

## DANCE DIMENSIONS

### Tiny Tutus

This class is a fun way for young students to start dancing. They will learn basic moves, build confidence, and improve coordination and strength. *“dance”*

|               |                               |                               |
|---------------|-------------------------------|-------------------------------|
| <b>3 yrs:</b> | <b>Fri, 9:45-10:30am</b>      | 444500                        |
|               | <b>Sept 4-Oct 23</b>          | \$150 res/\$187.50 non-res    |
|               | <b>Oct 30-Dec 18</b>          | \$131.25 res/\$164.25 non-res |
| Location:     | Dance Dimensions, 638 Main St |                               |

### Pre-Ballet & Tumbling

This exciting class is a great way for young students to start learning dance. They will focus on basic tumbling, ballet moves, and creative movement. *“dance”*

|                 |                               |                               |
|-----------------|-------------------------------|-------------------------------|
| <b>4-5 yrs:</b> | <b>Fri, 10:40-11:25am</b>     | 444502                        |
|                 | <b>Sept 4-Oct 23</b>          | \$150 res/\$187.50 non-res    |
|                 | <b>Oct 30-Dec 18</b>          | \$131.25 res/\$164.25 non-res |
| Location:       | Dance Dimensions, 638 Main St |                               |

### Lil Dancing Dynamites

Do you have a little one that LOVES music and can't sit still when they hear the rhythm? This high-energy introductory class features a variety of music and dance styles. *“dance”*

|                 |                                            |                               |
|-----------------|--------------------------------------------|-------------------------------|
| <b>4-5 yrs:</b> | <b>Wed, 4:30-5:15pm</b>                    | 444503                        |
|                 | <b>Sept 2-Oct 21</b>                       | \$150 res/\$187.50 non-res    |
|                 | <b>Oct 28-Dec 16</b>                       | \$131.25 res/\$164.25 non-res |
| Location:       | St Vrain Memorial Bldg, 700 Longs Peak Ave |                               |

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### Tiny Tots - Dance With Me

This class is a fun introduction to dance for young children who are not ready to be in class on their own. Dancers and caregivers move together while learning creative movement and basic skills. Students build confidence, coordination, and strength. *“dance”*

|               |                               |                               |
|---------------|-------------------------------|-------------------------------|
| <b>2 yrs:</b> | <b>Fri, 9-9:35am</b>          | 444506                        |
|               | <b>Sept 4-Oct 23</b>          | \$150 res/\$187.50 non-res    |
|               | <b>Oct 30-Dec 18</b>          | \$131.25 res/\$164.25 non-res |
| Location:     | Dance Dimensions, 638 Main St |                               |

### Kids Hip Hop

This class is for energetic young dancers who love to move, especially boys. It's a fun and easy-paced experience! Inexpensive white soled tennis shoes not worn on the street are required. *“dance”*

|                 |                                            |                               |
|-----------------|--------------------------------------------|-------------------------------|
| <b>6-8 yrs:</b> | <b>Wed, 5:15-6pm</b>                       | 444605                        |
|                 | <b>Sept 2-Oct 21</b>                       | \$150 res/\$187.50 non-res    |
|                 | <b>Oct 28-Dec 16</b>                       | \$131.25 res/\$164.25 non-res |
| Location:       | St Vrain Memorial Bldg, 700 Longs Peak Ave |                               |



## CENTENNIAL STATE BALLET

### Beginning Ballet

Beginning ballet classes prepare students to continue recreationally or enter our Ballet Program. *“dance”*

|                  |                                                     |        |
|------------------|-----------------------------------------------------|--------|
| <b>5-7 yrs:</b>  | <b>Sat, 10:30-11:30am</b>                           | 444611 |
|                  | <b>Sept 5-Oct 17   Oct 24-Dec 12</b>                |        |
| <b>8-10 yrs:</b> | <b>Wed, 5:30-6:30pm</b>                             | 444611 |
|                  | <b>Sept 2-Oct 14   Oct 21-Dec 9</b>                 |        |
| Location:        | Centennial State Ballet School, 350 Terry St School |        |
| Fee:             | \$164.50 resident/\$205.75 non-resident             |        |

