Swim Lesson Selection Guide

For swim lesson related questions, contact swim@longmontcolorado.gov

WHICH LESSON IS RIGHT FOR MY CHILD?

6 months to 3.5 years

AquaBaby | Aqua Tot 1-2



3-5 years

Preschool Program | Beginning Blast



6-12 years

Levels 1-4 | Blast Beginning -3 | CARA

6 MONTHS TO 3.5 YEARS:

Does the child walk independently?

NOT YET »

Sign up for **AquaBaby**

Can the child comfortably walk and play in water up to their chest?

NOT YET »

Sign up for **Aqua Tot 1**

YES »

Sign up for **Aqua Tot 2**

3-5 YEARS:

Does the child enjoy putting their face in the water?

NOT YET »

Sign up for **Turtles**

Can the child do their front floats, then roll to their backs to breathe without assistance?

NOT YET »

Sign up for **Alligators**

Can the child make forward progress with their face in for 5 yards, while rolling to their back to breathe?

NOT YET »

Sign up for **Seal**

YES »

Sign up for **Beginning Blast**

6-12 YEARS:

Does the child enjoy putting their face in the water?

NOT YET »

Sign up for **Level 1**

Can the child make forward progress with their face in the water for 5 yards, and roll to their back to breathe?

NOT YET »

Sign up for **Level 2**

Can the child swim 25 yards (1 length of the pool) while rolling over to breathe?

NOT YET »

Sign up for **Level 3** or **Beginning Blast**

Can the child swim 25 yds front crawl/free-style consistently breathing to the side?

NOT YET »

Sign up for **Blast 1**

Can the child swim 50 yards front crawl/free-style?

NOT YET »

Sign up for **Level 4** or **Blast 1** or **CARA Swim Team- Starters**

Can the child swim 50 yds front crawl/free-style, 50 yards backstroke, and 25 yards Breaststroke kick?

NOT YET »

Sign up for **Blast 2** or **CARA Swim Team- Starters**

Can the child swim 100 yds front crawl/free-style, 100 yards back stroke, 50 yards breaststroke & 25 yards butterfly

NOT YET »

Sign up for **Blast 3** or **CARA Swim Team**

YES »

Sign up for the **CARA Swim Team!**

11-17 YEARS:

Can the teen swim 25 yards while rolling over to breathe?

NOT YET »

Sign up for **Teen 1**

YES »

Teen 2

18+ YEARS

Can the adult swim 15 yards front and back stroke?

NOT YET »

Adult 1

Can the adult swim 25 yards front and back stroke comfortably?

NOT YET »

Adult 2

Looking to fine tune strokes for endurance?

YES »

Adult 3 or **Beginning Masters**

Which Pool Should I Choose for Swim Lessons?

Regardless of the pool chosen for swim lessons, the same curriculum, quality teaching standards, and friendly Swim Instructors will be present.

Some people choose based on how close the pool is to their home, others base their decisions on indoor pool versus outdoor pool, and some people select lesson options that best fit their busy schedules.

Kanemoto Activity Pool

Outdoor seasonal pool offering classes for Aqua Babies, Aqua Tot 1 and Aqua Tot 2. Pool temperature is set at a warm 86* to be comfortable in the mornings for the little ones. No open swim during swim lessons, please plan on exiting the water after the lesson.

Sunset Pool

Outdoor, heated, seasonal pool, which offers all class options, sandy beach for siblings to play in, and the best view in Longmont. No open swimming during swim lessons, all swim lesson participants must leave facility 15 minutes after swim lesson is over.

Centennial Pool

Indoor, year-round pool which offers lessons for Turtles through Adults. No open swim during or after swim lessons. Parents can watch from upstairs observation room, or sit on the pool deck.

Longmont Recreation Center

Indoor, year-round pools (lap pool and leisure pool) which offer all class options. Open swim is an option during swim lessons EXCEPT for Sunday morning lessons.

Staying for Open Swim at Kanemoto Activity Pool or Longmont Recreation Center?

- Open swim fees are not included in the cost of the swim lesson.
- Please plan on paying or swiping pass card at the front desk before your lesson.
- Children 5 & under MUST have an adult in the water actively involved with them.

No swim lessons the 4th of July.



WEATHER POLICY FOR OUTDOOR POOLS:

Kanemoto: Lessons will be moved to the Longmont Recreation Center if heavy rain or lightning is predicted that morning.

Sunset Pool: Lessons will proceed in the water, unless heavy rain or lightning conditions exist, and swimmers will be moved into the Party Room for Safety Day Demonstrations.

If lessons in cool or rainy weather are not appealing, consider Centennial Pool or the Longmont Recreation Center. *There are NO REFUNDS for cancellations due to inclement weather.*

INDIVIDUAL SWIM INSTRUCTION

Individual Private Lessons

Individually scheduled lesson requests are limited by instructor availability and pool space. To request this option, please visit LongmontColorado.gov/swim to see if we are able to take these requests, and when applicable fill out the online request form. Discount offered when multiple lessons are purchased at one time.

Individually Scheduled Private Session Fees

Each 30 Minutes Lesson:	\$43 res/\$53.75 non-res
Each 45 Minute Lesson:	\$54 res/\$67.50 non-res
Semi-Private Session Fees:	a shared lesson for up to 3 students
Each 30 Minutes Lesson:	\$54 res/\$67.50 non-res
Each 45 Minute Lesson:	\$65 res/\$81.50 non-res

Private Lesson Sessions

New: Pre-Scheduled Private Swim Lessons sessions are now available! Enjoy four 30-minute private swim lessons at the same time, day(s) of week, and location.

Sunset Pool: 1900 Longs Peak Ave

Jun 3-13 Jun 17-27 Jul 1-11* Jul 15-25 Jul 28-Aug 8	
Mon/Wed:	11:30am or 12:05pm 330499
Tue/Thurs:	11:30am or 12:05pm 330299
Fee:	\$160 resident/\$200 non-resident
*Jul 1-11 Fee:	\$120 res/\$150 non-res

Centennial Pool: 1201 Alpine St

Sundays:	Jun 9-20 July 14-Aug 4
	2:45pm 3:20pm 3:55pm 4:30pm 320799
Fee:	\$160 resident/\$200 non-resident

INDOOR POOLS

» SWIM LESSONS AT CENTENNIAL POOL

1201 Alpine St | 303-774-4700



MON & WED MORNINGS

30 Minute Classes	Time Date Fee	Ssn 1 6/3-6/19 \$37.50/\$47	Ssn 2 6/24-7/10 \$37.50/\$47	Ssn 3 7/15-8/7 \$50/\$62.50
Turtle	9:00 AM	320421.1A	320421.2A	320421.3A
Alligator	9:35 AM	320422.1A	320422.2A	320422.3A
	10:45 AM	320422.1B	320422.2B	320422.3B
Seal	10:10 AM	320423.1A	320423.2A	320423.3A
Level 1	9:00 AM	320431.1A	320431.2A	320431.3A
Level 2	9:35 AM	320432.1A	320432.2A	320432.3A
Beginning Blast	10:40 AM	320440.1A	320440.2A	320440.3A
Teen 1	10:10 AM	320451.1A	320451.2A	320451.3A
45 Minute Classes	Fee	\$46.50/58.25	\$46.50/58.25	\$62/\$77.50
Blast 1	9:50 AM	320441.1A	320441.2A	320441.3A
Blast 2	9:00 AM	320442.1A	320442.2A	320442.3A
Blast 3	10:45 AM	320443.1A	320443.2A	320443.3A

SATURDAY MORNINGS

30 Minute Classes	Time Date Fee	Summer Long 6/8-8/3* \$50/\$62.50
Turtle	9:30 AM	320621.1A
	11:15 AM	320621.1B
Alligator	9:30 AM	320622.1A
	10:05 AM	320622.1B
Seal	10:40 AM	320623.1A
Level 1	9:30 AM	320631.1A
	11:15 AM	320631.1B
Level 2	10:05 AM	320632.1A
Level 3	10:40 AM	320633.1A
Beginning Blast	10:05 AM	320640.1A
	10:40 AM	320640.1B
45 Minute Classes	Fee	\$62/\$77.50
Blast 1	11:15 AM	320641.1A

* No Lessons July 6

SUNDAY AFTERNOON

30 Minute Classes	Time Date Fee	Summer Long 6/9-8/4* \$50/\$62.50
Turtle	2:45 PM	320721.1A
	3:20 PM	320721.1B
	3:55 PM	320721.1C
Alligator	3:20 PM	320722.1A
	3:55 PM	320722.1B
Seal	4:30 PM	320723.1A
Beg Blast	4:30 PM	320740.1A
45 Minute Classes	Fee	\$46.50/58.25
Blast 1	2:30 PM	320741.1A
Teen 2	4:10 PM	320752.1A
Adult 2	2:30 PM	320762.1A
Adult 3	3:20 PM	320763.1A

*No lessons July 7

SATURDAY AFTERNOON

30 Minute Classes	Time Date Fee	Summer Long 6/8-8/4* \$50/\$62.50
Turtle	2:20 PM	320621.A1
	2:55 PM	320621.B1
Alligator	1:30 PM	320622.A1
	3:30 PM	320622.B1
Seal	3:30 PM	320623.A1
Level 1	2:40 PM	320631.A1
Level 3	1:30 PM	320633.A1
Beginning Blast	2:55 PM	320640.A1
Teen 1	3:15 PM	320651.A1
Adult 1	2:05 PM	320661.A1
45 Minute Classes	Fee	\$46.50/58.25
Blast 2	1:30 PM	320642.A1
Blast 3	2:05 PM	320643.A1

» SWIM LESSONS AT LONGMONT RECREATION CENTER

310 Quail Rd | 303-774-4700

TUESDAY & THURSDAY MORNINGS

30 Minute Classes	Time Date Fee	Ssn 1 6/4-6/20 \$37.50/\$47	Ssn 2* 6/25-7/18 \$43.75/\$54.75	Ssn 3 7/23-8/8 \$37.50/\$47
Aqua Baby	8:45 AM	310211.1A	310211.2A	310211.3A
Aqua Tot 1	9:55 AM	310212.1A	310212.2A	310212.3A
Aqua Tot 2	10:30 AM	310213.1A	310213.2A	310213.3A
Turtle	8:45 AM	310221.1A	310221.2A	310221.3A
	9:20 AM	310221.1B	310221.2B	310221.3B
	10:30 AM	310221.1C	310221.2C	310221.3C
Alligator	8:45 AM	310222.1A	310222.2A	310222.3A
	9:55 AM	310222.1B	310222.2B	310222.3B
	10:30 AM	310222.1C	310222.2C	310222.3C
Seal	9:20 AM	310223.1A	310223.2A	310223.3A
	9:55 AM	310223.1B	310223.2B	310223.3B
Level 1	9:20 AM	310231.1A	310231.2A	310231.3A
Level 2	9:20 AM	310232.1A	310232.2A	310232.3A
	9:55 AM	310232.1B	310232.2B	310232.3B
Level 3	10:30 AM	310233.1A	310233.2A	310233.3A
Level 4	8:45 AM	310234.1A	310234.2A	310234.3A
Beginning Blast	8:45 AM	310240.1A	310240.2A	310240.3A
45 minute classes	Fee	\$46.50/58.25	\$54.25/\$68	\$46.50/58.25
Blast 1	10:10 AM	310241.1A	310241.2A	310241.3A
Blast 2	9:20 AM	310242.1A	310242.2A	310242.3A

*No lessons July 7

THURSDAY AFTERNOON

30 Minute Classes	Time Date Fee	Ssn 1 5/30-6/27 \$31.25/\$39.25	Ssn 2 7/11-8/8 \$31.25/\$39.25
Turtle	4:00 PM	310521.1A	310521.2A
	4:35 PM	310521.1B	310521.2B
Alligator	4:00 PM	310522.1A	310522.2A
	5:45 PM	310522.1B	310522.2B
Seal	4:35 PM	310523.1A	310523.2A
	5:10 PM	310523.1B	310523.2B
Level 1	5:45 PM	310531.1A	310531.2A
Level 2	5:10 PM	310532.1A	310532.2A
Level 3	4:35 PM	310533.1A	310533.2A
Beginning Blast	4:00 PM	310540.1A	310540.2A
	6:00 PM	310540.1B	310540.2B
Teen 1	4:00 PM	310551.1A	310551.2A
45 minute classes	Fee	\$38.75/\$48.50	\$38.75/\$48.50
Blast 1	5:10 PM	310541.1A	310541.2A
Blast 2	4:35 PM	310542.1A	310542.2A
Blast 3	5:25 PM	310543.1A	310543.2A

TUESDAY AFTERNOON

30 Minute Classes	Time Date Fee	Ssn 1 5/28-7/2 \$37.50/\$47	Ssn 2 7/9-8/6 \$31.25/\$39.25
Turtle	4:00 PM	310321.1A	310321.2A
	4:35 PM	310321.1B	310321.2B
	5:50 PM	310321.1C	310321.2C
Alligator	4:00 PM	310322.1A	310322.2A
	5:15 PM	310322.1B	310322.2B
	5:45 PM	310322.1C	310322.2C
Seal	5:10 PM	310323.1A	310323.2A
Level 1	5:10 PM	310331.1A	310331.2A
Level 2	4:35 PM	310332.1A	310332.2A
	5:45 PM	310332.1B	310332.2B
Level 3	4:00 PM	310333.1A	310333.2A
Beg Blast	4:00 PM	310340.1A	310340.2A
45 minute classes	Fee	\$46.50/58.25	\$38.75/\$48.50
Blast 1	4:35 PM	310341.1A	310341.2A
Blast 2	4:35 PM	310342.1A	310342.2A
Teen 2	5:25 PM	310352.1A	310352.2A

SUNDAY MORNING

30 Minute Classes	Time Date Fee	Ssn 1 6/2-7/7 \$37.50/\$47	Ssn 2 7/14-8/11 \$31.25/\$39.25
Aqua Baby	8:30 AM	310711.1A	310711.2A
Aqua Tot 1	10:00 AM	310712.1A	310712.2A
Aqua Tot 2	9:05 AM	310713.1A	310713.2A
	8:10 AM	310721.1A	310721.2A
	8:45 AM	310721.1B	310721.2B
Turtle	9:20 AM	310721.1C	310721.2C
	9:35 AM	310721.1D	310721.2D
	9:55 AM	310721.1E	310721.2E
Alligator	8:45 AM	310722.1A	310722.2A
	9:00 AM	310722.1B	310722.2B
	9:20 AM	310722.1C	310722.2C
	10:30 AM	310722.1D	310722.2D
Seal	9:55 AM	310723.1A	310723.2A
	10:10 AM	310723.1B	310723.2B
Level 1	8:15 AM	310731.1A	310731.2A
Level 2	8:50 AM	310732.1A	310732.2A
Level 3	9:40 AM	310733.1A	310733.2A
Level 4	10:30 AM	310734.1A	310734.2A
Beginning Blast	8:25 AM	310740.1A	310740.2A
	10:30 AM	310740.1B	310740.2B
Teen 1	9:05 AM	310751.1A	310751.2A
Adult 1	9:25 AM	310761.1A	310761.2A
45 minute classes	Fee	\$46.50/58.25	\$38.75/\$48.50
Blast 1	8:50 AM	310741.1A	310741.2A
	9:40 AM	310741.1B	310741.2B
Blast 2	8:00 AM	310742.1A	310742.2A
Blast 3	9:40 AM	310743.1A	310743.2A
Adult 2	8:15 AM	310762.1A	310762.2A
Adult 3	7:25 AM	310763.1A	310763.2B

OUTDOOR POOLS

» SUNSET POOL- OUTDOOR POOL

1900 Longs Peak Ave | 303-774-4700

SUNSET POOL | MONDAY - THURSDAY MORNINGS

30 Minute Classes	Time	Ssn 1	Ssn 2	Ssn 3*	Ssn 4	Ssn 5
	Date	6/3-6/13	6/17-6/27	7/1-7/11*	7/15-7/25	7/29-8/8
	Fee 2x Wk	\$25/\$31.25	\$25/\$31.25	\$25/\$31.25	\$25/\$31.25	\$25/\$31.25
Aqua Baby MW	10:25am	330811.1A	330811.2A	330811.3A	330811.4A	330811.5A
Aqua Baby TTh	10:25am	330811.1B	330811.2B	330811.3B**	330811.4B	330811.5B
	Fee 4x Wk	\$50/\$62.50	\$50/\$62.50	\$43.75/\$54.75	\$50/\$62.50	\$50/\$62.50
Aqua Tot 1	9:15am	330812.1A	330812.2A	330812.3A	330812.4A	330812.5A
Aqua Tot 2	9:50am	330813.1A	330813.2A	330813.3A	330813.4A	330813.5A
Turtle	9:15am	330821.1A	330821.2A	330821.3A	330821.4A	330821.5A
	9:50am	330821.1B	330821.2B	330821.3B	330821.4B	330821.5B
	10:25am	330821.1B	330821.2B	330821.3B	330821.4B	330821.5B
	11:00am	330821.1C	330821.2C	330821.3C	330821.4C	330821.5C
Alligator	9:15am	330822.1A	330822.2A	330822.3A	330822.4A	330822.5A
	10:25am	330822.1B	330822.2B	330822.3B	330822.4B	330822.5B
	11:00am	330822.1C	330822.2C	330822.3C	330822.4C	330822.5C
	11:15am	330822.1D	330822.2D	330822.3D	330822.4D	330822.5D
Seal	9:15am	330823.1A	330823.2A	330823.3A	330823.4A	330823.5A
	9:50am	330823.1B	330823.2B	330823.3B	330823.4B	330823.5B
Level 1	9:00am	330831.1A	330831.2A	330831.3A	330831.4A	330831.5A
	11:00am	330831.1B	330831.2B	330831.3B	330831.4B	330831.5B
	11:15am	330831.1C	330831.2C	330831.3C	330831.4C	330831.5C
Level 2	10:25am	330832.1A	330832.2A	330832.3A	330832.4A	330832.5A
	10:45am	330832.1B	330832.2B	330832.3B	330832.4B	330832.5B
	11:50am	330832.1C	330832.2C	330832.3C	330832.4C	330832.5C
Level 3	9:35am	330833.1A	330833.2A	330833.3A	330833.4A	330833.5A
Level 4	9:00am	330834.1A	330834.2A	330834.3A	330834.4A	330834.5A
	9:00am	330840.1A	330840.2A	330840.3A	330840.4A	330840.5A
Beginning Blast	9:50am	330840.1B	330840.2B	330840.3B	330840.4B	330840.5B
	11:15am	330840.1C	330840.2C	330840.3C	330840.4C	330840.5C
	10:10am	330851.1A	330851.2A	330851.3A	330851.4A	330851.5A
Teen 1	10:10am	330851.1A	330851.2A	330851.3A	330851.4A	330851.5A
45 minute classes	Fee	\$62/\$77.50	\$62/\$77.50	\$54.25/\$68	\$62/\$77.50	\$62/\$77.50
Blast 1	10:25am	330841.1A	330841.2A	330841.3A	330841.4A	330841.5A
Blast 2	9:35am	330842.1A	330842.2A	330842.3A	330842.4A	330842.5A
Blast 3	10:25am	330843.1A	330843.2A	330843.3A	330843.4A	330843.5A
Teen 2	9:35am	330852.1A	330852.2A	330852.3A	330852.4A	330852.5A

