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Quick Reference Guide

## **3 Easy Ways to Connect with Recreation**



#### **ONLINE**

Questions? Registrations? Reservations?

RecSupport@LongmontColorado.gov

- » Home Page: <u>www.LongmontColorado.gov/rec</u>
- » Program Registrations: bit.ly/recreationregistration
- » Select self-service online cancellations
- » Park Shelter Reservations: www.LongmontColorado.gov/park-shelters



#### IN PERSON

- » Longmont Recreation Center, 310 Quail Rd
- » St Vrain Memorial Building, 700 Longs Peak Ave
- » Centennial Pool, 1201 Alpine St



#### **OVER THE PHONE**

See more phone numbers inside on page 3 in the City Info Section

- 1. Registration & Pass Sales: 303-774-4700
- 2. Longmont Recreation Center: 303-774-4800
- 3. St Vrain Memorial Building: 303-651-8404
- 4. Centennial Pool: 303-651-8406
- 5. Park Shelter Reservations: 303-651-8404

for classes beginning TUESDAY, DEC 3

#### IMPORTANT INFORMATION

- » The customer pays an additional 3% fee for all purchases made by debit or credit card. Apple Pay and similar contactless payments also have the 3% fee. Online eChecks have a \$1.00 fee. Fees can be avoided by paying in-person with cash or personal check.
- » Full payment is due at registration unless otherwise noted.
- » \$5 minimum service charge assessed for cancellations. Cancellations requested with less than 7 days notice are subject to no refund or loss of a percentage of fees paid.
- » Sorry, refunds cannot be given in cash. A check will be issued and mailed within 2 weeks.
- » \$25 charge on all returned checks.
- » A resident is defined as living within the City limits of Longmont and having utilities (trash service) provided by the City of Longmont.
- » Classes may be cancelled or consolidated if minimum enrollment figures are not met 3 business days before a class starts. Participants will be contacted.

All information within this brochure is subject to correction and change.

#### **20 VISIT PASS**

Valid at all facilities - Expires 5 years from date of purchase.

	Resident	Non-Res	Corp/Mil	•
All Ages	\$105.00	\$131.50	\$94.50	Able to
20 visit passes are with friends and f		s and may	be shared	purchase/ renew online

#### **30-Day Pass**

	Resident	Non-Res	Corp/Mil	
Child 2-10 yrs	\$22.00	\$27.50	n/a	Valid at all
Youth 11-17 yrs	\$31.25	\$39.00	n/a	facilities. Expires 30 days from
Adult 18-54 yrs	\$52.25	\$65.25	\$47.00	
Senior 55 and up	\$31.25	\$39.00	\$28.00	start date.
Household <sup>†</sup>	\$100.75	\$125.50	\$95.25	Able to purchase/ renew online
Couple	\$89.75	\$112.25	\$84.50	

#### 3-MONTH PASS\*

	Resident	Non-Res	Corp/Mil	
Child 2-10 yrs	\$57.50	\$71.75	n/a	Valid at all
Youth 11-17 yrs	\$82.50	\$103.00	n/a	facilities. Expires 3 months from date of purchase. Able to purchase/ renew online
Adult 18-54 yrs	\$144.00	\$180.00	\$115.25	
Senior 55 and up	\$82.50	\$103.00	\$66.00	
Household <sup>†</sup>	\$271.00	\$338.75	\$242.25	
Couple	\$238.75	\$298.00	\$209.75	

#### **ANNUAL PASS: Monthly Payments\***

	Resident	Non-Res	Corp/Mil	
Child 2-10 yrs	\$20.50	\$25.75	n/a	Valid at all
Youth 11-17 yrs	\$29.00	\$36.25	n/a	facilities.  Monthly credit card charge or checking/ savings.
Adult 18-54 yrs	\$50.50	\$63.00	\$45.50	
Senior 55 and up	\$29.00	\$36.25	\$26.00	
Household <sup>†</sup>	\$95.75	\$119.75	\$90.75	
Couple	\$84.75	\$106.00	\$79.75	

account debit minimum commitment 12 + months required. Subject to early termination fee of one month. Auto Renews. Forms to cancel auto debit must be received by the 25th of the month prior to stopping; no proration. Any overdraft fees responsibility of cardholder.

#### ANNUAL PASS: Paid in full\*

	Resident	Non-Res	Corp/Mil	
Child 2-10 yrs	\$199.50	\$249.50	n/a	Valid at all facilities - Expires 1 year from date
Youth 11-17 yrs	\$286.00	\$357.50	n/a	
Adult 18-54 yrs	\$501.00	\$626.25	\$400.75	
Senior 55 and up	\$286.00	\$357.50	\$228.75	of purchase. Includes 2-6
Household <sup>†</sup>	\$942.75	\$1,178.50	\$842.50	free visits with
Couple	\$830.00	\$1,037.50	\$729.75	purchase

\*The benefits of 3-Month and Annual passes: Admittance to all indoor year round facilities. Admittance to seasonal outdoor facilities (Ice Pavilion, Sunset Pool, Kanemoto & Roosevelt Activity Pools). †Household pass: The household rate is for 2 adults and their children (22 & under) living at home. Free babysitting at LRC for Household Pass holders.

#### **DROP-IN VISIT**

(per person)	Resident	Non-Residen	ıt	
Child 2-10 yrs	\$5.50	\$6.75	Drop-In Visit fees are good for all day, same	
Youth 11-17 yrs	\$6.00	\$7.50		
Adult 18-54 yrs	\$7.00	\$8.75	day use, same user with receipt.	
Senior 55 and up	\$6.00	\$7.50		

#### ICE RINK GENERAL ADMISSION

	Resident	Non-Reside	nt	
Child 2-5 yrs	\$6.00	\$7.50	Ice passes available, see online LongmontColorado.gov/ Ice-Pavilion	
Youth 6-17 yrs	\$6.50	\$8.00		
Adult 18-54 yrs	\$7.50	\$9.00		
Senior 55 and up	\$6.50	\$8.00		
Skate Rental	\$4.00	Skate Sharp	ening \$11.00	

#### PRESCHEDULED GROUP RATE (10+ people)

A reduced rate for groups of 10 or more is available at Recreation Facilities with at least 24 hours' notice. See online LongmontColorado.gov/rec, email RecSupport@longmontcolorado.gov or call 303-774-4700 for information.

#### **CORPORATE RATE**

Recreation partners with businesses to promote health & wellness. A minimum of 3 pass-holding employees are required for corporate status. Employees (re) enroll each year to receive benefits. Call 303-651-8821 to inquire.

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#### Follow us on Facebook!

www.facebook.com/longmontrecreation

Para información sobre esta publicación en Español llame al 303-651-8601 o correo electrónico maria.tostado@longmontcolorado.gov

## CITY INFORMATION





#### LONGMONT CIVIC CENTER

350 Kimbark St | 303-776-6050

#### **Hours of Operation:**

Mon-Fri 8am-5pm | Closed Sat and Sun

Holidays: Closed Nov 28, Nov 29, Dec 25, Jan 1, Jan 20, Feb 17, May 26



#### **CITY COUNCIL**

There are a variety of ways to contact city council members:

- City council meetings, most Tuesdays at 7 pm
- Coffee with Council, one Saturday of every month Jan-Oct
- Mail c/o City Clerk's Office, 350 Kimbark St. 80501
- · Email and phone

#### **MAYOR**

#### **Joan Peck**

Term expires 11/2025 joan.peck@longmontcolorado.gov 303-774-3619

#### **WARD I**

#### **Diane Crist**

Term expires 11/2027 diane.crist@longmontcolorado.gov 303-774-3614

#### **WARD II**

#### **Marcia Martin**

Term expires 11/2025 marcia.martin@longmontcolorado.gov 303-774-3617

#### WARD III /Mayor Pro Tem

#### Susie Hidalgo-Fahring

Term expires 11/2025 susie.hidalgofahring@longmontcolorado.gov 303-774-3612

# Join Coffee with Council in 2025

The public is invited to
Coffee with Council January
through October, at locations
throughout Longmont. Find locations
online at bit.ly/coffeewithcouncil
See 2025 dates online | Saturdays, 9-10am
For information about city council meetings
and agendas, call the City Clerk's Office at
303-651-8649 or visit
longmontcolorado.gov/agendas

#### AT-LARGE

#### Shiquita Yarbrough

Term expires 11/2025 shiquita.yarbrough@longmontcolorado.gov 303-774-3613

#### AT-LARGE

#### Sean McCoy

Term expires 11/2027 sean.mccoy@longmontcolorado.gov 303-774-3618

#### AT-LARGE

#### **Aren Rodriguez**

Term expires 11/2025 aren.rodriguez@longmontcolorado.gov 303-774-3615

#### **GOLF ADVISORY BOARD**

Marshall Allen John Hay
Paul Mayer Rick Accountius
Sean McCoy, City Council Liaison

Philip Schluckebier Anne Dorozenski

#### **MUSEUM ADVISORY BOARD**

Bruce Montgomery Caley Cordova
Catherine Cox Robert Lee
Bruce Katuna Catlyn Keenan
Sucia Hidalga Fahring City Council

Thomas Kurtz Linda Buchsbaum

Susie Hidalgo-Fahring, City Council Liaison

#### **PARKS & RECREATION ADVISORY BOARD**

Paige LewisErin AngelNick NovelloScott ConlinThomas DavisSam LibbySean McCoy, City Council LiaisonHannah Mulroy

#### SENIOR SERVICES ADVISORY BOARD

Art Quintana David Brenna
Ellon Dooley Erik Brack
John Higgins Maria Cortez
Marcia Martin, City Council Liaison

Arlene Zortman Anne Coakley

#### CALLAHAN HOUSE ADVISORY BOARD

Karen Kruse Karen Reed Cindy Martini Candis Schey Brittaney Hastings, Staff Liaison

#### LIBRARY ADVISORY BOARD

Jamie Quirk Catherine FinkJohnson Nicole Gallifrey Katie Wiser Susie Hidalgo-Fahring, Council Liaison

#### It's YOU!

It's YOU who could support planning that makes sense for Longmont by serving on a Longmont Board or Commission. The time commitment is minimal but your impact would be great. It's YOU! Who can make a difference in our community. Applications will be accepted starting March 17, 2025. Find out more at Longmontcolorado.gov/boards

Board membership current as of Nov 2024.

Maureen McCoy



## **CITY INFORMATION**

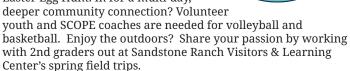
LONGMONT PHONE NUME	BERS
General Information	303-776-6050
Animal Control	303-651-8500
Building Inspection	303-651-8332
CDBG / Affordable Housing	303-651-8736
Centennial Pool	303-651-8406
Children, Youth and Families	303-651-8580
City Clerk's Office	303-651-8649
City Manager / Mayor	303-651-8601
Code Enforcement	303-651-8695
Community & Neighborhood Resources	303-651-8444
Economic Development	303-651-0128
Electric Power Interruption	303-776-0011
Employment Opportunities/Human Resources	303-651-8609
Facility Rental Hotline	303-651-8443
Fire Administration	303-651-8437
Forestry	303-651-8416
Hearing Impaired TTD#	800-659-3656
Longmont Museum & Stewart Auditorium	303-651-8374
Longmont PD/BCSO Firing Range	303-774-4587
& Training Center	or 303-774-4589
Longmont Power & Communications	303-651-8386
Longmont Public Library	303-651-8470
Longmont Recreation	303-651-8404
Municipal Court	303-651-8688
NextLight Internet	303-774-4494
Parking Enforcement	303-651-8658
Turking Enforcement	or 303-774-4724
Parks, Open Space & Trails	303-651-8416
Police Administration	303-651-8555
Public Works Engineering	303-651-8304
Senior Center	303-651-8411
Streets & Traffic	303-651-8416
Sunset Pool (Seasonal)	303-651-8300
Sunset Golf Course	303-651-8466
Trash/Recycling/Composting	303-651-8416
Twin Peaks Golf Course	303-651-8401
Union Reservoir	303-772-1265
Ute Creek Golf Course	303-774-4342
Utility Billing	303-651-8664
Water/Sewer/Storm Drainage	

#### **LONGMONT ONLINE**

- A LongmontColorado.gov
- LongmontColorado.gov/Link2Longmont
- LongmontColorado.gov/cityline
- engage.longmontcolorado.gov
- facebook.com/cityoflongmontco
- youtube.com/user/cityoflongmont
- ☑ Instagram: @longmontcolorado

#### **VOLUNTEERS MAKE IT POSSIBLE**

Divisions and departments across the City rely on the support of volunteers for a variety of projects and programs. Winter and spring months have programs and events large and small. There are a wide range of ways to be involved in our community. Want a one-and-done commitment? Consider helping at the April Underwater Easter Egg Hunt. In for a multi-day,



We depend on YOU to help create this fantastic community.

If you are interested in contributing to our Longmont community and making Longmont the best it can be, visit our volunteer pages online at longmontcolorado.gov/volunteer

# Does your organization offer services for the community?

Recreation is creating an updated list of Local Service providers of recreational programs, activities, and sport leagues. Please email RecSupport@longmontcolorado.gov with the following details: name of organization, type of service provided, contact phone and email, and website.

# CITY OF LONGMONT IS COMMITTED TO SUPPORTING PEOPLE OF ALL ABILITIES IN RECREATION THROUGH BOTH SPECIALIZED AND INCLUSIVE PROGRAMS.

We strive to exceed the requirements set forth in the Americans with Disabilities Act and to create a welcoming and supportive community. If you require an accommodation, please notify us at least two weeks in advance. For more information and/or to request accommodations contact the City ADA coordinator, Doug Spight, 303-651-8435 or Doug.Spight@longmontcolorado.gov

# SANDSTONE RANCH VISITORS CENTER Longmont





#### SANDSTONE RANCH VISITORS & LEARNING CENTER

3001 Sandstone Drive | Longmont, CO 80504 | 303-651-8404

#### **Visitors Center Hours:**

Wednesdays, 9am to noon, May 7 through Aug 27 Saturdays 10am-2pm, 2nd & 4th Saturdays, Mar 8 through Oct 25

No pets allowed at the center or on trails due to wildlife.

#### Discover a treasure of nature & history, just outside your door.

- » Hands-on displays
- » Early Longmont history
- » Nature Trail
- » Scenic overlook
- » Visitors Center with free admission

#### **Directions to Sandstone Ranch Visitors Center:**

The Visitors Center is located on Sandstone Drive, east of County Line Road and just off Highway 119. Turn south on Sandstone Drive, past the ball fields and follow the signs for the Visitors Center/Trailhead Parking Lot. If you park at the upper parking lot, the trail on the west side takes you down the hill to the Visitors Center. Handicapped parking is available next to the Visitors Center.

#### **Volunteering** at Sandstone Ranch:

Sandstone Ranch depends volunteers to run our programs! We need volunteers for open house hours, gardening, school field trips, and nature and history programming. If you love nature, gardening and/or history and enjoy working with the public, this is a great volunteer opportunity. For more information, contact Kirsten at sandstone.ranch@longmontcolorado.gov

#### **Group Tours:**

Schedule a group tour or program for your organization, class, or camp. Topics include Longmont History, natural history, Front Range ecology and more. For more information, contact Kirsten at sandstone.ranch@longmontcolorado.gov

#### PROGRAMS AT SANDSTONE RANCH

Limited house-adjacent parking is available. Thank you for parking in the upper parking lot. Handicap parking available in front of the Visitors Center. Pre-register each person attending online or by calling 303-774-4700. A suggested donation of \$4/person exists for all programs unless otherwise noted. Registration is required.

#### **Nature Exploration** with Longmont Rangers

Explore the ecosystem of Sandstone Ranch with the Longmont Ranger Team! These programs will bring out the outdoor naturalist in you! Outdoor program; please dress appropriately.

All Ages:	Saturday, 1	l0-11:30am	106104
Skins & S	kulls	Jan 4	
Nature W	alk	Jan 11	
Wildlife I	Detectives	Jan 18	
Birds of a	Feather	Jan 25	
Location:	SSR Visito	r Center	
Fee:	\$4 suggested donation		

#### **Wonder of Winter** Slide Program

Winter is a great time to explore the natural wonders of Boulder County! Join volunteer naturalists to learn about the many wonders of winter and how plants and animals adapt to snow and cold, from the Great Plains to the Continental Divide.

All Ages:	Feb 8, Sat, 10-11:30am 106403
Location:	SSR Visitor Center
Fee:	\$4 suggested donation

#### Winter Nature Friday's at Sandstone Ranch

Family exploration and fun at Sandstone with winter nature themes. Craft, nature walk and Storytime. Drop in.

3 & up:	Friday, 9am-12	pm		
	Nov 29	406851		
	Dec 20   Feb 14   Mar 21			
	•	106851		
_				

#### Location: SSR Visitor Center \$5 resident/\$6.25 non-resident Fee:

#### **Guided Bird Walks**

Local birder, Carl Starace, guides you around the loop trail as you explore the variety of birds that pass through or call Sandstone Ranch home. Bring binoculars. Meet up at the upper parking lot.

10 & up:	Friday	, 9am-12pr	n
Mar 28	Apr 11	Apr 25	206206
Location: SSR Visitor Center			
Fee:	\$4 suggested donation		

#### **History House Tours at SSR**

Enjoy a tour inside and outside (weather permitting) the historical Coffin Family Home. Learn about the Coffin family, and what life was like in the 1800s for homesteaders and other groups of people in the area.

_	10:30-12:00 pm	206403
Location:	SSR Visitor Center	
Fee:	\$4 suggested donation	

#### **Volunteer Opportunities** Social at SSR

All Ages: Mar 22, Sat,

Do you like nature, Longmont history, wildlife, people, working with children, or just being out at Sandstone Ranch? Join us for refreshments and learn about the many ways you can volunteer. Stay and explore the house and grounds afterwards during the open house hours.

18 & up:	Mar 8, Sat,	
	8:30-10:00 am	206703
Location:	SSR Visitor Center	
Fee:	\$4 suggested donation	



## **MEMORIAL BUILDING**



#### ST. VRAIN MEMORIAL BUILDING

700 Longs Peak Ave | 303-651-8404

Building/Weight Room Hours Monday-Friday: 7am-7pm Saturday: 7am-12pm

Holiday Hours: Closed Nov 28, Dec 25, Jan 1,

Jan 20 & Feb 17 & May 26

Closed at 3pm: Dec 24 & Dec 31 Facility Rentals Available: see page 48



#### **Itty Bitty City Gym Rental**

Reserve exclusive time with our Itty Bitty City toys! Spend the whole time with the toys, or plan in some table time in the gym. This rental is great for DIY celebrations.

Times: Sundays, 10am-12pm or 1-3pm Fee: \$250 (based on 12 children) Location: St Vrain Memorial Building,

700 Longs Peak Ave

Reserve: 303-651-8404

#### **Recreation in the Heart of Longmont:**

A quieter, more intimate setting for your workout, to take a class, or to learn a new skill. Much of the same equipment as a large workout gym with none of the pretention or crowd. Offering a wide variety of fitness and general variety classes for little tykes to active older adults. Friendly and professional staff and great patrons make it a comfortable community atmosphere. Clean, quality amenities make it worth returning again and again.



- » Weight room with free weights, selectorized machines, and cardio equipment
- » Aerobics/Wellness room
- TRX classes



#### **Memorial Building Rental Fees**

For Rental Availability Call 303-651-8404 Gymnasium Rental: \$70/hr After Hours Supervisor: \$50/hr

Table and Chairs are additional. Rental deposit and insurance may be required.

#### **Drop-In Table Tennis**

Join us for an evening of play. Bring your own paddle. Regular admission fees apply. Use your pass or pay the drop-in fee. Children must be supervised by parent/guardian.

All Ages: Nov 4-Dec 16, 6:30-9pm

» Feature court gymnasium

» Classroom/Party and Conference room

» Seasonal access to Longmont Ice Pavilion

» Adjacent to Roosevelt Park walking loop

See LongmontColorado.gov/recreation for 2025 schedule.

#### **Itty Bitty City**

Rain or Shine, our toys are divine! We've updated our toy selection to include a contained area for crawling infants. Come check out our new drawing table, baby music makers, and walkers for our soon-to-be cruisers! Kids ages 6 months to 5 years have lots of room to run and play in the gym! Parents must supervise their children.

Please, no older children. No fee for babies less than 6 months old.

Ages: 6 months to 5 years with a parent
Dates: Jan 10-May 9, Fridays, 9-11am
Location: St Vrain Memorial Building
Fee: \$4 per child; 10 visit pass \$34

» purchase and renew Itty Bitty Passes online!

## **MAINTENANCE UPDATES**



#### MAINTENANCE UPDATES

Maintenance week closures are part of each Recreation facility's yearly schedule. These weeks allow time for repairs, deep cleaning, and updates. See the facilities below for their 2024 maintenance week highlights. If you haven't visited lately, stop by and see what's new for yourself.



#### St Vrain Memorial Building

The St Vrain Memorial Building, 700 Longs Peak Ave, closed for a week in early August. The closure allowed the building to be deep cleaned after hosting a licensed summer day camp. It also provided time to install new energy-efficient gymnasium lights. Four new pieces of fitness equipment updated the weight room area.

#### **Longmont Recreation Center**

The Longmont Recreation Center, 310 Quail, closed the last week of August. With more than half a million visitors in the past year, fixing worn areas was a priority.

