



## SENIOR SERVICES 910 Longs Peak Ave | 303-651-8411

Offering recreation, informational programs, resource guidance, and services for those 55 years plus and their family caregivers.

Office Hours: Monday-Thursday: 8 am-8 pm  
Friday: 8 am-5 pm | Saturday: 8 am-Noon

Closed: Dec 25, Jan 1, Jan 19 & Feb 16

email: [senior@LongmontColorado.gov](mailto:senior@LongmontColorado.gov)  
[LongmontColorado.gov/senior-services](http://LongmontColorado.gov/senior-services)

The GO Magazine comes out every quarter with upcoming programs. Find out about art, fitness, and education classes, lectures, and a variety of drop-in groups. Each GO includes details on special events, trips, senior resources, and supportive services. A separate brochure provides details on all supportive services.

## RESOURCES AND SUPPORTIVE SERVICES

Senior Services Division staff provides information and referral to older adults and caregivers of older persons regarding a wide array of resources and services including; housing, in home services, financial support programs, and many others.

Professional counseling staff and peer support volunteers provide one on one and group support.

Resource staff: **Veronica Garcia** at 303-651-8716 or  
**Amy Payan** at 303-774-4372  
**Melissa Losino** at 303-651-8654

Counseling staff: **Brandy Queen** at 303-651-8414  
**Kayleigh Schernbeck** at 303-774-4497

## COME GET TO KNOW US

### Get Acquainted

Get acquainted with others who are new to the Senior Center or new to the area. Join us to learn more about various programs, opportunities, and resources at the Senior Center. Facilitated by Senior Services staff. "meet"

55 & up:	<b>Feb 5, Thurs, 9-10:30am</b>	183800
	<b>Apr 22, Wed, 5-6:30pm</b>	283800
Fee:	Free, please register in advance	



Specific support activities are detailed in the quarterly GO catalog and often include programs such as **Advanced Directives** and **Medicare Basics**. Support groups for **Adjust to Life's Changes**, **Grief**, and **Caregivers** are also offered.

### Get the Scoop

Come see old and meet new acquaintances while we learn about all the fun and exciting trips we've got planned for the upcoming season. We'll discuss the lottery process along with details for each outing to help you decide what trips you would like to register for during the open enrollment period.

55 & up:	<b>Dec 9, Tues, 3-4:30pm</b>	481399
	<b>Apr 14, Tues, 3-4:30pm</b>	281399
Fee:	Free, please register in advance	