*No Class July 4 **AquaBaby cost: \$18.75/\$23.50

SUNSET POOL | MONDAY & WEDNESDAY EVENINGS

30 Minute Classes	Date	Ssn 1	Ssn 2	Ssn 3	30 Minute Classes	Time	Ssn 4
		6/3-6/19	6/24-7/10	7/15-8/7			
	Fee	\$37.50/\$47	\$37.50/\$47	\$50/\$62.50		Fee	\$37.50/\$47
Aqua Baby	5:50pm	330211.1A	330211.2A	330211.3A	Aqua Baby	5:50pm	330211.4A
Aqua Tot 1	5:15pm	330212.1A	330212.2A	330212.3A	Aqua Tot 1	5:15pm	330212.4A
Aqua Tot 2	6:05pm	330213.1A	330213.2A	330213.3A		5:10pm	330221.4A
Turtle	5:20pm	330221.1A	330221.2A	330221.3A	Turtle	5:15pm	330221.4B
	5:50pm	330221.1B	330221.2B	330221.3B		6:20pm	330221.4C
	6:30pm	330221.1C	330221.2C	330221.3C		6:25pm	330221.4D
Alligator	5:15pm	330222.1A	330222.2A	330222.3A	Alligator	5:15pm	330222.4A
	5:55pm	330222.1B	330222.2B	330222.3B		5:45pm	330222.4B
	6:25pm	330222.1C	330222.2C	330222.3C		5:50pm	330222.4C
	7:00pm	330222.1D	330222.2D	330222.3D		7:00pm	330222.4D
Seal	5:15pm	330223.1A	330223.2A	330223.3A	Seal	5:50pm	330223.4A
	6:25pm	330223.1B	330223.2B	330223.3B		7:00pm	330223.4B
	7:05pm	330223.1C	330223.2C	330223.3C		Level 1	6:25pm
Level 1	6:40pm	330231.1A	330231.2A	330231.3A	Level 2	7:00pm	330232.4A
	7:00pm	330231.1B	330231.2B	330231.3B	Beginning Blast	6:25pm	330240.4A
Level 2	5:15pm	330232.1A	330232.2A	330232.3A			6:55pm
	6:25pm	330232.1B	330232.2B	330232.3B	45 minute classes	Fee	\$46.50/\$58.25
	7:15pm	330232.1C	330232.2C	330232.3C			
Level 3	7:15pm	330233.1A	330233.2A	330233.3A	Blast 2	5:55pm	330242.4A
Level 4	5:15pm	330234.1A	330234.2A	330234.3A	Blast 3	6:45pm	330243.4A
Beginning Blast	5:50pm	330240.1A	330240.2A	330240.3A			
	7:00pm	330240.1B	330240.2B	330240.3B			
Teen 1	5:50pm	330251.1A	330251.2A	330251.3A			
45 minute classes	Fee	\$46.50/\$58.25	\$46.50/\$58.25	\$62/\$77.50			
Blast 1	5:15pm	330241.1A	330241.2A	330241.3A			
Blast 2	6:05pm	330242.1A	330242.2A	330242.3A			
Blast 3	6:55pm	330243.1A	330243.2A	330243.3A			
Teen 2	6:25pm	330252.1A	330252.2A	330252.3A			



» KANEMOTO ACTIVITY POOL

1151 S. Pratt Pkwy | 303-774-3784

KANEMOTO ACTIVITY POOL | FRIDAY MORNINGS

30 Minute Classes	Time	Date	Session 1	Session 2
			6/7-7/5	7/12-8/9
		Fee	\$31.25/\$39.25	\$31.25/\$39.25
Aqua Baby	8:20 AM		350911.1A	350911.2A
Aqua Tot 1	8:55 AM		350912.1A	350912.2A
Aqua Tot 2	9:30 AM		350913.1A	350913.2A

CERTIFICATION CLASSES

We are committed to training highly qualified individuals. Classes are available to the public. To enroll at the current or future city of Longmont employee rate, reach out to Swim@longmontcolorado.gov for an interview: you will be enrolled in a class during the interview process.

American Red Cross Lifeguard Training

Pre-Requisite: Must be 15 years old before the last class; 150-yard continuous swim followed by 2 minutes of treading with no arms then swim another 50 yards, retrieve 10-pound brick from bottom of pool and swim 20 yards. Learn the basics of lifeguard skills and practices. First Aid and CPR/AED for the Professional Rescuer are included. **An online portion of the class will need to be completed before attending.*

15 & up:	Apr 26-28, Thurs-Sun, 8am-4pm	221211
	May 25-28, M/Tu/Sa/Sun, 8am-4pm	221211
	Jun 17-20*, Mon-Thurs, 8am-5pm	331212
	Jul 5-7*, Fri-Sun, 8am-6pm	331212

Location: Centennial Pool, 1201 Alpine St
 Fee: \$50-Future City of Longmont employees
 \$250 resident/\$312.50 non-resident

Lifeguard Instructor

Upon successful completion of this class, you will be able to teach ARC Lifeguard classes. Pre-requisites: Must be 17 before the last day of class, hold a current ARC Lifeguard certification, and be able to correctly demonstrate all lifeguard skills.

17 & up:	Jun 12-14, Wed/Th/Fri, 8am-5pm	321218
Location:	Centennial Pool, 1201 Alpine St	
Fee:	\$450 resident/\$562.50 non-resident	

Water Safety Instructor (WSI) Certification

Pre-Requisite: Ability to swim 6 strokes – front and back crawl, breaststroke, butterfly, elementary backstroke, and sidestroke. Learn the technique and skills necessary to become American Red Cross certified to teach swim lessons. Must complete ~6 hours of online coursework before first day of class.

16 & up:	May 28-31, Tue-Fri, 8am-5pm	221241
Location:	Sunset Pool, 1900 Longs Peak Ave	
Fee:	FREE – future/current Longmont employees \$250 resident/\$312.50 non-resident	

Longmont Swim Instructor (LSI) Training

Learn the skills and techniques to teach swimming lessons with the City of Longmont. Must be able to demonstrate knowledge of basic swimming skills, including floats, front crawl, back stroke, and general water safety.

15 & up:	Apr 23-May 2, Tue/Thurs, 4-7:30pm	211243
Location:	Longmont Recreation Center, 310 Quail Rd	
15 & up:	Aug 19-28, Mon/Wed, 4-7:30pm	321243
Location:	Sunset Pool, 1900 Longs Peak Ave	
Fee:	FREE – Future City of Longmont employees only	



Swim Instructor Aide

Pre-Requisite: 25 yards of freestyle, elementary backstroke, and/or backstroke. Love to swim and work with youth?

Become a Swim Aide! After successful class completion, year-round volunteer opportunities are available with the City of Longmont!

Location: Sunset Pool, 1900 Longs Peak Ave

11-14 yrs:	Jun 10 & 12, M&W, 9:30-11:30am	331242
Location:	Sunset Pool, 1900 Longs Peak Ave	
Fee:	\$20 resident/\$25 non-resident	



Babysitter Training

This American Red Cross course provides youth with the information and skills necessary to provide safe and responsible care for children while babysitting. Participants will develop skills in 5 critical areas: leadership, safety and safe play, basic care, first aid, and professionalism.

11-16 yrs:	Fri, 9am-3pm	<i>“babysitter”</i>
	Jun 14 Jul 19	321231
11-16 yrs:	Tues, 8:30am-3:30pm	
	Jun 25 Jul 9 Aug 6	321231
Location:	Sunset Pool, 1900 Longs Peak Ave	
Fee:	\$95 resident/\$118.75 non-resident	

CARA Swim Team

CARA Swimming is a recreation swim team for youth ages 6-18 who are not USA swimmers, with an emphasis placed on technique building, endurance, and FUN! Register for age group, child will be evaluated on the first day of practice. Options exist to participate in monthly swim meets along the Front Range. All information is emailed to participants: please update your email when registering.

The Centennial Pool Tsunamis "CARA"

Days: **Tuesday & Thursday**
Location: Centennial Pool, 1201 Alpine St

Tsunamis Starters

321112
Pre-Requisite: Ability to swim 25 yards of free/backstroke with rhythmic breathing unassisted.

6-11 yrs: **Jun 4-Aug 8, 5-5:40pm** \$99.75/\$124.75nr
10-14 yrs: **Jun 4-Aug 8, 5:45-6:25pm** \$99.75/\$124.75nr

Tsunamis Blue Crew

321113
CARA Pre-Requisite - Ability to swim 25 yards of backstroke, breaststroke, butterfly, and swim 200yards of freestyle with rotary breathing.

12-18 yrs: **Jun 4-Aug 8, 6:30-7:30pm** \$118.75/\$148.50nr

The Sunset Swordfish

Days: **Monday-Thursday**
Location: Sunset Pool, 1900 Longs Peak Ave

Swordfish Starters

331113
Pre-Requisite: Ability to swim 25 yards of free/backstroke with rhythmic breathing unassisted.

6-11 yrs: **Jun 3-Aug 8, 8:05-8:45am** \$204.75/\$255.75nr
10-14 yrs: **Jun 3-Aug 8, 8:50-9:30am** \$204.75/\$255.75nr

Swordfish Red Crew

331114
CARA Pre-Requisite - Ability to swim 25 yards of backstroke, breaststroke, butterfly, and swim 200yards of freestyle with rotary breathing.

10-14 yrs: **Jun 3-Aug 8, 7-8am** \$243.75/\$304.75nr



Longmont Masters Swim Schedule

Recommended for adults comfortable swimming 1,000 yards non-stop.

18 & up: **Mon/Wed/Fri, 6-7am & Sat, 7-8am**
Thru May 31: Centennial Pool, 1201 Alpine St
Jun 1-Aug 31: Sunset Pool, 1900 Longs Peak Ave

18 & up: **Tue/Thurs, 12-1pm**
Thru May 23: Longmont Recreation Center, 310 Quail Rd
May 28-Aug 29: Sunset Pool, 1900 Longs Peak Ave
Fee: Daily admission

Beginning Masters Swim Team

Learn and refine effective swimming techniques in this adults-only team. The team has a focus on improving fitness through engaging and fun workouts. Adults of all skill levels welcome, however it is recommended to be able to swim 25yds without assistance. *"masters"*

18 & up: **Jun 4-Aug 8, Tue & Thurs, 5-6pm** 321813
Location: Centennial Pool, 1201 Alpine St
Daily Fee: \$10 resident/\$12.50 non-resident

Springboard Diving Lessons

Instructor: Kelly Dirks *No class July 4
Location: Centennial Pool, 1201 Alpine St

Beginner: Must be able to swim independently in the diving well. Learn fundamentals of diving including body alignment, approach, basic jumps, front dives, and introduction to back dives.

7 & up: **Thurs, 4:30-5:10pm** "dive"
Jun 6-Jul 25* \$70 res/\$87.50 non-res 321324

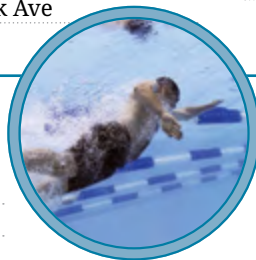
Intermediate: Solidify front dives with an approach, back dives with a jump, and work on flexibility, strength, and additional diving skills. Pre-requisite: successful completion of Beginner Diving or be able to do basic front and back fall dives from diving board.

7 & up: **Thurs, 5:15-6:05pm** "dive"
Jun 6-Jul 25* \$73 res/\$91.25 non-res 321334

Advanced: Work on more difficult front and back dives including somersaults. Each diver works at their individual skill level advancing at their own pace. Pre-requisites: front dives with approach, back dives from jump, and introduction to inward, reverse, and twisting dives.

7 & up: **Thurs, 6:10-7:20pm** "dive"
Jun 6-Jul 25* \$100 res/\$125 non-res 321344
Location: Centennial Pool, 1201 Alpine St

7 & up: **Mon, 4:50-6pm** "dive"
Jun 18-Jul 30, \$100 res/\$125 non-res 331344
Location: Sunset Pool, 1900 Longs Peak Ave



SKYHAWKS SPORTS CAMPS

Skyhawks sports provides a safe, fun, non-competitive environment to give each child a positive introduction into sports and ensure they walk away with a smile on their face wanting to learn more. Since 1979, Skyhawks has taught over two million boys and girls Life Skills through Sports, such as teamwork, respect and sportsmanship.

What to Bring – two snacks and water bottle plus lunch if your camp is over 4 hours. Bring baseball glove to Baseball Camp.

What to Wear – appropriate clothing – sunscreen and athletic shoes if outdoors and non-marking gym shoes if camp is indoors

How to Register – register directly with skyhawks online at skyhawks.com/colorado



Camp	Ages	Dates	Location
9am-12pm Camps Fee: \$190 res/\$237.50 non-res *Fee: \$114 res/\$142.50 non-res			
Basketball Camp	8 - 14 yrs	June 3-7	RNR
Mini-Hawk Camp (Baseball, Basketball, Soccer)	4 - 6 yrs	June 3-7	BSP
Tennis Camp	5 - 9 yrs	June 3-7	AFF
Soccer Camp	5 - 8 yrs	June 10 - 14	WFP
	8 - 12 yrs	June 10 - 14	WFP
Track & Field Camp	6 - 12 yrs	June 10 - 14	CCP
Flag Football Camp	5 - 8 yrs	June 17 - 21	CCP
	8 - 12 yrs	June 17 - 21	CCP
Soft Lacrosse Camp	6 - 12 yrs	June 17 - 21	RNR
Tennis Camp	8 - 14 yrs	June 17 - 21	AFF
Baseball Camp	6 - 12 yrs	June 24 - 28	SSR3
Pickleball Camp	6 - 12 yrs	June 24 - 28	LHCP
Volleyball Camp	8 - 14 yrs	June 24 - 27	LRC
Basketball Camp*	5 - 8 yrs	July 1 - 3	LRC
	8 - 12 yrs	July 1 - 3	LRC
Cheerleading Camp	5 - 9 yrs	July 8 - 12	CCP
Flag Football Camp	5 - 8 yrs	July 8 - 12	CCP
	8 - 12 yrs	July 8 - 12	CCP
Tennis Camp	8 - 14 yrs	July 8 - 12	AFF
Beginning Golf Camp	5 - 9 yrs	July 15 - 19	RNR
Volleyball Camp	8 - 14 yrs	July 15 - 19	Collyer
Mini-Hawk Camp (Baseball, Basketball, Soccer)	4 - 6 yrs	July 22 - 26	LHCP
Skyhawks	8 - 11 yrs	July 22 - 26	LHCP
Fit Kids! Camp	11 - 14 yrs	July 22 - 26	LHCP
Soccer Camp	5 - 8 yrs	July 22 - 26	SDP
	8 - 12 yrs	July 22 - 26	SDP
Tennis Camp	5 - 9 yrs	July 29 - Aug 2	AFF
Volleyball Camp	8 - 14 yrs	July 29 - Aug 1	LRC
Basketball Camp	5 - 8 yrs	Aug 5 - Aug 9	LRC
	8 - 12 yrs	Aug 5 - Aug 9	LRC

Single Day Camps	Ages	Dates	Location
9am-12pm Camp Fee: \$35 res/\$43.75 non-res			
Skyhawks Game On!	6 - 12 yrs	July 1, Mon	SDP
Skyhawks Game On!	6 - 12 yrs	July 2, Tue	LHCP
Skyhawks Game On!	6 - 12 yrs	July 3, Wed	BSP

STEM Camps	Grades	Dates	Location
9am-3pm Camps Fee: \$285 resident/\$356.25 non-resident			
STEM Volleyball	3 - 5	June 10 - 13	LRC
STEM Volleyball	6 - 8	June 10 - 13	LRC
STEM Basketball	3 - 5	July 15 - 18	LRC
STEM Basketball	6 - 8	July 15 - 18	LRC

SuperTots Camps			
2-2.5 yrs:	9:15-9:45am	\$75 resident/\$93.75 non-resident	
2.5-3.5 yrs:	10-10:45am	\$75 resident/\$93.75 non-resident	
3.5-4.5 yrs:	11-11:45am	\$75 resident/\$93.75 non-resident	
Camp	Day	Dates	Location
Hoopster Tots	Tue	Jul 9-30	BSP
Baseball Tots	Thurs	Jun 6-27	RNR
Soccer Tots	Tue	Jun 4-25	LHCP
	Wed	Jul 10-31	SDP

» Register at <http://www.skyhawks.com/colorado>

Key for locations: LRC=Longmont Recreation Center, 310 Quail Rd
 CCP=Clark Centennial Park, 1100 Lashley | AFF=Affolter Park, 1400 Holly
 SSR3=Sandstone Ranch Ballfields #3, 2525 Zlaten Dr
 SDP=Stephen Day Park, 1340 Deerwood | WFP=Willow Farm Park, 901 S Fordham
 RNR=Rough N Ready, 301 E 21st St | LHCP=Left Hand Creek Park, 1880 Creekside Dr
 BSP=Blue Skies Park, 1520 Mtn Dr | Collyer Park, 600 Collyer St

Preschool Sports

These clinics are indoors and/or outdoors and focus on the basics of the game, listening, sportsmanship, and teamwork. Come prepared for the weather (sunscreen).

