

## Skyhawks SuperTots

Supertots Sports programs help young kids get active and have fun while learning basic sports skills. The classes also teach important preschool skills like listening, following directions, sharing, taking turns, and learning colors, numbers, shapes, and sizes. Try a free class with Skyhawks on Sept 5 or Oct 17. You must register to join.

<b>HoopsterTots:</b>	<b>Sept 12-Oct 10, Friday</b>	
<b>SoccerTots:</b>	<b>Oct 24-Nov 21, Friday</b>	
<b>2 yrs:</b>	<b>9:30-10:20am   3 yrs: 10:30-11:20am</b>	
<b>Location:</b>	Rough N Ready Park, 301 E 21st St	
<b>Fee:</b>	\$89, register at skyhawkscolorado.gov	

## Preschool Sports

These clinics are indoors and/or outdoors and focus on the basics of the game, listening, sportsmanship, and teamwork. Come prepared for the weather (bring a water bottle and wear sunscreen).

<b>3-5 yrs:</b>	<b>Tuesdays Sept 2-23   Oct 7-28   Nov 4-25</b>	
<b>Basketball</b>	8:45-9:30am	412116
<b>Soccer</b>	9:45-10:30am	412121
<b>Tball</b>	10:45-11:30am	412122

<b>Location:</b>	Longmont Recreation Center, 310 Quail Rd	
<b>Fee:</b>	\$40 resident/\$50 non-resident	

## Amazing Athletes

Kids learn the fundamentals of 10 different sports, 6 key areas of gross-motor development and an introduction to nutrition & muscle terminology.

### Amazing Tots

<b>1-3 yrs:</b>	<b>Amazing Tots Tues, 4:30-5pm</b>	445214
	<b>Sept 2-23   Sept 30-Oct 21   Oct 28-Nov 18   Nov 25-Dec 16</b>	

### Amazing Athletes

<b>3-7 yrs:</b>	<b>Amazing Athletes Tues, 5-5:45pm</b>	445213
<b>3-7 yrs:</b>	<b>Tuesdays, 5-5:45pm</b>	445213
	<b>Sept 2-23   Sept 30-Oct 21   Oct 28-Nov 18   Nov 25-Dec 16</b>	
<b>Instructor:</b>	Amazing Athletes	
<b>Location:</b>	St Vrain Memorial Bldg, 700 Longs Peak	
<b>Fee:</b>	\$60 resident/\$75 non-resident	

## Youth Badminton Lessons

Badminton is a racquet sport played using racquets to hit a shuttlecock across a net. Learn rules, strokes, footwork and strategy. Emphasis is on doubles play (two players per side).

<b>11-18 yrs:</b>	<b>Sun, 5:30-6:30pm</b>	412221
<b>Monthly sessions:</b>	<b>Sept   Oct   Nov</b>	
<b>Instructor:</b>	Manoj Gangwar	
<b>Location:</b>	St Vrain Memorial Bldg, 700 Longs Peak Ave	
<b>Fee:</b>	\$34.75 resident/\$43.50 non-resident	

## Fencing Lessons

Learn to fence! A lively class with simple instructions introduces you to footwork and blade work, as well as the history and terminology used in this exciting sport. Each class builds on the skills learned in the previous class. All fencing equipment is provided.

<b>7-16 yrs:</b>	<b>Wednesday, 5-6pm</b>	412252
	<b>Aug 6-Sept 10   Sept 17-Oct 22   Oct 29-Dec 3</b>	
<b>Location:</b>	Fencing Academy of Denver in Longmont	
<b>Fee:</b>	\$157.50 resident/\$197 non-resident	

## Child & Youth Climbing Classes

Try rock climbing in a safe and friendly space. Learn how to use climbing gear, practice basic moves, and play games. Instructors help everyone learn at their own speed, with lots of support and encouragement. No climbing experience needed! All equipment provided. Wear comfy clothes and athletic shoes. *\*No class 11/24-28*

<b>6-9 yrs:</b>	<b>5-6pm</b>	<b>10-13 yrs: 6-7pm</b>	
<b>Beginner Classes:</b>	<b>Mon or Tue</b>		417346
	<b>Sept 8-30   Oct 6-28   Nov 3-Dec 2*</b>		
<b>Intermediate Classes:</b>	<b>Wed</b>		417346
	<b>Sept 10-Oct 1   Oct 8-29   Nov 5-Dec 3*</b>		
<b>Location:</b>	Longmont Recreation Center, 310 Quail Rd		
<b>Fee:</b>	\$55 resident/\$69 non-resident		



## Middle School Soccer League

For boys and girls who attend participating schools. Practices are after school 2-3 times per week, 1-2 hours each day. Teams play at least four games per season, Mon-Fri, at 4pm or 5pm. This program is dependent upon coaches, please call 303-651-8398 if you are able to coach or referee. Pay starts at \$16.43/hour.

