

Preschool Sports

These clinics are indoors and/or outdoors and focus on the basics of the game, listening, sportsmanship, and teamwork. Come prepared for the weather. Bring a water bottle and wear sunscreen. **No class Mar 17.* **"sports"**

3-5 yrs:	Tuesdays	
	Jan 6-27 Feb 3-24 Mar 3-31* Apr 7-28	
Soccer	8:45-9:30am	112121 212121
Basketball	9:45-10:30am	112116 212116
Tball	10:45-11:30am	112120 212122
Location:	Longmont Recreation Center, 310 Quail Rd	
Fee:	\$44 resident/\$55 non-resident	

Amazing Athletes

Kids learn the basics of 10 sports, key gross-motor skills, and an introduction to nutrition and muscle terms. **"amazing"**



Amazing Tots		
1-3 yrs:	Tue, 4:30-5pm	145213 245213
Amazing Athletes		
3-7 yrs:	Tue, 5-5:45pm	145214 245214
	Jan 6-27 Feb 3-24 Mar 3-31*	
	Apr 7-28 May 5-26	
Instructor:	Amazing Athletes	
Location:	St Vrain Memorial Bldg, 700 Longs Peak Ave	
Fee:	\$60 resident/\$75 non-resident	
*March Fee:	\$75 resident/\$93.75 non-resident	

Tiny Tumblers

Hop, run, and tumble through fun obstacle courses! Parents and kids practice basic gymnastics and tumbling on colorful mats and balance beams. **"tumblers"**

1-2.5 yrs:	Fri, 5-5:45pm	144652 244652
	Jan 9-Feb 13 Feb 20-Mar 27 Apr 3-May 8	
Location:	St Vrain Memorial Bldg, 700 Longs Peak Ave	
Fee:	\$60 resident/\$75 non-resident	

Junior Jumpers

Build strength, flexibility, and coordination while learning basic gymnastics skills! Parents and kids practice fun drills on mats and balance beams in a safe and supportive environment.

2.5-3 yrs:	Fri, 6-7pm	144653 244653
	Jan 9-Feb 13 Feb 20-Mar 27 Apr 3-May 8	
Location:	St Vrain Memorial Bldg, 700 Longs Peak Ave	
Fee:	\$60 resident/\$75 non-resident	

Skyhawks SuperTots

SuperTots Sports programs help young kids get active and have fun while learning basic sports skills. The classes also teach important preschool skills like listening, following directions, sharing, taking turns, and learning colors, numbers, shapes, and sizes.

SoccerTots:	Jan 15-Feb 19, Thursday
HoopsterTots:	Feb 26-Apr 2, Thursday
BaseballTots:	Apr 9-May 14, Thursday
2.5-3.5 yrs:	9:20-10:10am 3.5-4 yrs 10:20-11:10am
Location:	Longmont Recreation Center, 310 Quail Rd
Fee:	\$89, register at skyhawkscolorado.com

BASKETBALL

Longmont's coed youth basketball program emphasizes teamwork, sportsmanship, skill development, participation, and FUN. Grade used is for the 2025-2026 school year. Includes t-shirt and a basketball. These programs are dependent upon volunteer coaches: please call 303-651-8398 to volunteer. **"basketball"**

Youth Basketball: Grades K-2

Kindergarten:	Instructional, no games	"basketball"
Mar 24-Apr 21, Tue, 4:15-5pm	212201	
Fee:	\$60.50 resident/\$75.75 non-resident	
1st & 2nd Grade:	Includes 5 Monday evening practices and 4 Tuesday evening games. First game is Mar 31.	
Mar 23-Apr 21, Mon & Tue, after 5pm	212022	
Fee:	\$83.25 resident/\$104.75 non-resident	
Location:	Longmont Recreation Center, 310 Quail Rd	

Youth Basketball League: Grades 3-12

Practice two hours per week at local schools Monday-Friday evenings. Grades 3-8 play Saturday games in Longmont or surrounding towns. High School League is for players who DO NOT play on a high school or club team. HS games are played on Sundays. Registration deadline is Dec 15. **"basketball"**