3-5 yrs:	10:30-11:15am		<i>"sports"</i>
Basketball:	Tuesday Aug 6-27		312116-T
	Wednesday May 1-22		212116-W
	Wednesday Jul 10-31		312116-W
	Thursday Aug 8-29		312116-R
Soccer:	Tuesday Apr 30-May 21		212126-T
	Tuesday Jul 9-30		312121-T
	Wednesday Jun 5-26		312121-W
	Thursday May 2-23		212126-R
	Thursday Jul 11-Aug 1		312121-R
Tball:	Tuesday Jun 4-25		312122-T
	Wednesday Aug 7-28		312122-W
	Thursday Jun 6-27		312122-R
Location:	Longmont Recreation Center, 310 Quail Rd		
Fee:	\$38 resident/\$47.50 non-resident		

Youth Badminton Lessons

Badminton is a racquet sport played using racquets to hit a shuttlecock across a net. Learn rules, strokes, footwork and strategy. Emphasis is on doubles play (two players per side).

"badminton"

11-18 yrs:	Sun, 5:30-6:30pm	212221 312221
Monthly sessions:	Apr May Jun Jul Aug	
Instructor:	Manoj Gangwar	
Location:	St Vrain Memorial Bldg, 700 Longs Peak Ave	
Fee:	\$33 resident/\$41.50 non-resident	

Skatestart Plus Skateboard Lessons

This unique skateboard program is a hybrid of Skatestart's well known Level 1 class combined with more skateboard skills. Use the patented Skatestart skateboard which is provided in the class for use. Learn the basics then adapt to obstacles in the park. Take home a certificate of awesomeness and officially be a skateboarder!

5-12 yrs:	Jul 5, Fri, 9am-12pm
Instructor:	Skatestart LLC
Location:	Sandstone Ranch Skatepark, 3001 Sandstone Dr
Fee:	\$71.50 resident/\$89.50 non-resident

Skatestart Skatecamp

Learn new tricks, make new friends and most importantly have fun. This is a great camp for kids who have experience or have completed SkateStart Plus. A helmet, skateboard, & proper shoes are required. Sweet prizes and raffles from premier skate brands. Visit www.SkateStart.com for more information.

6-14 yrs:	Aug 2, Fri, 9am-12:30pm
Instructor:	Skatestart LLC
Location:	Sandstone Ranch Skatepark, 3001 Sandstone Dr
Fee:	\$77 resident/\$96.50 non-resident

Youth Tball & Coach Pitch Baseball

Learn how to play the great game of baseball. This class focus on teaching youngsters how to throw, hit off a tee, run the bases, catch balls and all the other fun parts of this great sport. The season concludes with a fun scrimmage on Tues, Aug 1 in the evening. Please wear running shoes (no sandals or crocs) and bring a baseball glove and water bottle.

"baseball"

4-5 yrs:	Jul 9-Aug 1, Tue/Thurs, 8:15-9am	312272
Fee:	\$52 resident/\$65 non-resident	
6-7 yrs:	Jul 9-Aug 1, Tue/Thurs, 9:15-10:15am	312282
Fee:	\$69.50 resident/\$87 non-resident	
Location:	Rodriguez Field at Clark Centennial Park, 1135 Alpine St	



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CARA Track & Field

CARA Track & Field exposes participants to a variety of track and field events in a recreational atmosphere. Optional meets are along the Front Range on Saturdays. You must provide a copy of a birth certificate at time of registration (or at first practice if registering on-line). Register according to child's age as of August 1, 2024. Bring a water bottle and wear sunscreen and appropriate shoes.

Dates:	Jun 4-Jul 18, Tues/Thurs Mornings	
5-10 yrs:	8-9:15am	312263-50
11-16 yrs:	9:30-11am	312263-16
Dates:	Jun 3-Jul 17, Mon/Wed Evenings	
5-16 yrs:	6-7:30pm	312263-EV
Location:	TBD	
Fee:	\$104.75 resident/\$131 non-resident	

Fencing and Jedi Camps

These focused and fun camps are offered by truly outstanding coaches. All fencing equipment provided. Designed for all skill levels, these camps include an introduction to the history of fencing, footwork, and blade work (parries and ripostes). Intermediate and progressive saber fencers welcome.

8-15 yrs:	Jul 22-26, Mon-Fri	<i>"fencing"</i>
	Jedi Camp: 9am-12pm	312297
	Fencing Camp: 1-4pm	312297
Fee:	\$236 resident/\$295 non-resident	
Full-Day:	Jul 22-26, Mon-Fri, 9am-4pm	312297
Fee:	\$394 resident/\$492 non-resident	
Instructor:	Fencing Academy of Denver	
Location:	Longmont Recreation Center, 310 Quail Rd	

Outdoor 3v3 Basketball League

Bring a friend and come enjoy a fun filled hour of 3v3 basketball. Boys and girls in grades 7-12 are placed on teams each night and play a minimum of 2 games. Games are self-officiated with a court monitor present. Must be registered to participate.

Dates:	Jun 5-26, Wednesdays	<i>"basketball"</i>
	Grades 5&6: 5-6:15pm	312293-B2
	Grades 7&8: 6:30-7:45pm	312293-B1
Dates:	Jul 10-31, Wednesdays	
	Grades 5&6: 5-6:15pm	312293-B4
	Grades 7&8: 6:30-7:45pm	312293-B3
Location:	Clark Centennial Basketball, 1135 Alpine St	
Fee:	\$33 resident/\$41.50 non-resident	

Summer Youth Basketball Camp

Teaching ball handling, dribbling and shooting fundamentals, this camp is a great way to build confidence and ability. Camp includes 3v3 fun games and drills. All levels are welcome. Bring a water bottle and a snack. *"basketball"*

8-12 yrs:	Jun 18-20, Tue-Thurs, 9am-11am	312291
Instructor:	Legends Sports, LLC	
Location:	Longmont Recreation Center, 310 Quail Rd	
Fee:	\$121.50 resident/\$151.75 non-resident	

Volleyball Camp

Join us for a power packed camp designed to be fun while teaching the fundamentals of the sport: serving, setting, hitting and defense. For beginners and intermediate players who want to learn and develop their skills. No previous experience is necessary. All equipment provided. Please bring water bottle and wear tennis shoes. Kneepads suggested. *"volleyball"*

Grades 6-8:	Jul 9 & 11, T & Th, 11am-1pm	312296-MS
High School:	Jul 9 & 11, T & Th, 1-3pm	312296-HS
Location:	Longmont Recreation Center, 310 Quail Rd	
Fee:	\$95.50 resident/\$119.50 non-resident	

LOOK TOWARDS FALL YOUTH ATHLETICS PROGRAMS

Registration is available now for the following fall youth athletics programs. For full descriptions, see online or the fall brochure direct mailed the first week in August.

Starting later August:

- » Fall Girls Fast-pitch Softball
- » CARA Cross Country
- » Fall CARA Lacrosse League
- » CARA High School Volleyball League

Starting in early September:

- » Fall Youth Volleyball
- » Fall Middle School Soccer



GONZO TENNIS



Gonzo Tennis is devoted to fostering the development of players from 4 years of age and up and giving them the opportunity to discover even more about this international and life-long sport. Participants must supply their own racket. It's all about tennis! Balls are provided. For inclement weather and cancellations visit www.Gonzotennis.com.

Tennis Lessons and Clinics
Location: Quail Tennis Courts, 310 Quail Rd *“tennis”*

Youth Tennis Lessons – Age 4-10

A developmental program that uses a variety of fun games to develop motor skills, enjoyment of the game and helping create self confidence in a safe and friendly environment. Class day options: Mon, Wed or Fri

Session 1:	Jun 3-29	
Session 2:	Jul 18-Aug 3	
5-6 yrs:	MINI Gonzos, Mon, Wed, or Fri 3:30-4:15pm	
Fee:	\$55 res/\$69 non-res	
7-8 yrs:	TINY Gonzos	
	Mon, Wed, or Fri, 4:15-5pm	312601
Fee:	\$55 res/\$69 non-res	
9-10 yrs:	MIGHTY Gonzos	
	Mon, Wed, or Fri 5-6pm	312602
Fee:	\$75 resident/\$94 non-res	

CARA Tennis Team

A recreational team tennis opportunity. Participants must have previous tennis experience. Optional Friday matching played along the Front Range. Participants must provide a copy of their birth certificate at time of registration. Please register according to child's age as of August 1, 2024. *“tennis”*

8-18 yrs:	May 31-Jul 26, Mon, 9-11am	312261
Instructor:	Gonzo Tennis	
Location:	Quail Tennis Courts, 310 Quail Rd	
Fee:	\$210 resident/\$262.50	

Junior Tennis – Ages 11-16

Divided into different levels determined by age and ability. These game-based programs use specific exercises and fun games to help students understand the aspects of tennis. Must have instructor approval to register for the intermediate lessons.

Session 1:	June 3-29	
Session 2:	Jul 8-Aug 3	
Beginner:	Tue or Thurs, 4-5pm	312603
Intermediate:	Tue or Thurs, 5-6pm	312613
Fee:	\$75 resident/\$94 non-resident	

Private Tennis Lessons

Sign up for youth and adult private lessons to get focused attention and improve your skills. To set up a private lesson, email Gonzo at gonzo@gonzotennis.com

Adult Tennis – Ages 16+

Adult clinics introduce the basic tennis strokes to beginners and improve skills for intermediate players. Appropriate games for different levels improve stroke technique and consistency.

Session 1:	Jun 3-26	
Session 2:	Jul 8-30	
Adult Beginner:	Wednesday, 6-7:30pm	312605
Adult Intermediate:	Monday, 6-7:30pm	312615
Fee:	\$130 resident/\$162.50 non-resident	



PRIVATE TENNIS/PICKLEBALL COURT RESERVATIONS

\$9 per hour per court

Contact sports@longmontcolorado.gov
or call the sports office at 303-774-3527

Shotokan Karate

Shotokan karate training helps increase physical fitness, confidence, improved motor skills, flexibility, speed, concentration, discipline & personal safety.

Shotokan Karate Tigers		“Karate”
4-7 yrs:	Sat, 11:45am-12:45pm	344255
Monthly Sessions June, July, & August		
Monthly Fee: \$60 resident/\$75 non-resident		
7 & up:	Tue & Thurs, 6:40-7:40pm	“Karate”
On-going monthly sessions		
Instructor:	Sensei Chad Callaghan, Budo Shotokan Karate	
Location:	St Vrain Memorial Bldg, 700 Longs Peak Ave	
Youth Fee:	\$75 resident/\$93.75 non-resident	345253
Adult Fee:	\$95 resident/\$118.75 non-resident	345252



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Tae Kwon Do

This is a traditional Chung Do Kwan style of Tae Kwon Do. All sparring is no-contact. Classes consist of basic techniques (kicks, punches, and blocks), forms or katas, no-contact sparring, and other self-defense techniques.

7 & up:	Jun 3-Aug 30, M/W/F, 5:45-7:15pm	347250
Instructor:	Jim Goldsmith	
Location:	St Vrain Memorial Bldg, 700 Longs Peak Ave	
Fee:	\$130 resident/\$162.50 non-resident	

DID YOU KNOW THAT RECREATION HIRES FOR A WIDE RANGE OF SEASONAL AND YEAR-ROUND POSITIONS?

Adult and Youth sports officials, Middle School Soccer Coaches, and more.
See bit.ly/longmontrecjobs for a full listing of current openings.

Youth/Teen Pickleball Lessons

A combination of badminton, ping-pong and tennis, pickleball is played with a whiffle ball on a short tennis court. It is fun, social, and easy. Learn the basics of the sport while meeting new friends. Equipment provided.

8-14yrs:	Tue, 5:30-6:30pm	“Pickleball”
Monthly session:	Apr May	212222
9-11 yrs:	Tue, 5:15-6:15pm	
12-15yrs:	Tue, 6:30-7:30pm	
Monthly session:	Jun Jul Aug	312222
Location:	Hover Pickleball Courts, 1361 Charles St	
Fee:	\$47.50 resident/\$55.50 non-resident	



Adult Pickleball Lessons

A combination of badminton, ping pong and tennis is played with a whiffle ball on a short, tennis-similar court. Learn rules, techniques and basic strategies. Designed for beginner and advanced beginning players. Equipment provided. **“Pickleball”**

16 & up:	Wed, 5:30-6:30pm Thurs, 4:30-5:30pm or 5:30-6:30pm	
Dates:	Jun 5-27 Jul 10-Aug 1 Aug 7-29	312322
Location:	Hover Pickleball Courts, 1361 Charles St	
Fee:	\$33.75 resident/\$42 non-resident	

Adult Pickleball Clinics

Monthly clinics focused a specific element of the game. The first hour dedicated to drills and the second to putting the skills learned into practice. See online for monthly clinic descriptions.

18 & up:	Monday, 5:30-7:30pm	312392
Monthly sessions:	May* Jun Jul Aug	
Location:	Hover Pickleball Courts, 1361 Charles St	
Fee:	\$83 resident/\$103.50 non-resident *\$62.25 resident/\$77.50 non-resident	

ADULT SPORTS LEAGUES

Sign up as a team or as a free agent. Free agents are individuals who don't have a team, but want to play in an adult sports league. Free agents are combined to form a team(s). Keyword **"agent"**

Registration and rules for all adult sports are available at Longmontcolorado.gov/leagues and at the Longmont Recreation Center, 310 Quail Rd.

**Split payment option: Pay half the registration fee when you sign up and the rest of the fee half way through the season. Split payment option adds \$15.00 to the league pricing. Early Bird Discount: Pay early and get a discount. Late Fee of \$15.00 applies after the registration deadline. Look for before and after dates listed.*

Adult Basketball - Summer & Fall

The Adult Recreational 5v5 league is offered Thursday nights. The Women's Recreational 4v4 free agent league is offered Tuesday nights; players register individually and are placed on teams.

18 & Up: Longmont Recreation Center, 310 Quail Rd

Summer Dates: June 20-Aug 22; 8 games

Early-Bird Team Reg*: May 1-27; \$465

Standard Team Reg*: May 28-Jun 10; \$495

Reg Deadline*: Jun 10, \$15 late fee applies beginning 6/11

5v5 or 4v4 Free Agent Fee: \$58 res/\$72.50 non-res

Fall Dates: Sept 5-Nov 7; 8 games

Early-Bird Team Reg*: July 1-Aug 12; \$465

Standard Team Reg*: Aug 12-26; \$495

Reg Deadline*: Aug 26, \$15 late fee applies beginning 8/27

5v5 or 4v4 Free Agent Fee: \$58 res/\$72.50 non-res

Adult Kickball - Summer & Fall

Looking for a fun, social activity? Kickball is a sport for all. Play is coed and on Tuesday nights.

18 & up: Garden Acres Ballfields, 2058 Spencer St

Summer Dates: June 4 - Aug 6; 8 games

Early-Bird Team Reg*: April 1-May 5; \$350

Standard Team Reg*: May 6-20; \$380

Reg Deadline*: May 20, \$15 late fee applies beginning 5/21

Free Agent Fee: \$35 res/\$44 non-res

Fall Dates: Aug 20-Oct 15; 8 games

Early-Bird Team Reg*: June 1-July 21; \$365

Standard Team Reg* July 22-Aug 5; \$395

Reg Deadline*: Aug 5, \$15 late fee applies beginning 8/6

Free Agent Fee: \$37 res/\$46.50 non-res

Adult Softball - Summer & Fall

Men's, women's, coed, and open leagues are Monday through Friday nights with an end-of-season tournament. The Open Division consists of mixed gender teams without using coed rules.



18 & up: Garden Acres Ballfields, 2058 Spencer St

Summer Dates: May 6-Aug 2; 10 games

Early-Bird Team Reg*: Mar 18 - Apr 7; \$610

Standard Team Reg*: Apr 8-22; \$640

Reg Deadline*: Apr 22, \$15 late fee applies beginning 4/23

Free Agent Fee: \$55 res/\$69 non-res

Fall Dates: Aug 19-Oct 18; 8 games

Early-Bird Team Reg*: July 1-21; \$ 540

Standard Team Reg*: July 22 - Aug 5; \$570

Reg Deadline*: Aug 5, \$15 late fee applies beginning 8/6

Free Agent Fee: \$51 res/\$63.75 non-res

Adult Outdoor Grass 4v4 Volleyball - Summer & Fall

Longmont offers both social and competitive divisions of Adult Outdoor Grass Volleyball. Play is 4v4 and participant officiated. Sign up your team or as a free agent.

16 & up: Roosevelt Park, 700 Longs Peak Ave

Summer Dates: June 3-July 15; 6 games

Early-Bird Team Reg*: April 1 - May 5; \$120

Standard Team Reg*: May 6-19; \$150

Reg Deadline*: May 20, \$15 late fee applies beginning 5/21

Free Agent Fee: \$36 res/\$44 non-res

Fall Dates: July 22-Sept 9; 6 games

Early-Bird Team Reg*: June 1-23; \$120

Standard Team Reg*: June 24-July 7; \$150

Reg Deadline*: July 8, \$15 late fee applies beginning 7/9

Free Agent Fee: \$36 res/\$44 non-res

NOW HIRING FOR ADULT SPORTS STAFF

- » Referees/Umpires
- » Field/Facility Supervisors
- » Competitive Pay + Benefits
- » Experience preferred but not needed
- » Training Provided



bit.ly/longmontrecjobs



MAY



MAY 4 STRIDER ROUGH RIDER RACE

Saturday, 9:30am at Willow Farm Barn, 901 S Fordham St

Join Longmont Recreation for a race for our tiniest bikers: stride glider “rough riders”. Bring you glider; helmet required. For more information, 303-651-8404.