- » The floors in the men's and women's locker room bays were replaced.
- » The gymnasium and fitness room wood floors were refinished.
- » The meeting and party room floors were replaced.
- » Broken floor tiles throughout the facility were replaced.
- » In the pool area, the leisure pool, lap pool, and slides all saw cleaning and repairs. The leaks identified were fixed. Plumbing drains were cleaned. The sauna door was repaired.
- » The basketball backboard height adjusters were replaced in the gym.
- » The climbing wall auto-belays were re-certified and re-installed.
- » New paint was applied throughout the facility and exterior areas.
- » Many areas throughout the building were deep cleaned and organized.
- » New cardio equipment replaced older versions. New equipment included 2 new rowers, 3 treadmills, 3 spin bikes, and 2 elliptical machines.

A large team of staff from areas around the city helped make it possible to complete all of this and more within a few days. We hope visitors appreciate the work put in!



The Longmont Ice Pavilion is an outdoor winter ice rink at 725 8th Avenue. Getting ready for the winter season begins in October with the construction of the ice rink. This winter will see two new improvements over last season.

A used ice-smoothing machine, or Zamboni, was found to replace the very old model from last season. Without the ice being smoothed during the day, the ice becomes bumpy and difficult to skate on. Staff traveled to Minnesota in February to find this Zamboni and it arrived in Longmont in May.

A new chiller was installed in October. The chiller is a large freezer that pumps very cold liquid through many small pipes on the floor of the ice rink. When water is added around the small pipes, ice forms. With more water sprayed on top, the ice grows layer by layer and becomes thick enough to skate on. The old chiller was over thirty years old and no longer worked well.



## **CENTENNIAL POOL**



#### **CENTENNIAL POOL**

1201 Alpine Street | 303-651-8406

An Pool-Focused Fitness Facility offering:

- » swim instruction
- » water fitness and lap swimming
- » fitness room

Holiday Hours: Closed: Dec 25 & Jan 1, Apr 20, May 24-26

Closed at 2pm: Dec 24 & Dec 31

#### **Winter & Spring Hours**

Dec 2024-May 2025

#### Fitness Room

Mon-Fri	6am-2pm
M/W/F	4-8pm
T/Th	5-7pm
Saturday	7am-12pm
Sunday	9am-12pm

#### Lap Swim\*

Mon-Fri	6am-2pm
Saturday	8am-12pm
Sunday	9am-12nm

#### (Re)Discover Centennial Pool!

- » A newly resurfaced pool with six 25-yard lap lanes, wading area and deep end with two 1-meter diving boards.
- » Large windows and skylights provide natural lighting for a calm yet energizing lap swim experience. Enjoy wider lane lines for optimal lap swimming.
- » Remodeled fitness room overlooking the pools with updated fitness equipment. Choose between a rowing machine, treadmills, lifecycles, and elliptical equipment. Enjoy a selection of hand weights.

\*The facility will close 15 minutes after the last swimming session. Please plan your shower/changing times accordingly. Lap Swimmers note: Sharing lap lanes is required – be kind & split the lane or circle swim.



Centennial Pool, 1201 Alpine Street, closed for three weeks in August for annual maintenance. Longer than normal, the extra time allowed more work to be completed.

- » The system that adds water to the pool when it runs low was rebuilt and repaired.
- » A new pool liner was installed over the original tile surface. A time-consuming process that turned out great!
- » The diving boards traveled to Denver for preventative repairs and then reinstalled.
- » Installed new flooring on the ramps to the pool and in the hallway areas.
- » Repainted throughout the facility.
- » Removed the bleachers from the observation room. A larger fitness room area now boasts the addition of a new treadmill and upright bike. A new rowing machine will be in place by early 2025. A classroom and waiting area are better placed for access to the pool.



# WE WANT YOU TO WORK FOR US!

Recreation hires for both year-round and seasonal positions. With jobs available for individuals as young as 15 and for older adults in their retirement years, see current openings and application timelines at

» bit.ly/longmontrecjobs

## LONGMONT RECREATION CENTER





#### LONGMONT RECREATION CENTER

310 Quail Road | 303-774-4800

Hours of Operation: \*note: pools close 30 minutes before building

Mon-Fri 5am-9pm | Sat & Sun 7am-5pm\*

Holiday Hours: Nov 28, Dec 25, & Jan 1: Closed | Dec 24 & 31: 7am-3pm

Jan 20 & Feb 17: regular hours Apr 20: 12-4pm | May 26: 10am-4pm

Facility Rentals Available: see page 48



#### **LRC Pool Hours**

Unless otherwise noted, swim times are for ages 18 & up.

#### Lap Pool/Hot Tub:

	5am-8:30pm
Sat & Sun	7am-4:30pm

### All Ages: Leisure & Slides & Diving Boards Fri 4nm-7nm

3.6 ml	4 5 4
All Ages: Lei	sure Pool & Slides
Sat & Sun	11am-4:30pm
LII	4pitt-/pitt

MOII-IIIUIS	4pm-/pm
Tue & Thurs	9am-1pm*
Fri	10am-4pm
Sat	9am-11am

<sup>\*</sup>No slides/water features on during swim lessons and some fitness classes. Current pool schedules, including winter break additional All Ages Swims, are posted online.

#### **Babysitting Information**

Parent/guardian must be in the facility

Ages:	6 months-7 years
Mon-Fri:	8am-1pm & 4pm-7pm
Sat-Sun:	8:30am-1pm
Rates:	\$4/hour, two hour max
	Included with family annual,
	3-mo, and 30-day passes.

#### **Climbing Wall**

Mon-Fri: 4:00pm-7:00pm Sat-Sun: 10:00am-2:00pm

#### **Skate Park**

(East of the Recreation Center) **Daily Hours**: Sunrise to Sunset **Rules**: Please be respectful of the park, other users, and the neighbors.

Skate at your own risk.

#### A one-stop recreation facility offering:

» Running track (11 1/2 laps = 1 mile)



- » Weight room with free weights and selectorized machines
- » Cardio equipment and fitness room
- » Multi-court gymnasium
- » Climbing wall
- » Babysitting services
- » Steam and dry sauna, spa
- » Wifi
- » Lobby seating with arcade games and concessions vending

- » Meeting room/Party room
- » Gendered locker rooms and six family cabanas
- » Lap Pool (6 lanes, 25 yards)
- » Leisure Pool with waterslides, lazy river, and interactive play features



Only authorized City of Longmont Recreation staff are permitted to train, coach or consult others in City facilities. If interested in using City facilities for this purpose, please ask at the front desk.

#### SPORTS DROP-IN HOURS

**Volleyball** Wed 5:30-9pm

Fri Teen 4-6:30pm; 18+ 6:30-9pm

Basketball Mon-Fri 11:30am-1:30pm

& Sun 7am-10am

**Pickleball** M-Th, 1:30pm-4pm (55+ only) & M/W/F, 7am-9am, Sun 2-4pm

& M/W/F, 7am-9am, Sun 2-4pn (all ages: maximum 2 courts)

Sport Drop-In Hours are for adults 16 & older unless otherwise indicated.





# **LONGMONT ICE PAVILION**



#### LONGMONT ICE PAVILION 725 8th Ave | 303-774-4700

Open seasonally mid-November through mid-March



Located in the heart of Longmont, the Longmont Ice Pavilion offers daily Public Skating Hours and multiple Drop-In Hockey opportunities throughout the week, November 22-March 4.

Note: While admittance to public skating is included in annual, 3-month, and 30-day passes, ice skate rental is an additional fee. Both individual day use and bulk skate rental passes are available for purchase online at **LongmontColorado.gov/Ice-Pavilion**.

# 2024-2025 Season: Nov 22-Mar 4 PUBLIC SKATING SCHEDULE

Skate Hours are subject to change. Skate rentals additional.

#### THANKSGIVING WEEK SCHEDULE Nov 22-Dec 1

Fri/Sat/Sun*	1pm-6pm
Mon/Tue/Wed	10am-6pm
*Special Hours:	Dec 1, Sun: 10am-6pm
	Nov 28, Thurs, Closed for Thanksgiving

<b>DEC SCHEDULE</b>	Dec 2-15	Dec 16-22
Mon-Thurs	3pm-5pm	1pm-5pm
Fri	3pm-6pm*	1pm-6pm
Sat/Sun	1pm-6pm*	1pm-6pm
*Special Hours:	Dec 13, Fri: 3-5:30pm & 7-9pm	
-	Dec 14. Sat: 1pn	n-9pm

#### WINTER BREAK SCHEDULE Dec 23-Jan 6

Mon* & Thurs	10am-6pm
Tue	10am-4pm
Wed	Closed Xmas & New Years Day
Fri	10am-9pm
Sat/Sun*	1pm-6pm
*Special Hours:	Jan 6, Mon, 10am-4pm
	Dec 29, Sun, 10am-6pm

JAN/FEB	SCHEDULE	Ian 7-Mar 4
JAN/FEB	2CHEDOLE	ian 7-Mar 4

1
10am-4pm
10am-4pm



# 2024-2025 HOCKEY SCHEDULE

Recreation passes not valid. Register in advance to secure spot; keyword "hockey". Hours subject to change. Skate rentals additional.

Adult Drop-In Hockey: Short warm up, followed by games.

Ages 18 & up. \$10 res/\$12.25 non-res

Stick & Puck: Work on skating, puck & stick handling, and shooting.

Open (all ages) or 17yrs & Under. \$8 res/\$10 non-res

#### THANKSGIVING WEEK SCHEDULE Nov 22-Dec 1

Adult Drop-In Hockey	Tue/Fri eve Sat am	7:45pm-9pm 7:45am-9am
Stick & Puck: Open	Fri eve Wed am	6:30pm-7:30pm 8:30am-9:30am
Stick & Puck: 17&U	Sat am	9:15am-10:15am

#### **DEC SCHEDULE** Dec 2-22

Adult Drop-In Hockey	Tues	11:30am-12:45pm
- 1	Sat am	7:45am-9am
Stick & Puck: 17&U	Sat am	9:15am-10:15am

#### WINTER BREAK SCHEDULE Dec 23-Jan 5

Stick & Puck: Open	Mon/Fri am	8:30am-9:30am
Adult Drop-In Hockey	Sat am	7:45am-9am
Stick & Puck: 17&U	Sat am	9:15am-10:15am

#### JAN/FFR SCHEDULE

DAN/ FEB SCHEDO	JLE	Jan 0-Mar 4
Adult Drop-In Hockey	7 Tue	11:30am-12:45pm
	Fri pm	6:15-7:30pm
	Sat am	7:45am-9am
Stick & Puck: Open	Wed pm	4pm-5pm
Bonus Adult Drop-In	Wed Mar 5	5:15pm-6:15pm

#### PRIVATE RENTALS - CALL 303-651-8443

Reserve private ice time for your party or group. Base pricing is for up to 25 people, top pricing is for largest groups of 100 or 200+. Skater count affects pricing. Call to inquire on specific pricing for your event. To ensure staff availability, reserve dates at least two weeks in advance. Ice@LongmontColorado.gov

Weekdays: \$150/hr up to 50 people Wed/Th/Fri, 11am-2pm

**Saturdays**: \$220-\$550/hr group size dependent

Jan 11-Mar 1: 4:30-6:30pm or 7-9pm

#### Support the Ice Pavilion

- Have your business banner on the ice dasher board.
- Sponsor an open skating session with free ice skate rentals for the community to enjoy.

If you are looking for a unique way to highlight your business or thank your customers, consider becoming a Business or Corporate Ice Pavilion Sponsor. Sponsorship level details are available online at LongmontColorado.gov/ice-pavilion. Inquires can be emailed to Ice@LongmontColorado.gov.

#### Seasonal Ice Staff Needed!

Now hiring ice skate guards, learn-to-skate instructors, and ice rink supervisors. Enjoy flexible schedules, solid trainings, advancement opportunities, and competitive wages beginning at \$16.43 – \$18.55/hour. Apply at LongmontColorado.gov/jobs.

Questions? Email Ice@LongmontColorado.gov or call 303-651-8408.

# **LONGMONT ICE PAVILION**



#### YOUTH HOCKEY PROGRAM

Longmont's USA Hockey Youth Ice Hockey Program is an affordable in-house program focusing on developing both individual and team play skills for both new and returning players. Registration includes two practices and one game per week, jersey, and rental hockey skates if needed. Game times subject to change.

All participants must first register with USA Hockey online at <a href="https://membership.usahockey.com/">https://membership.usahockey.com/</a> before registering for program.

Dates: Nov 25, 2024 - Mar 2, 2025

Thanksgiving week and Winter Break practices differ.

#### Age determined by birth year.

2016-2019	Mites and Mini-Mites	Ages 5-8	155542		
Practice:	Nov/Dec: Mon & Thur	s 5:15-6pm			
	Jan-Mar: Mon 5:45-6:3	0pm & Th 5:15-	6pm		
Game:	Sun	\$388.50 res/\$48	5.75 non-res		
2014-2015	Squirts	Ages 9-10	155543		
Practice:	Nov-Feb: W 5:15-6:15p	m & Th 6:15-7:1	5pm		
Game:	Sun	\$425.50 res/\$53	32 non-res		
2012-2013	Peewees	Ages 11-12	155544		
Practice:	Nov/Dec: M 6:15-7:15 & Jan-Mar: M 6:45-7:45p				
Game:	Sun	\$425.50 res/\$53	32 non-res		
2010-2011	Bantam	Ages 13-14	155545		
Practice:	Nov/Dec: Tue 8-9pm &				
	Jan-Mar: Mon 8-9pm 8				
Game	Sun	\$425.50 res/\$53	32 non-res		
2006-2009	Midget	Ages 15-18	155545		
Practice:	Nov/Dec: W 7:45-8:45pm & F 7:30-8:30pm Jan-Mar: M 4:30-5:30pm & W 7:45-8:45pm				
	Jun 11202 112 2100 0100 p		· . <del>•</del> ·		

#### **ADULT HOCKEY SKILLS CLASS**

Players age 18 & over are given instruction on all skill aspects of the game. Class consists of instruction and drills, followed by a controlled scrimmage to practice your skills in a game environment. Full hockey gear required. "hockey"

1 441 110 0110 ) 600	a requirem	
18 & up	Dec 2-Mar 4, 7:30-9pm	155612
Beginner	Mon Dec 2-16 & Tue Jan 7-Mar 4	
Intermediate	Thurs Dec 2-Feb 27 & Wed Mar 5	
Fee:	\$189 resident/\$236.25 non-resident	

#### **ADVANCED WORKSHOP**

For skaters in Basic 3/Adult 3 and up. Skating opportunities beyond learn-to-skate including choreography, ice dancing, synchronized skating, off-ice training and more.

Saturday, 10:30-11am Code: 155323

#### **HOCKEY LEARN-TO-SKATE**

#### AGES 6 & UP

For first-timers and those with no prior hockey or skating class experience. Learn the fundamental skating skills required to be successful in hockey. Elements are taught without sticks or pucks.

Hockey Basic 1 or 2 Saturday, 11:05-11:35am Code: 155540

#### LEARN-TO-SKATE

Your class registration includes membership in Learn to Skate USA, offering skating lessons through a trusted, standardized curriculum endorsed by US Figure Skating, USA Hockey, and US Speed Skating. For a full list of benefits, visit <u>learntoskateusa.com</u>.

To advance to the next level, skaters must pass or demonstrate the skills from the previous level.

Classes are 30 minutes long. Ice skates provided. Keyword "*ice*" to register online.

Tue Session 1:	Dec 3-17 (3 classes)	\$49.50 res/\$62 nr
Tue Session 2:	<b>Jan</b> 7 <b>-Feb 25</b> (8 classes)	\$132 res/\$165 nr
Tue Session 3:	Feb 2-Feb 25 (4 classes)	\$66 res/\$82.50 nr
Sat Session:	Jan 11-Mar 1 (8 classes)	\$132 res/\$165 nr

#### **AGES 4-6 YEARS**

#### **SNOW PLOW SAM 1**

Sit and stand up with skates on. Code: 155211 **Tuesday, 4:45-5:15pm** or **5:35-6:05pm Saturday, 9:20-9:50am, 11:40am-12:10pm**, or **12:15-12:45pm** 

#### **SNOW PLOW SAM 2**

March followed by a long glide. Code: 155212 **Tuesday, 4:45-5:15pm, 5:35-6:05pm,** or **6:10-6:40pm Saturday, 9:20-9:50am** or **12:15-12:45pm** 

#### **SNOW PLOW SAM 3**

Forward Skating. Forward one-foot glide. Code: 155213 Tuesday, 4:45-5:15pm | Saturday, 12:15-12:45pm

#### **AGES 7-13 YEARS**

**BASIC SKILLS 1** Sit to stand. March forward across ice. **Tuesday, 5:35-6:05pm** or **6:10-6:40pm** Code: 155311 **Saturday, 9:20-9:50am** or **11:40am-12:10pm** 

**BASIC SKILLS 2** Forward one-foot glides. Backward two-foot glide **Tuesday, 6:10-6:40pm** Code: 155312 **Saturday, 9:20-9:50am** or **11:40am-12:10pm** 

**BASIC SKILLS 3** Beginning forward stroking backward glides. **Tuesday, 6:10-6:40pm** Code: 155313 **Saturday, 9:55-10:25am** or **11:05-11:35am** 

#### BASIC SKILLS 4-6

**Tuesday, 6:45-7:15pm | Saturday, 9:55-10:25am** Code: 155314

#### **AGES 14 YEARS THROUGH ADULT**

ADULTS 1 Falling and recovery on ice. Forward two-foot glide.

Tuesday, 6:45-7:15pm Code: 155411

Saturday, 10:30-11am or 12:15-12:45pm

#### ADULTS 2 & 3

Forward skating across the width of the ice. Backward skating. **Tuesday, 6:45-7:15pm** | **Saturday, 10:30-11am** Code: 155412



# **SWIM LESSONS**

## **Swim Lesson Selection Guide**

For swim lesson related questions, contact swim@longmontcolorado.gov

#### WHICH LESSON IS RIGHT FOR MY CHILD?

6 months to 3.5 years AquaBaby | Aqua Tot 1-2



3-5 years

Preschool Program | Beginning Blast



6-12 years

Levels 1-4 | Blast Beginning -3 | CARA

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$\sim$ 1	M					- <b>^ ^</b>	$v \vdash v$	-

Does the child walk independently? Can the child comfortably walk and play in water up to their chest?

NOT YET »

Sign up for AquaBaby

NOT YET » YES »

Sign up for Aqua Tot 1 Sign up for Aqua Tot 2

#### **3-5 YEARS:**

Does the child enjoy putting their face in the water?

NOT YET »

Sign up for Turtles

Can the child do their front floats, then roll to their backs to breathe without assistance?

NOT YET »

Sign up for Alligators

Sign up for **Seal** 

Can the child make forward progress with their face in for 5 yards, while rolling to their back to breathe?

NOT YET » YES »

Sign up for **Beginning Blast** 

#### 6-12 YEARS:

Does the child enjoy putting their face in the water?

NOT YET »

Sign up for Level 1

Can the child make forward progress with their face in the water for 5 yards, and roll to their back to breathe?

NOT YET »

Sign up for Level 2

Can the child swim 25 yards (1 length of the pool) while rolling over to breathe?

NOT YET »

Sign up for Level 3 or **Beginning Blast** 

Can the child swim 25 yds front crawl/free-style consistentlybreathing to the side?

NOT YET »

Sign up for Blast 1

Can the child swim 50 yards front crawl/free-style?

NOT YET »

Sign up for Level 4 or Blast 1 or CARA Swim Team-Starters

Can the child swim 50 yds front crawl/free-style, 50 yards backstroke, and 25 yards Breaststroke kick? NOT YET »

Sign up for **Blast 2** or CARA Swim Team-Starters

Can the child swim 100 yds front crawl/free-style, 100 yards back stroke, 50 yards breaststroke & 25 yards butterfly

NOT YET »

Sign up for Blast 3 or CARA Swim Team

YES »

Sign up for the CARA Swim Team!

#### 11-17 YEARS:

Can the teen swim 25 yards while rolling over to breathe?

NOT YET »

Sign up for Teen 1 Teen 2

#### 18+ YEARS

Can the adult swim 15 yards front and back stroke?

NOT YET »

Adult 1 Adult 2

Can the adult swim 25 yards front and back stroke comfortably? Looking to fine tune strokes for endurance?

