

THERAPEUTIC RECREATION

CITY OF
Longmont
Recreation



SCOPE Program

The SCOPE Program helps people with disabilities join fun and safe leisure activities. We want everyone to feel included, confident, and happy while trying new things.

Ariana Heter, CTRS | Therapeutic Recreation Coordinator | ariana.heter@longmontcolorado.gov | 303-651-8907

SCOPE: Arts & Crafts

It's time to get those creative muscles moving! Join SCOPE for a variety of creative expressions! All materials are provided. All abilities are welcome. *"scope"*

8 & up:	Mondays, 5:30-6:30pm	
Fall Leaf Suncatchers	Sept 22	449202
Painted Mini Pumpkins	Oct 27	449202
Gratitude Tree Collage	Nov 17	449202
Holiday Ornament Decorating	Dec 15	149202
Location:	Senior Center, 910 Longs Peak Ave	
Fee:	\$15 resident/\$19 non-resident	

SCOPE: Cooking Class

Join our hands-on cooking class and discover the joy of making delicious food! Get ready to chop, mix, and savor your tasty creations in a fun and interactive environment! *"scope"*

8 & up:	Wednesday, 12-1 pm	
Grilled Cheese & Tomato Soup	Sept 10	449205
Taco in a Cup	Oct 8	449205
Loaded Mashed Potato Bowls	Nov 12	449205
Holiday Pancakes & Toppings	Dec 10	149205
Location:	Lashley St Station, 1200 Lashley St	
Fee:	\$15 resident/\$19 non-resident	

SCOPE: Movie Night

Join in for some movie night fun! Popcorn, light refreshments, and great company! All movies will be PG-13. Movie titles to be announced 1-week in advance. *"scope"*

8 & up:	Mondays, 5-7pm	
	Sept 8 Oct 6 Nov 10	449500
	Dec 8	149500
Location:	Senior Center, 910 Longs Peak Ave	
Fee:	\$10 resident/\$13 non-resident	

SCOPE: Community Outing

Join SCOPE for a day out in the community! This program provides the opportunity to develop a variety of important social and life skills, find new hobbies and interests, and have fun connecting with others in a new environment! *"scope"*

12 & up:		
Golden Ponds Nature Walk & Picnic:		
	Sept 19, Fri, 10:30am-1pm	449514
Anderson Farms:		
	Oct 20, Mon, 10am-1pm	449514
Denver Museum of Nature & Science:		
	Nov 6, Thurs, 9am-1pm	449514
Longmont Theatre Company – Mystery Show!		
	Dec 5, Fri, 6:30-10pm	149514
Depart Location:	St Vrain Memorial Bldg, 700 Longs Peak Ave	
Fee:	Price varies by date, \$5-\$50 resident	



Jeff Clark Inducted into Colorado Sports Hall of Fame!

Jeff Clark, a proud SCOPE participant, has been part of Special Olympics Colorado for over 30 years. He is known as a talented and hardworking athlete who plays flag football, tennis, swimming, and more.

Jeff doesn't just compete—he also helps others. He graduated from Athlete Leadership University and works to support older athletes. He even helped introduce pickleball as a new sport for Special Olympics Colorado.

From helping with "Learn to Play" events to encouraging athletes of all ages, Jeff shows courage, teamwork, and leadership. In 2024, he was honored with the Colorado Sports Hall of Fame Athletes with Disabilities award for both his athletic skills and his work in the community.

For more information or to get involved, contact Ariana Heter, Therapeutic Recreation Coordinator at ariana.heter@longmontcolorado.gov





SCOPE: Parties

Join SCOPE for a party every month!
Light refreshments provided.

“scope”

8 & up: Wednesday, 5:30-7pm

Fall Festival Social	Sept 17	449520
Costume Bash	Oct 15	149514
Friendsgiving Potluck & Game Night	Nov 19	149514
Winter Wonderland Celebration	Dec 17	149520
Location:	St Vrain Memorial Bldg, 700 Longs Peak Ave	
Fee:	\$15 resident/\$19 non-resident	

SCOPE: Lunch Trips

Each month, join SCOPE as we visit a different restaurant for casual lunch. Transportation is provided. Cost of lunch is on your own. Spots are limited, registered now!

“scope”

12 & up:

The Sink, Boulder	Sept 30, Wed, 11:30am-2pm	449521
Parkway Food Hall, Longmont	Oct 14, Tues, 11:30am-1:30pm	449521
The Waterloo, Louisville	Nov 18, Tues, 11:30am-2pm	449521
The Post, Lafayette	Dec 9, Tues, 11:30am-2pm	149521
Depart Location:	St Vrain Memorial Bldg, 700 Longs Peak Ave	
Fee:	\$6 resident/\$8 non-resident	

SCOPE: Line Dance

Adaptive line dance makes dance for everyone! No prior dance experience required. Inclusive movement for standing or seated participants. Come out and enjoy line dance with Two Left Boots!

“scope”

10 & up:	Tuesday, 4-5pm	449513 149513
	Sept 2 Oct 7 Nov 4 Dec 2	
Instructor:	Two Left Boots	
Location:	St Vrain Memorial Bldg, 700 Longs Peak Ave	
Daily Fee:	\$7 resident/\$9 non-resident	

SCOPE: Sing for Joy!

Sing your favorite songs with Barbara Jo and experience the magic of music! No experience needed—just a desire to have fun. Enjoy playing with bells and percussion instruments.
*Care assistants are required for individuals with severe physical or emotional needs.

“scope”

10 & up: Friday, 4-5pm

Sept 5 Sept 19 Oct 3 Oct 17 Nov 7 Nov 21	449516
Dec 5 Dec 19	149516

Instructor: Barbara Jo Kammer

Location: Izaak Walton Clubhouse, 18 S Sunset

Daily Fee: \$7 resident/\$9 non-resident

Hand Drumming for All!

This all-inclusive drumming class unites us with one common thread - The Love of The Beat! No experience or musical background is required. Drums and percussion instruments are provided.

“scope”

12 & up: Thursday, 1:30-2:30pm

489604

Sept 11 | Oct 9 | Nov 13 | Dec 11

Instructor: Djembe Jive LLC

Location: Senior Center, 910 Longs Peak Ave

Fee: \$15 resident/\$17 non-resident

SCOPE: Bowling

Join us at Centennial Lanes to enjoy a fun and exciting leisure activity or prepare for the Special Olympics Bowling Tournament in the Fall. Each bowler participates at their own pace and should have a basic knowledge of bowling. An additional fee of \$2 is collected from each bowler per week.

“bowling”



12 & up:	Sept 11-Oct 30, Thurs, 3-4pm	449100
	Nov 6-Dec 18, Thurs, 3-4pm	449100

Location: Centennial Bowling, 110 E 9th Ave

Fee: \$22 resident/\$28 non-resident

SCOPE: Volleyball

This program offers instruction and training in Special Olympics Volleyball Unified team competition.

“scope”

11 & up: Sept 9-Nov 18, Tue, 6:15-7:15pm

449110

Location: St Vrain Memorial Bldg, 700 Longs Peak Ave

Fee: \$22 resident/\$28 non-resident