Ages 2-5. \$20 pre-register, no refunds 345445

MAY 23 SUNSET POOL OPENS FOR THE SEASON

Thursday, 1-5pm at Sunset Pool,
1900 Longs Peak Ave | 303-651-8300



HOLIDAY OBSERVATION DATES:

MAY 27 MEMORIAL DAY

City offices closed.
Modified Recreation Facility hours.*

JUNE 19 JUNETEENTH

City offices closed.
Normal Recreation Facility hours.*

JULY 4 INDEPENDENCE DAY

City offices closed.
Modified Recreation Facility hours.*

*Trash/Recycle/Compost collected one day later than normal throughout the week

JUNE



JUNE 13 PAR TEE

Thursday, 5-8:30pm,
Ute Creek Golf Course, 2000 Ute Creek Dr

Tee off the weekend with us at the annual ParTee concert! Featuring a live, local band with food and drinks available for purchase. Bring a blanket and enjoy a summer night with fun for the whole family.

2024 SUMMER CONCERTS

Join us for a summer of FREE concerts throughout Longmont. Pack that picnic basket and join us for some hot fun in the summertime with live music for the whole family. Your source for all free summer music is at longmontcolorado.gov/rec.

June 1, Saturday, 4:30-9pm, Intersection of 4th & Kimbark
This year's chance to dance in the street with headliner Drunken Hearts! Bring the whole family at 4:30 for family programming to start the festivities, and stay all night for local food trucks, craft beverages, other kids activities, live music and dancing. More information available at downtownlongmont.com or 303-651-8484

**June 13, Thursday, 5-8:30pm,
Ute Creek Golf Course, 2000 Ute Creek Dr**

Tee off the weekend with us at the annual ParTee concert! Featuring a live, local band with food and drinks available for purchase. Bring a blanket and enjoy a summer night with fun for the whole family.

**June 18, Tuesday, 6:30-7:30pm,
SSR Visitors & Learning Center, 3001 Sandstone Dr**
The Vibe Tribe plays Dixieland and swing from the 1920's & 1930's. Bring your sack dinner and join us at 5:30pm to enjoy the scenery at SSR before the main event. Bring something to sit on and thank you for carpooling.

**June 26, Wednesday, 6:30-8pm,
Willow Farm Park, 901 S Fordham St**
In conjunction with High Plains Bank, the Longmont Museum presents the 101st Army Hot Seven Jazz Band. As a component of the Colorado National Guard's 101st Army Band, these soldiers honor their nation through the most original American art form — Jazz!



**July 10, Wednesday, 6:30-8pm,
Collyer Park, 600 Collyer St**

In conjunction with High Plains Bank, the Longmont Museum presents Denver Taiko. Performing traditional Japanese Taiko drumming as well as their own original compositions, Denver Taiko's repertoire of rhythmic grooves and heart-pounding beats make for a dynamic and high energy show you won't soon forget.

July 24, Wednesday, 6:30-8pm, Carr Park, 1301 21st Ave
In conjunction with High Plains Bank, the Longmont Museum presents Kutandara. Fusing ancient African music traditions with indie-pop, rock, jazz, gospel, classical, and world folk influences, Kutandara's exuberant, hi-energy polyrhythmic performances manage to be innovative and deeply-rooted at the same time.

JULY



JULY 4 LONGMONT 4TH OF JULY CELEBRATION

Thursday | Exact time and location TBA

Join us for a spectacular new 4th of July celebration featuring a dazzling fireworks display! Bring your family and friends to enjoy an unforgettable day of patriotic fun and festivities as we commemorate America's independence in style.

COMMUNITY NIGHTS AT SANDSTONE RANCH

5:30-7:30pm at SSR Visitors & Learning Center,
3001 Sandstone Dr

Bring a sack dinner and join us at 5:30pm before the main event to enjoy the scenery at SSR. Main event begins at 6:30pm. Outdoor events, weather permitting: bring something to sit on. No registration needed. FREE

July 16, Tuesday, 6:30-7:30pm | Jeff & Paige
Bring a picnic dinner, chairs & blankets for an evening of songs, storytelling, humor and interactive play for all ages.

Aug 20, Tuesday, 6:30-7:30pm | Legendary Ladies
Travel back in time to hear the stories of real women who made a significant impact on the West.

AUGUST

AUGUST 24 LONGMONT TRIATHLONS

Swim, bike, and run through our amateur Triathlon races. Enjoy scenic run and bike courses finishing on the Longmont Recreation Center's south lawn. Registration opens May 1, price increases Aug 1. LongmontColorado.gov/triathlon

19th Annual Longmont Kids Only Triathlon
6-17 yrs: Sat, Aug 24 first heat at 7:45am \$45

12th Annual Longmont Try-A-Tri
17 & up: Sat, Aug 24 first heat at 9:45am \$55

It is not too late to be an event sponsor!
Contact 303-774-4694 for more information.



FITNESS IN THE PARKS

Mix up your workout by taking them outside! Join us Fridays this summer at various Longmont parks for free classes. Childcare is not available. Updated class and locations available at LongmontColorado.gov/fitness

14 & up:	Select Fridays, 9am "parks"
June 7:	Pilyoga at Kanemoto
June 14:	Barre at Pratt Park
June 21:	Zumba at Dickens
June 28:	Pilyoga at Lanyon
July 5:	Tai Chi at Roosevelt
July 12:	Pilyoga at Dawson
July 19:	Zumba at Blue Skies
July 26:	Pilyoga at Collyer
Aug 2:	Barre at Roosevelt
Aug 9:	Zumba at Lanyon
14 & up:	1st & 3rd Sat, 9am
June-Aug:	Pilyoga at Lanyon Park

Pull Out Save

FITNESS & WELLNESS

GROUP FITNESS CLASSES INCLUDED WITH PASSES OR DAILY DROP IN FEE

Benefits of Group Fitness

- » Find motivation and inspiration
- » Accountability
- » Social interaction
- » Variety
- » Expert guidance from certified instructors

With over 120 weekly classes, there is something for everyone

- » **Cardio:** kickboxing, Zumba®, Nia, step
- » **Strength:** sculpt & tone, bootcamp, cycle & strength
- » **SilverSneakers® Classes:** classic, circuit, yoga, splash, stability, enerchi
- » **Aqua Fitness:** lazy river classes, aqua power, deep water, aqua Zumba®
- » And MUCH MORE!



Get the schedule & class descriptions

Visit www.longmontcolorado.gov/fitness
or see facility for printouts.

No Regular Fitness Classes: Mon, May 27 & Thurs, July 4th

Join us for a special July 4 Aqua Zumba Party: 10:30am-12pm at Sunset Pool



St Vrain Memorial Building
700 Longs Peak Ave
303-651-8404

Centennial Pool
1201 Alpine St
303-651-8406

Longmont Recreation Center
310 Quail Rd
303-774-4800

Sunset Pool - seasonal
1900 Longs Peak Ave
303-651-8300

SILVERSNEAKERS® & RENEW ACTIVE™ PROGRAMS

Designed for Medicare participants with select insurance plans. Both programs include use of facility amenities and group fitness classes with unlimited daily admission at the Longmont Recreation Center, Centennial Pool, and the St Vrain Memorial Building. Both programs are also valid for admission for the SilverSneakers® classes held at the Senior Center. To find out more, call 303-774-4800 or stop in at the Longmont Recreation Center and get signed up!

Facility Orientations

Facility orientations for SilverSneakers® and Renew Active participants involve a facility tour and an overview of the fitness equipment.

**Days/Times: May 2, Jun 6, Aug 1, Thurs, 9am
Apr 18, May 16, Jun 20, Jul 18, Aug 15, Thurs, 2pm**

Location: Longmont Recreation Center, 310 Quail Rd

Fee: FREE, however preregistration is required, keyword "silver"



One Pass™



SilverSneakers® Fitness Classes

Choose from these 45 to 60 minute classes geared specifically for the unique fitness needs of older individuals. Class descriptions and schedule of classes are available online and at Recreation facilities.

- SilverSneakers® Classic** **SilverSneakers® Circuit** **SilverSneakers® Cardio**
- SilverSneakers® Yoga** **SilverSneakers® Stability** **SilverSneakers® Splash**
- SilverSneakers® Enerchi** *Please be sure to check the location of your class.*

Lunch & Learns Join Recreation instructors as they discuss different topics.

Tues, noon-1pm

Apr 9, May 14, Jun 11, Jul 9, Aug 13

Keyword "lunch"

Fee: Free for SilverSneakers® & Renew Active™ members

Location: Senior Center, 910 Longs Peak Ave

INDIVIDUALIZED CUSTOM TRAINING

Personal Training

Training can include core and balance training, basic weight training, muscle building and cardiovascular training tailored to your personal needs with a certified personal trainer or nutrition assessments and plans with a registered dietician. Call the Longmont Recreation Center at 303-774-4700 for more information. Days and Times by appointment. One hour sessions.

Session Fees:	Private	Semi-Private
1 session	\$59 res/\$74 nr	\$72 res/\$90 nr
5 sessions	\$260 res/\$325 nr	\$330 res/\$413 nr
10 Sessions	\$450 res/\$562 nr	\$590 res/\$737 nr

Body Composition with the InBody 270

Go beyond the scale with the InBody Test, a non-invasive body composition analysis. Call 303-774-4752 for more information and to schedule. The fifth session is FREE!

Single Session: \$20 extended pass-holders/ \$25

Location: Longmont Recreation Center, 310 Quail Rd



ON-GOING YOGA OFFERINGS

Pre-registration is required. April and May codes begin with “2”. June, July, and August codes begin with “3”. Classes are offered on an on-going weekly basis unless otherwise noted.

Alignment- Gateway to the Heart of Yoga

Gravity, poor posture and stress can pull us physically and emotionally off center and into discomfort. Clear instruction in alignment aimed at spine and joint health, will bring you confidence in practicing yoga. Personalized attention will guide you towards greater strength, flexibility, and balance. Beginning and continuing students welcome. *“yoga”*

16 & up: **Monday*, 12:30-1:45pm** 232117 | 343117
***Apr & May Mon, 12:15pm**

Instructor: Gwyn Cody

Location: Lashley St Station, 1200 Lashley St

Daily Fee: \$15 resident/\$18.75 non-resident

Prenatal Yoga

This class is designed for all stages of pregnancy. Enjoy a uniquely tailored yoga class to strengthen, stretch, and nourish the pregnant body. Movement is created to support the rapidly changing pregnant body, as well soothe and alleviate the common discomforts of pregnancy. **No Jun 5 or 12. “yoga”*

16 & up: **Monday, 5-6:15pm** 243144 | 343144

Instructor: Jessica Fawcett

Location: Lashley St Station, 1200 Lashley St

Daily Fee: \$18 resident/\$22.50 non-resident

Resilient Hatha Yoga

This class is for people seeking personal fitness as an exercise in slowing down and paying attention to the impacts of movement. Before working dominant muscles, you'll focus on awakening and strengthening the smaller, underused muscles. Experience the connection between how the breath's movement supports your body's movement. *“yoga”*

16 & up: **Tuesday, 9:15-10:30am** 243152 | 343152

Instructor: Diana Shellenberger

Location: Lashley St Station, 1200 Lashley St

Daily Fee: \$15 resident/\$18.75 non-resident

Evening Yoga for Flexibility

Yoga class that practices deep stretching and flow movement. We practice slow sun salutations and standing poses. Alignment and balancing poses help to keep the student strong. We incorporate stretching and holding poses for each class. Most people can adapt each class to their personal needs. *“yoga”*

16 & up: **Tuesday, 6-7:15pm** 243118 | 343118

Instructor: Josine Michels

Location: Lashley St Station, 1200 Lashley St

Daily Fee: \$15 resident/\$18.75 non-resident



Toddler and Me Yoga

For mamas/caregivers and little ones who are mobile and want to explore the world with their bodies. Movement is a blend between postpartum focused recovery and strengthening as well as playful fluid movement beneficial for all ages and stages of life. **No Jun 5 or 12. “yoga”*

16 & up: **Wed, 10-11am** 243145 | 343145

Instructor: Jessica Fawcett

Location: Lashley St Station, 1200 Lashley St

Daily Fee: 16 resident/\$20 non-resident

Baby and Me Yoga

This class is for mamas/caregivers and babies who are not yet “mobile” and are at least 6 weeks postpartum/6 weeks old. Focus mainly on postpartum recovery. Includes time at the end of each class for baby movement and massage, as well as a sweet savasana for all. **No Jun 5 or 12. “yoga”*

16 & up: **Wed, 11:15am-12:15pm** 243146 | 343146

Instructor: Jessica Fawcett

Location: Lashley St Station, 1200 Lashley St

Daily Fee: \$16 resident/\$20 non-resident

Yoga Therapy

Explore yoga using principles of breath, sensation and observation. Foundational posture “Asana” allowing body, mind into peace and harmony with the perspective of promoting flexibility and mindfulness. Pranayama and meditation are also integrated with the structural therapeutic values of this class. Enjoy! **No July 25, No August Classes. “yoga”*

16 & up: **Thursday, 9-11am** 243142 | 343142

Instructor: Shar Lee

Location: Lashley St Station, 1200 Lashley St

Daily Fee: \$18 resident/\$22.50 non-resident

ON-GOING YOGA OFFERINGS

Gentle Yoga

This All-level Gentle Vinyasa yoga is practiced at a moderate pace with props and modifications for comfort and individual growth. An excellent option to improve balance, posture, flexibility, and wellbeing. Bring a yoga mat and any props you need. June and July will be held outdoor at a city park.
“yoga”

16 & up: **Friday, 9:30-10:45am** 243133 | 343133
April 5-26 | May 3-31 | Aug 2-30

Location: Lashley St Station, 1200 Lashley St

16 & up: **Wed, 8:30-9:30am, Jun 12-Jul 31** 343133

Location: Kanemoto Park, 1151 S Pratt Pkwy

Instructor: Urszula Bunting

Daily Fee: \$15 resident/\$18.75 non-resident

Sunday Morning Yoga

From the first morning you'll sense a difference in your flexibility, strength, integration, sense of ease. Allow your nervous system to relax. Gentle lying, sitting, and standing sequences move with breath. Develop an intimate and bigger perspective. Hone awareness; find delight in body & mind.
“yoga”

16 & up: **Sunday, 9:30-10:45am** 243171 | 343171

Instructor: Katharine Kaufman

Location: Lashley St Station, 1200 Lashley St

Daily Fee: \$15 resident/\$18.75 non-resident

SPECIALTY YOGA

Summer Solstice Yoga

Enjoy this free event and celebrate the longest day of the year with yoga, nature, community and two experienced yoga instructors, Kim and Urszula. This class is for all levels, including beginners.
“yoga”

16 & up: **Jun 20, Thurs, 7-8:15pm** 343132

Instructor: Urszula Bunting

Location: Collyer Park

Fee: FREE, thank you for pre-registering

Yoga Happy Hour

Join Diana for a monthly series of one-hour mini-intensives. Even if you've never practiced yoga before, you can benefit from these classes. Receive printouts of what you practice in class, along with an audio recording of each class.
“yoga”

16 & up: **Fri, 6-7pm** 343153

Yoga to Improve Balance: Jun 28

Yoga to Increase Hip Mobility: Jul 19

Introduction to Meditation: Aug 23

Instructor: Diana Shellenberger

Location: Lashley St Station, 1200 Lashley St

Daily Fee: \$20 resident/\$25 non-resident

Mother's Day Tea and Yoga

Give your mom or yourself (or both) a gift of being present with gentle Hatha and Restorative yoga, breathwork, sound healing with Tibetan bowls and tuning forks, candlelight, and aromatherapy. This special Mother's Day event also includes tea, delicious healthy treats, and a gift to take home. Please bring a mat and 2 blankets.

16 & up: **May 11, Sat, 3-5:30pm** 243300

Instructor: Urszula Bunting

Location: Lashley St Station, 1200 Lashley St

Fee: \$45 resident/\$56.25 non-resident



Lashley Street Station

1200 Lashley St

Located on Lashley St, access is via the park-side entrance of the building, off the parking lot. Pre-registration required for all yoga classes.