Adult 3 or Beginning Masters

YES »



#### **» SWIM LESSONS AT CENTENNIAL POOL**

1201 Alpine St | 303-774-4700

	MONDAY &	. WEDNESD	AY EVENING	CENTENN	IAL POOL	
30 Minute Classes	Time Date Fee	Ssn 1 1/6-1/22* \$31.25/\$39	Ssn 2 1/27-2/12 \$37.30/\$47	Ssn 3 2/19-3/12** \$43.75/\$54.75	Ssn 4 3/24-4/9 \$37.30/\$47	Ssn 5 4/14-5/7 \$50/\$62.50
Turtle	4:10 PM	120121.1A	120121.2A	120121.3A	220121.1A	220121.2A
Turtie	4:45 PM	120121.1B	120121.2B	120121.3B	220121.1B	220121.2B
Alligator	4:10 PM 5:20 PM	120122.1A 120122.1B	120122.2A 120122.2B	120122.3A 120122.3B	220122.1A 220122.1B	220122.2A 220122.2B
Seal	5:55 PM	120123.1A	120123.2A	120123.3A	220123.1A	220123.2A
Level 1	4:10 PM	120131.1A	120131.2A	120131.3A	220131.1A	220131.2A
I arral 0	4:45 PM	120132.1A	120132.2A	120132.3A	220132.1A	220132.2A
Level 2	5:20 PM	120132.1B	120132.2B	120132.3B	220132.1B	220132.2B
Level 3	5:55 PM	120133.1A	120133.2A	120133.3A	220133.1A	220133.2A
Danimain a Dlant	4:10 PM	120140.1A	120140.2A	120140.3A	220140.1A	220140.2A
Beginning Blast	5:40 PM	120140.1B	120140.2B	120140.3B	220140.1B	220140.2B
45 Minute Classes	Fee	\$38.75/\$48.50	\$46.50/58.25	\$54.25/\$68	\$46.50/58.25	\$62/\$77.50
Blast 1	4:00 PM	120141.1A	120141.2A	120141.3A	220141.1A	220141.2A
Blast 2	5:35 PM	120142.1A	120142.2A	120142.3A	220142.1A	220142.2A
Blast 3	4:45 PM	120143.1A	120143.2A	120143.3A	220143.1A	220143.2A

\*No Class on 1/20 \*\*Starts on a Wednesday 2/19

SATURDAY MORNING   CENTENNIAL POOL							
30 Minute Classes	Time Date Fee	Ssn 1 1/11-2/15 \$37.50/\$47	Ssn 2 2/22-3/29 \$37.50/\$47	Ssn 3 4/5-5/10 \$37.50/\$47			
Tuntla	9:30 AM	120621.1A	120621.2A	220621.1A			
Turtle	11:15 AM	120621.1B	120621.2B	220621.1B			
Alligator	9:30 AM 10:05 AM	120622.1A 120622.1B	120622.2A 120622.2B	220622.1A 220622.1B			
Seal	10:40 AM	120623.1A	120623.2A	220623.1A			
Level 1	9:30 AM 11:15 AM	120631.1A 120631.1B	120631.2A 120631.2B	220631.1A 220631.1B			
Level 2	10:05 AM	120632.1A	120632.2A	220632.1A			
Level 3	10:40 AM	120633.1A	120633.2A	220633.1A			
Beginning Blast	10:05 AM	120640.1A	120640.2A	220640.1A			
beginning blast	10:40 AM	120640.1B	120640.2B	220640.1B			
	Fee	\$46.50/58.25	\$46.50/58.25	\$46.50/58.25			
Blast 1	11:15 AM	120641.1A	120641.2A	220641.1A			







#### **» SWIM LESSONS AT LONGMONT RECREATION CENTER**

310 Quail Rd | 303-774-4700

# SUNDAY MORNING LONGMONT RECREATION CENTER

30 Minute Classes	Time Date Fee	Ssn 1 1/12-2/16 \$37.50/\$47	Ssn 2 2/23-3/30 \$37.50/\$47	Ssn 3 4/6-5/11* \$37.50/\$47
Aqua Baby	8:10 AM	110711.1A	110711.2A	210711.1A
Aqua Tot 1	8:45 AM	110712.1A	110712.2A	210712.1A
Aqua Tot 2	9:55 AM	110713.1A	110713.2A	210713.1A
	8:10 AM	110721.1A	110721.2A	210721.1A
	8:45 AM	110721.1B	110721.2B	210721.1B
Turtle	9:20 AM	110721.1C	110721.2C	210721.1C
	9:40 AM	110721.1D	110721.2D	210721.1D
	9:55 AM	110721.1E	110721.2E	210721.1E
	8:10 AM	110722.1A	110722.2A	210722.1A
Alligator	8:45 AM	110722.1B	110722.2B	210722.1B
Ailigator	9:05 AM	110722.1C	110722.2C	210722.1C
	9:20 AM	110722.1D	110722.2D	210722.1D
Seal	9:55 AM	110723.1A	110723.2A	210723.1A
Scar	10:30AM	110723.1B	110723.2B	210723.1B
Level 1	8:10 AM	110731.1A	110731.2A	210731.1A
Level 1	9:20 AM	110731.1B	110731.2B	210731.1B
Level 2	8:45 AM	110732.1A	110732.2A	210732.1A
Level 2	9:55 AM	110732.1B	110732.2B	210732.1B
Level 3	9:20 AM	110733.1A	110733.2A	210733.1A
Level 4	9:55 AM	110734.1A	110734.2A	210734.1A
Beginning	8:30 AM	110740.1A	110740.2A	210740.1A
Blast	10:30 AM	110740.1B	110740.2B	210740.1B
Teen 1	10:30 AM	110751.1A	110751.2A	210751.1A
Adult 1	9:20 AM	110761.1A	110761.2A	210761.1A
45 Minute Classes	Fee	\$46.50/58.25	\$46.50/58.25	\$46.50/58.25
Blast 1	9:40 AM	110741.1A	110741.2A	210741.1A
	10:15 AM	110741.1B	110741.2B	210741.1B
Blast 2	8:50 AM	110742.1A	110742.2A	210742.1A
Blast 3	8:00 AM	110743.1A	110743.2A	210743.1A
Adult 2	8:30 AM	110762.1A	110762.2A	210762.1A
Adult 3	7:40 AM	110763.1A	110763.2A	210763.1A

\*No class 4/20 Easter



# TUESDAY EVENING LONGMONT RECREATION CENTER

30 Minute Classes	Time Date Fee	Ssn 1 1/7-2/11 \$37.50/\$47	Ssn 2* 2/18-4/1* \$37.50/\$47	Ssn 3 4/8- 5/6 \$31.25/\$39.25
Aqua Tot 2	4:50 PM	110313.1A	110313.2A	210313.1A
Turtle	4:35 PM	110321.1A	110321.2A	210321.1A
1 ui tie	5:45 PM	110321.1B	110321.2B	210321.1B
Alligaton	4:00 PM	110322.1A	110322.2A	210322.1A
Alligator	5:10 PM	110322.1B	110322.2B	210322.1B
Seal	4:00 PM	110323.1A	110323.2A	210323.1A
Level 1	5:25 PM	110331.1A	110331.2A	210331.1A
Level 2	6:00 PM	110332.1A	110332.2A	210332.1A
Beginning Blast	4:00 PM	110340.1A	110340.2A	210340.1A
45 Minute Classes	Fee	\$46.50/58.25	\$46.50/58.25	\$38.75/\$48.50
Dlast 4	4:35 PM	110341.1A	110341.2A	210341.1A
Blast 1	5:25 PM	110341.1B	110341.2B	210341.1B
Blast 2	5:25 PM	110342.1A	110342.2A	210342.1A
Blast 3	4:35 PM	110343.1A	110343.2A	210343.1A
Teen 2	4:00 PM	110352.1A	110352.2A	210352.1A
*No alass 2/10	CITICD Com	n a Dungle		

<sup>\*</sup>No class 3/18 SVVSD Spring Break

# THURSDAY EVENING LONGMONT RECREATION CENTER

30 Minute Classes	Time Date Fee	Ssn 1 1/9-2/13 \$37.50/\$47	Ssn 2 2/20-4/3* \$37.50/\$47	Ssn 3 4/10-5/8 \$31.25/\$39.25
Turtle	4:00 PM	110521.1A	110521.2A	210521.1A
Turtie	5:10 PM	110521.1B	110521.2B	210521.1B
Allimaton	4:00 PM	110522.1A	110522.2A	210522.1A
Alligator	5:45 PM	110522.1B	110522.2B	210522.1B
Seal	4:35 PM	110523.1A	110523.2A	210523.1A
Seal	6:00 PM	110523.1B	110523.2B	210523.1B
Level 1	4:00 PM	110531.1A	110531.2A	210531.1A
Level 1	5:45 PM	110531.1B	110531.2B	210531.1B
Level 2	4:35 PM	110532.1A	110532.2A	210532.1A
Level 2	5:10 PM	110532.1B	110532.2B	210532.1B
Level 3	5:10 PM	110533.1A	110533.2A	210533.1A
Level 5	5:45 PM	110533.1B	110533.2B	210533.1B
Level 4	4:35 PM	110534.1A	110534.2A	210534.1A
Beginning Blast	5:25 PM	110540.1A	110540.2A	210540.1A
Teen 1	4:00 PM	_110551.1A	110551.2A	210551.1A
45 Minute Classes	Fee	\$46.50/58.25	\$46.50/58.25	\$38.75/\$48.50
Blast 1	4:35 PM	110541.1A	110541.2A	210541.1A

<sup>\*\*</sup>No Class 3/20 SVVSD Spring Break

# SWIM LESSONS & SWIM TRAINING Longmont



			<u> </u>			
30 Minute Classes	Time Date Fee	Ssn 1 1/7-1/23 \$37.50/\$47	Ssn 2 1/28-2/13 \$37.50/\$47	Ssn 3 2/18-3/13 \$50/\$62.50	Ssn 4 3/25-4/10 \$37.50/\$47	Ssn 5 4/15-5/8 \$50/\$62.50
Aqua Baby	8:45 AM	110211.1A	110211.2A	110211.3A	210211.1A	210211.2A
Aqua Tot 1	9:20 AM	110212.1A	110212.2A	110212.3A	210212.1A	210212.2A
Aqua Tot 2	9:55 AM	110213.1A	110213.2A	110213.3A	210213.1A	210213.2A
Turtle	9:55 AM	110221.1A	110221.2A	110221.3A	210221.1A	210221.2A
Alligator	8:45 AM	110222.1A	110222.2A	110222.3A	210222.1A	210222.2A
Seal	9:20 AM	110223.1A	110223.2A	110223.3A	210223.1A	210223.2A

#### INDIVIDUAL SWIM INSTRUCTION

#### **Individual Private Lessons**

Individually scheduled lesson requests are limited by instructor availability and pool space. To request this option, please visit LongmontColorado.gov/swim to see if we are able to take these requests, and when available fill out the online request form. Discount offered when multiple lessons are purchased at one time.

#### **Individually Scheduled Private Session Fees**

Each 30 Minutes Lesson: \$40-\$43 res/\$50-\$53.75 non-res Each 45 Minute Lesson: \$52-\$54 res/\$65-\$67.50 non-res

#### **Semi-Private Session Fees:**

#### A shared lesson for up to 3 students

Each 30 Minutes Lesson: \$52-\$54 res/\$65-\$67.50 non-res Each 45 Minute Lesson: \$63-\$65 res/\$78.75-\$81.25 non-res

#### **Private Lesson Sessions**

Pre-Scheduled Private Swim Lessons sessions are now available! Enjoy four 30-minute private swim lessons at the same time, day(s) of week, and location. "private"

\$160 resident/\$200 non-resident Fee:

Centennial Pool: 1201 Alpine St

Jan 11-Feb 1 | Feb 8-Mar 1 | Mar 8-29 | Apr 5-26 120699 Sat am: 9:30am, 10:05am, 10:40am, or 11:15am 220699

Longmont Recreation Center: 310 Quail Rd Jan 7-30 | Feb 4-27 | Mar 4-Apr 3\* | Apr 8-May 1

\*No class 3/18 or 3/20

**Tue pm:** 4:00pm, 4:35pm, 5:10pm, or 5:45pm 110399 | 210399 Thurs pm:4:00pm, 4:35pm, 5:10pm, or 5:45pm 110599 | 210599

#### **CARA Centennial Swim Team**

Pre-requisite: Ability to swim 25 yards of freestyle with rhythmic breathing and 25 yards of backstroke both unassisted. A recreation swim team for youth who are not USA swimmers. Practices place an emphasis on technique building, endurance, and FUN! Swim meet options exist. All information is emailed to participants: please update your email while registering.

-	•	
Location:	Centennial Pool, 1201 Alpine St	"CARA"
6-10 yrs:	Tue & Thurs, 5:10-5:55 pm	
Jan 7-Feb 6	\$55 res/\$68.75 non-res	121112
Feb 11-Mar 13	\$55 res/\$68.75 non-res	121112
Mar 25-May 1	\$66 res/\$82.50 non-res	221112
12-18 yrs:	Tue & Thurs, 6:00-7:00 pm	
Jan 7-Feb 6	\$65 res/\$81.25 non-res	121113
Feb 11-Mar 13	\$65 res/\$81.25 non-res	121113
Mar 25-May 1	\$78 res/\$97.50 non-res	221113
9-12 yrs:	Tue & Thurs, 6:00-7:00 pm	
Jan 7-Feb 6	\$65 res/\$81.25 non-res	121114
Feb 11-Mar 13	\$65 res/\$81.25 non-res	121114
Mar 25-May 1	\$78 res/\$97.50 non-res	221114
Mur 20 Muy 1	φτο τεσγφοτισο ποιτ τεσ	221111



Learn and refine effective swimming techniques in this adults-only team. The team has a focus on improving fitness through engaging and fun workouts. Adults of all skill level are welcome, with the recommendation that participants should be capable of swimming 25 yards without assistance.

18 & up:	Tue, 5-6pm	
Jan 7-Feb 4	\$50 res/\$62.50 non-res	121813
Feb 11-Mar 11	\$50 res/\$62.50 non-res	121813
Mar 25-Apr 29	\$60 res/\$75 non-res	121813
Location:	Centennial Pool, 1201 Alpine St	



# Longmont SWIM TRAINING & CERTIFICATIONS

#### **CERTIFICATION CLASSES**

We are committed to recruiting and training a highly qualified work force. Reduced fees are available to current or pending city of Longmont Employees. Please email swim@longmontcolorado.gov for an interview and more information on enrolling as a pending employee.

#### **Water Safety Instructor Certification Class**

Pre-Requisite: Ability to swim 6 strokes front and back crawl, breaststroke, butterfly, elementary backstroke, and sidestroke. Learn the techniques and skills necessary to become American Red Cross certified to teach swim lessons. Must complete Blended Learning online component before class start. "aquajob"

15 & up:	121241   221241
	Feb 14-17, Fri/Sat/Sun/Mon, 9am-3pm
	May 27-30, Tues, 3-7pm & Wed-Fri, 8:30am-6pm
Location:	Centennial Pool, 1201 Alpine St
Fee:	\$50 future City of Longmont employees/
	\$295 resident/\$357.50 non-resident

#### **Longmont Swim Instructor Class**

Learn the skills and techniques to teach swimming lessons with the City of Longmont! Must be able to demonstrate knowledge of basic swimming skills, including floats, front crawl, back stroke and general water safety. Pre-Requisite: Ability to swim freestyle and backstroke for 25 yards. Must submit job application before the start of class. "aquajob"

15 & up:	Mar 8 & 9, Sat & Sun, 8am-1pm	121243
Location:	Longmont Recreation Center, 310 Qua	il Rd
Fee:	Free - future City of Longmont employ	yees ONLY

#### **Lifequard Prep Course**

Join us to assess your swimming skills and get ready for the lifeguard pre-test! These sessions are best taken at least two weeks before your lifeguard class start date. Receive valuable practice tips for retrieving a brick from the bottom of the pool and swimming 200 yards non-stop. Includes a \$25 discount on a future lifeguard class. Limit one discount per person per lifeguard class. "aquajob"

14 & up:	Dec 11, Wed, 4-6:30pm	121212
	Jan 8, Wed, 5-7pm	121212
	Mar 5, Wed, 5-7pm	221212
	Apr 9, Wed, 5-7pm	221212
	May 7, Wed, 5-7pm	221212
Location:	Longmont Recreation Center, 3	10 Quail Rd
Fee:	\$25 resident/\$31.25 non-reside	nt

#### **American Red Cross Lifeguard Training**

Pre-Requisites: Must be 15 years old by last day of class, 150yard continuous swim followed by 2 minutes of treading with no arms then swim another 50 yards, retrieve 10-pound brick from bottom of pool and swim 20 yards. Candidates must attend all class sessions in their entirety. "aquajob"

15 & up:	Dec 20-23, F/Sa/Su/M, 8am-6pm	121211
	Jan 17-20, Fri 4-7:30pm	
	& Sat-Mon, 8am-6pm	121211
	Apr 25-28, Mon & Fri-Sun, 8am-6pm	221211
	May 24-27, M/Tu/Sat/Sun, 8am-6pm	221211
Future City	of Longmont Employee Only Offerings:	
	Mar 20-23, Thurs-Sun, 8am-6pm	221211
Location:	Centennial Pool, 1201 Alpine St	
Fee:	\$250 resident/\$312.50 non-resident/	
	\$50 future City of Longmont Employee	

#### **CPR/AED & First Aid Class**

This American Red Cross course covers the skills for CPR/AED and First Aid for adults, children and infants.

12 & up:	Feb 8, Sat, 9am-5pm	121223
Location:	Longmont Recreation Center, 310 Qua	il Rd
Fee:	\$95 resident/\$118 non-resident	

#### **American Red Cross Babysitter Training**

This course provides youth with the information and skills necessary to provide safe and responsible care for children while babysitting. "babysitting"

11-16 yrs:	Dec 8, Sun, 9am-3pm	421231
	Jan 26, Sun, 9am-3pm	121231
	Feb 23, Sun, 9am-3pm	121231
Location:	Centennial Pool, 1201 Alpine St	
Fee:	\$95 resident/\$118.75 non-resident	





#### **BASKETBALL**

# Youth Basketball: Grades K-2

Longmont's coed youth basketball program emphasizes teamwork, sportsmanship, skill development, participation and FUN. Each K-2 participant receives a t-shirt and a basketball. \*No class Mar 17-19.



Kindergarte	n: Instructional, no games	"Basketball"
]	Mar 4-Apr 8, Tue, 4:30-5:15pm	212021
Fee:	\$61.50 resident/\$76.75 non-resident	
1st & 2nd Gra	ade: Games played the last week	
]	Mar 3-Apr 9, Mon/Wed, 4:30-5:15pm	212022

Fee:	\$76.25 resident/\$95.25 non-resident
Location:	Longmont Recreation Center, 310 Quail Rd

#### Youth Basketball Leagues: Grades 3-12

Practice two hours per week at local schools Monday-Friday evenings. Grades 3-8 play Saturday games in Longmont or surrounding towns. High School league is for players who DO NOT play on a high school or club team. HS games are played Sundays. Includes basketball. Registration deadline is Dec 8. Practice begins the week of Jan 6. Teams are formed by school attended – requests are not guaranteed. This program is dependent upon volunteer coaches, please call 303-651-8398 to volunteer. "Basketball"

Dates: Ja	an 6-Mar 1, gai	6-Mar 1, games begin January 18/19	
Boys		Girls	
3rd Grade	112003	3rd Grade	112013
4th Grade	112004	4th Grade	112014
5th Grade	112005	5th Grade	112015
6th Grade	112006	6th Grade	112016
7th Grade	112007	7/8th Grade	112017
8th Grade	112008		
9-12th Grade	112012	9-12th Grade	112011
Fee before Dec	9: \$100 reside:	\$100 resident/\$125 non-resident	
Fee after Dec 8	3: \$110 reside:	\$110 resident/\$135 non-resident	

# BASKETBALL OFFICIALS NEEDED!

No experience required. FREE Training register by calling 303-774-3527 or emailing Sports@LongmontColorado.gov 16 & up: Jan 11, Sat, 9am



# YOUTH SPORTS INSTRUCTORS NEEDED

Enjoy working with children? Share your love of sports and apply online today!

bit.ly/longmontrecjobs

#### WINTER/SPRING BREAK CAMPS

#### **Winter Break Basketball Camp**

Teaching ball handling, dribbling, and shooting fundamentals, this camp is a great way to build confidence and ability. Camp includes 3v3 FUN games and drills. All levels of play welcome.

"Basketball"

Dusketbutt

8-12 yrs:	Jan 2 & 3, Thurs & Fri, 9-11am	112291
Instructor:	Jorsua Chambers, Legends Sports, LLC	
Location:	St Vrain Memorial Bldg, 700 Longs Peal	k Ave
Fee:	\$99.75 resident/\$124.75 non-resident	

#### **Spring Break Sports Camp**

Come join us for a week of playing outdoors. We will play multiple sports which could include floor hockey, basketball, t-ball, softball, soccer, volleyball, flag football, tennis and/or kickball. Please come prepared for the weather and ready to play in tennis shoes. Bring sunscreen, a water bottle and a snack. Sign up for one day or the whole week. "Camp"

6-12 yrs:	Mar 17-21, Mon-Fri, 9am-12pm 212293
Location:	Clark Centennial Park, 1135 Alpine St.
Daily Fee:	\$23 resident/\$29.25 non-resident
All Week:	\$92.50 resident/\$115.50 non-resident



#### **VOLLEYBALL**

#### **Volleyball Tune-up Clinic**

This clinic is packed with dynamic skills and drills designed to teach and enhance volleyball fundamentals and increase game knowledge and player confidence. All abilities welcome. A great warm-up for spring volleyball. "Volleyball"

Grades 3 & 4:	Mar 8, Sat, 9-10am	212298
Fee:	\$17.50 resident/\$21.75 non-res	sident
Grades 5 & 6:	Mar 8, Sat, 10-11am	212298
Grades 7 & 8:	Mar 8, Sat, 11am-12pm	212298
Fee:	\$23 resident/\$29.25 non-resident	
Location:	Longmont Recreation Center, 310 Quail Rd	

#### Youth Volleyball League

Develop a sense of team play where participation, skills, sportsmanship and FUN are emphasized; winning is secondary. Coed teams practice two hours per week and play a six game schedule in Longmont. Registration deadline is Mar 9. Practice begins the week of Mar 24. Games begin Apr 5. Volunteer coaches needed: 303-774-3527. "Volleyball"

Mar 24-May 17:	Grades 3 & 4	212423
	Grades 5 & 6	212425
	Grades 7 & 8	212427
Fee:	\$86.75 resident/\$108.50 non-resident	

#### **CARA Volleyball League**

For high school students who DO NOT play on a high school or club volleyball team. Times, dates and location of practices depend on coach's availability. Teams travel to Denver Metro locations for Saturday games beginning late March.. Registration deadline is Mar 2. "Volleyball"

Mid March- Mid May:	Grades 9-12	212429
Fee:	\$104 resident/\$130.	50 non-resident

#### WINTER BREAK CAMP

#### Winter Break Volleyball Camp

Join us for a power packed camp designed to be fun while teaching the fundamentals of the sport – serving, setting, hitting and defense. For beginners and intermediate players. No experience is necessary. All equipment provided. "Volleyball"

<b>Grades</b> 7 & 8:	Jan 2 & 3, Thurs & Fri, 9-11am	112296
High School:	Jan 2 & 3, Thurs & Fri, 11am-1pm	112296
Instructor:	ructor: Nicholle Snyder, Legends Sports, LLC	
Location:	Longmont Recreation Center, 310 Qu	ail Rd
Fee:	\$95 resident/\$118.75 non-resident	



#### FREE COACHING CLINIC

Wondering if you could coach a youth volleyball team for the upcoming Spring Season? Join us for a FREE coaching clinic to learn the tools to be successful.