<b>Grades 6-8:</b>	<b>Sept 2 to mid-Oct</b>	412725
<b>Fee:</b>	\$60	

## CARA Cross Country

Run long distance in a recreational atmosphere and compete in a meet appropriate to age and skill level. Practices are coed. Optional meets are on Saturdays and/or Sundays. A copy of a birth certificate at time of registration/first practice is required.

<b>9-14 yrs:</b>	<b>Aug 18-Oct 11, Mon/Wed, 6-7pm</b>	412262
<b>Location:</b>	Various parks in Longmont	
<b>Fee:</b>	\$66.25 resident/\$82.75 non-resident	

## Fall Youth Volleyball League

Join our coed volleyball league focused on teamwork, sportsmanship, skill-building, and fun! Each team plays 6 games and practices 2 hours per week. Registration deadline: Sept 7. Games begin: Oct 11. *“volleyball”*

Sept 29-Nov 15	<b>Grades 3 &amp; 4</b>	412423
	<b>Grades 5 &amp; 6</b>	412425
	<b>Grades 7 &amp; 8</b>	412427
Fee:	\$86.75 resident/\$108.50 non-resident	

## CARA High School Volleyball League

For girls in high school not playing on a high school or club volleyball team. Times, dates and location of practices depend on coach's availability. Teams travel to Denver Metro locations to play games on Saturdays. *“volleyball”*

<b>Grades 9-12</b>	<b>Dates TBD</b>	412429
Fee:	\$105 resident/\$131.25 non-resident	



## BASKETBALL

Longmont's coed youth basketball program emphasizes teamwork, sportsmanship, skill development, participation, and FUN. Grade used is for the 2025-2026 school year. Includes t-shirt and a basketball. These programs are dependent upon volunteer coaches: please call 303-651-8398 to volunteer. *“basketball”*

### Youth Basketball: Grades K-2

<b>Kindergarten:</b>	Instructional, no games	
	<b>Oct 21-Nov 18, Tue, 4:15-5pm</b>	412201
Location:	Longmont Recreation Center, 310 Quail Rd	
Fee:	\$55 resident/\$68.75 non-resident	

<b>1st &amp; 2nd Grade:</b>	Includes 5 Monday evening practices and 4 Tuesday evening games. First game is Oct 29.	
	<b>Oct 20-Nov 18, Monday &amp; Tuesday</b>	412022
Location:	Longmont Recreation Center, 310 Quail Rd	
Fee:	\$76 resident/\$95 non-resident	

### Youth Basketball League: Grades 3-12

Practice two hours per week at local schools Monday-Friday evenings. Grades 3-8 play Saturday games in Longmont or surrounding towns. High School League is for players who DO NOT play on a high school or club team. HS games are played on Sundays. Registration deadline is Dec 15. *“basketball”*

<b>Dates:</b>	<b>Jan 12-Feb 28, games begin Jan 24 &amp; 25</b>		
Boys		Girls	
3rd Grade	112003	3rd Grade	112013
4th Grade	112004	4th Grade	112014
5th Grade	112005	5th Grade	112015
6th Grade	112006	6th Grade	112016
7th Grade	112007	7th/8th Grade	112017
8th Grade	112008		
9th-12th Grade	112012	9th-12th Grade	112011
Fee:	\$105 resident/\$131.25 non-resident		

## WINTER BREAK CAMPS

### Volleyball Camp

Join us for a power packed camp designed to be fun while teaching the fundamentals of the sport – serving, setting, hitting, and defense. For beginners and intermediate players. No experience is necessary. All equipment provided. *“volleyball”*

<b>Grades 3-6:</b>	<b>Dec 29 &amp; 30, M &amp; Tu, 9-11am</b>	112296
<b>Grades 7-8:</b>	<b>Dec 29 &amp; 30, M &amp; Tu, 11am-1pm</b>	112296
Location:	Longmont Recreation Center, 310 Quail Rd	
Fee:	\$100 resident/\$125 non-resident	

### Basketball Winter Break Camp

Teaching ball handing (dribbling) and shooting fundamentals, this camp is a great way to build confidence and ability. Camp includes 3v3 fun games and drills. All levels of play welcome. *“basketball”*

<b>8-12 yrs:</b>	<b>Dec 29 &amp; 30, M &amp; Tu, 2-4pm</b>	112291
Location:	Longmont Recreation Center, 310 Quail Rd	
Fee:	\$100 resident/\$125 non-resident	

## YOUTH & ADULT TENNIS LESSONS

Tennis lessons for the very beginner and for those with some tennis skills. Learn proper technique, how to play, and ways to be competitive on the court. Each lesson focuses on your individual needs to help build confidence and improve your game. Lessons WILL happen on Mon, Sept 1.