Essentrics w/ Kim

Increase mobility, flexibility, and range of motion. Barefoot, low impact. Get your metabolism going while increasing lymph and blood flow throughout the body. Feel increased energy while improving posture, balance and strength. A great addition to your fitness goals. Join us! *“Kim”*

16 & up: **Tue, 10:45-11:45am or Thurs 9-10am**

On-going weekly offerings 213922 | 313922

Instructor: Kim Zimmer

Location: St Vrain Memorial Bldg, 700 Longs Peak Ave

Daily Fee: \$15 resident/\$18.75 non-resident

Tai Chi: 37 posture Yang short form

Tai Chi is a mind-body exercise utilizing slow, relaxed movement, a quiet mind and deep, natural breathing that stimulates the flow of chi (intrinsic energy). For people who have some Tai Chi experience. *Location subject to change. *Please check receipt. No 8/5.*

18 & up: **Mon, 11am-12pm** *“tai chi”*

Apr 1-May 20 243125 | **Jun 3-Aug 26*** 343125

Instructor: Barb Larsen

Location: Izaak Walton Clubhouse, 18 S Sunset St

Daily Fee: \$7 resident/\$8.75 non-resident

Mat Pilates

Pilates is an effective form of low impact exercise that builds core strength, tones the entire body, improves flexibility and posture. Class focuses on core stability, balance, precision and control using your own bodyweight for resistance while adding challenge with progressions and props. **No 6/16 or 7/7*

15 & up: **Sun, 1-2pm** *“pilates”*

Mar 31-May 26 243126 | **Jun 2-Aug 25*** 343126

Instructor: Elise Milam

Location: Lashley St Station, 1200 Lashley St

Daily Fee: \$25 resident/\$31.25 non-resident

Seniors on Weights

This small group program, taught by a certified personal trainer, is designed for seniors to get comfortable in the weight room, learn to use the equipment and properly warm up/cool down for safe execution of the strengthening exercises. **8/6 & 8/8 will be at the Longmont Recreation Center*

55 & up: **Tue & Thurs, 1:30-3pm** *“weights”*

Apr 2-25 | May 7-30 213303 \$120 res/\$150 nr

Jun 4-27 | Aug 6-29 313303 \$130 res/\$162.50 nr

Instructor: Kenya Taylor, CPT

Location: St Vrain Memorial Bldg, 700 Longs Peak Ave

Meditation & Breathwork Healing Session

Clear energy blockages, boost the immune system & balance the body. Induces heart coherence with a variety of breathing techniques, visualizations, mantras & music. *“meditation”*

15 & up: **Sun, 2:30-4pm**

Jun 23 | Jul 21 | Aug 18

343127

Instructor: Elise Milam

Location: Lashley St Station, 1200 Lashley St

Fee: \$45 resident/\$56.25 non-resident

Grow and Glow-Prenatal Fitness

Stay strong and energized throughout your pregnancy. Improve postural strength and cardiovascular endurance in a supportive and inclusive environment. Expert led exercises tailored for pregnancy. Designed to cater to all trimesters.

16 & up: **Fri, 10:30-11:30am** *“prenatal”*

Apr 5-May 31 213806 | **Jun 7-Aug 30** 313806

Instructor: Stef Carotenuto

Location: Longmont Recreation Center, 310 Quail Rd

Daily Fee: \$8 resident/\$10 non-resident



Women on Weights

New to weight training or getting back into it after a long hiatus? This small group training program is designed to help you get comfortable in the weight room, teach you how to use the equipment and get the most out of your workout.

**No July 2.*

“weights”

16 & up: **Tues, 1:15-2:45pm**

243112 | 343112

May 7-Jun 4 | Jun 11-Jul 16* | Jul 23-Aug 20

Instructor: Shantel Wheaton

Location: Longmont Recreation Center, 310 Quail Rd

Fee: \$80 resident/\$100 non-resident

TRX Free Orientation

Join us for a free orientation to familiarize yourself with the TRX straps and prepare to take TRX classes. Must take an orientation or have taken a TRX class in order to drop in the ongoing sessions. **“TRX”**

14 & up: **Mon, 10-10:30am or Wed, 6:15-6:45pm**
Apr 8/10 | May 13/15 223500
Jun 10/12 | Jul 8/10 | Aug 12/14 323500
 Location: St Vrain Memorial Bldg, 700 Longs Peak Ave
 Fee: Free, but must pre-register

TRX

TRX is a distinct training system that uses your own body weight and gravity as resistance. This training system is unique, simple to perform, but challenging as every movement requires balance and core strength. A great supplemental workout or a standalone program for every fitness level. Attend a TRX orientation before this class. **No Aug 5 or Aug 7*

16 & up: **Mon & Wed, 9-10am** **“TRX”**
Apr 1-May 29 223512 | **Jun 3-Aug 28*** 323512
 Location: St Vrain Memorial Bldg, 700 Longs Peak Ave
 Daily Fee: \$7 resident/\$8.75 non-resident

Nia Dance Party

Come share in the JOY of moving with us. Great Music and lots of fun. No Experience needed. **“Nia”**

14 & up: **Apr 12, Fri, 5:45-7pm** 213812
May 10, Fri, 5:45-7pm 213812
 Instructor: Jackie and Marty Diner
 Location: Longmont Recreation Center
 Fee: \$7 resident/\$8.75 non-resident

TRX Yoga

TRX Yoga is the ultimate fusion of fitness and yoga, made stronger with the use of TRX® Suspension Trainer™. Putting the straps into practice builds a strong foundation of alignment feedback during poses, while also building strength, mobility, core stability and overall confidence through the repetition of movement with breath. **“TRX”**
**Apr 17 or Aug 7*



16 & up: **Wed, 12-1pm**
Apr 3-May 29* 223516 | **Jun 5-Aug 28*** 323516
 Instructor: Helene Pronk
 Location: St Vrain Memorial Bldg, 700 Longs Peak Ave
 Daily Fee: \$8 resident/\$10 non-resident

TEACH A CLASS WITH US

Do you have a passion for photography, music, languages, or crafting?

Share your passion and earn a bit of money at the same time. We are interested in hearing about a class you would like to teach.

Contact Kristen at 303-774-3795 or Kristen.Rudisill@longmontcolorado.gov



Track City Progress with Longmont Indicators!



It's a great way to:

- Learn about five City plans including Envision Longmont and the Sustainability Plan
- View project updates and progress towards Citywide goals

Indicators.LongmontColorado.Gov

¡Siga el progreso de la ciudad con los indicadores de Longmont!



Es una excelente manera de:

- Conocer cinco planes de la ciudad, incluidos Envision Longmont y el Plan de Sustentabilidad
- Ver las actualizaciones del proyecto y el progreso hacia las metas de la ciudad



The SCOPE (Supportive, Captivating, & Original Programs & Experiences) This Program encourages people of all abilities to participate in recreational programs and activities. The mission of SCOPE is to provide specialized support and recreational opportunities to people with disabilities. Our vision is to enrich lives and create experiences that are memorable, empowering, fun and safe for all participants.

Ariana Heter, Therapeutic Recreation Coordinator | ariana.heter@longmontcolorado.gov | 303-651-8907

SCOPE: Arts & Crafts

It's time to get those creative muscles moving! Join SCOPE for a variety of creative expressions! All materials are provided. All abilities are welcome. *"scope"*

8 & up: **Thurs, 5-6pm May 23** 249202
Weds, 5-6pm Jun 26 | Jul 24 | Aug 7 349202
 Location: varying locations
 Fee: \$15 resident/\$18.75 non-resident

SCOPE: Movie Night

Join in for some movie night fun! Popcorn, light refreshments, and great company! All movies will be PG-13. *"scope"*

8 & up: **Thurs, 5-7pm May 9** 249500
Wed, 5-7pm, Jun 12 | Jul 10 | Aug 14 349500
 Location: Senior Center, 910 Longs Peak Ave
 Fee: \$15 resident/\$18.75 non-resident

SCOPE: Community Outing

Join SCOPE for a day out in the community! This program provides the opportunity to develop a variety of important social and life skills, find new hobbies and interests, and have fun connecting with others in a new environment. Prices vary based on community outing destination. *"scope"*

12 & up: 249502 | 349502
 Indian Hot Springs: **May 7, Tue, 9am-1pm**
 Denver Zoo: **May 14, Tue, 9am-1pm**
 Top Golf: **Jun 20, Thurs, 9am-12pm**
 Tea Time with Your Person: **Jun 28, Fri, 5-6:30pm**
 Butterfly Pavilion: **Jul 18, Thurs, 9am-1pm**
 Crackpots: **Aug 20, Tues, 10am-12pm**
 Meow Wolf: **Aug 26, Mon, 10am-2pm**
 Meeting Location: St Vrain Memorial Bldg,
 700 Longs Peak Ave
 Fee: \$10-\$60 resident
 \$12.50-\$75 non-resident



SCOPE: Fitness

Join us for a fun-filled, inclusive exercise experience that celebrates the unique abilities and strengths of every individual on their journey towards a healthier and happier lifestyle. *"scope"*

12 & up: **Mon, 3:30-4:30pm** *"scope"*
May 6 | May 13 | May 20 249511
 Fee: \$6.50 resident/\$8 non-resident
Jun 3 | Jun 17 | Jul 1 | Jul 15 | Aug 19 349511
 Fee: \$7 resident/\$8.75 non-resident

Location: St Vrain Memorial Bldg, 700 Longs Peak Ave

SCOPE: Kite Flying

Join us at Roosevelt Park for kite flying! It's a great way to practice mindfulness, be in the beauty of nature, focus on socializing, and get some exercise. We supply the kites or bring your own!



8 & up: **May 1, Wed, 4-5pm** 249512
 Location: Roosevelt Pavilion, 725 8th Ave
 Fee: \$6.50 resident/\$8 non-resident

SCOPE: Line Dance

Adaptive line dance makes dance for everyone! No prior dance experience required. Inclusive movement for standing or seated participants. Come out and enjoy line dance with Two Left Boots!

10 & up: **Tues, 4:30-5:30pm** *"scope"*
May 7 | May 21 249513
 Fee: \$6.50 resident/\$8 non-resident
Jun 4 | Jun 18 | Jul 2 | Jul 16 | Aug 6 | Aug 20
 349513
 Fee: \$7 resident/\$8.75 non-resident
 Instructor: Two Left Boots
 Location: Izaak Walton Clubhouse,
 18 S Sunset



SCOPE: Golf

Learn the fundamentals of form, swinging, putting and body positioning. Space limited, register early. *“scope”*

14 & up: **Jun 6-27, Thurs, 6-7pm** 349116
 Location: Sunset Golf Course
 Fee: \$22 resident/\$27.50 non-resident

SCOPE: Softball

All players will be contacted by coaches mid-May with team game schedule. If this is your first year and you do not have a team, please enter “unassigned” in team question box.

Location: Clark Centennial Park,
1100 Lashley St
 Fee: \$22 resident/
\$27.50 non-resident



Softball For All

Beginning level softball program for athletes who need one on one assistance and/or instruction.

8 & up: **Jun 3-Jul 29, Mon, 6-7pm** 349115-A

Unified Softball

For athletes who know the fundamentals of the game. Unified Softball League teams are comprised of athletes with developmental disabilities and non-disabled players (partners). All players (athletes & partners) MUST register.

8 & up: **Jun 3-Jul 29, Mon, 7-9pm** 349115-U

SCOPE: Bocce Ball

Come participate in the third most popular sport in the world! Bocce ball is a laid-back, outdoor social game. The object of the game is to throw your bocce ball closest to the Pallino. This program offers instruction and skill training with the optional of competing at Special Olympics. *“scope”*

8 & up: **Jun 4-Jul 30, Tue, 6-7pm** 349117-A
 Location: Lanyon Park, 1900 Collyer St
 Fee: \$22 resident/\$27.50 non-resident



SCOPE: Snapology Scientists Camp

Snapology teaches STEM/STEAM concepts through hands-on, interactive play, using LEGO bricks and other fun learning tools. Come build with us for two days of Snapology Scientists! *“scope”*

8 & up: **Jul 24, Wed, 1-3pm** 349501
Jul 25, Thurs, 1-3pm 349501
 Location: Izaak Walton Clubhouse, 18 S Sunset
 Fee: \$30 resident/\$37.50 non-resident

SCOPE: Pickleball

Come try pickleball with SCOPE! Pickleball is a combination of badminton, ping-pong, and tennis. It's played with a whiffle ball on a short tennis court. It's fun, social, and easy to learn making it one of the nation's fastest growing sports! Learn the basics of the sport while meeting new friends! Equipment is provided.



10 & up: **Wed, 4:30-5:30pm** *“scope”*
May 22 | Jun 5 | Jul 17 | Aug 21 349514
 Location: Longmont Recreation Center, 310 Quail Rd
 Fee: \$13 resident/\$16.25 non-resident

SCOPE: Indoor Rock Climbing

Join us for basic rock-climbing skills and fun! Equipment provided.

10 & up: **Monday, TBD - check online** *“scope”*
Jul 17 | Jul 15 | Aug 19 349515
 Location: Longmont Recreation Center, 310 Quail Rd
 Fee: \$4 resident/\$5 non-resident

SCOPE: Sing for Joy!

Come sing your favorite songs with Barbara Jo and let the magic of singing with others light up your being from head to toe! No experience necessary, just a desire to have a bunch of fun! Barbara Jo will bring her bells and percussion instruments! *Care assistants are required to attend with persons with severe physical or emotional needs.

10 & up: **Fri, 4:30-5:30pm** *“scope”*
May 10 | May 24 | Jun 14 | Jun 28
Jul 12 | Jul 26 | Aug 9 | Aug 23 349516
 Location: Izaak Walton Clubhouse, 18 S Sunset
 Fee: \$6.50 resident/\$8 non-resident

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SCOPE: Kayak

Meet SCOPE at McIntosh Lake for the programs first ever kayaking opportunity! Equipment is provided.

10 & up:	Thurs, 9:45am-12:15pm	
	Jun 6 Jul 18 Aug 15	349517
Location:	Dawson Park, 1757 Harvard St	
Fee:	\$25 resident/\$31.25 non-resident	

SCOPE: Parties

Light refreshments provided. *"scope"*

8 & up:		349520
Kickball:	May 29, Wed, 5-6:30pm	249506
Dance & Karaoke:	Jun 19, Wed, 5-6pm	349520
Pool Party:	Jul 27, Sat, 5:30-7pm	
Bonfire & S'mores:	Aug 28, Wed, 6:30-7:30pm	
Location:	Varying locations	
Fee:	\$16.50 resident/\$20.50 non-resident	

SCOPE: Lunch Trips

Each month, join SCOPE as we visit a different restaurant for casual lunch. Transportation is provided. Cost of lunch is on your own. Spots are limited, registered now! *"scope"*

12 & up:		349521
Rosalee's Pizzeria:	Jun 10, Mon, 11am-1pm	
Bad Daddy's Burger Bar:	Jul 8, Mon, 11am-1pm	
Fuzzy's Taco Shop:	Aug 12, Mon, 11am-1pm	
Location:	St Vrain Memorial Bldg, 700 Longs Peak Ave	
Fee:	\$5 resident/\$6 non-resident	

SCOPE: Seed Planting & Picnic

Join us in the garden at Sandstone Ranch. We will do some work in the garden and plant some seeds in pots to take home! Afterwards, we'll enjoy the beautiful views Sandstone provides while we enjoy a packed lunch. *"scope"*

8 & up:	Jun 1, Sat, 10:30-11:30am	349522
Location:	SSR Visitors & Learning Ctr, 3001 Sandstone Dr	
Fee:	\$10 resident/\$12.50 non-resident	

SCOPE: Nature Exploration

Join us in the garden at Sandstone Ranch. We will do some work in the garden and plant some seeds in pots to take home! Afterwards, we'll enjoy the beautiful views Sandstone provides while we enjoy a packed lunch. *"scope"*

8 & up:	Jul 31, Wed, 4-5pm	349523
	Aug 15, Wed, 4-5pm	349523
Location:	SSR Visitors & Learning Ctr, 3001 Sandstone Dr	
Fee:	\$5 resident/\$6.25 non-resident	

DANCE DIMENSIONS

Tiny Tutus

This class is a wonderful introductory dance experience for the very young student. Creative movement and basic technique will provide confidence, coordination, strength and fun! Students are asked to wear ballet shoes and appropriate dress.

3 yrs:	Jun 14-Jul 19, Fri, 9-9:45am	344500
Location:	Dance Dimensions, 638 Main St	
Fee:	\$81 resident/\$101.25 non-resident	

Pre-Ballet & Tumbling

A highly recommended, energetic class for the beginning of dance technique for the young student. Basic tumbling, ballet technique and creative movement will be the emphasis of this class. Ballet shoes and appropriate attire needed for class.

4-5 yrs:	Jun 14-Jul 19, Fri, 9:50-10:35am	344501
Location:	Dance Dimensions, 638 Main St	
Fee:	\$81 resident/\$101.25 non-resident	

Pre-Ballet & Tap

A fun class for the child whose feet are always moving. This class will introduce students to the basic techniques of tap and ballet, as well as rhythm and coordination. Tap shoes and ballet shoes are necessary, as well as appropriate apparel.

4-5 yrs:	Jun 14-Jul 19, Fri, 10:45-11:30am	344502
Location:	Dance Dimensions, 638 Main St	
Fee:	\$81 resident/\$101.25 non-resident	

Lil Dancing Dynamites

Do you have a kiddo that LOVES music and can't sit still when they hear the rhythm? Then this is the class for them! Come and enjoy this high energy, introductory class to various styles of music and dance.

4-6 yrs:	Jun 12-Jul 17, Wed, 9:45-10:30am	344512
7-10 yrs:	Jun 12-Jul 17, Wed, 10:45-11:30am	344512
Location:	Dance Dimensions, 638 Main St	
Fee:	\$81 resident/\$101.25 non-resident	



CENTENNIAL STATE BALLET

Beginning Ballet

Beginning ballet classes uses imaginative play to teach students the joy of dancing with correct alignment, knowledge of vocabulary, musicality, and freedom of movement. *“ballet”*

3-4 yrs:	Jun 5-26, Wed, 5:30-6:30pm	344609
	Jul 10-31, Wed, 5:30-6:30pm	
5-7 yrs:	Jun 6-27, Thurs, 5:30-6:30pm	344609
	Jul 11-Aug 1, Thurs, 5:30-6:30pm	
8-10 yrs:	Jun 3-24, Mon, 6-7pm	344609
	Jul 8-29, Mon, 6-7pm	
Location:	Centennial State Ballet School, 350 Terry St	
Fee:	\$80 resident/\$100 non-resident	

Summer Dance Camps

Location: Centennial State Ballet School, 350 Terry St

Elementary Ballet Camps

A fun and engaging introduction to ballet and tap through music and play. *“ballet”*

Ages 3-4:	Tues & Thurs, 9-10:30am	344610
Zoo Week:	Jun 4-13	
Barbie and Ken Week:	Jun 18-27	
Circus Week:	Jul 9-18	
Medieval Week:	Jul 23-Aug 1	
Ages 5-7:	Tue & Thurs, 10:30am-12pm	344610
Zoo Week:	Jun 4-13	
Barbie and Ken Week:	Jun 18-27	
Circus Week:	Jul 9-18	
Medieval Week:	Jul 23-Aug 1	
Fee:	\$120 resident/\$150 non-resident	

Intermediate Ballet Camps

Ages 8-10:	Mon/Wed/Fri, 10am-12pm	344610
	Jun 3-28	\$480 res/\$600 non-res
	Jul 8-26	\$360 res/\$450 non-res



Music Together

Music Together is an early childhood music and movement program for children from birth through age 4 and their parents. It is an early childhood music curriculum that strongly emphasizes adult involvement. Classes will include singing and movement activities. \$34 material fee at the time of class. *“music”*

0-4 yrs:	Jun 5-Jul 10, Wed, 4:30-5:15pm	345352
	Jul 24-Aug 28, Wed, 9:30-10:15am	345352
Instructor:	Rhonda Ritter	
Location:	Izaak Walton Clubhouse, 18 S Sunset	
Fee:	\$100 resident/\$125 non-resident + \$34 materials fee	

Violas and Violins – Making Musical Statements

For Viola and Violin players who want to begin improvising, this class uses the basic one octave D Major Scale as a starting point for practicing how to make your own musical statement, creating music together, and increasing your musical abilities. Minimum ability requirement: One octave first position D Major Scale at 60 bpm.