18 & up: Mar 8, Sat, 12-1pm 212298 Fee: Free, but must register

Location Longmont Recreation Center, 310 Quail Rd



#### **Youth Badminton Lessons**

Badminton is a racquet sport played using racquets to hit a shuttlecock across a net. Learn rules, strokes, footwork and strategy. Emphasis is on doubles play (two players per side). An informal tournament concludes each month's study. Please bring your own racquet - shuttlecocks provided. "Badminton"

11-18 yrs:	<b>Sunday, 5:30-6:30pm</b> 112221   212221	
Monthly Sessions:	Jan   Feb   Mar   Apr   May	
Location:	St Vrain Memorial Bldg, 700 Longs Peak Ave	
Fee:	\$34.75 resident/\$43.50 non-resident	

#### **Youth Fencing Lessons**

Dedicated to terminology, footwork, games, simple attacks and blocks. Each class builds on the skills learned in the previous class. Beginners learn the fundamentals, skills and rules. The progressive class is for those who have taken the beginner class. All equipment is provided. "Fencing"

7-16 yrs:	Wednesdays	112252   212252
Dates:	Jan 8-Feb 12   Feb 19-Mar 26	Apr 2-May 7
Location:	Fencing Academy of Denver in 800 S Hover St	Longmont,
Fee:	\$157.50 resident/\$197 non-resident	dent



A combination of badminton, ping pong and tennis and played with a whiffle ball on a short tennis court. It's fun, social and easy. Learn the basics of the sport while meeting new friends. Please bring your own paddle, balls are provided. "Pickleball"

8-15 yrs:	Tuesday, 4:30-5:30pm	112222   212222
Monthly Se	ssions: <b>Jan   Feb   Mar*</b> *no	class 3/18
Location:	Longmont Recreation Center	r, 310 Quail Rd
8-11 yrs:	Tuesday, 5:15-6:15pm	212222
12-15 yrs:	Tuesday, 6:30-7:30pm	212222
Monthly Se	ssion: <b>Apr   May</b>	
Location:	Hover Pickleball Courts, 136	1 Charles Dr
Fee:	\$52.25 resident/\$61 non-resident	dent

#### **YOUTH & ADULT TENNIS LESSONS**

Tennis lessons for the very beginner and for those with some tennis skills. Learn proper technique, how to play, and ways to be competitive on the court. Each lesson focuses on your individual needs to help build confidence and improve your game.

Spring Session: Mar 31-May 21

Location: Quail Tennis Court Complex, 310 Quail Rd

#### **Youth Tennis Lessons - Ages 5-10**

A developmental program for beginner to advanced beginner players. Develop tennis skills in a safe and friendly environment. "Tennis"

5-6 yrs:	Mon or Wed,	3:45-4:30pm	212600
Fee:	\$121 resident/\$	151.25 non-resident	
7-8 yrs:	Mon or Wed, 4	:30-5:15pm	212601
Fee:	\$121 resident/\$	151.25 non-resident	
9-10 yrs:	Mon or Wed,	5:15-6:15pm	212602
Fee:	\$159.50 residen	t/\$199.50 non-resident	



#### **Junior Tennis - Ages 11-16**

These game-based programs use specific exercises and fun games to help students understand aspects of tennis. Must get approval from coaches to register for intermediate courses.

<b>Spring Session:</b>	Apr 1-May 23	"Tennis"
Beginner:	Tue, 4-5pm OR Fri, 4-5pm	212603
Intermediate:	Tue, 5-6pm OR Fri, 5-6pm	412613
Fee:	\$159.50 resident/\$199.50 non-r	esident

#### Adult Tennis - Ages 16 & up

Beginners with little to no experience are introduced to basic technique and movement, scoring, and some strategy. Intermediate requires solid basic strokes and knowledge of the game. Emphasis is on improving existing skills and movement.

<b>Adult Beginner</b>	•	212605
Session 1	Sessions 2	Day/Times
Apr 2-23	Apr 30-May 21	Wednesday, 6:15-7:45pm
Apr 4-25	May 2-23	Fri 9-10:30am
Adult Intermed	liate	212615
Mar 31-Apr 21	Apr 28-May 19	Mondays, 6:15-7:45pm
Apr 4-25	May 2-23	ri 10:30am-12pm
Fee:	\$143 resident/\$	178.75 non-resident



#### **Middle School Soccer**

For boys and girls who attend participating schools. Practices are held after school 2-3 times per week, 1-2 hours each day. Teams play one game per week, Mon-Fri at 4pm or 5pm beginning the week of Mar 24. This program is dependent upon coaches; if you are able to coach (paid position), please email Sports@longmontcolorado.gov. "Soccer"

Mar 3-May 9:	Grades 6-8	212725
Fee:	\$60	

#### **Girls Fastpitch Softball**

An organized girls team participation program affiliated with the IPGSA league. Develop a sense of team play where participation, FUN, skills and sportsmanship are emphasized. Teams meet 2-3 times per week for games/practices. Away games involve travel to surrounding cities. Register according to age as of Jan 1, 2025. Registration deadline is Mar 9. Practice begins week of Mar 24. This program is dependent upon volunteer coaches: please call 303-774-3527

Dates:	Mar 24-lat	e June	"Fastpitch"
U8	5-8 yrs	\$87 res/\$108.50 non-res	212210
U10	8-10 yrs	\$104 res/\$130.50 non-res	212211
U12	11-12 yrs	\$115.50 res/\$152.50 non-res	212212
U14	13-14 yrs	\$127 res/\$159 non-res	212214
U18	14-18 yrs	\$140 res/\$175 non-res	212218

#### **Preschool Sports**

Your preschooler will learn the basic fundamentals and mechanics of various sports and meet new friends. The clinics are held indoors and focus on listening, sportsmanship and team work. Please have your child wear tennis shoes and bring water. \*NO class Mar 18-22

3-5 yrs:	10:30-11:15a	m	
Basketball	Tuesday	Jan 7-28	112116-T
	Tuesday	Apr 1-22	212116-T
	Wednesday	Feb 5-26	112116-W
	Thursday	Jan 9-30	112116-R
	Thursday	Apr 5-24	212116-R
Tball	Tuesday	Mar 4-25	212120-T
	Wednesday	Jan 8-29	112120-W
	Wednesday	Apr 2-23	212120-W
	Thursday	Mar 6-27	212120-R
Soccer	Tuesday	Feb 4-25	112126-T
	Wednesday	Mar 5-26	112126-W
	Thursday	Feb 6-27	112126-R
Location:	Longmont R	ecreation Center, 310 Quail	Rd
Fee:	\$40 resident	/\$50 non-resident	
*March Fee:	\$30 resident	/\$37.50 non-resident	

#### **CARA Cross Country Running**

Come run with us in a recreational atmosphere. Practices are coed. Email is used to communicate weather cancellations.

No meets.

"Running"

7-14 yrs:	Mar 31-May 9, Mon/Wed/Fri, 5-6pm	112262-00
Location:	SSR Soccer Fields, 3001 Sandstone Dr	
Fee:	\$27.50 resident/\$34.50 non-resident	



#### **SUMMER CAMPS**

#### **Skyhawks Sports**

Skyhawks provides a safe, fun, non-competitive environment to teach sports to children ages 4 to 14. Summer registration opens February 1. Register early as camp sizes are limited!

Info | Registration: Skyhawks.fun or Supertots.fun

SKYHAWKS SPORTS OFFERED IN SUMMER 2025: Baseball | Basketball | Flag Football | Golf | Soccer Volleyball Tennis | Track & Field | STEM Sports Mini-Hawk (baseball, basketball, soccer)

#### **March 1 Summer Camp Registration**

Beginning in February, check out bit.ly/recreationregistration with the keyword "smrcamp" for our summer camp lineup. From 2-3 day mini-camps, to week-long sports camps, to summer-long day camps, you can find them all online.

Below is a sampling of sports camps coming this summer:

Volleyball Camp | Summer Basketball Camp

Fencing & Jedi Training Camps CARA Track & Field | Skateboarding



#### **ADULT SPORTS LEAGUES**

Sport League registration and rules are available online and at the Longmont Recreation Center, 310 Quail Rd. Sign-up as a free agent! Free agents are individuals who don't have a team but want to play in an adult sports league. Free agents are combined to form a team(s).

\*Split payment Option – Pay half the registration fee when you sign up and the rest of the fee halfway through the season. Split payment option adds \$15 to league pricing. Early Bird Discount – pay early and get a discount, look for before and after dates listed in the description.



winter, spring, summer, and fall on Thursday nights. End of season tournament included. "basketball"

18 & up: Longmont Recreation Center, 310 Quail Rd

Adult 5v5 Winter Dates:	Jan 16-Mar 20; 8 games
Registration Dates:	Dec 2-Jan 6
Winter Team Fee*:	\$480 before 12/24; \$510 after 12/23
Registration Deadline:	1/6; \$15 late fee begins 1/7
Free Agent Fee:	\$64 resident/\$80 non-res 112311

Adult 5v5 Spring Dates: Apr 3-Jun 5; 8 games

Registration Dates:Feb 3-Mar 24Spring Team Fee\*:\$480 before 3/11; \$510 after 3/10Reg Deadline:Mar 24; \$15 late fee begins 3/25Free Agent:\$64 resident/\$80 non-res212311

#### **Plan Ahead**

Adult 5v5 Summer Dates: June 19-Aug 28; 8 games

Registration Dates: Mar 31-June 9

Summer Team Fee\*: TBA – register by May 27 for best pricing

#### **Spring & Summer Softball**

Hey batter, batter! Men's, women's, and coed softball leagues are offered during three seasons at Garden Acres Park. An end-of-season tournament is offered in the summer and fall.

"softball"

Mar 19-May 2; 6 games	
Jan 6-Mar 3	
\$390 before 2/18; \$420 after 2	2/17
:3/3; \$15 late fee begins 3/4	
\$42 res/\$53 non-res	212323
May 7-Aug 1; 10 games	
Mar 14-Apr 21	
\$610 before 4/8; \$640 after 4/	7
: 4/21; \$15 late fee begins 4/22	
\$55 res/\$69 non-res	312323
	Jan 6-Mar 3 \$390 before 2/18; \$420 after 2 :3/3; \$15 late fee begins 3/4 \$42 res/\$53 non-res May 7-Aug 1; 10 games Mar 14-Apr 21 \$610 before 4/8; \$640 after 4/ : 4/21; \$15 late fee begins 4/22



#### **Spring & Summer Coed Kickball**

Adult kickball is wild fun – a sport that athletes of all abilities can play. Play is coed and on Tuesday nights. "kickball"

18 & up: Garden Acres Ball Fields, 2058 Spencer St

Spring Dates: Apr 1-May 27; 8 games

**Registration Dates: Jan 13-Mar 17** 

Spring Team Fee\*: \$380 before 3/4; \$410 after 3/3 Registration Deadline: 3/17; \$15 late fee begins 3/18

Free Agent: \$41 res/\$51.50 non-res 212331

Summer Dates: June 3-Aug 5; 8 games

Registration Dates: Apr 14-May 19

Summer Team Fee\*: \$380 before 5/6; \$410 after 5/5 Registration Deadline: 5/19; \$15 late fee begins 5/20

Free Agent: \$41 res/\$51.50 non-res 312331

## Indoor Volleyball

Play is coed, 4v4, and on Tuesday evenings. Games are participant officiated. Social and competitive division offered. "*volleyball*" 18 & up: Longmont Recreation Center, 310 Quail Rd

Winter Dates: Feb 4-Mar 11; 6 games

Registration Dates: Dec 2-Jan 20

Winter Team Fee: \$135 before 1/7; \$165 after 1/6 Registration Deadline: 1/20; \$15 late fee begins 1/21

Free Agent: \$40 res/\$50 non-res

Spring Dates: Mar 25-May 5; 6 games

Registration Dates: Jan 21-Mar 10

Spring Team Fee: \$135 before 2/25; \$165 after 2/24 Registration Deadline: 3/10; \$15 late fee begins 3/11

Free Agent: \$40 res/\$50 non-res



Play is coed, 4v4, and on Monday evenings. Games are participant officiated. Social and competitive division offered. Summer Plus League includes a tournament and team award.

18 & up: Roosevelt Park, 700 Longs Peak Ave

Summer 1 Dates: Jun 2-Jul 7; 6 games

Registration Dates: Mar 3-May 19

Smr 1 Team Fee: \$135 before 5/6; \$165 after 5/5 Registration Deadline: 5/19; \$15 late fee begins 5/20

Free Agent: \$40 res/\$50 non-res

Summer Plus Dates: Jun 2-Aug 4; 10 games

Registration Dates: Mar 3-May 19

Smr Plus Team Fee: \$245 before 5/6; \$275 after 5/5 Registration Deadline: 5/19; \$15 late fee begins 5/20

Free Agent: \$65 res/\$81 non-res



# **SPORTS**



"Pickleball"

212322

#### **Shotokan Karate**

Shotokan karate training boosts physical fitness, confidence, motor skills, flexibility, speed, concentration, discipline, and personal safety. Classes are led by Sensei Chad Callaghan, a 3rd degree black belt. Affiliated with the International Shotokan Karate Federation. "Karate"

#### **Shotokan Youth and Adult**

7 & up:	Tue & Thurs, 6:40-7:40pm
	On-going monthly sessions
Youth Fee:	\$75 resident/\$93.75 non-resident
Adult Fee:	\$95 resident/\$118.75 non-resident
Instructor:	Sensei Chad Callaghan, Budo Shotokan Karate
Location:	St Vrain Memorial Bldg, 700 Longs Peak Ave

#### **Tae Kwon Do**

This is a traditional Chung Do Kwan style of Tae Kwon Do. All sparring is no-contact. Classes consist of basic techniques (kicks, punches, and blocks), forms or katas, no-contact sparring, and other self-defense techniques.

"Tae"

7 & up:	Jan 3-Mar 14, M/W/Fri, 5:45-7:15pm	147250
***************************************	Mar 17-May 30, M/W/F, 5:45-7:15pm	247250
Fee:	\$130 resident/\$162.5 non-resident	
Instructor:	Jim Goldsmith	
Location:	St Vrain Memorial Bldg, 700 Longs Pea	ak Ave

#### **ADULT SPORTS**

#### **Adult Pickleball Lessons**

16 & up

Sessions:

Location:

Fee:

A combination of badminton, ping pong and tennis is played with a whiffle ball on a short tennis court. Learn rules, techniques and basic strategies. Designed for beginner and advanced beginning players. Equipment provided. Enrollment is done via lottery with entries being notified by email the week before each session.

<b>Indoor Lessons</b>	Wed or Fri, 9-10am or Sun,1-2pm	
	112322   212322	
Sessions:	Jan 5-31   Feb 2-28   Mar 2-28	
Location:	Longmont Recreation Center, 310 Quail Rd	
Outdoor Lessons	Wed or Thurs, 5:30-6:30pm or Thurs, 4:30-5:30pm	

Apr 2-24 | Apr 30-May 29

Hover Pickleball Courts, 1361 Charles St

\$52.25 resident/\$61 non-resident



#### **SENIOR SPORTS LEAGUES**

#### Senior Softball League - ages 50+

Part of the Colorado Senior Softball Association. Metro area Mon & Wed morning games are played April through mid-August. For questions or to participate, call Senior Services at 303-651-8411 for more information.

Senior Softball pre-season meeting: Early March Location: Longmont Senior Center, 910 Longs Peak Ave

#### Senior Volleyball League – ages 50+

The Colorado Senior Volleyball Association begins the Winter Coed Season in January. Matches are played Wednesday afternoons at home and throughout the Front Range. Contact Senior Services at 303-651-8411 for more information.

Practice: Jan-May, Mon, 12:30-2:30pm Location: St Vrain Memorial Bldg, 700 Long Peak Ave

# **DECEMBER** & JANUARY





# ecember 1

Fri, 5-8pm » Roosevelt Park

# cember 14

Sat, 5pm » Parade of Lights on Main Street

## FREE Admission

Longmontcolorado.gov/longmontlights





#### **DEC 20-JAN 6**

Make the most of being home for the holidays with a Holiday Guest Pass. Enjoy unlimited entry during facility open hours to the Longmont Recreation Center, Ice Pavilion, Centennial Pool, Museum, and St Vrain Memorial Building for the passholder and guest(s).

- \$25 Passholder + 1 Guest
- \$45 Passholder + 3 Guests
- \$65 Passholder + 7 Guests

Passholder may be any age and must show proof of ID or have photo on file to use pass. More information at bit.ly/LongmontRecFees at the bottom of the page.

#### **HOLIDAY OBSERVATION DATES:**

DECEMBER 24, Christmas Eve

Recreation Facilities on modified schedules.

DECEMBER 25, Christmas Day Recreation Facilities closed. City Offices closed.\*

DECEMBER 31, New Year's Eve Recreation Facilities on modified schedules.

JANUARY 1, New Year's Day Recreation Facilities closed. City Offices closed.\*

JANUARY 20, Martin Luther King Day

City Offices closed & Recreation Facilities open regular hours.\*

FEBRUARY 17, President's Day

City Offices closed & Recreation Facilities open regular hours.\*

> \*Trash/Recycle/Compost collection may be adjusted due to holidays.

Windows to Wellness

**DECEMBER 8** 

#### REGISTRATION DEADLINE FOR YOUTH BASKETBALL

Team formation is assigned prior to the Jan season start - be sure to register to secure your spot! More information for basketball grades K-12 programs can be found on page 16 or keyword "Basketball". Volunteer Coaches needed! Call 303-774-3527 for more info.

#### JANUARY 1 ZUMBA® FITNESS PARTY

Mon, 1-2:30pm at the Longmont Recreation Center, 310 Quail Rd.

Come IOIN the Party! \$10, recreation passes not valid. no general facility use, doors open at 12:40pm.

# **FEBRUARY**

## FEBRUARY 3 **REGISTRATION BEGINS** FOR LONGMONT



#### FEBRUARY 8

#### WINDOWS TO WELLNESS

Saturday, 9am-2pm at the Senior Center, 910 Longs Peak Ave

#### A Free Event to Learn About Health & Wellness

Come meet local health and wellness experts and try out new ways to feel better! You can get a massage, meet a chiropractor, or try out fun fitness and yoga classes. Start the New Year by exploring what wellness means to you!

What You Can Do:

- » Visit different wellness booths
- » Join free workshops
- » Sign up for mini sessions with wellness practitioners and readers
- » 10-Minute Sessions for Just \$10 (Cash only)

Whether you're curious to learn something new or just want to relax, there's something for everyone. Take the first step to a healthier, happier you!

Practitioners and Vendors Wanted! Call 303-774-4694 or email sam.calhoon@longmontcolorado.gov

# MARCH&APRIL

#### MARCH 3 REGISTRATION OPENS FOR ALL RECREATION SUMMER CAMPS

#### **MARCH 3-24**

#### SPIRIT OF ARBOR DAY TREE SALE

March 3-9: **Lottery Sign Up** 

**Lottery Spin and Notification Email** March 10:

March 17: **Regular Registration** 

Forestry Services coordinates a community tree sale for Longmont residents.

The Arbor Day Tree Sale begins with a lottery March 3-9. View and enter the lottery online at LongmontColorado.gov/forestry or by calling 303-774-4700. Limit of 1 tree per transaction and 1 tree per person, with lottery entrants allowed to select up to two alternates. A variety of trees will be available below wholesale costs for \$50 each. Residents who get a tree via lottery are notified on Monday, March 10, via email. Registration for any available trees reverts to first-come, firstserved at midnight on March 17. Tree delivery takes place the week of April 21.

#### APRIL 5

#### UNDERWATER EASTER EGG HUNT

Saturday, 5-7:30pm at the Longmont Recreation Center, 310 Quail Rd

Calling all Egg Hunters of all abilities to put on your swimsuit and search for Easter Eggs in our pool! Eggs will be distributed throughout the Leisure and/or Lap Pool. A great family activity for all ages to have fun and win prizes.

Register for either the 5pm or the 6:30pm session. Registration opens Mar 3, \$5 per person, passes are not valid.

228001

# Park Shelter Reservations

#### **GOOD TO KNOW:**

Park Shelters are \$75 per day (resident fee) between May 15 and Aug 14 unless otherwise noted.

Featured shelters are listed; a full list is available online at bit.ly/park-shelters. Shelter reservations of 2 hours or more are free November through March. Shelter reservations of less than 2 hours are first-come, first-serve November-March. If longer, call 303-651-8443.