Location: Quail Tennis Court Complex, 310 Quail Rd

### Youth Tennis Lessons – Ages 5-10

A developmental program for beginner to advanced beginner players. Develop tennis skills in a safe and friendly environment. *“tennis”*

**Fall Session: Aug 18-Oct 24**

5-6 yrs: Mon, Wed, or Fri 3:30-4:15pm 412600

7-8 yrs: Mon, Wed, or Fri 4:15-5pm 412601

Fee: \$152.50 resident/\$190.75 non-resident

9-10 yrs: Mon, Wed, or Fri 5-6pm 412602

Fee: \$200 resident/\$250 non-resident

### Junior Tennis – Ages 11-16

These game-based programs use specific exercises and fun games to help students understand aspects of tennis.

**Fall Session: Aug 18-Oct 24**

**Beginner: Tue or Thurs, 4-5pm** 412603

**Intermediate: Tue or Thurs, 5-6pm** 412613

Fee: \$200 resident/\$250 non-resident

**Advanced: Thursday, 6-7:30pm** 412614

Fee: \$357.50 resident/\$447 non-resident

### Adult Tennis – Ages 16 & up

Beginners with little to no experience are introduced to basic technique and movement, scoring, and some strategy. Intermediate requires solid basic strokes and knowledge of the game. Emphasis is on improving existing skills and movement.

**Session 1: Aug 18-Sept 17 | Session 2: Sept 22-Oct 22**

**Adult Beginner: Wednesday 6-7:30pm** 412605

**Adult Intermediate: Monday 6-7:30pm** 412615

Fee: \$178.75 resident/\$223.50 non-resident

## LOOKING FOR SPORT DROP-IN OFFERINGS?

See the Longmont Recreation Center and St Vrain Memorial Building, pages 4 & 5.

### Shotokan Karate

Shotokan karate helps improve fitness, confidence, motor skills, flexibility, speed, focus, discipline, and personal safety. The classes are taught by Sensei Chad Callaghan, a 3rd degree black belt, and are part of the International Shotokan Karate Federation. *“karate”*

7-17 yrs: Tue & Thurs, 6-7:30pm 445251

18 & up: Tue & Thurs, 6-7:30pm 445254

On-going monthly sessions

Youth Fee: \$75resident/\$93.75 non-resident

Adult Fee: \$95 resident/\$118.75 non-resident

Instructor: Sensei Chad Callaghan, Budo Shotokan Karate

Location: St Vrain Memorial Bldg, 700 Longs Peak

### Tae Kwon Do

This is a traditional Chung Do Kwan style of Tae Kwon Do. All sparring is no-contact. Classes consist of basic techniques (kicks, punches, and blocks), forms or katas, no-contact sparring, and other self-defense techniques. *“tae kwon do”*

7 & up: Sept 3-Dec 29, M/W/F, 5:45-7:15pm 447250

Instructor: Jim Goldsmith

Location: St Vrain Memorial Bldg, 700 Longs Peak

Fee: \$130 resident/\$162.50 non-resident





# SPORTS

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Recreation

## Youth & Teen Pickleball Lessons

Pickleball is a combination of badminton, ping pong and tennis and played with a whiffle ball on a short tennis court. It's fun, social and easy to learn. Come learn the basics of the sport. Equipment provided. *\*No class 11/25.* **"pickleball"**

**9-11 yrs:** Tue, 5:15-6:15pm 412222

Monthly session: **Sept | Oct**

**12-15 yrs:** Tue, 6:30-7:30pm 412222

Monthly session: **Sept | Oct**

**Location:** Hover Pickleball Courts, 1361 Charles St

**9-15 yrs:** Nov 4-Dec 2\*, Tue, 4:30-5:30pm 412222

**Location:** Longmont Recreation Center, 310 Quail Rd

**Fee:** \$52.25 resident/\$61 non-resident

## Adult Pickleball Clinic

For players at intermediate to advanced levels. Join us to get better at pickleball while making new friends and having fun. The first hour is for drills, and the second hour is for practicing what you learned. You'll work on different serves, returns, and game strategies to help your team win. **"pickleball"**

