Transportation

GoGoGrandparent

Helps utilize services like Uber and Lyft without a smartphone. Fee of \$0.27 a minute to use the service for scheduling a ride. Uber/Lyft billed separately. 855-464-6872

IntelliRide

Non-emergency transportation to medical appointments for Medicaid recipients. No cost for Health First Colorado (Medicaid) members. Must provide Medicaid number when scheduling. Call 855-489-4999 or visit gointelliride.com/Colorado

RTD

Longmont local busses still free. Flex Ride (press option 2) offers curb-to-curb ride share to park n rides, medical centers and businesses. Make reservations and schedule recurring trips. \$3, \$1.50 for seniors, disabled, and Medicare recipients (must apply for a discount card by mail or email). Access-a-Ride is for people with disabilities who are unable to use RTD's other services. An application process requires medical verification. \$5 one-way local, or 6-ride ticket book for \$30. 303-299-6000

(Transportation services continue on the following page)



(Transportation continued)

VetsGo

No-cost medical appointment transportation for Veterans and family members of Veterans who are at least 60. 303-443-1933, ext. 414

VIA Paratransit

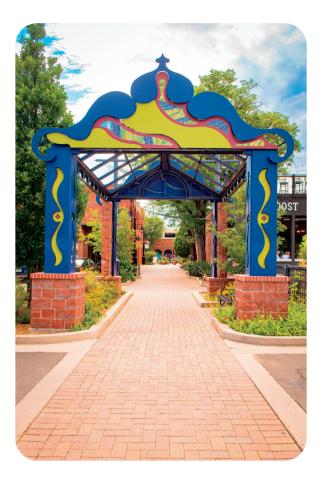
Shared ride service for older adults and people living with disabilities. Must register as a rider first. Cost is donation-only. Rides must be scheduled in advance but no more than a week ahead. 303-444-3043

ZTrip

Local, metered taxi service. 303-699-8747

Updated 1/31/2023. This information is subject to change. Updates are posted at bit.ly/longmontresources





Longmont Community Resources

Free and low-cost:

Food Pantries Health Care Recovery Transportation

Food Pantries/Services

Calvary Bread Box

1st + 3rd Thursdays, 5-6:30 pm. Call 303-776-2400 to confirm.

Community Food Share (Boulder County Food Bank)

Mobile food pantries in many Longmont locations (Round Pantry, YMCA, etc....) plus Elder Care. Details at communityfoodshare.org or call 303-652-3663.

Cultivate Carry-Out Caravan

Helps seniors with ordering, purchasing, and delivering groceries. 303-443-1933

Life House Covenant Church Pantry 917 S. Main St. Open by appt. only, call 720-999-4523.

Longmont Meals on Wheels

Delivers affordable, nutritious meals to older adults, people with disabilities and people home from a recent hospital stay. 303-772-0540

Longmont Food Rescue

Provides free food via Community Fridges and other programs. Info at <u>longmontfoodrescue.org</u>

OUR Center Pantry

220 Collyer St. Open Mon-Fri 9-3, Tues until 5:30 pm. 303-772-5529

Round Pantry, Westview Presb.

1500 Hover St., No-cost food offered 2-6 pm, 2nd and 4th Tuesdays. westviewpres.org

St. John the Baptist Food Bank

804 South Lincoln St. Open Tues 10-6, Wed 10-5, Thu 10-1.
Call 303-678-1469 to confirm.

Mental Health/Recovery

G988 Suicide and Crisis HotlineCall/text/chat 988 Visit <u>988lifeline.org</u>

A Way Forward

No cost mental health support. 600 Terry St. Open 7 days a week. Info at awfnobarriers.org or 303-630-1400.

Alcoholics Anonymous (AA)

Visit <u>bouldercountyaa.com</u> or call the 24-hour helpline at 303-447-8201.

Colorado Crisis Line

Call 844-493-8255 or text "TALK" to 38255.

Longmont Senior Services Counseling and Peer Support

Individual and support groups for adults 55 +, and for family members caring for older adults. Call Kayleigh Schernbeck at 303-774-4497.

Mental Health Partners

Individual, group, and family therapy; addiction recovery and Medically Assisted Treatment (MAT). 303-443-8500

National Alliance on Mental Health

Advocacy, education, support, and public awareness for individuals and families affected by mental illness. Virtual support groups, education, all free. Visit namibouldercounty.org

Narcotics Anonymous (NA)

Visit naboulder.org or call the 24-hour helpline at 303-412-2884.

Recovery Café

A community of refuge and healing for people in recovery, offering addiction support and love. 402 Kimbark St. 720-815-2885

Additional Resources

Colorado Pet Pantry Emergency pet food program, mobile schedule at <u>ColoradoPetPantry.org</u> or call 303-818-0618.

Cultivate – Seniors Flourishing in Every Community

Provides volunteer-powered services to Boulder County residents 60+ including grocery shopping/delivery, minor home repairs, yard work, snow shoveling, and rides to medical appts. Contact 303-443-1933 / cultivate.ngo

Longmont Police Department 225 Kimbark St. For non-emergencies call 303-651-8555.

Longmont Senior Services

Offering a wide range of recreation and wellness programs as well as supportive services. Check out the quarterly GO catalog, online or in print. For information visit 910 Longs Peak Ave. or call 303-651-8411.

OUR Center

Assists families in need of food and resources, and programming that helps lead people to self-sufficiency. Many services available. Visit 220 Collyer St. or call 303-772-5529.

Resources for People Experiencing Homelessness (City webpage) Visit bit.lv/homelessness-solutions

St. Vrain Community Hub

515 Coffman. Open Mon-Fri, 8 am-4:30 pm. Houses services provided by Public Health, Housing and Human Services, Workforce Boulder County, and Mental Health Partners.