A Use of Public Places (UOPP) Permit is required when park/park shelter use includes any of the following:

- » Uses amplified sound
- » Invites the Public
- » Involves a charge or donation to attend
- » Modifies the site i.e. bringing in tents, tables, stage, etc
- » Includes alcohol

A UOPP permit application is available online at <a href="bit.ly/LongmontUOPP">bit.ly/LongmontUOPP</a>. Questions about the UOPP process? City Clerk's Office: 303-651-8649

#### **Discover More with Park Finder**

Longmont has more than 40 parks that offer a wide variety of settings and experiences. Whether you're looking for an active adventure or a peaceful place to relax, visit bit.ly/parkfinder to discover the best park for you.

#### **Featured Shelters-Northwest**

#### Loomiller Park

This park offers a 9-hole disc golf course, a new playground as well as two sheltered picnic areas with a BBQ pit.

#### Flanders Park - McIntosh Lake (north)

Volleyball court, combination basketball/roller hockey court, playground, shelter and a picnic with a BBQ pit, and capability for fishing and watercraft activities (no swimming).

#### Dawson Park - McIntosh Lake (south)

Two tennis courts, volleyball court, pirate-themed playground, two shelters, one restroom attached to the eastern shelter, capability for fishing and watercraft activities (no swimming).

#### **Hover Acres Park**

This park has a shelter, playground, pickle ball and volleyball courts, basketball court, as well as a multi-use field and crawdad exploration area. Closed for renewal in fall 2025.

#### **Loomiller Park**

This park offers a 9-hole disc golf course, a new playground as well as two sheltered picnic areas with a BBQ pit.

#### **Garden Acres Park**

A team sports facility including ball fields, multi-use fields, cricket pitch, shelter, newer playground, and public batting cages.

#### **Featured Shelters-Downtown**

#### Roosevelt Park - Shelter & Large Pavilion

"Old Stone" shelter near west playground, restrooms and multiuse field. Memorial Rose Garden and large covered Pavilion available for special event rentals. Seasonal activity pool.

#### **Thompson Park**

Two new shelters with picnic tables, restroom, and updated playground. Multiple trees provide shade during the warmer summer months. Walking tree tour.

#### Collyer Park

Two tennis courts, a volleyball court, restroom, train-themed playground and two shelters with BBQ grills. Multiple trees provide shade during the warmer summer months.

#### Featured Shelters-Southwest

#### Willow Farm Park -

Barn, Shelter & Playground Barn: \$125 per 4-hr time block plus \$250 building deposit; deposit is refundable when keys are returned and the condition of the building is good. Inside barn capacity is 35. Limited parking spaces. Outdoor shelter: located on West end of park.

#### **Left Hand Park**

Two shelters, playground, restroom, basketball courts, sand volleyball court, roller hockey court and multi-use fields.

#### **Kanemoto Park**

Two shelters near historic Tower of Compassion structure. Newer playground close to seasonal activity pool and restrooms. Outdoor fitness stations. Basketball court and sand volleyball court.

#### **Clover Meadows Park**

New for 2025. A shelter with close access to a new playground, bicycle skills course, sand play and restroom. Public apple orchard (planting spring 2025).

#### **Blue Skies Park**

A shelter, sand volleyball court, basketball court, skate park, roller hockey court and flightthemed playground. Off leash dog park on site.

#### **Featured Shelters-Northeast**

#### **Stephen Day Park**

Two shelters with playground, picnic tables and grills. Amenities include a skate park, courts for sand volleyball and basketball, an all-ages seasonal water-spray area and off leash dog park.

#### Rough and Ready Park

Two shelters near playground and skate park. Courts available for bocce ball, horseshoe tossing, sand volleyball and basketball. BBQ grill at small shelter. Limited parking spaces. There is also a crawdad exploration area and an off-leash dog park.

#### **Lanyon Park**

Available at this park are three baseball fields, a basketball court, two shelters with BBQ grills, a restroom and a playground.

#### Jim Hamm Nature Area

A spacious walking path surrounds this westward facing park, which includes a shelter area with picnic tables and a grill, a bird blind structure for observation and interactive pergola, restroom and a children's natural play area.

#### **Featured Shelters-Southeast**

#### **Kensington Park**

This park has a shelter, playground, a restroom, picnic and BBQ area and a basketball court. A new perennial garden was installed in 2023.

#### **Rothrock Dell Park**

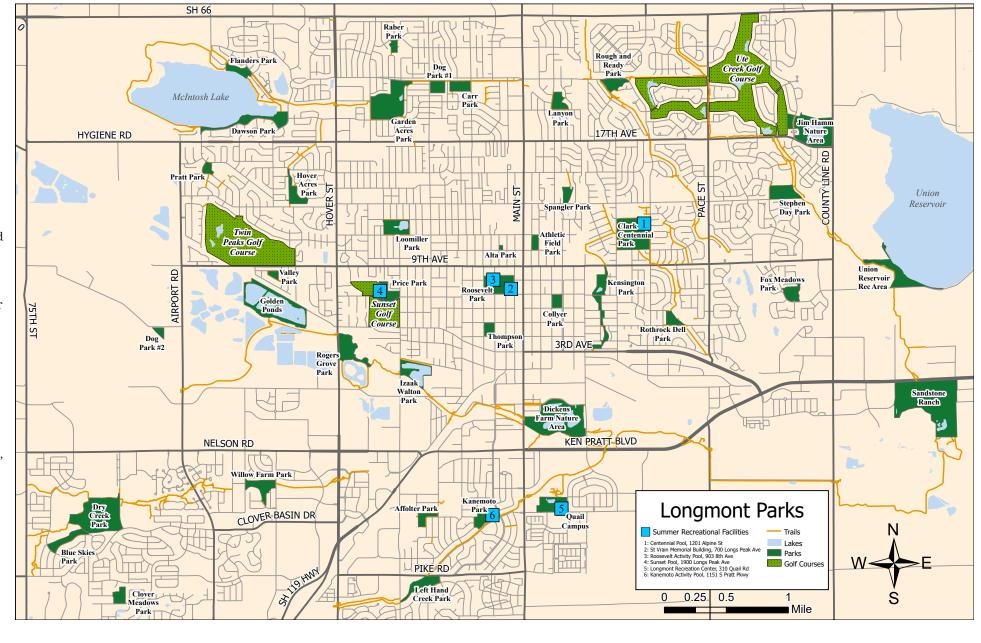
This park includes a baseball field, basketball court, roller-hockey court, restroom, playground and shelter with picnic area.

#### **Sandstone Ranch**

Four baseball fields, multi-use fields with lights, an adventure playground area, skate park, reservable shelters. E4 is on the east side of the playground near seasonal water spray area, E5 is on the west side of the playground. E3 at the playground with the restrooms is not rentable. Large E2 shelter with multiple grills on the southeast side of the park near small playground and sand volleyball court is \$125 per 4-hour block.

#### Fox Meadows Park

New in 2025. Trails, nature-themed playground, picnic shelters, a restroom, 1/2 basketball court, bocce grove, chess table, and open turf area.





# GROUP FITNESS CLASSES INCLUDED WITH PASSES OR DAILY DROP IN FEE

#### **Benefits of Group Fitness**

- » Find motivation and inspiration
- » Accountability
- » Social interaction
- » Variety
- » Expert guidance from certified instructors

# With over 120 weekly classes, there is something for everyone

- » Cardio: kickboxing, Zumba®, Nia, step
- » Strength: sculpt & tone, bootcamp, cycle & strength
- » SilverSneakers® Classes: classic, circuit, yoga, splash, stability, enerchi

» Aqua Fitness: lazy river classes, aqua power, deep water, aqua Zumba®

» And MUCH MORE!



Get the schedule & class descriptions

Visit <u>www.longmontcolorado.gov/fitness</u> or see facility for printouts.

No Regular Fitness Classes: Tues, Dec 24 | Wed, Dec 25 | Modified on Tue, Dec 31, Wed, Jan 1 | Sun, Apr 20 | Mon, May 26



**St Vrain Memorial Building** 700 Longs Peak Ave 303-651-8404 Centennial Pool 1201 Alpine St 303-651-8406 Longmont Recreation Center 310 Quail Rd 303-774-4800

Sunset Pool - seasonal 1900 Longs Peak Ave 303-651-8300



#### SILVERSNEAKERS® & RENEW ACTIVE™ PROGRAMS

Designed for Medicare participants with select insurance plans. Both programs include use of facility amenities and group fitness classes with unlimited daily admission at the Longmont Recreation Center, Centennial Pool, and the St Vrain Memorial Building. Both programs are also valid for admission for the SilverSneakers® classes held at the Senior Center. To find out more, call 303-774-4800 or stop in at the Longmont Recreation Center and get signed up!





One Pass

#### **Facility Orientations**

Facility orientations for SilverSneakers® and Renew Active participants involve a facility tour and an overview of the fitness equipment.

Days/Times: Dec 5, Jan 2, Feb 6, Mar 6, Apr 3, May 1, Thurs, 9am

Dec 19, Jan 16, Feb 20, Mar 20, Apr 17, May 15, Thurs, 2pm

Longmont Recreation Center, 310 Quail Rd Location:

Fee: FREE, however preregistration is required, keyword "silver"

#### SilverSneakers® Fitness Classes

Choose from these 45 to 60 minute classes geared specifically for the unique fitness needs of older individuals. Class descriptions and schedule of classes are available online and at Recreation facilities.

SilverSneakers® Classic SilverSneakers® Circuit SilverSneakers® Cardio SilverSneakers® Yoga SilverSneakers® Stability SilverSneakers® Splash

SilverSneakers® Enerchi Please be sure to check the location of your class.

Insurance or insurance benefits changing in Jan 2025?

Be sure to stop by at the front desk to check and verify your insurance fitness benefit, and update waivers and your contact information on file so that we can process the correct pass for you.

**Lunch & Learns** Join Recreation instructors as they discuss different topics.

> Tues, noon-1pm Dec 10, Jan 14, Feb 11, Mar 11, Apr 8, May 13

Keyword "lunch" Fee: Free for SilverSneakers®

& Renew Active<sup>TM</sup> members

Location: Senior Center, 910 Longs Peak Ave

#### INDIVIDUALIZED CUSTOM TRAINING

#### **Personal Training**

Training can include core and balance training, basic weight training, muscle building and cardiovascular training tailored to your personal needs with a certified personal trainer or nutrition assessments and plans with a registered dietician. Call the Longmont Recreation Center at 303-774-4700 for more information. Days and Times by appointment. One hour sessions.



Session Fees:	Private	Semi-Private	
1 session	\$59 res/\$74 nr	\$72 res/\$90 nr	
5 sessions	\$260 res/\$325 nr	\$330 res/\$413 nr	
10 Sessions	\$450 res/\$562 nr	\$590 res/\$737 nr	

#### **Body Composition** with the InBody 270

Go beyond the scale with the InBody Test, a non-invasive body composition analysis. Call 303-774-4752 for more information and to schedule. The fifth session is FREE!

Single Session: \$20 extended pass-holders/ \$25 Location:

310 Quail Rd







#### **TRX Free Orientation**

Join us for a free orientation to familiarize yourself with the TRX straps and prepare to take TRX classes. Must take an orientation or have taken a TRX class in order to drop in the ongoing sessions.

"TRX"

14 & up:	up: Mon, 10-10:30am or Wed, 6:45-7:15pm  Dec 9/11   Jan 13/15   Feb 10/12 123500	
	Mar 10/12   Apr 14/16   May 12/14	223500
Location:	St Vrain Memorial Bldg, 700 Longs Peak Ave	
Fee:	Free, but must pre-register	

#### **TRX**

TRX is a distinct training system that uses your own body weight and gravity as resistance. This training system is unique, simple to perform, but challenging as every movement requires balance and core strength. A great supplemental workout or a standalone program for every fitness level. Attend a TRX orientation before this class. "TRX"

16 & up:	Mon & Wed, 9-10am		
-	or Thurs, 12-1pm	123512	213512
Location:	St Vrain Memorial Bldg, 700 Longs Peak Ave		

Daily Fee: \$7 resident/\$8.75 non-resident

#### **Nia Dance Party**

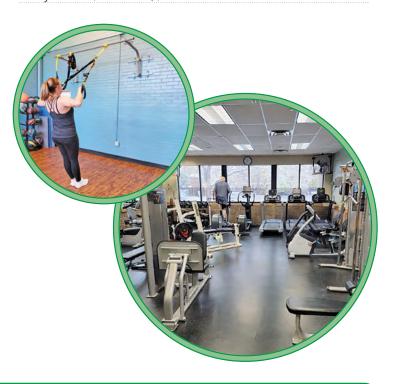
Come share in the JOY of moving with us. Great Music and lots of fun. No Experience needed.

14 & up:	Friday, 5:45-7pm	"Nia"
	Dec 13   Feb 7	413812
	Apr 4   May 23	113812
Instructor:	Jackie and Marty Diner	
Location:	Longmont Recreation Center	
Fee:	\$8 resident/\$10 non-resident	

#### **TRX Yoga**

TRX Yoga is the ultimate fusion of fitness and yoga, made stronger with the use of  $TRX^{\circledast}$  Suspension Trainer. Putting the straps into practice builds a strong foundation of alignment feedback during poses, while also building strength, mobility, core stability and overall confidence through the repetition of movement with breath. "TRX"

16 & up:	Wed, 12-1pm	123516   223516
Instructor:	Helene Pronk	
Location:	St Vrain Memorial Bldg, 700 L	ongs Peak Ave
Daily Fee:	\$8 resident/\$10 non-resident	





## BECOME A FITNESS INSTRUCTOR

Do you have a passion for fitness? Are you an upbeat and positive person that loves helping people achieve goals? Come be part of a team that loves to motivate and inspire people to be active and healthy.

Contact Carla at 303-774-4752 or Carla.Mathers@longmontcolorado.gov for more information about getting started teaching fitness classes for our community.



#### **ON-GOING YOGA OFFERINGS**

Pre-registration is required. December, January, & February codes begin with a "1". March, April, and May begin with a "2". Classes are offered on an on-going weekly basis unless otherwise noted. Custom dates available online.

#### Alignment-Gateway to the Heart of Yoga

Gravity, poor posture and stress can pull us physically and emotionally off center and into discomfort. Clear instruction in alignment aimed at spine and joint health, can improve posture and well being. Personalized attention will guide you towards greater strength, flexibility, and balance. Beginning and continuing students welcome. "yoga"

16 & up:	Monday, 12:30-1:45pm	143117	243117
Instructor:	Gwyn Cody		
Location:	Lashley St Station, 1200 Las	hley St	
Daily Fee:	\$15 resident/\$18.75 non-res	ident	



This class is designed for all stages of pregnancy. Enjoy a uniquely tailored yoga class to strengthen, stretch, and nourish the pregnant body. Movement is created to support the rapidly changing pregnant body, as well soothe and alleviate the common discomforts of pregnancy. "yoga"

16 & up:	Monday, 5-6:15pm	143144   23144
Instructor:	Jessica Fawcett	
Location:	Longmont Recreation Center, 310 Quail Rd	
Daily Fee:	\$18 resident/\$22.50 non-reside	ent

#### Resilient Hatha Yoga

This class is designed to mindfully move your body in multiple planes, using your skill, strength and good judgment to emphasize flexibility and strength. Practice using your breathing more consciously to support your movements and to increase enjoyment of your life. "yoga"

Lashley St Station, 1200 Lashley St	





#### **Toddler and Me Yoga**

For mamas/caregivers and little ones who are mobile and want to explore the world with their bodies. Movement is a blend between postpartum focused recovery and strengthening as well as playful fluid movement beneficial for all ages and stages of life. "yoga"

16 & up:	Wed, 10-11am	143145   243145
Instructor:	Jessica Fawcett	
Location:	Lashley St Station, 1200 Lashley St	
Daily Fee:	16 resident/\$20 non-resident	

#### Baby and Me Yoga

This class is for mamas/caregivers and babies who are not yet "mobile" and are at least 6 weeks postpartum/6 weeks old. Focus mainly on postpartum recovery. Includes time at the end of each class for baby movement and massage, as well as a sweet savasana for all. "yoga"

16 & up:	Wed, 11:15am-12:15pm	143146   243146
Instructor:	Jessica Fawcett	
Location:	Lashley St Station, 1200 Lashley St	
Daily Fee:	\$16 resident/\$20 non-resident	t

#### Yoga Therapy

Explore yoga using principles of breath, sensation and observation. Foundational posture "Asana" allowing body, mind into peace and harmony with the perspective of promoting flexibility and mindfulness. Pranayama and meditation are also integrated with the structural therapeutic values of this class. Enjoy! "yoga"

16 & up:	Thursday, 9-11am	143142   243142
Instructor:	Shar Lee	
Location:	Lashley St Station, 1200 Lashley St	
Daily Fee:	\$18 resident/\$22.50 non-re	esident



#### **ON-GOING YOGA OFFERINGS**

#### **Gentle Yoga**

This All-level Gentle Vinyasa yoga is practiced at a moderate pace with props and modifications for comfort and individual growth. An excellent option to improve balance, posture, strength, flexibility, and wellbeing.

#### "yoga"

Friday, 9:30-10:45am	143133   243133
Urszula Bunting	
Lashley St Station, 1200 Las	hley St
\$15 resident/\$18.75 non-res	ident
	Urszula Bunting Lashley St Station, 1200 Las

#### **Sunday Morning Yoga**

From the first morning you'll sense a difference in your flexibility, strength, integration, sense of ease. Gentle lying, sitting, and standing sequences move with breath. Develop an intimate and bigger perspective. Hone awareness; find delight in body & mind. "yoga"

16 & up:	Sunday, 9:30-10:45am	143171   243171
Instructor:	Katharine Kaufman	
Location:	Lashley St Station, 1200 L	ashley St
Daily Fee:	\$15 resident/\$18.75 non-r	esident

#### **SPECIALTY YOGA**

#### **Holiday Tea and Yoga**

Slow down, relax, and restore balance during this holiday season with gentle and restorative yoga poses, breathing, and mindfulness. Experience visualization, art meditation, sound healing, candlelight, and enjoy holiday tea and healthy treats. No yoga experience is necessary. Invite a friend or family to create a deeper connection.

14 & up:	Dec 7, Sat, 3-5pm	143300
Instructor:	Urszula Bunting	
Location:	Lashley St Station, 1200 Lashley St	
Fee:	\$45 resident/\$56.25 non-resident	

#### Intro to Yoga

Curious about yoga? In this 6 weeks series, develop a strong foundation through standing, seated and lying down yoga poses. Explore body alignment and breath work while improving mobility, balance, posture and well being in a safe, supportive environment.

16 & up:	Jan 30-Mar 6, Thurs, 5:30-6:30pm	143111
Instructor:	Kim Nicks	
Location:	Longmont Recreation Center, 310 Quail	Rd
Fee:	\$60 resident/\$75 non-resident	

#### Friday Night Restorative Yoga

Once a month, Friday night Restorative Yoga (usually on the first Friday of each month). Experience deep relaxation with restorative yoga poses, props, Tibetan bowls, candlelight, soft music, and gentle guidance from an experienced yoga teacher. Bring a yoga mat and two blankets.

16 & up:	Friday, 6-7:30pm	
	Dec 13 443155   Jan 10, F	<b>eb</b> 7 143155
	Mar 7, Apr 4, May 2	243155
Instructor:	Urszula Bunting	
Location:	Lashley St Station, 1200 Lash	ley St
Fee:	\$25 resident/\$31.25 non-resid	lent

#### **Yoga for Improved Pelvic Floor Performance**

You don't have to be a mom to suffer from poor pelvic floor performance. Practicing yoga is a great way to improve and maintain pelvic floor health. We'll go beyond Kegels and explore other ways to strengthen and balance your pelvic floor muscles.

18 & up:	Mar 27-May 1, Thurs, 4-5pm	243114
Instructor:	Helene Pronk	
Location:	St Vrain Memorial Bldg, 700 Longs Pe	eak Ave
Fee:	\$60 resident/\$75 non-resident	

#### **Define Your Purpose for 2025**

Do you want to create change in 2025? Come to this three-hour workshop to relax your body, focus your mind, and use mindful activities to set clear intentions and create achievable goals. Enjoy tea, healthy snacks, gentle guidance from an experienced instructor, and support from other attendees.

16 & up:	Jan 25, Sat, 2:30-5:30pm	143192
Instructor:	Urszula Bunting	
Location:	SSR Visitor Center, 3001 Sandstone Dr	
Fee:	\$55 resident/\$68.75 non-resident	

#### Tai Chi: Moving for Better Balance

One of the most effective programs for fall prevention! Commit to 12 weeks, once a week, and improve balance, confidence, gait, coordination, and overall health and wellbeing. This program is based on eight forms derived from the traditional Tai Chi Yang style. \*No class 3/18. "Tai Chi"

18 & up:	Jan 14-Apr 8, Tue, 2-3pm	143251
Instructor:	Urszula Bunting	
Location:	St Vrain Memorial Bldg, 700 Lo	ng Peak Ave
Fee:	\$115 resident/\$143.75 non-resid	lent



#### **Breathwork Healing Session**

Clear energy blockages, boost the immune system and balance the body. This 60 minute guided meditation session induces heart coherence with a variety of breathing techniques, visualizations, mantras and music. "healing"

15 & up:	Tuesday, 12:15-1:15pm	
	Dec 10, Jan 14, Feb 11	143127
	Mar 11, Apr 29, May 20	243127
Instructor:	Elise Milam	
Location:	Lashley St Station, 1200 Lashley St	
Fee:	\$30 resident/\$37.50 non-resident	

# Deep Play: The Art of Improvisational Moving

In Deep Play, moving can be restful, explorative, dynamic, and anything can happen! Cultivate awareness and community. Follow your own delight. Dance or theater background is not required. "play"

18 & up:	Saturday, 1-2:15pm	143194   243194
	Feb 8, Mar 15, Mar 29, Apr 5,	Apr 26
Instructor:	Katharine Kaufman with Joan	Bruemmer
Location:	Lashley St Station, 1200 Lashle	ey St
Daily Fee:	\$15 resident/\$18.75 non-reside	ent

#### **Birth Education Series**

Learn information complimentary to hospital birth education courses. Register for all three for a discount or select individually. See online for more details of each class. "birth"

16 & up:	Thurs, 5:30-7:30pm	143148
Feb 20	Health, Wellness and Best Practices is	n Pregnancy
Mar 20	Labor & Birth Comfort Measures	
Apr 17	Newborn Care and Planning for the l	Postpartum
Instructor:	Jessica Fawcett	
Location:	Izaak Walton Clubhouse, 18 S Sunset	
Daily Fee:	\$120 resident/\$150 non-resident	

#### **Women on Weights**

New to weight training or getting back into it after a long hiatus?
This small group training program is designed to help you get comfortable in the weight room, teach you how to use the equipment, and get the most out of your workout.