**18 & up:** Sept 8-29, Mon, 5:30-7:30pm 312392

**Location:** Hover Pickleball Courts, 1361 Charles St

**Fee:** \$91.50 resident/\$114.25 non-resident



## Adult Pickleball Lessons

A combination of badminton, ping pong and tennis is played with a whiffle ball on a short tennis court. It's fun, social and easy to learn. Learn rules, techniques and basic strategies. Designed for beginner and advanced beginning players. Equipment provided. **"pickleball"**

**16 & up:** Wed, 4:30-5:30pm or 5:30-6:30pm

Thurs, 4:30-5:30pm or 5:30-6:30pm

**Sept 10-Oct 2 | Oct 8-30** 412322

**Location:** Hover Acres Park, 1361 Charles Dr

**Fee:** \$52.25 resident/\$61 non-resident

**16 & up:** Wed 9-10am, or Fri 9-10am, or Sun 1-2pm

Nov 2-Dec 5\* *\*No class 11/24-11/30.*

**Location:** Longmont Recreation Center, 310 Quail Rd

**Fee:** \$52.25 resident/\$61 non-resident

## NOW HIRING FOR SPORTS STAFF

- » Coaches/Instructors
- » Referees/Umpires
- » Field/Facility Supervisors
- » Bus Drivers - driving 15 passenger vans

Competitive Pay + Work Perks  
Experience preferred but not needed  
Training Provided

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## NEED PRACTICE SPACE? WANT TO RENT A BALLFIELD?

Any organized sports team practicing at a City facility or athletic field must have a permit. Contact the Sports Office for permits, pricing, and more information at 303-774-3527 or [sports@longmontcolorado.gov](mailto:sports@longmontcolorado.gov).

## ADULT SPORTS LEAGUES

Sport League registration and rules are available online and at the Longmont Recreation Center, 310 Quail Rd. Sign-up as a free agent! Free agents are individuals who don't have a team but want to play in an adult sports league. Free agents are combined to form a team(s).

*\*Split payment Option – Pay half the registration fee when you sign up and the rest of the fee halfway through the season. Split payment option adds \$15 to league pricing. Early Bird Discount – pay early and get a discount, look for before and after dates listed in the description.*

### Fall Adult Basketball

Adult Recreational 5v5 basketball leagues are offered in winter, spring, summer, and fall on Thursday nights. End of season tournament included. *“basketball”*

**18 & up:** Longmont Recreation Center, 310 Quail Rd

**Adult 5v5 Fall Dates:** Sept 11-Nov 13; 8 games

Registration Dates: Jun 30-Sept 2

Fall Team Fee\*: \$480 before 8/19; \$510 after 8/18

Registration Deadline: 9/2; \$15 late fee begins 9/3

Free Agent Fee: \$64 resident/\$80 non-res 412311

### Fall Adult Flag Football

Down, set, hike! Flag Football returns to Longmont's athletic line up and will play at the new turf fields at Dry Creek Park. Play is 8v8, on Monday evenings, and designed for casual play with friends.

**18 & up:** Dry Creek Turf Fields, 1251 Grandview Meadows

**Fall Dates:** Sept 8-Oct 27; 8 games

Registration Dates: Jul 7-Aug 25

Fall Team Fee\*: \$570 before 8/12; \$600 after 8/11

Registration Deadline: 8/25; \$15 late fee begins 8/26

Free Agent: \$60 res/\$75 non-res

## LAST CHANCE TEAM ENROLLMENTS

The deadline for the following leagues has passed, yet there may be room for one or two more teams. To register, email [sports@longmontcolorado.gov](mailto:sports@longmontcolorado.gov).

### Fall Coed Kickball

Adult kickball is wild fun – a sport that athletes of all abilities can play. Play is coed and on Tuesday nights. *“kickball”*

**18 & up:** Garden Acres Ballfields, 2058 Spencer St

**Fall Dates:** Aug 12-Oct 14; 8 games

Fall Team Fee\*: \$425

### Fall Softball

Hey batter, batter! Men's, women's, and coed softball leagues are offered during three seasons. *“softball”*

**16 & up:** Garden Acres Ballfields, 2058 Spencer St

Fall Dates: Aug 13-Oct 17; 8 games

Fall Team Fee\*: \$545



## GOLF



### GOLF LONGMONT [www.golflongmont.com](http://www.golflongmont.com)

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