Dates:	Jan 12-Feb 28, games begin Jan 24 & 25		
Boys		Girls	
3rd Grade	112003	3rd Grade	112013
4th Grade	112004	4th Grade	112014
5th Grade	112005	5th Grade	112015
6th Grade	112006	6th Grade	112016
7th Grade	112007	7th/8th Grade	112017
8th Grade	112008		
9th-12th Grade	112012	9th-12th Grade	112011
Fee:	\$105 resident/\$131.25 non-resident		

Youth Climbing Lessons

This class is for all levels. Climbers learn how to use gear, practice basic moves, and play games. Instructors help everyone learn at their own speed. We provide all the gear. Wear comfy clothes and tennis shoes. *No Mar 16-18 or May 25 *"climbing"*

6-9 yrs:	Mon or Wed, 5-6pm, or Sat 9-10am	
10-13 yrs:	Mon or Wed, 6-7pm, or Sat 10-11am	
	Jan 5-31 Feb 2-28	117346
	Mar 2-Apr 4* Apr 6-May 2 May 4-Jun 1*	217346
Location:	Longmont Recreation Center, 310 Quail Rd	
Fee:	\$55 resident/\$69 non-resident	

Did you know that the climbing wall recently got a huge face lift?

Come check out our all-new routes and new flooring! longmontcolorado.gov/spaces

Open climbing hours available. See page 5.



VOLLEYBALL

Spring Youth Volleyball League

Join our coed volleyball league focused on teamwork, sportsmanship, skill-building, and fun! Each team plays 6 games and practices 2 hours per week. Registration deadline: Feb 23. Games begin: Apr 4. *"volleyball"*

Mar 23-May 9:	Grades 3 & 4	212423
	Grades 5 & 6	212425
	Grades 7 & 8	212427
Fee:	\$95.50 resident/\$119.50 non-resident	

CARA High School Volleyball League

For girls and boys in high school not playing on a high school or club volleyball team. Times, dates and location of practices depend on coach's availability. Teams travel to Denver Metro locations to play games on Saturdays. *"volleyball"*

Grades 9-12: Mar-May, Dates TBD	212429
Fee: \$	120 resident/\$150 non-resident

CAMPS

Winter Break Volleyball Camp

Join us for a power packed camp designed to be fun while teaching the fundamentals of the sport – serving, setting, hitting, and defense. For beginners and intermediate players. No experience is necessary. All equipment provided. *"volleyball"*

Grades 3-6:	Dec 29 & 30, M & Tu, 9-11am	112296
Grades 7-8:	Dec 29 & 30, M & Tu, 11am-1pm	112296
Location:	Longmont Recreation Center, 310 Quail Rd	
Fee:	\$100 resident/\$125 non-resident	

Winter Break Basketball Camp

Teaching ball handing (dribbling) and shooting fundamentals, this camp is a great way to build confidence and ability. Camp includes 3v3 fun games and drills. All levels of play welcome. *"basketball"*

8-12 yrs:	Dec 29 & 30, M & Tu, 2-4pm	112291
Location:	Longmont Recreation Center, 310 Quail Rd	
Fee:	\$100 resident/\$125 non-resident	

Spring Break Sports Camp

Come join us for a week of playing outdoors. Play multiple sports which could include basketball, t-ball, softball, soccer, volleyball, flag football, tennis, and kickball. Come prepared for the weather and ready to play in tennis shoes. Sign up for one day or the whole week. *"sports"*

6-12 yrs:	Mar 16-20, Mon-Fri, 9am-12pm	212293
Location:	Clark Centennial Park, 1135 Alpine St	
Daily Fee:	\$25.50 resident/\$32.00 non-resident	
All Week:	\$101.75 resident/\$127.25 non-resident	



YOUTH & ADULT TENNIS LESSONS

Tennis lessons for the very beginner and for those with some tennis skills. Learn proper technique, how to play, and ways to be competitive on the court. Each lesson focuses on your individual needs to help build confidence and improve your game.