16 & up:	Tuesday, 1:15-2:45pm	
	Jan 7-Feb 4   Feb 11-Mar 11	143112
	Mar 25-Apr 22   Apr 29-May 27	243112
Instructor:	Shantel Wheaton, CPT	
Location:	Longmont Recreation Center, 310 Qu	uail Rd
Fee:	\$80 resident/\$100 non-resident	

#### **Essentrics w/ Kim**

Increase mobility, flexibility, and range of motion. Barefoot, low impact. Get your metabolism going while increasing lymph and blood flow throughout the body. Feel increased energy while improving posture, balance and strength. A great addition to your fitness goals. Join us! "Kim"

16 & up:	Thurs 9-10am	
On-going we	eekly offerings	113922   213922
Instructor:	Kim Zimmer	
Location:	St Vrain Memorial E	lldg, 700 Longs Peak Ave
Daily Fee:	\$15 resident/\$18.75	non-resident

#### **Tai Chi: 37 Posture Yang Short Form**

Tai Chi is a mind-body exercise utilizing slow, relaxed movement, a quiet mind and deep, natural breathing that stimulates the flow of chi (intrinsic energy). For people who have some Tai Chi experience. "tai chi"

18 & up:	Mon, 11am-12pm	143125   243125
Instructor:	Barb Larsen	
Location:	Izaak Walton Clubhouse, 18 S	Sunset St
Daily Fee:	\$7 resident/\$8.75 non-resident	İ

#### **Mat Pilates**

Pilates is an effective form of low impact exercise that builds core strength, tones the entire body, improves flexibility and posture. Class focuses on core stability, balance, precision and control using your own bodyweight for resistance while adding challenge with progressions and props.

\*No August classes. "pilates"

15 & up:	Tue, 1:30-2:30pm	143126	243126
Instructor:	Elise Milam		
Location:	Lashley St Station, 1200 Lashle	ey St	
Daily Fee:	\$20 resident/\$25 non-resident	104	
			N AND AND AND

#### **Seniors on Weights**

This small group program, taught by a certified personal trainer, is designed for seniors to get comfortable in the weight room, learn to use the equipment and properly warm up/cool down for safe execution of the strengthening exercises. \*see online for modified schedule.

55 & up:	Tues & Thurs, 10:30am-12pm		
	Dec 3-26*  Jan 7-30   Feb 4-27	113303	
	Mar 4-27   Apr 1-24   May 6-Jun 3	213303	
Instructor:	Kenya Taylor, CPT		
Location:	St Vrain Memorial Bldg, 700 Longs Peak Ave		
Fee:	\$130 resident/\$162.50 non-resident		



# THERAPEUTIC RECREATION



**The SCOPE** (Supportive, Captivating, & Original Programs & Experiences) This Program encourages people of all abilities to participate in recreational programs and activities. The mission of SCOPE is to provide specialized support and recreational opportunities to people with disabilities. Our vision is to enrich lives and create experiences that are memorable, empowering, fun and safe for all participants.

Ariana Heter, Therapeutic Recreation Coordinator | ariana.heter@longmontcolorado.gov | 303-651-8907

#### **SCOPE: Basketball**

A developmental program teaching basketball fundamentals such as dribbling, shooting, and passing for athletes. There is an opportunity to compete at the Special Olympics competition. All levels of play are welcome.

No practice on Jan 20 or Feb 17. "SCOPE"

**8-15: Jan 7-Mar 11, Tues, 6-7pm** 149111 Youth Location: Longs Peak Middle School, 1500 14th Ave

**16 & up: Jan 6-Mar 17, Mon, 6:15-7:15pm** 149111 Adult Location: St Vrain Memorial Bldg, 700 Longs Peak Ave

Fee: \$20 resident/\$25 non-resident

#### **SCOPE: Assisted Swimming**

Swimming for individuals requiring personal assistance in the pool. Space is limited - register early! Parent/Guardian required to assist swimmer in pool. "SCOPE"

8 & up:	Jan 17-May 16, Fri, 5-6pm	149112
Location:	Centennial Pool, 1201 Alpine St	
Fee:	\$45 resident/\$56 non-resident	

#### **SCOPE: Independent Swimming**

Swimming for individuals who are able to swim the length of the pool, 25 yards, without stopping and without assistance. Space is limited; register early! "SCOPE"

8 & up:	Feb 6-Jun 12, Thurs, 6:30-7:30pm	149113
Location:	Longmont Recreation Center, 310 Quail	Rd
Fee:	\$45 resident/\$56 non-resident	

#### **SCOPE: Movie Night**

Join in for some move night fun! Popcorn, light refreshments, and great company! All movies will be PG-13. "SCOPE"

8 & up:	Mondays, 5-7pm	
	Jan 6   Feb 3	149500
	Mar 3   Apr 7   May 5	249500
Location:	Longmont Senior Center, 910 Longs Peak Ave	
Fee:	\$15 resident/\$19 non-resident	



#### **SCOPE: Community Outing**

Join SCOPE for a day out in the community! This program provides the opportunity to develop a variety of important social and life skills, find new hobbies and interests, and have fun connecting with others in a new environment! "SCOPE"

8 & up:		
Longmont	Museum & Lunch: Jan 10, Fri, 10am-1pm	149508
Colorado S	State Women's Basketball vs. Fres Feb 19, Wed, 5-9:30pm	<b>no State:</b> 149508
TopGolf:	Mar 4, Tues, 9:30am-12pm	249502
Happy Day	y Plants: May 27, Tues, 10am-12pm	249502
Meet at:	St Vrain Memorial Bldg, 700 Long	s Peak Ave
Fee:	Price Varies by date, \$12-\$56 resident	

#### **SCOPE: Track & Field**

Longmont Lynx Track & Field Team offers instruction and training in Special Olympics Athletics events for competition. Practices are outside. "SCOPE"

12 & up:	Mar 8-May 10, Sat, 10:30-11:30am	249114
Location:	Altona Middle School, 4600 Clover Ba	sin Dr
Fee:	\$20 resident/\$25 non-resident	

#### **SCOPE: Fitness**

Join us for a fun-filled, inclusive exercise experience that celebrates the unique abilities and strengths of every individual on their journey toward a healthier and happier lifestyle. Registration is per class "SCOPE"

12 & up:	Mar 3-May 19, Mon, 4-5pm	249511
Location:	St Vrain Memorial Bldg, 700 Long	s Peak Ave
Daily Fee:	\$7 resident/\$9 non-resident	

#### **SCOPE: Arts & Crafts**

It's time to get those creative muscles moving! Join SCOPE for a variety of creative expressions! All materials are provided. All abilities are welcome.



8 & up:	Tue, 5-6 pm	Jan 14   Feb 11	149202
	Tue, 5-6pm	Mar 11   Apr 8   May 13	249202
Location:	Longmont Se	enior Center, 910 Longs Pea	k Ave
Fee:	\$15 resident	/\$19 non-resident	

# THERAPEUTIC RECREATION



#### **SCOPE: Kite Flying**

Join us at Dickens Farm Nature Area for kite flying! It's a great way to practice mindfulness, be in the beauty of nature, focus on socializing, and get some exercise. We supply the kites or bring your own!



"SCOPE"

12 & up:	Tues, 4-5pm	249512
	Mar 25   Apr 22	2   May 27
Location:	Dickens Farm N	ature Area, Boston Ave
Daily Fee:	\$7 resident/\$9 n	on-resident

#### **SCOPE: Line Dance**

Adaptive line dance makes dance for everyone! No prior dance experience required. Inclusive movement for standing or seated participants. Come out and enjoy line dance with Two Left Boots! "SCOPE"

10 & up:	1st & 3rd Wed, 4-5pm		
	Dec 4   Dec 18   Jan 15 Feb 5   Feb 19	149513	
	Mar 5   Mar 19   Apr 2   Apr 16 May 7   May 21	249513	
Location:	Izaak Walton Clubhouse, 18 S Sunset		
Fee:	\$7 resident/\$9 non-resident		

#### **SCOPE: Bowling**

This program is designed to give each participant with special needs an opportunity to continue a leisure activity skill that provides fun and excitement for years to come. Participants should have a basic knowledge of bowling, no instruction is given. An additional fee of \$2.00 is collected from each bowler per week for Centennial Lanes.



"SCOPE"

12 & up:	Jan 9-Feb 27, Thurs, 3-4pm	149100
	Mar 6-May 1, Thurs, 3-4pm	249100
Location:	Centennial Bowling, 110 E 9th Ave	
Fee:	\$20 resident/\$25 non-resident	

#### **SCOPE: Parties**

Join SCOPE for a party every month! Light refreshments provided.

8 & up:	Wed, 5-6p	m	
	Jan 15:	Uno Party	149520
	Feb 22:	Karaoke & Dance	149520
	Mar 26:	St Patrick's Day	249520
	Apr 23:	<b>Board Game Night</b>	249520
	May 21:	Spring Fling Dance	249520
Location:	Izaak Walt	on Clubhouse, 18 S Sunse	t
Fee:	\$16 reside	nt/\$20 non-resident	

#### **SCOPE: Sing for Joy!**

Come sing your favorite songs with Barbara Jo and let the magic of singing with others light up your being from head to toe! No experience necessary, just a desire to have a bunch of fun! Barbara Jo will bring her bells and percussion instruments! \*Care assistants are required to attend with persons with severe physical or emotional needs. "SCOPE"

10 & up:	Fri, 4-5pm	
	Jan 3   Jan 17   Feb 7   Feb 21	149516
	Mar 7   Mar 21   Apr 4   Apr 18	
	May 2   May 6	249516
Instructor:	Barbara Jo Kammer	
Location:	Longmont Senior Center, 910 Longs	Peak Ave
Fee:	\$7 resident/\$9 non-resident	

#### **SCOPE: Drumming For All**

This all-inclusive Drumming class unites us with one common thread - The Love of The Beat! Drumming can provide many benefits, including increased focus, memory, tension reduction, anxiety, and stress. It's also just plain fun! No experience or musical background is required. Equipment provided. "SCOPE"

12 & up:	Thurs, 1:30-2:30pm	
	Jan 2   Jan 16   Feb 6   Feb 20	189604
	Mar 6   Mar 20   Apr 3   Apr 17	289604
Instructor:	Djembe Jive LLC	
Location:	Lashley St Station, 1200 Lashley St	
Fee:	\$18 resident/\$22.50 non-resident	

The Athlete Leadership University (ALU) is a two-year learning experienced designed for Special Olympics Colorado athletes. ALU teaches athletes leadership skills to create meaningful change in their community. With the support of volunteer mentors, athletes complete core leadership courses then select a specific major to study.

Longmont native, Ethan Newby, has enrolled in ALU with a major in Sport Leader. Ethan is being mentored by his swim coach and stepfather, Calvin Kein. As a Sport Leader in Special Olympics, Ethan can support athletes as they achieve their maximum potential through coaching, officiating, and other roles.

Ethan was 10 when he joined SCOPE swimming and basketball. He has been competing in Special Olympic sports since. He enjoys bowling, basketball, and swimming. Ethan plans to expand his athletic career to track and field as well as tennis.



# **GENERAL INTEREST**

#### **DANCE**

#### **Tiny Tutus**

This class is a wonderful introductory dance experience for the very young student. Creative movement and basic technique will provide confidence, coordination, strength and fun! Students are asked to wear ballet shoes and appropriate dress. \*No class Mar 21. "tutus"

3 yrs:	Jan 10-Mar 7, Fri, 9-9:45am	144500
	Mar 14-May 16, Fri, 9-9:45am	244500
Location:	Dance Dimensions, 638 Main St	
Fee:	\$135 resident/\$168.75 non-resident	

#### Pre-Ballet & Tap

This class will introduce students to the basic techniques of tap and ballet, as well as rhythm and coordination. Tap shoes and ballet shoes are necessary, as well as appropriate apparel.

\*No class Mar 21.

"ballet"

4-5 yrs:	Jan 10-Mar 7, Fri, 10:45-11:30am	144501
	Mar 14-May 16, Fri, 10:45-11:30am	244501
Location:	Dance Dimensions, 638 Main St	
Fee:	\$135 resident/\$168.75 non-resident	

#### **Pre-Ballet & Tumbling**

A highly recommended, energetic class for the beginning of dance technique for the young student. Basic tumbling, ballet technique and creative movement will be the emphasis of this class. Ballet shoes and appropriate attire needed for class. \*No class on Mar 21. "ballet"

4-5 yrs:	Jan 10-Mar 7, Fri, 9:50-10:35am	144502
	Mar 14-May 16, Fri, 9:50-10:35am	244502
Location:	Dance Dimensions, 638 Main St	
Fee:	\$135 resident/\$168.75 non-resident	

#### **Beginning Ballet**

Beginning ballet classes
prepare students to continue
recreationally or enter our
Ballet Program. Through
imaginative play and dance,
students learn the joy of dancing
with correct alignment, knowledge
of vocabulary and freedom of move

of vocabulary, and freedom of movement.		"ballet"
5-7 yrs:	Jan 10-Mar 14, Fri, 4:45-5:45pm	144655
8-10 yrs:	Jan 6-Mar 10, Mon, 4-5pm	144655
Fee:	\$215 resident/\$268.75 non-resident	
5-7yrs:	Mar 28-May 2, Fri, 4:45-5:45pm	244655
8-10 yrs:	Mar 24-Apr 28, Mon, 4-5pm	244655
Fee:	\$129 resident/\$161.25 non-resident	
Location:	Centennial State Ballet School, 350 Te	rry St

#### **Lil Dancing Dynamites**

Do you have a little one that LOVES music and can't sit still when they hear the rhythm? Then this is the class for them! Come and enjoy this high energy, introductory class to various styles of music and dance. \*No class Mar 19. "dynamites"

4-6 yrs:	Jan 8-Mar 5, Wed, 4:30-5:15pm	144503
	Mar 12-May 14, Wed, 4:30-5:15pm	244503
Instructor:	Dance Dimensions	
Location:	St Vrain Memorial Bldg, 700 Longs Pe	ak Ave
Fee:	\$135 resident/\$168.75 non-resident	

#### **Kids Hip Hop**

This class is the perfect one of those energetic young dancers who love to move. A fun and easy-paced experience! This is a great introduction to dance for BOYS! Inexpensive white soled tennis shoes not worn on the street are required.

\*No Class on Mar 19.

"hip"

6-8 yrs:	Jan 8-Mar 5, Wed, 5:30-6:15pm	144602
	Mar 12-May 14, Wed, 5:30-6:15pm	244602
Location:	St Vrain Memorial Bldg, 700 Longs Pe	ak Ave
Fee:	\$135 resident/\$168.75 non-resident	

#### **Ballet and Tap Combo**

A fun and engaging introduction to ballet and tap through music and play. "ballet"

3-4 yrs:	Jan 7-Mar 11, Tue, 4-5pm	144621
	Jan 11-Mar 15, Sat, 9:30-10:30am	144621
Fee:	\$215 resident/\$268.75 non-resident	
3-4 yrs:	Mar 25-Apr 29, Tue, 4-5pm	244629
	Mar 29-May 3, Sat, 9:30-10:30am	244629
Fee:	\$129 resident/\$161.25 non-resident	
Location:	Centennial State Ballet School, 350 Ter	ry St

#### **Youth Breakin' Dance Class**

Calling all B-Boys, B-Girls and Breakers! Learn Hip Hop culture and dance, including top rocks, footwork, freezes, cyphers, and battling in this new class. A space for all identities and abilities. Contact mimi@dandelionartscollective.org for any support, including financial. \*No class 2/17 or 4/28

7.5 - 11 yrs:	Jan 27-Mar 10*, Mon, 4:30-5:20pm	144524
	Mar 24-May 5*, Mon, 4:30-5:20pm	244524
Instructor:	Wynn/Dandelion Arts Collective	
Location:	St Vrain Memorial Bldg, 700 Longs Pe	ak Ave
Fee:	\$72 resident/\$90 non-resident	

# **GENERAL INTEREST**



#### **ART**

#### **Stained Glass Beginner Foil**

No experience needed. Learn safety and basic tools for glass art, explore glass types, practice cutting, wrapping in copper foil, and soldering. Level 2 refines your skills in cutting inside curves and layering glass. Level 3 continues to progress your skills. "glass"

Level 1:	No experience required. Create a simple leaf.		
18 & up:	Jan 18, Sat, 1-4:30pm	147440	
	Apr 12, Sat, 1-4:30pm	247440	
Level 2:	Requires Level 1. Create a charming owl.		
18 & up:	Feb 15, Sat, 1-4:30pm	147441	
	May 31, Sat, 1-4:30pm	247442	
Level 3:	Requires Level 2. Create a 6-piece fish design.		
18 & up:	Mar 22, Sat, 1-5pm	247441	
Instructor:	Jackie Jones-Bahr		
Location:	St Vrain Memorial Bldg, 700 Long Peak Ave		
Fee:	\$80 resident/\$100 non-resident		

#### **Watercolor Hearts & Flowers**

Create beautiful watercolor cards while learning essential techniques and adding relaxing pen doodles. Perfect for all skill levels, even if you can't draw! Enjoy the process and take home personalized cards for friends or family. All supplies are included in the \$10 material fee.

12 & up:	Jan 30, Thurs, 5-7:30pm	147475-01
Instructor:	Ellen Goetgeluck	
Location:	Callahan House, 312 Terry St	
Fee:	\$35 resident/\$43.75 non-resident + \$1	0 materials fee

#### **Watercolor Bugs**

Create watercolor cards with dragonflies, ladybugs, and more while learning key techniques and adding pen doodles.

Perfect for all skill levels, even if you can't draw! Enjoy the process and take home cards for friends or family. All supplies included in the \$10 fee.

12 & up:	May 1, Thurs, 5-7:30pm	247316
Instructor:	Ellen Goetgeluck	
Location:	Callahan House, 312 Terry St	
Fee:	\$35 resident/\$43.75 non-resident + \$10 m	aterials fee

#### **Sewing: Fish Beach Bag**

Create a fun fish-shaped beach bag, perfect for summer gear or as a laundry bag! Learn basic appliqué, making a drawstring, and sewing different fabrics. Supplies are provided, or bring your own machine and materials. Borrow a machine if needed during class.

9 & up:	Mar 1, Sat, 9am-12pm	246156
Instructor:	Cathy Georgerian	
Location:	St Vrain Memorial Bldg, 700 Longs I	Peak Ave
Fee:	\$35 resident/\$43.75 non-resident	

# Valentine Cupcake Decorating

Calling all cupcake lovers! Learn how to decorate freshly baked cupcakes by using sugar fondant, sugar craft tools and a lot of creativity. You will get step-by-step instructions to create Valentine themed designs. Everybody leaves with 6 cupcakes. No previous experience

required. \$10 material fee, all supplies included.

6 & up:	Feb 12, Wed, 4-6pm	146149
Instructor:	Ellen Goetgeluck	
Location:	St Vrain Memorial Bldg, 700 Longs P	eak Ave
Fee:	\$35 resident/\$43.75 non-resident + \$1	0 materials fee

#### **Macrame Plant Hanger**

Create a unique macramé plant hanger and add texture or a boho vibe to your home! Learn knots and techniques, incorporating wooden beads. Leave with a personalized hanger, a new pot and plant, plus plenty of inspiration. All supplies included in the \$15 material fee.

12 & up:	Mar 6, Thurs, 5-7:30pm	247474
Instructor:	Ellen Goetgeluck	
Location:	Callahan House, 312 Terry St	
Fee:	\$40 resident/\$50 non-resident+ \$15	materials fee

#### Flower Macraweave Wall Hanging

Join us for yoga for the brain! Learn to create a macraweave, blending macramé and weaving. In two sessions, craft a macramé wall hanging and weave flowers and leaves into it. Bring home a unique, textured piece. All supplies included in the \$15 material fee.

Apr 17-18, Thu & Fri, 5-7pm	247478
Ellen Goetgeluck	
Callahan House, 312 Terry St	
\$70 resident/\$87.50 non-resident	
+ \$15 materials fee	
	Ellen Goetgeluck Callahan House, 312 Terry St \$70 resident/\$87.50 non-resident

#### **Sewing: Placemats**

Start with a simple background and to that add some applique to create your masterpiece. Bring your own sewing machine and sewing supplies or use those supplied.