8-18 yrs:	Jul 1-29, Mon, 9-10am	344626
18 & up:	Jul 1-29, Mon, 10:30-11:30am	344626
Instructor:	Miguel Halverson-Ramos	
Location:	Lashley St Station, 1200 Lashley St	
Fee:	\$160 resident/\$200 non-resident	

Sewing-Cross Body Phone Case

Sometimes you only need your phone and a few cards, and you struggle on where to put them. This small case is the perfect solution to hold your phone, id, and a card or 2 instead of carrying a big bag. *“sewing”*

9 & up: **Jun 8, Sat, 9am-12pm** 346156
 Instructor: Cathy Georgerian
 Location: St Vrain Memorial Bldg, 700 Long Peak Ave
 Fee: \$35 resident/\$43.75 non-resident



Sewing-Camp Shirt

Whether you call it a Camp or Hawaiian shirt it's a fun way to express your personality. Learn some basic garment making including sleeves, collars, and buttonholes. For beginner and advanced sewers.

9 & up: **Jul 27, Sat, 9am-4pm** 346159
 Instructor: Cathy Georgerian
 Location: St Vrain Memorial Bldg, 700 Long Peak Ave
 Fee: \$90 resident/\$112.50 non-resident

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CAMPS

JumpBunch® Camps

Summer is here and it is time to have fun in the sun!

Instructor: JumpBunch Denver *“jumpbunch”*
 Location: Roosevelt Park, 700 Longs Peak Ave

JumpBunch Superhero Ninja Training Camp

Calling all Heroes! This program is all about training your kiddo to be a stealthy Ninja & everyday Superhero!

3.5-7 yrs: **Jun 3-14, Mon/Wed/Fri, 9:30-11am** 345211
 Fee: \$155 resident/\$193.75 non-resident

JumpBunch Fun in the Sun Camp

This camp focuses on the games and activities you might see at the beach, picnic, or at a field day event.

3.5-7 yrs: **Jun 17-28, Mon/Wed/Fri, 9:30-11am** 345212
 Fee: \$185 resident/\$231.25 non-resident

JumpBunch Traditional Sports Camp

Learn the fundamentals of numerous traditional sports, while promoting teamwork and good sportsmanship.

3.5-7 yrs: **Jul 8-19, Mon/Wed/Fri, 9:30-11am** 345213
 Fee: \$185 resident/\$231.25 non-resident

JumpBunch Olympics Camp

Represent your favorite country in all the classic Olympic sports like basketball, volleyball, soccer, tennis and many more!

3.5-7 yrs: **Jul 22-Aug 2, Mon/Wed/Fri, 9:30-11am** 345214
 Fee: \$185 resident/\$231.25 non-resident

Kawaii Cute Summer Camp

Use clay, paint, and Model Magic to make adorable masterpieces that emphasize the true quality of cuteness. We will make a teeny tiny succulent garden, draw a happy avocado, and sculpt a teddy bear macaroon that is just cute as can be!

4-9 yrs: **Jun 17-20, Mon-Thurs, 9am-12pm** 344334
 Instructor: Kidcreate Studio
 Location: Lashley St Station, 1200 Lashley St
 Fee: \$210 resident/\$262.50 non-resident

LCC Summer Rocks Climbing Camps

Adventure Awaits at Our 5-Day Camps! Get ready for a week full of excitement, challenges, and outdoor fun at our Summer Camp for young climbers! **No July 1-5*

Location: Longmont Climbing Collective, 155 Pinnacle St
 4-7 yrs: **Mon-Fri, 9am-12pm** *“climbing”*
 Weekly camps offered June 3-Aug 9* 346686
 Half-Day Fee: \$369 resident/\$461.25 non-resident
 8-11 yrs: **Mon-Fri, 9am-3pm** *“climbing”*
 Weekly camps offered June 3-Aug 9* 346685
 Full-Day Fee: \$549 resident/\$686.25 non-resident



Acting for the Stage Workshop

This workshop helps teens put their creativity first and gives them an outlet and environment to express themselves without judgment, take risks, and be artistically challenged. While learning the Six Steps of

Character Development, young artists gain the confidence to make creative breakthroughs and expand their creative capabilities.

12-18 yrs: **Tue & Thurs, 1-3pm** *“acting”*
Jun 4-13 | Jun 18-27 | Jul 23-Aug 1 346347
 Instructor: Sprinkles Productions
 Location: Lashley St Station, 1200 Lashley St
 Fee: \$80 resident/\$100 non-resident



CAMPS

Chess Wizards Camp

Join us this summer for tons of challenging chess lessons, exciting games, and cool prizes. All students receive a trophy, puzzle folder and wizard's t-shirt. Come join the fun!!!

6-12 yrs: **Jun 17-21, Mon-Fri** 346113
Half-Day: 9am-12pm or 12-3pm *“chess”*
 Fee: \$286 resident/\$357.50 non-resident
Full-Day: 9am-3pm
 Fee: \$429 resident/\$536.25 non-resident
 Instructor: Chess Wizards Inc
 Location: Izaak Walton Clubhouse, 18 S Sunset



Snapology Summer Camps

Come create and build the future using LEGO® bricks in Snapology's new and exciting themed Summer Camps! It's never too early to foster your child's engineering and building skills in these super cool programs.

6-12 yrs: **Monday-Friday** 346199
 Superstructures: **Jun 10-14, 9am-12pm**
 Mining and Building: **Jun 10-14, 12:30-3:30pm**
 Jr. Scientists: **Jun 24-28, 9am-12pm**
 Mini-Figure Mania: **Jun 24-28, 12:30-3:30pm**
 Responsive Robots: **Jul 8-12, 9am-12pm**
 Superheroes: **Jul 8-12, 12:30-3:30pm**
 Mega Machines: **Jul 15-19, 9am-12pm**
 Ninja Adventures: **Jul 15-19, 12:30-3:30pm**
 Instructor: KO Education
 Location: Izaak Walton Clubhouse, 18 S Sunset
 Fee: \$200 resident/\$250 non-resident

Clay Creations Camp

Come create with clay! Use a variety of hand-building techniques to create awesome projects like whistles, wands, treasure boxes, and more!

8-13 yrs: **Jun 17-21, Mon-Fri, 9am-12pm** 346354
Jul 15-19, Mon-Fri, 9am-12pm 346354
 Instructor: Clay Creations
 Location: Willow Farm Barn, 901 S Fordham St
 Fee: \$200 resident/\$250 non-resident

Expedition Tween

Join us for a week of adventures and field trip fun one or more times throughout the summer. Space is limited! Please note: a completed online ePact enrollment packet is required PRIOR to attendance. For detailed information such as weekly themes and daily activities, see www.LongmontColorado.gov/rec
 *No camp July 4, pro-rated weekly fee.

11-12 yrs: **weekly, June 3-Aug 2, M-F, 8:30am-4:30pm**
 Weekly Fee: \$380 resident/\$475 non-resident

Drumming

Drumming is a universal activity that can be enjoyed by everyone regardless of age, origin, talent, or ability. It is all inclusive and unites us with one common thread – The Love of The Beat! Check us out at letsdrumnow.com.



“drumming”

Apr 6-27 | May 11 & 18* code begins with “2”
Jun 1-22 | Jul 13-27* | Aug 3-24 code begins with “3”
 Instructor: Djembe jive LLC Nancy Brauhn Curnes
 Location: Lashley St Station, 1200 Lashley St
 Fee: \$60 res/\$75 non-res, **pro-rated for May & July*

Beginner Drumming

No experience or musical background is required.

9 & up: Sat, 9-10am 247348 | 347348

Advanced Beginner Drumming

Build your skill level and repertoire of learned rhythms.

This class is for those who have completed Beginning Drumming or have permission from the instructor.

9 & up: Sat, 10:15-11:15pm 247338 | 347335

Intermediate Drumming

Continue to work on technique and the more challenging rhythms. Requires instructor approval.

9 & up: Sat, 11:30am-12:30pm 247339 | 347339

GYMNASTICS

Parent/Tot Tumbling

Exciting class where parents guide their child through basic gymnastics and gross motor skills all while learning concepts such as taking turns and following directions. Enjoy one-on-one time with your child while they learn basic tumbling skills on the mats and other fun obstacles. *“tumbling”*

18 mo-2 yrs: **Apr 9-May 14, Tue, 4:50-5:20pm** 244651
 Instructor: Kelly Dirks
 Location: St Vrain Memorial Bldg, 700 Long Peak Ave
 Fee: \$50 resident/\$62.50 non-resident

Beginning Gymnastics

Build strength and improve flexibility, body awareness, and coordination while learning the fundamentals of gymnastics. New skills and drills on mats, beams and bars are performed in a fun, safe and structured learning environment. *“gymnastics”*

5-6 yrs: **Apr 9-May 14, Tue, 6:25-7:10pm** 244653
 Instructor: Kelly Dirks
 Location: St Vrain Memorial Bldg, 700 Long Peak Ave
 Fee: \$60 resident/\$75 non-resident

Preschool Gymnastics

Hop, run, and trot through obstacle courses, perform basic gymnastics skills on colorful mats, balance beams and bars. Students will work to increase strength, coordination, and body awareness while building confidence, learning to follow directions and encouraging fundamental social skills. *“gymnastics”*

3-4 yrs: **Apr 9-May 14, Tue, 5:30-6:15pm** 244652
 Instructor: Kelly Dirks
 Location: St Vrain Memorial Bldg, 700 Long Peak Ave
 Fee: \$60 resident/\$75 non-resident



GYMNASTICS TAKES A BREAK FOR THE SUMMER.

Look for more classes offered in the Fall Brochure!

Plant-Based Lunch Class

Perfect class for those who are plant-curious or already plant-based. Learn how to make a delicious lunch that keeps well in fridge for leftovers. Menu includes Caesar salad, chickpea sandwich, and chickpea cookie dough for dessert. All vegan of course! Gluten free options available. \$10 materials fee.

9 & up: **Jul 13, Sat, 1-3:30pm** 346179
 Instructor: Adriana Dwan
 Location: St Vrain Memorial Bldg, 700 Long Peak Ave
 Fee: \$25 resident/\$30.25 non-resident
 + \$10 materials fee.

Plant-Based Cooking Fundamentals

Learn cooking basics such as knife skills, food safety, and organizing your workspace with mise en place. All vegan of course! Gluten free options available. \$10 materials fee.

9 & up: **Jul 22-25, Mon-Thurs, 4-6pm** 346177-09
 Instructor: Adriana Dwan
 Location: Izaak Walton Clubhouse, 18 S Sunset
 Fee: 100 resident/\$125 non-resident
 + \$10 materials fee.

Bird Watercolors & Doodles

Make some creative cards while learning fun and calming watercolor techniques. Finish your work by adding some relaxing pen doodles. This is another simple lesson with fun results for people who love painting but never know what to paint. All supplies (and cookies and tea) provided with a \$10 materials fee *“watercolor”*



12 & up: **May 2, Thurs, 5-7:30pm** 247316
 Instructor: Ellen Goetzeluck
 Location: Callahan House, 312 Terry St
 Fee: \$35 resident/\$45 non-resident
 + \$10 materials fee

Macrame Keychains

Ready for some yoga for the brain? Learn the knots and techniques to create cute projects. Bring some warmth, texture and boho vibe to any room or give as a great gift. All supplies included. \$15 materials fee.



“macrame”

12 & up: **May 29, Wed, 5-7:30pm** 247426
 Instructor: Ellen Goetzeluck
 Location: Callahan House, 312 Terry St
 Fee: \$40 resident/\$50 non-resident + \$15 materials fee

Morning Tea and Vegan Cooking

Learn how to make delicious plant-based afternoon tea sandwiches. Menu includes No-egg salad, herbed cream cheese + cucumber, cheese + pickle, and ham + mustard. Sandwiches will be served along with fruit teas and desserts. All vegan of course! Gluten free options available. A family friendly event. \$10 materials fee.

9 & up: **Jul 20, Sat, 9-11:30am** 346178
 Instructor: Adriana Dwan
 Location: Izaak Walton Clubhouse, 18 S Sunset
 Fee: \$35 resident/\$43.75 non-resident
 + \$10 materials fee

Garden Tea Party Paint and Sip

Paint early spring flowers in watercolor taught by Coy Ink at the beautiful Callahan House gardens. Coy Ink will guide you through the process, helping you capture the charm and beauty of the garden’s flowers. No experience needed. \$10 materials fee.

14 & up: **May 19, Sun, 1-4pm** 247369
 Instructor: Coy Ink Studio
 Location: Callahan House, 321 Terry St
 Fee: \$35 resident/\$43.75 non-resident
 + \$10 materials fee.

ART & SIP CLASSES FOR 21+

See page 41.

Alive at 25

Alive at 25 is a driver’s awareness course designed by the National Safety Council for young drivers. Designed to be an early intervention program, the class helps prevent traffic violations, collisions, and/or fatalities. Registration is through Alive@25 on the website www.Aliveat25.us or at 720-269-4046



15-24 yrs: **Saturdays, times vary**
 Dates: **Apr 27 | May 11 | June 22**
 Location: St Vrain Memorial Bldg, 700 Longs Peak Ave
 Fee: \$39 driver permit/\$79 court ordered

Unwrap the Vivid World of Emotions

A practical approach to the gifts, knowledge, and wisdom that each emotion offers. This session offers an opportunity, along with new tools, to reconnect with our authentic emotions, experience them, accept them, and understand the messages they carry.

16 & up:	Tue, 6-7:30pm	<i>“emotions”</i>
	Jun 11 Jul 9 Aug 13	344702
Instructor:	Sandi Wetenkamp	
Location:	Izaak Walton Clubhouse, 18 S Sunset	
Fee:	\$25 resident/\$31.25 non-resident	

Haunting History of Longmont

Is Longmont Haunted? Come and decide for yourself. Join Social Historian and Psychic/Medium, Dori Spence as she shares the Life Stories of some of Longmont’s History Makers!

16 & up:	May 18, Sat, 1:30-4pm	347163
Instructor:	Dori Spence	
Location:	St Vrain Memorial Bldg, 700 Long Peak Ave	
Fee:	\$30 resident/\$37.50 non-resident	

After Death Connections and Communications

Do You sometimes think you hear a familiar voice from out of the past or swear you smelled your late Grandma’s perfume or deceased Uncle’s pipe tobacco? This interactive workshop explores the possible and probable reasons for this phenomenon commonly referred to as a ‘visitation’ from the Spirit World.

16 & up:	Aug 3, Sat, 1:30-4pm	347164
Instructor:	Dori Spence	
Location:	St Vrain Memorial Bldg, 700 Long Peak Ave	
Fee:	\$30 resident/\$37.50 non-resident	

Astrology 102: Planetary Relationships

Explore how the planets interact in your natal chart, creating flow and challenges. A basic understanding of the natal chart is recommended.



12 & up:	Jun 1, Sat, 1-2:30pm	347489
Instructor:	Mary Wallace	
Location:	St Vrain Memorial Bldg, 700 Long Peak Ave	
Fee:	\$25 resident/\$30.25 non-resident	

Ghosts/Spirits 101

A candid, but intriguing interactive workshop which explores the Invisible Reality commonly referred to as the Spirit World.

16 & up:	Jun 15, Sat, 1:30-4pm	347165
Instructor:	Dori Spence	
Location:	St Vrain Memorial Bldg, 700 Long Peak Ave	
Fee:	\$30 resident/\$37.50 non-resident	

Automatic Writing-Communication with Spirit Entities

Automatic writing, also called psychography, is a learnable skill to access one’s innate psychic ability allowing a person to communicate by written words without knowing consciously what they are writing.

12 & up:	Jun 1, Sat, 1:30-4pm	347167
Instructor:	Dori Spence	
Location:	St Vrain Memorial Bldg, 700 Long Peak Ave	
Fee:	\$30 resident/\$37.50 non-resident	

REAL ESTATE INVESTING

Presented by A Better Way Realty. Call Jim Flint at 303-579-2222 with questions. Jim Flint has 30 years’ experience with real estate in five states. A \$20 workbook fee is payable to instructor at class.

Location:	St Vrain Memorial Bldg, 700 Longs Peak Ave	
Fee:	\$30 resident/\$37.50 non-resident + \$20 workbook fee	

Fundamentals of Real Estate Investing

Learn how to buy homes in this market and these interest rates. Most important is using a realistic pro forma to estimate future cash flow and appreciation.

21 & up:	May 16, Thurs, 6-9pm	247120
	Jul 18, Thurs, 6-9pm	347120

Alternative To Real Estate Investing

Look at real estate investing from an angle other than single family homes, duplexes, or condos. There’s a world of options out there; commercial property, assisted living homes, partnerships, and more!

21 & up:	May 23, Thurs, 6-9pm	247121
	Jul 25, Thurs, 6-9pm	347121

Managing Your Rental Properties

Learn how to screen your prospective tenants and keep the bad ones out; Be aware of “dos and don’ts” when dealing with tenants.