Location: Quail Tennis Court Complex, 310 Quail Rd

Youth Tennis Lessons – Ages 5-10

A developmental program for beginner to advanced beginner players. Develop tennis skills in a safe and friendly environment. *“tennis”*

Spring Session: Mar 23-May 22

5-6 yrs: Mon or Wed, 3:45-4:30pm 212600

7-8 yrs: Mon, Wed, or Fri, 4:30-5:15pm 212601

Fee: \$137.25 resident/\$171.75 non-resident

9-10 yrs: Mon, Wed, or Fri, 5:15-6:15pm 212602

Fee: \$180 resident/\$225 non-resident



Junior Tennis – Ages 11-16

These game-based programs use specific exercises and fun games to help students understand aspects of tennis.

Spring Session: Mar 24 - May 21

Beginner: Tue or Thurs, 4-5pm 212603

Intermediate: Tue or Thurs, 5-6pm 212613

Fee: \$180 resident/\$225 non-resident

Advanced: Thurs, 6-7:30pm 212614

Fee: \$321.75 resident/\$402.25 non-resident

Adult Tennis – Ages 16 & up

Beginners with little to no experience are introduced to basic techniques and movement, scoring, and some strategy. Intermediate requires solid basic strokes and knowledge of the game. Emphasis is on improving existing skills and movement.

Session 1: Mar 23-Apr 24 | Session 2: Apr 27-May 22

Adult Beginner: Wednesday, 6:15-7:45pm 212605

Friday 9-10:30am 212605

Adult Intermediate: Monday, 6:15-7:45pm 212615

Friday 10:30am-12pm 212615

Session 1 Fee: \$178.75 resident/ \$223.50 non-res

Session 2 Fee: \$143 resident/ \$178.75 non-res

Drop-In Table Tennis

Join us for an evening of play. Bring your own paddle. Children must be supervised by parent/guardian.

All Ages: Dec 1-29, Mon 6:30-9pm

Jan 5 - Mar 16, Mon, 7:30-9:30pm

Mar 23-May, Mon, 6:30-9pm

Location: St Vrain Memorial Bldg, 700 Long Peak Ave

Fee: \$9 / \$2 for pass holders

PICKLEBALL

A combination of badminton, ping pong, and tennis, this game is played with a whiffle ball on a short tennis court. It's fun, social, and easy to learn, making it one of the nation's fastest growing sports. Learn rules, techniques, and basic strategies. Designed for beginner and advanced beginning players. Equipment provided, but be sure to bring water, and wear tennis shoes. *“pickleball”*

Adult Pickleball Lessons

16 & up: Wed or Fri, 9-10am | Sun, 1-2pm

Jan 4-30 | Feb 1-27 | Mar 1-27 112322 | 212322

Location: Longmont Recreation Center, 310 Quail Rd

Fee: \$57 resident/\$71.25 non-resident

16 & up: Wed, 4:30-5:30pm or 5:30-6:30pm

Thurs, 4:30-5:30pm or 5:30-6:30pm

Apr 1-23 | May 6-28 212322

Location: Hover Acres Park, 1361 Charles Dr

Fee: \$57 resident/\$71.25 non-resident

Youth Pickleball Lessons

8-15 yrs: Tue, 4:30-5:30pm *No Mar 17

Jan 6-27 | Feb 3-24 | Mar 3-31* 112222 | 212222

Location: Longmont Recreation Center, 310 Quail Rd

Fee: \$57 resident/\$71.25 non-resident

8-11 yrs: Tue, 5:15-6:16pm

12-15 yrs: Tue, 6:30-7:30pm

Apr 7-28 | May 5-26 212222

Location: Hover Acres Park, 1361 Charles Dr

Fee: \$57 resident/\$71.25 non-resident

NOW HIRING FOR SPORTS STAFF

- » Coaches/Instructors » Field/Facility Supervisors
- » Referees/Umpires » Bus Drivers - driving 15 passenger vans