9 & up:	May 24, Sat, 9am-12pm	246157
Instructor:	Cathy Georgerian	
Location:	St Vrain Memorial Bldg, 700 Longs Pea	k Ave
Fee:	\$35 resident/\$43.75 non-resident	



# **MUSIC**

# **Beginner International Folk dancing**

Join us to learn folk dances from around the world in a relaxed, friendly atmosphere. Have fun, meet new people, and get exercise. No partner or costume required. Dances from Israel, Greece, Romania, Croatia, Ukraine, Bulgaria, USA, South Africa, Turkey, Sweden, and more. "folk"

10 & up:	Mon, 7-8:15pm	
Jan 13-Mar 17	\$50 res/\$62.50 non-res	144767
Apr 7-May 12	\$30 res/\$37.50 non-res	244767
Instructor:	Ruth Thomson	
Location:	Izaak Walton Clubhouse, 18 S Sunset	

### **Holiday Music Together**

This parent/child holiday class is a Music Together inspired class which will include singing, movement activities and instrumental jam sessions, using holiday music. \$44 materials fee due at first class.

0-4 yrs:	Dec 4-18, Wed, 9:30-10:15am	445354
Instructor:	Rhonda Ritter	
Location:	Izaak Walton Clubhouse, 18 S Sunse	t
Fee:	\$60 resident/\$75 non-resident + \$44	materials fee

# **Music Together**

Music Together is an early childhood music program for infants, toddlers, and preschoolers with parent or caregiver participation. Classes feature singing, movement activities, and instrumental jam sessions. Siblings under 1 year attend free. Instructor fee of \$44 due at the first class.

0-4 yrs:	Jan 8-Mar 12, Wed, 9:30-10:15am	145352
	Mar 19-May 21, Wed, 9:30-10:15am	245352
Instructor:	Rhonda Ritter	
Location:	Izaak Walton Clubhouse, 18 S Sunset	
Fee:	\$174 resident/\$217.50 non-resident + \$44	4 materials fee

### **Drumming**

Drumming is a universal activity that can be enjoyed by everyone regardless of age, origin, talent, or ability. It is all inclusive and unites us with one common thread – The Love of The Beat! Check us out at letsdrumnow.com.

#### "drumming"

Jan 4-25   F	eb 1-22   Apr 5-26	\$60 resident/\$75 non-res
Mar 8-29   I	May 3-24	\$45 resident/\$56.25 non-res
Instructor:	Djembe jive LLC Nai	ncy Brauhn Curnes
Location:	Lashley St Station, 1	200 Lashley St

#### **Beginning Drumming**

No experience needed; drums and percussion instruments provided.

<b>9 &amp; up:</b> Sat, 9-10am 147348   247348
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#### **Drumming: Advanced Beginners**

This class is for those who have completed Beginning Drumming or have permission from the instructor. Build your skill level and number of learned rhythms.

9 & up:	Sat, 10:15-11:15am	147338   247338
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#### **Intermediate Drumming**

Pre-requisite: Instructor approval.

**9 & up: Sat, 11:30am-12:30pm** 147339 | 247339



# TEACH A CLASS & SHARE YOUR PASSION WITH OUR COMMUNITY

Do you have a love for technology, music, dance, or crafts? Bring your passion to life by teaching a class with us! Not only will you share your knowledge, but you'll also earn extra income while making a positive impact.

#### Why Teach With Us?

- » Share your passion with eager learners
- » Enjoy a flexible teaching schedule
- » Engage with people who share similar interests
- » Be part of a supportive community

We are looking for enthusiastic instructors for the upcoming season!

**Get Started Today!** Reach out to Lauren at 303-774-3667 or Lauren.McNeilly@longmontcolorado.gov for more details and to pitch your class idea.



### **MOVEMENT**

### **Family Dance/Creative Movement**

A weekly family class featuring dance, games, creativity, and community! Strengthen relationships, explore parenting in new ways, and celebrate curiosity, health, and play. Open to all identities and abilities. Register children by age; up to 3 family members may attend. Contact Mimi at Mimi@dandelionartscollective.org for support.

2-4 yrs:	Feb 2-23, Sun, 10-10:45am	144521
Instructor:	Mimi/Dandelion Arts Collective	
Location:	Izaak Walton Clubhouse, 18 S Sunset	
Fee:	\$50 resident/\$62.50 non-resident	

#### **Healthy Habitats and Homes**

Join us as we create visual art, music and movement about what both animals and humans need to maintain and create healthy and meaningful habitats and homes. A space for all identities and abilities. Contact Mimi@dandelionartscollective. org for any support, including financial.

6-9 yrs:	Jan 9-Feb 13, Thurs, 4:30-5:30pm	144522
Instructor:	Annie/Dandelion Arts Collective	
Location:	Izaak Walton Clubhouse, 18 S Sunset	
Fee:	\$90 resident/\$112.50 non-resident	

### **Our Dancing Earth**

In this indoor-outdoor class, kids explore nature's wonders through creative movement, games, dance, music, and art. Inspired by bees, mycelium, and starlings, children develop environmental awareness through play. Open to all identities and abilities. Contact Mimi@dandelionartscollective.org for any support, including financial. \*No Class on Apr 20.

5-8 yrs:	Apr 6-May 4*, Sun, 10:30-11:30am	244522
Instructor:	Mimi & Annie/Dandelion Arts Collect	ive
Location:	Izaak Walton Clubhouse, 18 S Sunset	
Fee:	\$60 resident/\$75 non-resident	

# **Preschool Yoga Storytime**

Stretch, move, and balance while immersing yourself in imaginative storytelling. Peggy's 25 years of teaching blend children's literature with yoga and mindfulness practices, bringing favorite stories to life! Cost includes one child and one parent/guardian/carer. "storytime"

2.5-5 yrs:	Feb 4-Mar 11, Tue, 10-10:45am	145322
	Mar 25-Apr 29, Tue, 10-10:45am	245322
Instructor:	Peggy Richard	
Location:	St Vrain Memorial Bldg, 700 Longs Po	eak Ave
Fee:	\$96 resident/\$120 non-resident	

## **EXPLORE**

#### **Chess Wizards**

Join Chess Wizards for a fun semester of chess lessons, games, and prizes! Perfect for all skill levels, students will improve their chess skills while exercising their brains. From beginners to advanced players, everyone learns and enjoys chess in a fun, engaging way! \*No class on 1/20 & 2/17

6-11 yrs:	Jan 13-Mar 17*, Mon, 4:15-5:15pm 146113
Location:	St Vrain Memorial Bldg, 700 Longs Peak Ave
Fee:	\$263 resident/\$328.75 non-resident

# **Groundhog Day LEGO® Engineering**

This February, discover if Punxsutawney Phil predicts more winter or an early spring! With guidance from a Play-Well instructor and tens of thousands of LEGO® pieces, build your own groundhog and find out for yourself in this fun, hands-on class!

6-11 yrs:	Feb 7, Fri, 4-5:30pm	146188
Location:	St Vrain Memorial Bldg, 700 Long	s Peak Ave
Fee:	\$30 resident/\$37.50 non-resident	

#### Winter Wonderland LEGO®

Apply engineering, architecture, creativity and fun to create a magical Winter Wonderland! Build motorized contraptions like snowmobiles and gondolas, or a hilltop village with slopes for LEGO® skiers and sledders, all with the guidance of an experienced Play-Well instructor.

6-11 yrs:	Jan 17, Fri, 4-5:30pm	146188
Instructor:	Play-Well Teknologies	
Location:	St Vrain Memorial Bldg, 700 Lon	gs Peak Ave
Fee:	\$30 resident/\$37.50 non-resident	t

# Discover Pi Day LEGO®

Have you ever tried building circles with LEGO®? Get tips from the pros this Pi Day and celebrate all things circular in this workshop! Use LEGO® parts to investigate pi and calculate that famous ratio, then take your building skills to the next level with other circle-inspired projects.

6-11 yrs:	Mar 14, Fri, 4-5:30pm	246191
Instructor:	Play-Well Teknologies	
Location:	St Vrain Memorial Bldg, 700 Long	gs Peak Ave
Fee:	\$30 resident/\$37.50 non-resident	





field trips, just for kids ages 11-12. Please note: space is limited, and enrollment is for full weeks only. Wraparound care is not available for this tweens-only experience.

No camp on July 4 (pro-rated weekly fee).

11-12 yrs: Jun 2-Aug 1, M-F, 8:30am-4:30pm Weekly Fee: \$380 resident/\$475 non-resident

**Day Camp Registration Opens** Monday, February 3 » bit.ly/recreationregistration

> ▼ I Want to Find Keyword here



"dc"

### The Longmont Summer Day Camp

Join us for an activity-packed summer featuring swimming twice a week and field trips to local parks and attractions. This traditional summer camp is full of adventure and discovery! Enrollment options vary. Registration opens Monday, February 3, 2025. \*No camp July 4th

5-10 yrs: May 27-Aug 1, Mon-Fri, 7am-5:30pm | Location: St Vrain Memorial Bldg, 700 Longs Peak Ave | 346700 & 346701

#### 346700 - Register for Day Camp

**SUMMER DAY CAMPS** 

First Step is to Register for Camp! Fee is per family and is non-refundable. Once registered, an email link will be sent from ePACT to complete all the required registration papework through the ePACT online portal. "dc" Feb 3-Apr 14: \$45 resident/\$56.25 non-resident | After Apr 14: \$70 resident/\$87.50 non-resident

346701 - Enroll for Day Camp			
Enroll by Day	Enroll by Week	Mix of Daily & Weekly	
<b>FOR</b> : Families who need a flexible schedule option.	<b>FOR</b> : Families who need week-long care, Monday through Friday, for a reduced rate.	<b>FOR:</b> Families who have a variety of scheduling needs.	
Select the individual days on the calendar that you need camp for your children.	Select the weeks needed for camp. Enrollment is for the entire week.	Select the weeks you need full time care and supplement with individual days for needs on other weeks.	
Daily Fee: \$52 res/\$65 non-res	Weekly Fee: \$237 res/\$296.25 non-res	Fees: See column A & B	
Payment options: 1) Pay in full 2) Installment Bill - pay \$5/day per child to secure your days, then be charged the remainder during the actual month(s) of camp	Payment Options: 1) Pay in Full	Payment Options: 1) Pay in full for either option 2) Installment Bill (only applicable to enroll by day option)	
Cancellation Policy: • No fees for days cancelled before May 1 • \$5/day for cancellations more than 10 days out • \$10/day for cancellations made 9-3 days out • No refunds for cancellations made within 3 days of camp	Cancellation policy No fees for weeks cancelled before May 1 No refunds for cancellations after May 2	Cancellation Policy: See column A & B	



# **RESOURCES**

### **Thriving in Love - A Couple's Workshop**

Prioritize your relationship in this hands-on workshop! Overcome obstacles, gain healthier perspectives, and learn tools to enhance love, trust, and intimacy. Led by Helaine Reiner of Heart's Wisdom Relationship Coaching. Bring a journal. Class price is per couple, register just one person.

15 & up:	Jan 19, Sun, 2-4pm	144707
Location:	St Vrain Memorial Bldg, 700 Lo	ngs Peak Ave
Fee:	\$55 resident/\$68.75 non-resider	nt

#### A Montessori Nest - Infant Circle

Find support in a calm weekly infant circle led by a trained Montessori and RIE guide plus certified PCI parent coach. The circle includes safe yet varied materials for your child to explore while you have an opportunity to hear and share stories about parenting.

0-1 yrs:	Jan 9-Feb 6, Thurs, 12-1:30pm	145321
	Feb 13-Mar 13, Thurs, 12-1:30pm	145321
	Mar 27-Apr 24, Thurs, 12-1:30pm	245321
Instructor:	Tracy Allen	
Location:	St Vrain Memorial Bldg, 700 Longs Peak Ave	
Fee:	\$75 resident/\$93.75 non-resident	



Complete a will, financial power of attorney, and medical directive in one session with attorney Rebecca L. Bennetti. Includes materials, witnessing, notarizing, individual review, and Q&A. Couples need separate wills. \$30 materials fee due at class start.

18 & up:	Jan 14, Tue, 12:30-4:30pm	147125
	Feb 20, Thurs, 5-9pm	147125
	Mar 25, Tue, 5-9pm	247125
	Apr 24, Thurs, 5-9pm	247125
	May 13, Tue, 5-9pm	247125
Instructor:	Rebecca Bennetti	
Location:	St Vrain Memorial Bldg, 700 Longs Peak Ave	
Fee:	\$130 resident/\$162.50 non-resid + \$30 materials fee	ent



# **REAL ESTATE INVESTING**

Presented by Better Way Realty. Instructor Jim Flint, CRS, has 40 year's experience with real estate in five states. A \$20 workbook fee is payable to instructor at class.

Location:	St Vrain Memorial Bldg, 700 Longs Peak Ave
Fee:	\$30 resident/\$37.50 non-resident + \$20 workbook fee

# **Fundamentals of Real Estate Investing**

Learn to buy homes at foreclosure sales, manage bidding, financing, explore 1031 exchanges, reverse exchanges, tax strategies, and more! Gain independence in cash flow investments like mini storages and assisted living homes.

"investing"

21 & up:	Feb 18, Tue, 6-9pm	147120
	Apr 1, Tue, 6-9pm	247120

# **Managing Your Rental Properties**

Taught by Jim Flint, CRS, and Dan Hagstrom. Learn tenant screening, eviction procedures, property maintenance, and Fair Housing Laws. Discuss professional property management and review a lease. "rental"

21 & up:	Feb 20, Thurs, 6-9pm	147122
	Apr 3, Thurs, 6-9pm	247122

# Alternatives to Traditional Real Estate Investing

Explore real estate investing beyond single-family homes and condos! Learn about commercial properties, assisted living homes, partnerships, and more. Create a business plan, understand financing, management, and ROI formulas. Ideal for experienced investors or those looking to diversify. "investing"

21 & up:	Feb 25, Tue, 6-9:15pm	147121
	Apr 8, Tue, 6-9pm	247121



# **SENIOR SERVICES**



#### **SENIOR SERVICES** 910 Longs Peak Ave | 303-651-8411

Offering recreation, informational programs, resource guidance, and services for those 55 years plus and their family caregivers.

Office Hours: Monday-Thursday: 8 am-8 pm

Friday: 8 am-5 pm Saturday: 8 am-Noon

Closed: Nov 28-30, Dec 25, Jan 1, Jan 20, Feb 17, & May 26

Closed at 3pm: Dec 24 & Dec 31

email: senior@LongmontColorado.gov LongmontColorado.gov/senior-services

"GO" Catalog and Resource Guide with over 72 pages of activities and information can be found online at www.LongmontColorado.gov/senior-services or you may pick one up at the Longmont Senior Center or recreation centers and the library. Items listed below are just a few of the many offerings.

The catalog includes more complete information about the programs listed here. Please register in advance for all programs, classes, events, and trips.

# RESOURCES AND SUPPORTIVE SERVICES

Senior Services Division staff provides information and referral to older adults and caregivers of older persons regarding a wide array of resources and services including; housing, in home services, financial support programs, and many others.

Professional counseling staff and peer support volunteers provide one on one and group support.

Resource staff: **Veronica Garcia** at 303-651-8716 or

**Amy Payan** at 303-774-4372 **Melissa Losino** at 303-651-8654

Counseling staff: **Brandy Queen** at 303-651-8414

**Kayleigh Schernbeck** at 303-774-4497

See the quarterly GO catalog for specific support programs and schedules. Support groups exist for Grandparents Raising Grandchildren, for Grief, and for Caregivers.

# EXTENDED TRAVEL & OVERNIGHT TRIPS

We are thrilled to partner with Premier World Discovery to offer trips for Longmont seniors starting in 2025! Discover upcoming adventures for Fall 2025 and Winter/Spring 2026. Trip presentations are available online and in-person. You can also find pricing, trip details, and itineraries in the Winter/Spring GO (January-December 2025).



# **PROGRAMS & ACTIVITIES**

#### **AARP Tax Aide 2025**

The City of Longmont Senior Services partners again this year with AARP for Tax Counseling for the Elderly (TCE). It provides free income tax preparation for people ages 50 and older. Electronic filing of federal and Colorado tax returns is included. Information about other filing options are available from the Supportive Services Staff.

The AARP program focuses on those age 50+ with low to moderate income. Weekday appointments are for simple tax returns such as those with retirement income. Complex tax issues are beyond the scope of this service.

Registration opens on Tuesday, January 21, for appointments. Call 303-774-4429 to secure your time.

**50 & up: Tuesdays, Feb 4-April 8, by appointment** Location: Lashley Street Station, 1200 Lashley Street

**50 & up: Thursdays, Feb 6-April 10, by appointment** Location: Longmont Senior Center, 910 Longs Peak Ave



## **SNOWSHOEING**

Snowshoes, poles, and instruction are provided. Participants are responsible for arranging their own transportation.

Instructor: Jim Dlouhy

### **Intro to Snowshoe Workshop**

This workshop is designed for people who are new or beginning snowshoers and are interested in learning about equipment, clothing, techniques, and places to snowshoe.

"snowshoe"

16 & up:	Jan 4, Sat, 10am-12pm	147921
	Feb 8, Sat, 10am-12pm	147921
Location:	Roger's Grove Nature Area	
Fee:	\$27.50 resident/\$34.50 non-resident	

### **Advanced Snowshoe Technique Workshop**

This workshop is for people who have snowshoe experience. Learn techniques for more challenging terrain and conditions.

"snowshoe"

16 & up:	Jan 25, Sat, 9am-3pm	147925
Location:	Eldora Townsite, TBD	
Fee:	\$27.50 resident/\$34.50 non-resident	

# **Peaceful Valley Snowshoe Tour**

Enjoy the beauty of winter in the Colorado Rockies. Start at the Peaceful Valley trailhead and continue up the Middle St. Vrain Valley on established trails. Difficulty rating easy.

16 & up:	Jan 11, Sat, 8am-3pm	147926
Location:	Approx. 45 minutes west of Longr	nont by car
Fee:	\$27.50 resident/\$34.50 non-reside	nt



Enjoy snowshoeing off the beaten path. Start at the Peaceful Valley trailhead and continue up the Middle St. Vrain Valley off trail and through untracked snow to enjoy the experience of snowshoeing in the wild. Difficulty rating moderate.

16 & up:	Feb 22, Sat, 8am-3pm	147927
Location:	Approx. 45 minutes west of Longmont by car	
Fee:	\$27.50 resident/\$34.50 non-resi	dent

### **Moonlight and Chocolate Snowshoe Tour**

Snowshoe under the moonlight on trails overlooking Eldora townsite. Enjoy a hot chocolate and other treats around a campfire or, depending upon the weather, by the fireplace in a warm cabin. Difficulty rating moderate to more difficult.

"snowshoe"

16 & up:	Mar 8, Sat, 4-8:30pm	226012
Location:	Elodra Townsite, To Be Determined	
Fee:	\$35 resident/\$43.75 non-resident	



#### Hike and Draw... Beneath the Flatirons

Explore inspiration on Boulder's OSMP trails with the iconic Flatirons as backdrop. Learn drawing techniques and apply visual elements like shape, light, and color. Naturalist Suzanne Michot interprets the surroundings, discussing flora, wildlife, geology, and history. Lisa Michot provides art instruction; no prior experience needed. "hike"

18 & up:	May 3, Sat, 1-4pm	247941
Location:	Chautauqua Dining Hall, 900 Baseline	e Rd
Fee:	\$35 resident/\$43.75 non-resident	

#### **Wildflower Identification Hike**

"Just another cute flower? Think again!" If you've ever wondered about all the spring wildflowers you see when you're hiking, then you're ready to take a fun-filled walk on open space trails to learn flower identification skills. The hike is approximately 2.5 miles.

18 & up:	May 24, Sat, 10:30am-12:30pm	247945
Instructor:	Suzanne Michot	
Location:	Chautauqua Dining Hall, 900 Baseli	ne Rd
Fee:	\$20.50 resident/\$25.75 non-resident	



# **UNION RESERVOIR**



#### **UNION RESERVOIR**

461 Weld County Rd 26 | Longmont, CO 80504 | 303-772-1265

Union Hours: Nov 1-Feb 28\* 7am-6pm \*No water access Mar 1-May 31 6am-8pm | Closed: Nov 28 & 29, Dec 24 & 25 & 31

Union Reservoir is a 736-acre body of water offering the best in wakeless boating and a variety of other outdoor activities.

A year-round fee-for-entry facility: use payment kiosks and retain/display ticket. 2025 pass sales begin January 2025.

For information about passes, boat storage, and facility seasonal schedules, visit LongmontColorado.gov/UnionRes



# **SPONSORSHIPS** AND LONGMONT RECREATION

We believe that how we engage in play profoundly impacts our well-being and enriches our lives. By partnering with organizations like yours, we can provide our community with valuable opportunities to play and thrive.

From community-wide events to diverse programs for all ages, we create spaces where fun flourishes. Reach out to discover how a Recreation Sponsorship can not only support your business and marketing goals but also strengthen our Longmont community.

Interested in exploring partnership opportunities? Email sam.calhoon@longmontcolorado.gov or call Sam at 303-774-4694.



# **GOLF**

# GOLF LONGMONT www.golflongmont.com

Three Great Municipal Courses, One Extraordinary Experience

- » Sunset Golf Course
- » Twin Peaks Golf Course
- » Ute Creek Golf Course

**Players Cards offering** discounts on rounds of golf are now on sale.

Purchase at the golf course club house.



Sunset Golf Course 303-651-8466 1900 Longs Peak Ave



Twin Peaks Golf Course 303-651-8401 1200 Cornell Drive



**Ute Creek Golf Course** 303-774-4342 2000 Ute Creek Drive

#### Visit GolfLongmont.com

- » Book Tee Times
- **Golf Instruction**
- » Association, Leagues & Tournaments

# LONGMONT PUBLIC LIBRARY





#### LONGMONT PUBLIC LIBRARY

409 4th Ave | 303-651-8470 | longmontcolorado.gov/library Sign up for a FREE Library card at bit.ly/Lib-Card

The Longmont Public Library serves our community by providing equal access to information and resources for education, enrichment, enlightenment and enjoyment.