21 & up:	May 21, Tue, 6-9pm	247122
	Jul 23, Tue, 6-9pm	347122

Beginner Stained Glass

Learn about safety and the tools required. In Level 1, discover the different types of glass, practice cutting glass, wrap the glass in copper foil and solder the pieces together. In Level 2, start to learn about designing with glass and how to work with its limitations. Cut and fit more complex pieces. Tools and materials provided.

Level 1: No experience required. Create a beautiful glass leaf.
18 & up: **May 25, Sat, 1-4:30pm** 347350

Level 2: Requires Level 1. Create a 6-piece fish design.
18 & up: **Jun 8, Sat, 1-4:30pm** 347351

Instructor: Jackie Jones-Bahr
Location: St Vrain Memorial Bldg, 700 Longs Peak Ave
Fee: \$80 resident/\$100 non-resident

Upholstery: Caning & Weaving

Learn to re-cane a vintage chair! Traditional methods and tools are used to bring your heirloom chair back to life or purchase one from us to restore and keep as your own. \$60 materials fee payable to instructor includes tool roll and all caning materials. To purchase a chair, visit www.obsoletegoodsvintage.com or call 303-835-4932.

18 & up: **Jun 18-Jul 2, Tue, 6:30-9:30pm** 347470
Instructor: Obsolete Goods Vintage
Location: Izaak Walton Clubhouse, 18 S Sunset
Fee: \$300 resident/\$375 non-resident + \$60 materials fee

» <https://rec.ci.longmont.co.us>
Click on Activities then

I Want to Find
Keyword here



Will Maker Legal Seminar

In a single easy session, complete a will, a financial power of attorney, and a combined medical directive (including living will, medical power of attorney, and organ donation), all with the help of licensed attorney Rebecca L. Bennetti and her staff. Includes all materials, witnessing, notarizing, individual review and plenty of time for discussion and questions. Couples must have their own individual wills. Bring \$30 materials fee payable to the Instructor to the class.

18 & up: *"willmaker"*
Jun 5, Wed, 5:30-9:30pm 347125
Jul 10, Wed, 5:30-9:30pm 347125
Aug 21, Wed, 12:30-4:30pm 347125

Instructor: Becky Benetti
Location: St Vrain Memorial Bldg, 700 Longs Peak Ave
Fee: \$130 resident/\$162.50 non-resident + \$30 materials fee

ART & SIP AT CALLAHAN HOUSE

Enjoy these adult-only offerings at the historic Callahan House & Garden. Create art and enjoy sipping local cider sponsored by St Vrain Cidery. Non-alcoholic options available. Includes drink tokens, art supplies, and instruction. All skill levels welcome!

21 & up: *"sip"*
Location: Callahan House, 312 Terry St
Fee: \$55 resident/ \$68.75 non-resident

Macrame Garland: **July 24, Wed, 5:30-8pm** 347475

Ready for some yoga for your brain? Learn the knots and techniques to create your own beautiful and unique macrame garland. Bring warmth, texture, and boho vibe to your home.

Instructor: Ellen Goetgeluck

Watercolor Postcard: **Jul 11, Thurs, 5:30-8pm** 347311

Join us for a colorful evening of watercolor at the idyllic Callahan House! We'll focus on painting things from the garden, the sculptures, and the house - whatever you are most interested in.

Instructor: Coy Ink Studio



DIY Landscape Design

Perfect for beginners and budget-conscious enthusiasts, the session covers landscape design fundamentals, plant selection, hardscape, efficient watering, and insights on common design mistakes. Learn practical tips to help create a successful garden or landscape. There will be time for questions after the presentation. *"Design"*

18 & up: **May 4, Sat, 11am-1pm** 247954
Location: St Vrain Memorial Bldg, 700 Longs Peak Ave
Fee: \$20 resident/\$25 non-resident

Kayaking: Tuesday Tour

Start out learning basic paddling skills and progress to more advanced skills in higher performance kayaks. All equipment is provided. Learn how to safely paddle a touring kayak for day trips and overnight camping.



18 & up: **Jun 11-25, Tue, 9am-12pm** 327022
 Instructor: Jim Dlouhy
 Location: Dawson Park, 1757 Harvard St
 Fee: \$105 resident/\$131.25 non-resident

Kayaking- Intro to Recreational Kayaking

Have fun learning about all the different ways to safely paddle a recreational kayak. Learn how to get into and out of your kayak, launch and land your kayak, and what to do in case of a capsized. All equipment is provided.

18 & up: **Jun 1, Sat, 9am-12pm** 327024
Jul 13, Sat, 9am-12pm 327024
 Instructor: Jim Dlouhy
 Location: Dawson Park, 1757 Harvard St
 Fee: \$35 resident/\$43.75 non-resident

Kayaking: McIntosh Lake

Enjoy the spectacular Rocky Mountain sunset, or full moon while paddling a kayak on McIntosh Lake. Kayaks, paddles, life vests, and a quick start paddling lesson are included.

16 & up: "kayak"
 Sunset Paddle: **Tue, approx. 7pm start** 327025
Jul 30, 7-8:30pm | Aug 20, 6:30-8pm
 Full Moon Paddle: **Jul 20, Sat, 8:30-10pm** 327027
 Instructor: Jim Dlouhy
 Location: Dawson Park, 1757 Harvard St
 Fee: \$25 resident/\$31.25 non-resident

Angles Fly Fishing

Select from full and half day class options online, keyword search "fish" for details. For all skill levels.

16 & up: **Saturdays, 8am-4pm or 8am-12pm** "fish"
 Full Day: **Jun 22 | July 27 | Aug 18** 347714
 Fee: \$100 resident/\$125 non-resident
 Half Day: **Jun 8 | Jul 13 | Aug 4** 347716
 Fee: \$65 resident/\$81.25 non-resident
 Location: Angles Sports, 463 Main St

Angles Sports - Entomology Match the Hatch

Overcome one of the most intimidating and difficult aspects to the daily fly fishing puzzle. Fly fishing entomology teaches students the aquatic insects, their life cycles and other living creatures that make up fishes' diets. "fish"

16 & up: **May 23, Thurs, 5:30-8:30pm** 247718
Jul 17, Wed, 5:30-8:30pm 347718
 Location: Angles Sports, 463 Main St
 Fee: \$35 resident/\$43.75 non-resident

Hike and Draw

Join us for an enchanting hike and draw experience amidst the beauty of Colorado's mountain wildflowers. As early June brings forth a tapestry of blooms along the Peak to Peak Highway, we'll embark on a journey to discover and capture their vibrant splendor. No experience needed. Supplies included. "hike"



14 & up: **Apr 20, Sat, 9am-12pm** 247328
May 4, Sat, 9am-12pm 247307
Jun 8, Sat, 9am-12pm 347307
 Instructor: Coy Ink Studio
 Location: Varying locations
 Fee: \$45 resident/\$56.25 non-resident

HIKES WITH NATURALIST SUZANNE MICHOT

Join naturalist Suzanne Michot on interpretive hikes around Chautauqua. Wear boots or sturdy shoes and bring water, snack, and rain gear. No pets, please.

Location: Chautauqua Dining Hall, 900 Baseline Rd, Boulder
 Fee: \$20.50 resident/\$25.75 non-resident

Nature & History Hike

Venture back more than 120 years on this fun, three-mile hike. Discover how the histories of Chautauqua and Open Space Mountain Parks are woven together.

18 & up: **Jul 9, Tue, 5:30-7:30pm** 347944

Wildflower Identification Hike

"Just another cute flower? Think again!" Take this fun-filled walk on open space trails to learn flower identification skills.

18 & up: **May 25, Sat, 10:30am-12:30pm** 247945
May 30, Thurs, 5:30-7:30pm 347945

Evening Hike: Woods Quarry

Unwind after a busy work day by taking a fun hike to one of the historic Lyons sandstone quarries within the City of Boulder Open Space Mountain Parks.

18 & up: **Aug 13, Tue, 5:30-7:30pm** 347947



SENIOR SERVICES 910 Longs Peak Ave | 303-651-8411

Offering recreation, informational programs, resource guidance, and services for those 55 years plus.

Office Hours: Monday - Friday, 8 am - 5 pm
Closed: May 27, Jun 19, July 4, & Sept 2
Maintenance Closure: Jul 22-Aug 5
email: senior@LongmontColorado.gov
LongmontColorado.gov/senior-services



“GO” Catalog and Resource Guide with over 60 pages of activities and information can be found online at www.LongmontColorado.gov/senior-services or you may pick one up at the Longmont Senior Center or recreation centers and the library. Items listed below are just a few of the many offerings.

The catalog includes more complete information about the programs listed here. Please register in advance for all programs, classes, events, and trips.

RESOURCES AND SUPPORTIVE SERVICES

Senior Services Division staff provides information and referral to older adults and caregivers of older persons regarding a wide array of resources and services including; housing, in home services, financial support programs, and many others.

Professional counseling staff and peer counselors provide one on one and group support.

Resource staff: **Veronica Garcia** at 303-651-8716 or **Amy Payan** at 303-774-4372
Melissa Losino at 303-651-8654

Counseling staff: **Brandy Queen** at 303-651-8414
Kayleigh Schernbeck at 303-774-4497

NEW! AGING ADAPTIVE & INCLUSIVE RECREATION (AAIR)

Check out new opportunities for our aging community to be a part of something with our new AAIR program.

Who is AAIR for?

Everyone! Research indicates that recreational therapy provides a variety of positive health outcomes for individuals of all ages and focuses on meeting people where their abilities allow to create wellness identity. Look for the AAIR logo and section of the GO to learn more, or contact Ariana Heter, Therapeutic Recreation Coordinator at 303-651-8907.



SUPPORT

Specific support activities are detailed in the quarterly GO catalog and often include programs such as Advanced Directives and Medicare Basics. Support groups for Grandparents raising grandchildren, Grief, and Caregivers.

TEAM USA WEEK

The summer Olympic games are back in 2024 with the city of Paris, France, hosting from July 26 - August 11! We are excited to get our aging community in the Olympic spirit with Team USA Week running July 8 - 12 at the Longmont Senior Center.



Join us daily to celebrate this special coming together of Americans as we support Team USA with events including:

- Paralympic speaker
- Game day
- Cultural Enrichment Program - Maria, Maria & Ice Cream Social
- Trip to the U.S. Olympic Training Center
- Lecture on the history of the games and more!

For more information and additional details please visit the Senior Services website or see our Summer (June - August) 2024 GO.

For the most up to date Senior Center information, subscribe to our email newsletter by texting SENIORCENTER to 428258



Longmont Public Library

409 4th Ave | 303-651-8470 | longmontcolorado.gov/library

Sign up for a **FREE Library card** at bit.ly/Lib-Card

Serves our community by providing equal access to information and resources for education, enrichment, enlightenment and enjoyment.

Hours: Monday – Thursday: 9 am - 8 pm
Friday-Saturday: 9 am - 5 pm | Sunday: 1 - 5 pm

Closed: March 31, May 27, June 19, July 4, Sept. 2

SUMMER READING PROGRAM

FOR PATRONS BIRTH – 17 YEARS OLD

Join the Children and Teen Services Department for Summer Reading and fun at the Library from May 24- July 31!

Be sure to pick up or print out a Summer Reading challenge BINGO Board to participate and keep reading and exploring this summer. Complete your BINGO Board by July 31 to earn fun prizes including a book and entry into a grand prize drawing. And be sure to check out all of our exciting events like:

Summer Kick-off Pool Party at Sunset Pool, 1900 Longs Peak Ave: 5:30-7:30 pm on Friday, May 24; for all ages

Noche de diversión familiar / Bilingual Family Fun Program, Longmont Library, 409 4th Ave.: 2º y 4º miércoles en junio y julio, de 6 a 7 pm. Diseñado por familias hispanohablantes con niños pequeños / 6-7 pm 2nd and 4th Wednesdays in June & July. Designed for Spanish-speaking families with young children

The Science & Circus Arts Show with LocoMotion, Longmont Library, 409 4th Ave.: 10-11 am, June 7; best for 4 years old and older

Teen Video Gaming Club, Longmont Library, 409 4th Ave.: 2-3 pm on Fridays, June 21 and July 19

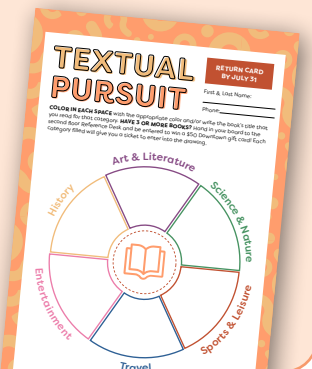


TEXTUAL PURSUIT FOR ADULT PATRONS

Play the Textual Pursuit reading game for a chance to win one of three Downtown Longmont gift cards at \$50, \$25, and \$15!

Pick up a game board starting May 24 at the Reference Desk or online. Read a book based on each theme space. Each space completed equals one ticket entered into the drawing (up to 6 entries).

Game runs until July 31 and is for adults 18 and older.



FREE DROP-IN STORYTIMES

At storytime, caretakers and children will have fun, build community, develop early literacy and language skills, prepare for school readiness and life-long learning, and explore play and social emotional activities.

10-10:30 am Mondays	Bilingual Storytime Cuentos Bilingües
10-10:20 am Tuesdays	Toddler Storytime
10-10:20 am Wednesdays	Baby Storytime
Every other Thursday	Yoga Storytime (10-10:30 am) Craft Storytime (10-11 am)
10-10:30 am Fridays	Family Storytime
11-11:30 am Saturdays	Weekend Family Storytime

FREE PROGRAMS FOR ADULTS

FEATURED PROGRAMS

An Evening with Vic Vela: 6:30-7:30 pm on Thursday, May 16; a talk with CPR journalist and Back From Broken (a podcast about recovery from addiction) host, Vic Vela.

Documentary screening: “Join or Die”: Monday, June 17; Features social scientist and author Robert Putnam and the importance of joining clubs and how doing so could save American democracy.

Author Talk with Alexandra Kiley and Kym Summers: Thursday, July 11; Discussion about Kiley’s Scottish-inspired romance novels and writing

DROP-IN PROGRAMS

COMPUTER & TECH PROGRAMS: 6:30-7:30 pm 2nd & 4th Tuesdays; A new topic will be taught each session such as Intro to ChatGPT, computer basics, Q&As, and a quarterly craft night.

MONDAYS: Writers Group: 6-7:30 pm;
Second Mondays Book Group: 6:30-8 pm 2nd Mondays

TUESDAYS: Chess Night: 6-7:30 pm

THURSDAYS: ¡Hablemos! Let’s Talk! Spanish Conversation Group: 1-2 pm; **First Thursdays Book Group:** 2-3:30 pm 1st Thursdays

SATURDAYS: “Say Hello!” English Conversation Group: 10:30-11:30 am; **Genealogy Basics:** 10 am-noon last Saturdays

OUTREACH PROGRAMS:

Drop by Longmont parks, Senior Center & O.U.R. Center.
Visit bit.ly/LibOutreach for schedule.



LONGMONT MUSEUM

400 Quail Road | Longmont CO 80501 | 303-651-8374 | longmontmuseum.org

Hours: Monday-Saturday, 9am-5pm | Sunday 1pm-5pm

Additional Evening Hours: Apr 4-May 2 and June 13-July 25

Closed: May 27 & July 4

General Admission: \$8 adults, \$5 students/seniors (62+), children 3 & under free
Only \$0.25 with a qualifying EBT or SNAP card
Free admission on the second Saturday of every month

EXHIBITIONS

Picturing the West: Masterworks of American Landscape Photography

Through May 5, 2024

Explore the richness and beauty of 19th-century American Western landscapes in the Longmont Museum's newest exhibition, "Picturing the West." This carefully-curated collection features original mammoth-plate photographs by iconic figures like Carleton Watkins, William Henry Jackson and Eadweard Muybridge, alongside a companion exhibit of rarely seen works. Together, these diverse voices bring a more complete and nuanced vision of the American West into focus. The exhibition also includes period cameras from the historic collection like those used by these innovative artists.

Build: Design & Create with LEGO!

June 1, 2024–January 12, 2025

Ten years ago, we hosted one of our most popular exhibits ever. This summer, we're bringing it back, but even better! Join us for "Build: Design & Create with LEGO!," an interactive exhibit that will captivate guests of all ages. Whether you want to build and race a LEGO car, tackle an architectural challenge, save the world with a wondrous invention, or explore and play as far as your imagination takes you, this exhibit is for you. The exhibit will also showcase creative works of art and engineering made with LEGO bricks. Mark your calendars for this extraordinary LEGO-themed experience, right in your backyard.

Exhibition Opening Reception: Saturday, June 1, 10am-1pm.
\$8 adults, \$5 students/seniors, free for members

KIDS PROGRAMS

"Touch-a-Truck"

Longmont Museum Expansion Fundraiser

This family-friendly fundraiser benefiting the Museum's capital campaign features large vehicles including excavators, fire trucks, garbage trucks, bucket trucks, and so much more! Kids and kids at heart have the opportunity to climb in, explore and learn how these trucks work. More information and tickets available for purchase at longmontmuseum.org

All Ages: **Jun 22, Sat, 10am-1pm**

Discovery Days

Discovery Days is an early childhood program at the Longmont Museum that encourages children ages 2 to 6 and their caregivers to engage together in educational, hands-on music, movement, and art activities. When you attend a no-registration-needed session of Discovery Days, you will help them cultivate important school-readiness skills such as language development, attention and concentration, fine motor skills, emotional regulation, language skills, and play and social abilities.

2 to 6 yrs: **Through May 11, Tues/Wed/Thurs/Fri/Sat**

Session I: 9:15-10:30am

Session II: 10:45am-12pm

Session III: 1-2:15pm

Location: Longmont Museum, 400 Quail Rd

Fee: \$2.50 per person nonmembers/\$2.25 per person
Museum members, no registration required

Summer Camp

Summer Camp at the Museum means discovering art, history, science, culture, and your creative self! Half day and full day options are available in June and July for kids ages 5-13.