Competitive Pay + Work Perks
Experience preferred but not needed
Training Provided

» bit.ly/longmontrecjobs

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Youth Badminton Lessons

Badminton is a racquet sport played using racquets to hit a shuttlecock across a net. Learn rules, strokes, footwork and strategy. Emphasis is on doubles play (two players per side).
"badminton"

11-18 yrs: Sun, 5:30-6:30pm 112221 | 212221

Monthly sessions: Jan | Feb | Mar | Apr

Instructor: Manoj Gangwar

Location: St Vrain Memorial Bldg, 700 Longs Peak Ave

Fee: \$38.25 resident/\$48.00 non-resident

Fencing Lessons

Learn to fence! A lively class with simple instructions introduces you to footwork and blade work, as well as the history and terminology used in this exciting sport. Each class builds on the skills learned in the previous class. All fencing equipment is provided.
"fencing"

7-16 yrs: Wednesday, 5-6pm 112252 | 212252

Jan 7-Feb 11 | Feb 18-Mar 25

Apr 1-May 6 | May 13-June 17

Location: Fencing Academy of Denver in Longmont,
800 S Hover St #12

Fee: \$173.25 resident/\$216.75 non-resident

Shotokan Karate

Shotokan karate training boosts physical fitness, confidence, motor skills, flexibility, speed, concentration, discipline, and personal safety. Classes are led by Sensei Chad Callaghan, a 3rd degree black belt. Affiliated with the International Shotokan Karate Federation.
"karate"

7-17 yrs: Tue & Thurs, 6-7:30pm 145253 | 245253

18 & up: Tue & Thurs, 6-7:30pm 145254 | 245254

On-going monthly sessions

Youth Fee: \$80 resident/\$100 non-resident

Adult Fee: \$100 resident/\$125 non-resident

Instructor: Sensei Chad Callaghan

Location: St Vrain Memorial Bldg, 700 Longs Peak Ave

CARA Cross Country

Run long distance in a recreational atmosphere. Practices are co-ed. No meets.
"CARA"

9-14 yrs: Mar 30-May 8, Mon/Wed/Fri, 6-7pm 212262

Location: Various parks in Longmont

Fee: \$40 resident/\$50 non-resident

Middle School Soccer League

For boys and girls who attend participating schools. Practices are after school 2-3 times per week, 1-2 hours each day. Teams play at least four games per season, Mon-Fri, at 4pm or 5pm. This program is dependent upon coaches, please call 303-651-8398 if you are able to coach or referee. Pay starts at \$16.43/hour.
"soccer"

Grades 6-8: March 2 to end of April 212725

Fee: \$60



Tae Kwon Do

This is a traditional Chung Do Kwan style of Tae Kwon Do. All sparring is no-contact. Classes consist of basic techniques (kicks, punches, and blocks), forms or katas, no-contact sparring, and other self-defense techniques.
"tae kwon do"

7 & up: Jan 2-Mar 13, M/W/F, 5:45-7:15pm 147250

Mar 16-May 29, M/W/F, 5:45-7:15pm 247250

Instructor: Jim Goldsmith

Location: St Vrain Memorial Bldg, 700 Longs Peak Ave

Fee: \$130 resident/\$162.50 non-resident

ADULT SPORTS LEAGUES

Sport League registration and rules are available online and at the Longmont Recreation Center, 310 Quail Rd. Sign-up as a free agent! Free agents are individuals who don't have a team but want to play in an adult sports league. Free agents are combined to form a team(s).