**Hours:** Monday – Thursday: 9 am - 8 pm

Friday-Saturday: 9 am - 5 pm | Sunday: 1 - 5 pm

Closed: Nov 28, Nov 29, Dec 25, Jan 1, Jan 20, Feb 17, Apr 20, & May 26

Closed at 5pm: Nov 27 | Closed at 3pm: Dec 24 & Dec 31

# FREE DROP-IN STORYTIMES

Join us for songs, movement, books, and more! At Storytime, caretakers and children will have fun, build community, develop early literacy and language skills, prepare for school readiness and life-long learning, and explore play and social emotional activities.

10-10:30am Mondays	Bilingual Storytime Cuentos Bilingües
10-10:20am Tuesdays	Toddler Storytime
10-10:20am Wednesdays	Baby Storytime
Every other Thursday	Yoga Storytime (10-10:30am) or Craft Storytime (10-11am)
10-10:30am Fridays	Family Storytime
11-11:30am Saturdays	Weekend Family Storytime

# FREE KID, TWEEN, & TEEN EVENTS

Connect with others doing fun, interactive activities that build a sense of belonging and community! Whether you are crafty, love gaming, want to learn something new, or just love a good book, we have something for you at the Library. Browse more at: bit.ly/LibTeenEvents

#### FOR KIDS (1ST-2ND GRADE)

Mythical Creatures Club: 4-5pm Mondays, 2/24, 3/17, 4/21; Kids Club: 4-5pm 1st and 3rd Wednesdays

#### FOR TWEENS (3RD-5TH GRADE)

Tween Club: 4-5pm Thursdays; Lotería Mexicana: 3-4pm 1st Sundays

#### FOR TEENS (6TH-12TH GRADE)

Adulting 101: 6-7pm 4th Tuesdays; Teen Writers' Group: 6-7pm 2nd Tuesdays; Anime Club: 5-6pm 1st and 3rd Wednesdays

#### **GARDENING FAIR & FREE SEED LIBRARY**

The Longmont Library Gardening Fair is Sunday, February 23, from 1-4pm in the library Meeting Rooms. Join the Library and various community organizations to learn about and explore gardening in Colorado.

# FREE PROGRAMS FOR ADULTS

The Library offers many opportunities to meet with others who are interested in the same things!

MONDAYS: Writers Group: 6-7:30pm;

Second Mondays Book Group: 6-7:30pm 2nd Mondays

TUESDAYS: Chess Night: 5:30-7:30pm;

Technology and Computer Classes:  $\widehat{6}{:}30\text{-}7{:}30pm$   $2^{nd}$  &  $4^{th}$  Tuesdays

#### **THURSDAYS:**

First Thursdays Book Group: 2-3:30pm 1st Thursdays; ¡Hablemos! Let's Talk! Spanish-English Conversation Group: 1-2pm; Great Ideas Reading Group: 3-4:30pm every other Thursday starting Jan 4

#### **SATURDAYS:**

Genealogy Basics: 10am-noon last Saturdays: 1/25: 2/22: 3/20: 4/26: 5/21

1/25; 2/22; 3/29; 4/26; 5/31

"Say Hello!" English Conversation Group: 10:30-11:30am

# FREE LIBRARY SERVICES

#### ${\tt GENEALOGY\,SERVICES} \,|\, \underline{\tt bit.ly/lib-genealogy}$

Let the Library help with your family search with free access to local and national resources, such as Family Search, Heritage Quest, and Ancestry.com.

#### LIBRARY OF THINGS | bit.ly/lib-things

The Library has a collection of useful things you can borrow. Before you buy, browse our collection! Longmont Resident Library card holders can check out lawn games, technology items, hobbies, tools, instruments, and basic household items.

#### GALE LEGAL FORMS | bit.ly/gale-legalforms

Thousands of legal forms available with more forms being added daily. Official, State Specific, Federal, Business, Personal, Real Estate and General forms covering hundreds of legal subjects and issues. Some Colorado specific and many fillable.

#### BOOK-A-LIBRARIAN | bit.ly/book-longmont-librarian

Need help downloading an e-book? Not sure where to start on a research project? Have a complicated reference question? Arrange for a personalized, face-to-face session with a library professional!

#### MORE EVENTS AND PROGRAMS

No matter what you're into—books, crafts, author talks, practicing a new language, playing games—the Longmont Library has events and programs for everyone from birth to 99 years old! All programs are FREE unless otherwise noted thanks to the generous funding provided by the Friends of the Longmont Library. Browse them all: bit.ly/lib-events-programs



# FIRING RANGE & TRAINING CENTER

Longmont Department of Public Safety

Boulder County Sheriff's Office

Firing Range and Training Center

#### FIRING RANGE AND TRAINING CENTER

10916 County Rd 5 | 303-774-4587 or 303-774-4589 RangeSupport@LongmontColorado.gov LongmontColorado.gov/firingrange

#### Range Members hours of use:

Friday 6-9pm (for special events only; please check calendar) Saturday 8am-2pm | Sunday 8am-2pm









The Longmont Department of Public Safety and Boulder County Sheriff's Office Range is a great shooting and training facility. Used by Law Enforcement personnel during the week, the range is open specific weekend hours for public use by membership. The firing range features 10 shooting stations ranging from 3 to 100 yards with target retrievers controlled by the shooter.

One Sunday per month, August through November, shooting will be conducted from the 50/75/100 yard line for rifles only. See calendar for specifics or contact RangeSupport@longmont colorado.gov for information.

Member application process includes \$100 background check (non-refundable) and a range orientation class; upon completion of both you will able to choose one of six shooting plans. Members will have the ability to reserve a shooting lane and time. To start the application process, visit the website above.

# FIRING RANGE MEMBERSHIP PLANS

Premier \$500/year

Includes unlimited - 1 hr visits + unlimited paid guest visits

Plan A: Expert \$400/year

Includes 50 - 1 hr visits + unlimited paid guest visits

Plan B: Sharpshooter \$350/year

Includes 35 - 1 hr visits + unlimited paid guest visits

Plan C: Marksman \$250/year

Includes 25 - 1 hr visits + unlimited paid guest visits

Occasional Shooter \$ 200/year

Includes 12 - 1 hr visits + unlimited paid guest visits

A La Carte \$20/per hour

Unlimited number of visits + unlimited paid guest visits \$35 annual renewal fee for A La Carte plan

Employees of the City of Longmont, Boulder County Sheriff's Office, retired law enforcement officers and retired military are eligible for a 20% discount on all membership plans (excludes A La Carte).

# **CLASSES AT THE FIRING RANGE**

All courses presented by professional instructors from the Longmont Department of Public Safety. For classes, bring own handgun, up to 100 rounds of ammunition, dual hearing protection and eye protection.

Once a month the range also provides a Ladies only basic and advanced firearms training class, a coed basic and advanced firearms training class, and a bowling pin challenge. Contact rangesupport@longmontcolorado.gov for more information.



# **Basic Handgun and Concealed Carry**

Are you a first time handgun owner or interested in getting training to apply for your concealed carry license? Learn how to safely store, carry, and shoot your handgun. This co-ed course is appropriate for all level of shooters. Gain valuable knowledge and skills of the shooting sport, fundamentals of marksmanship, reloads, and clearing malfunctions. This course exceeds state standards for concealed carry permit (CCW) requirements. CCW permits must be obtained in the county in which you reside.

18 & up:	Saturday, 8am-5pm	
	Dec 21	499201
	Jan 18, Feb 15	199201
	Mar 15,Apr 19, May 17	299201
Fee:	\$130	

Rules and regulations will apply. For inquires or reservations, call 303-774-4589 or 303-774-4587 on Saturday or Sunday. Otherwise, leave a message.

# **CALLAHAN HOUSE**





#### **CALLAHAN HOUSE**

312 Terry Street | 303-776-5191 longmontcolorado.gov/callahan

Callahan House and Garden provides an intimate historic venue for your wedding or special event.



Contact the House Manager at callahan@longmontcolorado.gov to learn more.

#### **Holiday Décor Open House**

Dec 12, Thurs, 4:30-7:30pm

See the Callahan House decorated for the holidays! Self-tour with handouts and historical information provided by the Advisory Board and staff. Santa will NOT be present at this event.

Free and open to the public. No registration required.

### Victorian Valentine's Day Tea and Crafting -

Enjoy afternoon tea at Callahan House, then head upstairs to explore the history and art of Victorian collage Valentine making as the Victorian's did! Victorian, teatime, or Valentine's Day dress is encouraged! Register for a half-table for up to 2 people, or a full-table for up to 4 people. Half-tables will be seated with another party.

"Callahan"

**10 & up:** Feb 9, Sun, 1-4pm 104100

Half Table Fee: \$60 resident/\$75 non-resident
Full Table Fee: \$120 resident/\$150 non-resident

### **Weddings at Callahan House**

A venue with everything you need:

- » Unique elegance and historic charm
- » Blooming gardens with gazebo and picturesque photo backdrops
- » Lighted historic fountain for ceremony backdrop
- » Charming market string lights
- » Dancing under the stars
- » Access to entire House and gardens
- » 2 get-ready spaces
- » Garden tables and chairs for all your guests + all your service tables

**Booking now for 2025 and 2026!**Packages and preferred vendor add-ons are available to make planning easy.





# LONGMONT MUSEUM



#### **LONGMONT MUSEUM**

400 Quail Road | Longmont CO 80501 | 303-651-8374 | longmontmuseum.org

**Hours**: Monday-Saturday, 9am-5pm | Sunday 1pm-5pm

**Additional Evening Hours**: Thurs, 5-9pm, through Dec 12 & Jan 23-May 1 **Closed**: Nov 28, Dec 25, & Jan 1, and Jan 13-20 for annual maintenance

Closing at 1pm: Nov 27, Dec 24, & Dec 31 Open regular hours: Feb 17 & Easter Apr 20

General Admission: \$8 adults, \$5 students/seniors (62+), children 3 & under free

Only \$0.25 with a qualifying EBT or SNAP card

Free admission on the second Saturday of every month

# **EXHIBITIONS**

### **Build: Design & Create with LEGO!**

Through January 12, 2025

Join the Museum for "Build: Design & Create with LEGO!," a hands-on exhibit that is captivating guests of all ages. Build and race a LEGO car, tackle an architectural challenge, save the world with a wondrous invention, or explore and play as far as your imagination takes you. Whether you're a seasoned LEGO enthusiast or just discovering the magic of these iconic bricks, there's something for everyone to enjoy. The exhibit also showcases a gallery of intricate and imaginative custom LEGO creations crafted by talented regional artists.





# A Graphic Journey: Prints by Pablo Picasso

February 1 - May 5, 2025

This winter, discover the brilliance of Pablo Picasso in this captivating exhibition featuring nearly 60 works from 1923 to 1972, including etchings, lithographs, linocuts and a rare cancelled copper printing plate. Highlighting Picasso's collaborations with master printmakers like Georges Lacourière, Fernand Mourlot and Hidalgo Arnera, the exhibition reveals his innovative techniques and creative evolution. Immerse yourself in the artistry of one of the 20th century's greatest masters and explore the intricate processes behind his most iconic prints.

Exhibition Opening Reception: Friday, Jan 31, 6-8pm, \$8 adults, \$5 students/seniors, free for members

# KIDS PROGRAMS

### **Discovery Days**

Discovery Days is an early childhood program at the Longmont Museum that encourages children ages 2 to 6 and their caregivers to play and learn together through educational, hands-on art, music, and movement activities. No registration needed!

2 to 6 yrs: Jan 21 – May 10, Tues/Wed/Thurs/Fri/Sat

Session II: 9:15am
Session III: 10:45am
Session IIII: 1pm

Location: Longmont Museum, 400 Quail Rd

Fee: \$2.75 non-members/\$2.50 Museum numbers,

no registration required

### **Teen Craft & Create Club**

Teen Craft & Create Club is a weekly drop-in program dedicated to teenagers who want to explore their creative selves! Join us each week for a variety of activities such as bullet journaling, collage, string pull painting, and free-choice makerspace time.

13-18 yrs:Jan 22-May 7, Wednesdays, 3-5pmLocation:Longmont Museum, 400 Quail RdFee:Free, suggested donation \$5

#### **ADULT PROGRAMS**

# Thursday Nights @ The Museum

Jan 23-May 1, beginning at 4 pm; prices vary

Spend your Thursday evenings at the Longmont Museum this winter and spring for adult Art & Sip classes, exhibits, films, live music, conversations, and performances in our Stewart Auditorium.

Whether you're looking for a place to unwind after work with a beer or glass of wine, create art, explore our newest exhibit, see a movie, catch a great band, or hear extraordinary people talk about issues of importance to Boulder County and beyond, we hope to see you at the Museum on a Thursday night.

Exhibits are open too – many programs complement our main gallery show!

# **Friday Afternoon Concert Series**

Enjoy an afternoon of live music in the Longmont Museum's Stewart Auditorium this winter featuring an eclectic array of musical acts from up and down the Front Range.

Fridays, 2:30pm

Feb 14:	Acclaimed violin-piano duo Opus Two	
Mar 14:	Beth Gadbaw Celtic Trio	
Apr 11:	Come Away with Me: A Tribute to Norah Jones	
Fee:	\$12 general admission, \$8 Museum members	

# **PARTIES & RENTALS**



# **BIRTHDAY PARTY PACKAGES**

#### Longmont Recreation Center, 310 Quail Rd

Enjoy exclusive use of one of our party rooms or poolside party space for your child's next birthday.

Fee includes entry for up to 10 people with use of facility before/after. Group rate admission required for parties over 10 people. Stop by or call 303-774-4800 for available days/times.

**Large Party Room**: Space for up to 20

\$95 first hour/\$65 each additional hr.

Poolside Party Space: pool deck space reserved for your party.

Seating for 12 and space for 30

\$95 first hour/\$65 each additional hour

**Small Party Room**: Space for up to 10

\$75 first hour/\$40 each additional hour

#### **Add-On Options:**

requires party package above. Day/time limitations apply.

Climbing Wall Add-On: A dedicated wall attendant focused on your

party guests | \$35/hour per 10 guests

**Gym Court Add-On**: Dedicated use of a single court,

includes volleyball set up as desired | \$65/hour

### PRESCHEDULED GROUPS

Groups of 10 or more who want to use either the Longmont Recreation Center or Sunset Pool are asked to schedule ahead of time and receive a discounted entry fee. Requests are taken up to 6 months in advance. At the Longmont Recreation Center, please specify the areas the groups would like to use. Non-scheduled groups can be turned away during busy times or when enough staff are not present. Provide your name, desired date/time/location, and number of people to schedule your group.

To schedule dates/times, email "Prescheduled Group" the following:

Sunset Pool: swim@longmontcolorado.gov

Pool at Longmont Recreation Center: swim@longmontcolorado.gov



# **FACILITY RENTALS**

More detailed information about facility rentals, including any additional admission fee requirements or day/time limits, are available online at LongmontColorado.gov/recreation.

#### St Vrain Memorial Building

700 Longs Peak Ave | 303-651-8404

Gymnasium Rental: \$70/hr
After Hours Rentals: \$110/hr & up
Itty Bitty Gym Rental: \$250/2 hrs

#### **Longmont Recreation Center**

310 Quail Rd | 303-774-4800

Meeting Rooms:	\$35/hr & up
Gym-Single Court:	\$100/hr
Gym-Feature Court:	\$200/hr
After-hours All-facility:	\$450/hr & up
After-hours Lap Pool:	\$95/hr-\$125/hr
After-hours Leisure Pool:	\$150hr-\$250/hr
After-hours Both Pools:	\$200/hr-\$300/hr

#### **Centennial Pool**

1201 Alpine St | 303-651-8406

Contact Swim@LongmontColorado.gov.

After Hours Pool Options:

Up to 20 people: \$95/hr 21 + people: \$150/hr

#### **Outdoor Summer-Only Pools**

Booking for summer begins February 11. Check out LongmontColorado.gov/pools for 2025 availability and pricing details in January.

Locations:

Sunset Pool, 1900 Longs Peak Ave

Kanemoto Activity Pool,

1151 S. Pratt Pkwy

Roosevelt Activity Pool, 903 8th Ave

# **FACILITY RENTALS**

The City of Longmont and Longmont Recreation Services have a number of facilities that are available to rent for a meeting or special event. Fees listed are for Longmont residents, non-resident rate slightly higher.

Cancellations with two weeks notice or less are subject to loss of deposit and/or loss of a percentage of fees paid. Please be aware that special permits are required if you are holding a large event, charging admission or serving or selling alcohol, regardless of date.

# LONGMONT RECREATION SERVICES

All Recreation Services facilities offer during-hours and after-hours rentals. bit.ly/LongmontFacilityRental

#### **Centennial Pool**

**1201 Alpine St** | **303-651-8406** Multipurpose Room, Pool Rental



#### **St Vrain Memorial Building 700 Longs Peak Ave** | **303-651-8404** Meeting/Party Rooms, Gymnasium

#### **Longmont Recreation Center**

**310 Quail Rd** | **303-774-4800** Meeting/Party Rooms Gymnasium | Pool Rentals



#### Historic Callahan House 312 Terry St | 303-776-5191

Capacity In-house event: 75

Sit-down meals: 36-48 House and garden: 125

Weddings & Receptions, Parties, Meetings, Retreats. Cost varies; deposit required.

LongmontColorado.gov/Callahan

#### **Park Shelters**

Apr 11-Oct 11: \$50-\$75 res day/\$63-\$94 nr Shelter rental fees are not collected between the 2nd Sunday in October and the 2nd Monday in April due to restroom winterization. Shelters without a key deposit are welcome to be used during winter months: please reserve if event is more than 2 hours. Reserve a shelter: call 303-651-8404 or online at

**LongmontColorado.gov/park-shelters**For info on parks: bit.ly/parkfinder

#### **Izaak Walton Clubhouse**

18 S Sunset St | 303-651-8404 Capacity: 95 people with tables & chairs Cost is \$75/hr Fri, Sat, and Sun. Limited availability M-Th; call for details. \$200 deposit required. Subject to closure in 2025

#### **Willow Farm Barn**

901 S Fordham St | 303-651-8404 Enclosed unheated shelter with six picnic tables adjacent to playground. Mid-April to mid-Oct. \$125/4-hr time block; \$250 deposit required.

#### **Lashley St Station**

**1200 Lashley St** | **303-651-8443** Meeting/party rooms, capacity 35-50. \$65/hr. Kitchenette, whiteboard, tables and chairs. Weekend availability. \$200 deposit & bldg supervisor required.

#### **Roosevelt Ice Pavilion-**Seasonal

725 8th Ave | 303-651-8443 Limited private ice rentals.

#### Sunset Pool - Seasonal

**1900 Longs Peak Ave** | **303-651-8300** Indoor Meeting/Party Room Outdoor pool and shade shelters

Athletic Fields - Seasonal Long & short term | 303-774-3527

#### **Commercial Use of Parks**

Looking to host classes or camps at public parks? Reservations Required | 303-651-8443

### Sandstone Ranch Visitors & Learning Center

**3001 Sandstone Dr** | **303-651-8443** Small venue for weddings, anniversaries, meetings, retreats and other events.

#### **Golf Course Rental Facilities**

Sunset | 1900 Longs Peak Ave | rental number 303-651-8466 Meeting Room (off season), outdoor options for parties and weddings. Large trees, beautiful views. Onsite catering. Full bar onsite.

Twin Peaks | 1200 Cornell Dr | rental number 303-877-4678 Meeting room (year-round), outdoor covered/uncovered patio. Indoor/outdoor options for parties & weddings. Full bar onsite.

Ute Creek | 2000 Ute Creek Dr | rental number 303-774-4342

Meeting room (off season), covered outdoor patio and pavilion perfect for parties and weddings. Stunning Views. On and off-site catering. Full bar onsite

#### **Longmont Museum**

**400 Quail Road** | **303-651-8374** Multiple spaces from 50-person classroom to 250-seat auditorium. **longmontmuseum.org** 

#### **Senior Center**

910 Long Peak Ave | 303-774-4714 Nights and Weekends Only. Multiple spaces available. LongmontColorado.gov/senior-services

#### **Longmont Public Library**

409 4th Ave | 303-651-8795 Capacity: 12 people Classroom and meeting space Free - Only non-profit/educational usage.

#### **Fire Station Community Rooms**

Non-Profit groups only. Contact Longmont Fire Admin at 303-651-8437 or Kimberly.gearhart@longmontcolorado.gov

#### NOT SURE WHERE TO START?

For assistance finding space for your special event please contact RecSupport@longmontcolorado.gov with your particulars or call our event planning hotline 303-651-8443.

City of Longmont 700 Longs Peak Ave Longmont, CO 80501

POSTAL PATRON

PRSRT STD US POSTAGE PAID LONGMONT, CO PERMIT NO. 19

# Thank You to Our 2024 Community Sponsors

whose generous contributions support Longmont Recreation events throughout the year!

- » FNBO
- » The Jones Foundation
- » NextLight
- » UCHealth
- » WK Real Estate
- » Orthopedic & Spine Center of the Rockies

» Bricks Retail LLC

- » Natural Grocers
- » Nothing Bundt Cakes
- » Shoes & Brews
- » Skazma
- » Longmont Sister Cities Association

- » City of Longmont Waste Services
- » Longmont Times-Call
- » Twin Peaks Classical Academy











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