- Local History
- Arts & Crafts
- Music & Dance
- Sewing & Fashion
- STEM
- Outdoor Exploration
- And More!

Visit longmontmuseum.org for details and to register. Scholarships and teen volunteer opportunities are available!

Summer Kids Film Series

From Disney classics to recent blockbusters, enjoy a Tuesday morning movie with your little ones in our Stewart Auditorium with popcorn! Your ticket gets you \$1 off the family-friendly LEGO exhibit too! Buy tickets ahead at longmontmuseum.org; these movies sell out!

June 18-July 30, Tuesdays, 10am

Fee: \$3 movie only, \$5 movie + a popcorn and juice box,
free for babies age 1 and under

To learn more about any of these programs, buy tickets, or register, visit longmontmuseum.org or call 303-651-8374.

FIRING RANGE & TRAINING CENTER



**Longmont Department of Public Safety
&
Boulder County Sheriff's Office**
Firing Range and Training Center



FIRING RANGE AND TRAINING CENTER

10916 County Rd 5 | 303-774-4587 or 303-774-4589
RangeSupport@LongmontColorado.gov
LongmontColorado.gov/firingrange

Range Members hours of use:

Friday 6-9pm (for special events only; please check calendar)
Saturday 8am-2pm | Sunday 8am-2pm



The Longmont Department of Public Safety and Boulder County Sheriff's Office Range is a great shooting and training facility. Used by Law Enforcement personnel during the week, the range is open specific weekend hours for public use by membership. The firing range features 10 shooting stations ranging from 3 to 100 yards with target retrievers controlled by the shooter.

One Sunday per month, August through November, shooting will be conducted from the 50/75/100 yard line for rifles only. See calendar for specifics or contact RangeSupport@longmontcolorado.gov for information.

Member application process includes \$100 background check (non-refundable) and a range orientation class; upon completion of both you will be able to choose one of six shooting plans. Members will have the ability to reserve a shooting lane and time. To start the application process, visit the website above.

FIRING RANGE MEMBERSHIP PLANS

Premier	\$500/year
Includes unlimited - 1 hr visits + unlimited paid guest visits	
Plan A: Expert	\$400/year
Includes 50 - 1 hr visits + unlimited paid guest visits	
Plan B: Sharpshooter	\$350/year
Includes 35 - 1 hr visits + unlimited paid guest visits	
Plan C: Marksman	\$250/year
Includes 25 - 1 hr visits + unlimited paid guest visits	
Occasional Shooter \$	200/year
Includes 12 - 1 hr visits + unlimited paid guest visits	
A La Carte	\$20/per hour
Unlimited number of visits + unlimited paid guest visits	
\$35 annual renewal fee for A La Carte plan	

Employees of the City of Longmont, Boulder County Sheriff's Office, retired law enforcement officers and retired military are eligible for a 20% discount on all membership plans (excludes A La Carte).

CLASSES AT THE FIRING RANGE

All courses presented by professional instructors from the Longmont Department of Public Safety. For classes, bring own handgun, up to 100 rounds of ammunition, dual hearing protection and eye protection.

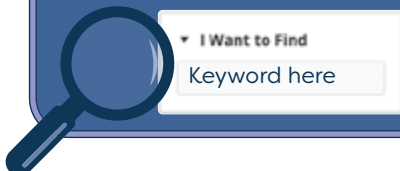
Once a month the range also provides a Ladies only basic and advanced firearms training class, a coed basic and advanced firearms training class, and a bowling pin challenge. Contact rangesupport@longmontcolorado.gov for more information.

Basic Handgun and Concealed Carry

Thinking of buying a handgun as a first time handgun owner or interested in getting training to apply for your concealed carry license? Learn how to safely store, carry, and shoot your handgun. This co-ed course is appropriate for all level of shooters. Gain valuable knowledge and skills of the shooting sport, fundamentals of marksmanship, reloads, and clearing malfunctions. This course exceeds state standards for concealed carry permit (CCW) requirements. CCW permits must be obtained in the county in which you reside.

18 & up:	Saturday, 8am-5pm	
	Apr 20 or May 18	299201
	Jun 15, Jul 20, or Aug 17	399201
Fee:	\$130	

» <https://rec.ci.longmont.co.us>
Click on Activities then



Rules and regulations will apply. For inquires or reservations, call 303-774-4589 or 303-774-4587 on Saturday or Sunday. Otherwise, leave a message.

Weddings at Historic Callahan House

312 Terry Street | 303-776-5191

**Now booking for 2024 and 2025 with
BRAND NEW PACKAGES available!**

We provide everything to make your day special and streamlined including all your tables and chairs, dance floor, get-ready space for the bride and groom, coordination services, and more! Not to mention, our beautiful blooming garden under huge shade trees accented by a historic fountain and picturesque gazebo. Add our Preferred Photography and DJ packages to make planning even easier!

Callahan House and Garden provides an intimate historic backdrop for your special day. Enjoy the gracious elegance of this charming Queen Anne home with French interiors and Italian garden to dazzle you and your guests.

Contact the House Manager at callahan@longmontcolorado.gov or 303-776-5191, or visit LongmontColorado.gov/Callahan for packages and pricing.



Save the Date!
Club-A-Fair
Aug 17, Sat
Learn about
local clubs/
organizations

Callahan House Open Houses

Learn the local history of the Callahans while immersed in the beauty of their 1892 Queen Anne Victorian home.

April 25, Thurs, 4:30-7:30pm | July 25, Thurs, 4:30-7:30pm

Free and open to the public. No registration required. Donations welcome.



303-651-8466
1900 Longs Peak Ave.

303-651-8401
1200 Cornell Drive

303-774-4342
2000 Ute Creek Drive

Book Your Tee Time

online at www.golflongmont.com

*Get the
best golf
discounts
online*



Like us on Facebook!
GolfLongmont

Associations, Leagues and Tournaments!

All courses have very active Men's and Women's Golf Associations and golf leagues that are always looking for members including Sunset which hosts a 55+ golf association. Join today at your course of choice. For more information call course for details.

Golf Instruction Please check with the golf course of choice at www.golflongmont.com for information on lessons and instruction.

Your Favorite Golf Deal

Golf Longmont Player's Cards are available to purchase online at rec.ci.longmont.co.us or at the Pro Shop of your choice. Passes are valid through December 31, 2024, and make a great gift idea. Some restrictions apply.

JUNIOR GOLF PROGRAMS

Drop-in group lessons geared to introduce youth to golf. Equipment use is available.

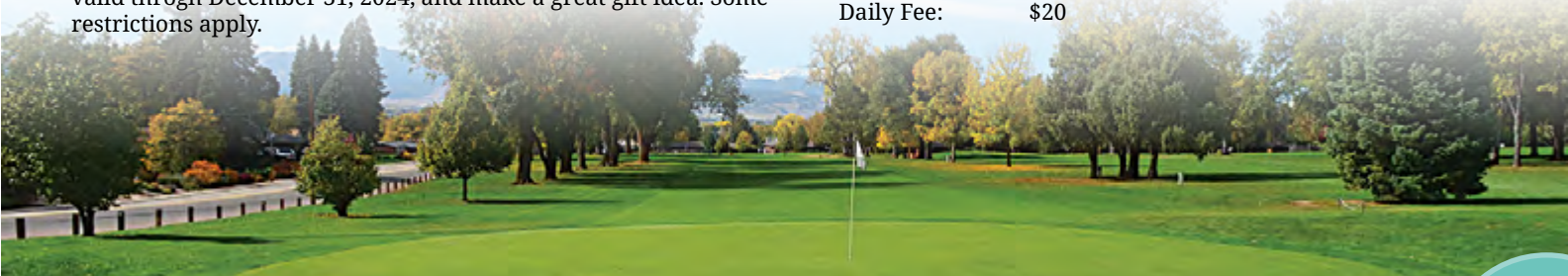
Junior Golf at Twin Peaks

First Step 9 & under: Jun 3-Aug 12, Mon, 10-11:30am

Next Step 9 to 18 years: May 28-Aug 13, Tues, 10-11:30am

Exclusively for Next Step: After the lesson at 12:00 pm, interested Juniors have the option to pair up into groups to play 9 holes of golf for an additional \$7. A \$3 lunch special is available after lesson.

Location: Twin Peaks Golf Course, 1200 Cornell Dr
Daily Fee: \$20



Birthday Party Packages

Longmont Recreation Center, 310 Quail Rd

Enjoy exclusive use of one of our party rooms or poolside party space for your child's next birthday.

Fee includes entry for up to 10 people with use of facility before/after. Group rate admission required for parties over 10 people. Stop by or call 303-774-4800 for available days/times.



Large Party Room: Space for up to 20 | \$95 first hour/\$65 each additional hour

Poolside Party Space: pool deck space reserved for your party. Seating for 12 and space for 30 \$95 first hour/\$65 each additional hour

Small Party Room: Space for up to 10 \$75 first hour/\$40 each additional hour

Add-On Options: requires party package above. Day/time limitations apply.

Climbing Wall Add-On: A dedicated wall attendant focused on your party guests | \$35/hour per 10 guests

Gym Court Add-On: Dedicated use of a single court, includes volleyball set up as desired | \$65/hour

FACILITY RENTALS

More detailed information about facility rentals, including any additional admission fee requirements or day/time constraints, are available online at bit.ly/LongmontFacilityRentals.

St Vrain Memorial Building

700 Longs Peak Ave | 303-651-8404

Gymnasium Rental: \$65/hr
 After Hours All-Facility: \$105/hr & up
 Itty Bitty Gym Rental: \$220/2 hrs

Longmont Recreation Center

310 Quail Rd | 303-774-4800

Meeting Rooms: \$30/hr & up
 After-hours All-facility: \$450/hr & up
 After-hours Lap Pool: \$95/hr-\$125/hr
 After-hours Leisure Pool: \$150hr-\$250/hr
 After-hours Both Pools: \$200/hr-\$300/hr

Centennial Pool

1201 Alpine St | 303-651-8406

After Hours Pool Options:
 Up to 20 people: \$95/hr
 21 + people: \$150/hr

Sunset Pool

1900 Longs Peak Ave | 303-651-8300

Open Swim Rental Options
 Indoor Party Room: \$120/2 hrs
 Brown Shelter by Pool: \$120/2 hrs
 Tent Shelters: \$80/2 hrs

After Hours Rentals:
 Up to 50 people: \$200/hr
 51-100 people: \$275/hr
 101 + people: \$350/hr
 2 hour minimum

Roosevelt Activity Pool

903 8th Ave | 303-774-4455

Kanemoto Activity Pool

1151 S Pratt Pkwy | 303-774-3784

Open Swim Rental Option
 Shade Tent: \$30/2 hrs
 After Hours Rentals:
 Up to 20 people: \$120/hr
 21-50 people: \$150/hr

PRESCCHEDULED SWIM GROUPS

Groups wanting to swim at either the Longmont Recreation Center or Sunset Pool are asked to schedule ahead of time and receive a discounted entry fee. Requests are taken up to 6 months in advance. Non-scheduled groups can be turned away if insufficient capacity or staffing exists.

Email swim@longmontcolorado.gov with details.



The City of Longmont and Longmont Recreation Services have a number of facilities that are available to rent for a meeting or special event. Fees listed are for Longmont residents, non-resident rate slightly higher.

Cancellations with two weeks notice or less are subject to loss of deposit and/or loss of a percentage of fees paid. Please be aware that special permits are required if you are holding a large event, charging admission or serving or selling alcohol, regardless of date.

LONGMONT RECREATION SERVICES

All Recreation Services facilities offer during-hours and after-hours rentals. bit.ly/LongmontFacilityRentals

Centennial Pool

1201 Alpine St | 303-651-8406
Multipurpose Room, Pool Rental



St Vrain Memorial Building

700 Longs Peak Ave | 303-651-8404
Meeting/Party Rooms, Gymnasium

Longmont Recreation Center

310 Quail Rd | 303-774-4800
Meeting/Party Rooms
Gymnasium | Pool Rentals



Historic Callahan House

312 Terry St | 303-776-5191
Capacity In-house event: 75
Sit-down meals: 36-48
House and garden: 100

Weddings & Receptions, Parties,
Meetings, Retreats. Cost varies;
deposit required.

LongmontColorado.gov/Callahan

Park Shelters

Apr 12-Oct 13: \$50-\$75 res day/\$63-\$94 nr
Shelter rental fees are not collected
between the 2nd Sunday in October and
the 2nd Monday in April due to restroom
winterization. Shelters without a key
deposit are welcome to be used during
winter months: please reserve if event is
more than 2 hours. Reserve a shelter:
call 303-651-8404 or online at
LongmontColorado.gov/park-shelters
For info on parks: bit.ly/parkfinder

Izaak Walton Clubhouse

18 S Sunset St | 303-651-8404
Capacity: 95 people with tables & chairs
Cost is \$75/hr Fri, Sat, and Sun.
Limited availability M-Th; call for details.
\$200 deposit required.
Subject to closure in 2024-2025

Willow Farm Barn

901 S Fordham St | 303-651-8404
Enclosed unheated shelter with six
picnic tables adjacent to playground and
modern restrooms. Mid-April to mid-Oct.
\$125/4-hr time block; \$250 deposit
required.

Lashley St Station

1200 Lashley St | 303-651-8443
Meeting/party rooms, capacity 35-50.
\$65/hr. Kitchenette, whiteboard,
tables and chairs. Weekend availability.
\$200 deposit & bldg supervisor required.

Sunset Pool - Seasonal

1900 Longs Peak Ave | 303-651-8300
Indoor Meeting/Party Room
Outdoor pool and shade shelters

Athletic Fields - Seasonal

Long & short term | 303-774-3527

Commercial Use of Parks

Looking to host classes or
camps at public parks?
Reservations Required | 303-651-8443

Sandstone Ranch

Visitors & Learning Center
3001 Sandstone Dr | 303-651-8443
Small venue for weddings, anniversaries,
meetings, retreats and other events.

Roosevelt Park Pavilion- Seasonal

725 8th Ave | 303-651-8443

Golf Course Rental Facilities

Sunset | 1900 Longs Peak Ave | rental number 303-651-8466
Meeting Room (off season), outdoor options for parties and weddings.
Large trees, beautiful views. Onsite catering. Full bar onsite.

Twin Peaks | 1200 Cornell Dr | rental number 303-877-4678
Meeting room (year-round), outdoor covered/uncovered patio.
Indoor/outdoor options for parties & weddings. Full bar onsite.

Ute Creek | 2000 Ute Creek Dr | rental number 303-774-4342
Meeting room (off season), covered outdoor patio and pavilion perfect for
parties and weddings. Stunning Views. On and off-site catering. Full bar onsite

Longmont Museum

400 Quail Road | 303-651-8374
Multiple spaces from 50-person
classroom to 250-seat auditorium.
longmontmuseum.org

Longmont Public Library

409 4th Ave | 303-651-8795
Capacity: 12 people
Classroom and meeting space
Free - Only non-profit/educational usage.

NOT SURE WHERE TO START?

For assistance finding space for your
special event please contact
RecSupport@longmontcolorado.gov
with your particulars or call our event
planning hotline 303-651-8443.

Fire Station Community Rooms

Non-Profit groups only. Contact
Longmont Fire Admin at 303-651-8437 or
email rose.gracie@longmontcolorado.gov

Longmont Recreation & Golf Services

City of Longmont
700 Longs Peak Ave
Longmont, CO 80501

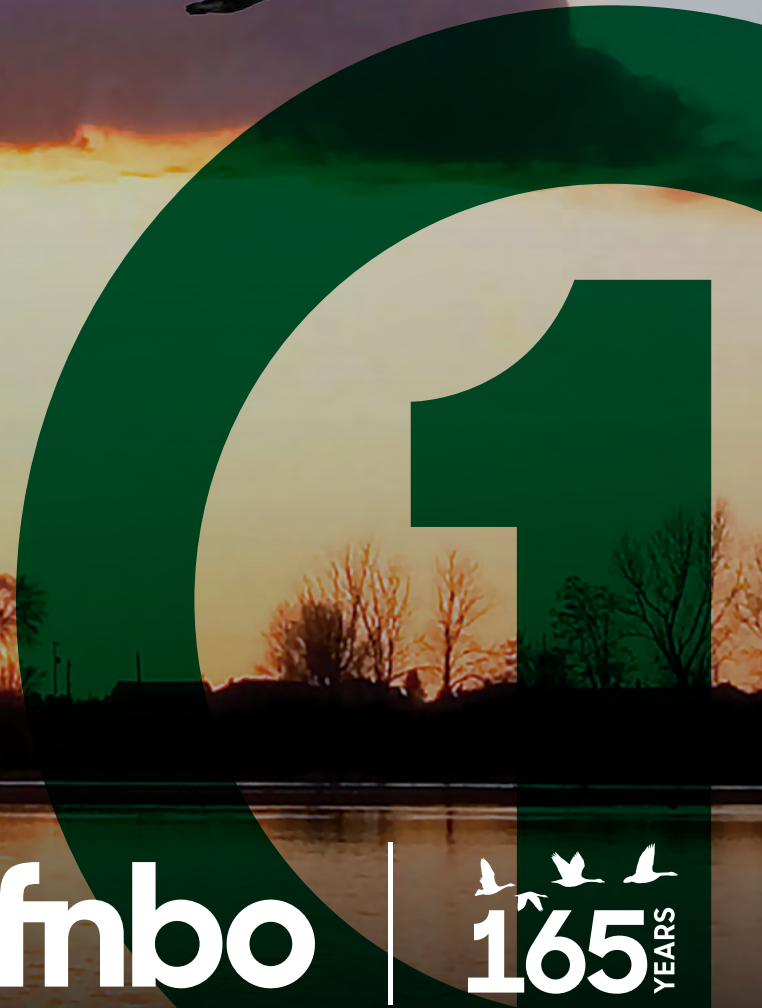
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