**Split payment Option – Pay half the registration fee when you sign up and the rest of the fee halfway through the season. Split payment option adds \$20 to league pricing. Early Bird Discount – pay early and get a discount, look for before and after dates listed in the description.*

Winter & Spring Basketball

Adult Recreational 5v5 basketball leagues are offered in winter, spring, summer, and fall on Thursday nights. End of season tournament included. *“basketball”*

18 & Up: Longmont Recreation Center, 310 Quail Road

5v5 Winter Dates: Jan 15-Mar 19; 8 games

Registration Dates: Nov 3-Jan 5

Winter Team Fee*: \$505 before 12/23; \$555 after 12/22

Registration Deadline: Jan 5; \$20 late fee begins 1/6

Free Agent Fee: \$70 resident/\$87.50 non-res 112311

5v5 Spring Dates: Apr 2-Jun 4; 8 games

Registration Dates: Feb 2-Mar 23

Spring Team Fee*: \$505 before 3/10; \$555 after 3/9

Registration Deadline: Mar 23; \$20 late fee begins 3/24

Free Agent Fee: \$70 resident/\$87.50 non-res 212311

Spring & Summer Kickball

Looking for a fun, social activity? Kickball is a sport for all and is offered spring, summer, and fall. Play is coed and on Tuesday nights. End of season tournament included. *“kickball”*

16 & up: Garden Acres Ball Fields, 2058 Spencer St

Spring Kickball Dates: Mar 31-May 26; 8 games

Registration Dates: Jan 12-Mar 16

Spring Team Fee*: \$400 before 3/3; \$450 after 3/2

Registration Deadline: Mar 16; \$20 late fee begins 3/17

Free Agent Fee: \$45 resident/\$56.25 non-res 212331

Summer Kickball Dates: Jun 2-Aug 4; 8 games

Registration Dates: Apr 13-May 18

Summer Team Fee*: \$400 before 5/5; \$450 after 5/4

Registration Deadline: May 18; \$20 late fee begins 5/19

Free Agent Fee: \$45 resident/\$56.25 non-res 312331

Spring & Summer Softball

Hey batter, batter! Men's, women's, and coed softball leagues are offered during three seasons at Garden Acres Park. An end-of-season tournament is offered in the summer and fall. *“softball”*

16 & up: Garden Acres Ball Fields, 2058 Spencer St

Spring Dates: Mar 18-May 1; 6 games

Registration Dates: Jan 5-Mar 2

Spring Team Fee*: \$380 before 2/17; \$430 after 2/16

Registration Deadline: Mar 2; \$20 late fee begins 3/3

Free Agent Fee: \$46 resident/\$57.50 non-res 212323

Summer Dates: May 6-July 31; 10 games

Registration Dates: Mar 16-Apr 20

Summer Team Fee*: \$610 before 4/7; \$660 after 4/6

Registration Deadline: Apr 20; \$20 late fee begins 4/21

Free Agent Fee: \$60 resident/\$75 non-res 312323

Winter & Spring Indoor Volleyball

Play is 4v4 and on Tuesday evenings. Games are participant officiated. Social and competitive divisions offered. *“volleyball”*

16 & up: Longmont Recreation Center, 310 Quail Rd

Winter Volleyball Dates: Feb 3-Mar 10; 6 games

Registration Dates: Dec 1-Jan 19

Winter Team Fee: \$145 before 1/6; \$175 after 1/5

Registration Deadline: Jan 19; \$20 late fee begins 1/20

Free Agent Fee: \$44 resident/\$55 non-res

Spring Volleyball Dates: Mar 24-May 5; 6 games

Registration Dates: Jan 20-Mar 9

Spring Team Fee: \$145 before 2/24; \$175 after 2/23

Registration Deadline: Mar 9; \$20 late fee begins 3/10

Free Agent Fee: \$44 resident/\$55 non-res

Spring Flag Football

Down, set, hike! Play is 8v8, on Monday evenings, and designed for casual play with friends.

18 & up: Dry Creek Turf Fields,
1251 Grandview Meadows

Spring Dates: Mar 23-May 11; 8 games

Registration Dates: Jan 5-Mar 9

Spring Team Fee*: \$505 before 2/24; \$555 after 2/23

Registration Deadline: Mar 9; \$20 late fee begins 3/10

Free Agent Fee: \$70 resident/\$87.50 non-res