### Ballet & Tap Combination

Twirl, leap, and tap your way into a world of rhythm and creativity in this high-energy ballet and tap combo class designed to spark a love for dance in every child! *“dance”*

|                 |                                              |        |
|-----------------|----------------------------------------------|--------|
| <b>3-4 yrs:</b> | <b>Tue, 4:30-5:30pm</b>                      | 444613 |
|                 | <b>Sept 1-Oct 13   Oct 20-Dec 8</b>          |        |
| <b>3-4 yrs:</b> | <b>Sat, 9:30-10:30am</b>                     | 444613 |
|                 | <b>Sept 5-Oct 17   Oct 24-Dec 12</b>         |        |
| Location:       | Centennial State Ballet School, 350 Terry St |        |
| Fee:            | \$164.50 resident/\$206 non-resident         |        |

## CHEER AND DANCE CONNECTION

### Tiny Gems Cheer & Dance Team

Sparkle, cheer, and dance! Preschoolers will learn beginner cheers, chants, dance moves, tumbling, basic stunts, and creative movement while building confidence, coordination, and teamwork. Fun activities and music keep everyone moving. Each session ends with a special performance for family and friends. *"dance"*

|                  |                                                 |        |
|------------------|-------------------------------------------------|--------|
| <b>4-5 yrs:</b>  | <b>Sept 3-Oct 8, Thurs, 4:45-5:30pm</b>         | 444630 |
|                  | <b>Oct 15-Nov 19, Thurs, 4:45-5:30pm</b>        | 444630 |
| <b>Location:</b> | Athletic Adventures, 3773 Monarch St, Frederick |        |
| <b>Fee:</b>      | \$105 resident/\$131.25 non-resident            |        |

### Gems Cheer & Dance Team

Join the Cheer and Dance Connection "Gem" Team! Athletes will learn cheer motions, chants, dance routines, jumps, beginner stunts, and performance skills while building strength, confidence, teamwork, and leadership in a fun and supportive environment. *"dance"*

|                  |                                                 |        |
|------------------|-------------------------------------------------|--------|
| <b>6-8 yrs:</b>  | <b>Sept 3-Oct 8, Thurs, 5:35-6:30pm</b>         | 444630 |
|                  | <b>Oct 15-Nov 19, Thurs, 5:35-6:30pm</b>        | 444630 |
| <b>Location:</b> | Athletic Adventures, 3773 Monarch St, Frederick |        |
| <b>Fee:</b>      | \$105 resident/\$131.25 non-resident            |        |

### Tiny Tumblers

Hop, run, and climb through fun obstacle courses. Learn basic gymnastics and tumbling skills on mats and balance beams. Build strength, balance, and coordination. Grow confidence. Practice listening and following directions. Have fun while learning to play and work with others. *"tumbling"*

|                  |                                           |        |
|------------------|-------------------------------------------|--------|
| <b>1-2 yrs:</b>  | <b>Sept 11-Oct 16, Fri, 5-5:45pm</b>      | 444652 |
| <b>Location:</b> | St Vrain Memorial Bldg, 700 Long Peak Ave |        |
| <b>Fee:</b>      | \$60 resident/\$75 non-resident           |        |

### Junior Jumpers

Build strength and flexibility. Improve balance and coordination. Learn basic gymnastics skills. Practice on mats and balance beams. Learn in a fun and safe environment. *"tumbling"*

|                  |                                           |        |
|------------------|-------------------------------------------|--------|
| <b>2-3 yrs:</b>  | <b>Sep 11-Oct 16, Fri, 6-6:45pm</b>       | 444653 |
| <b>Location:</b> | St Vrain Memorial Bldg, 700 Long Peak Ave |        |
| <b>Fee:</b>      | \$60 resident/\$75 non-resident           |        |



### Folk Dancing

Explore dances from all over the world. Each week one new dance will be taught, dances learned previously will be reviewed, and easier dances may be led without teaching. Folk dancing is great exercise in a fun social atmosphere! Beginners welcome. *"dance"*

|                    |                                     |        |
|--------------------|-------------------------------------|--------|
| <b>14-99 yrs:</b>  | <b>Sept 14-Nov 16, Mon, 7-8pm</b>   | 444767 |
| <b>Instructor:</b> | Ruth Thomson                        |        |
| <b>Location:</b>   | Izaak Walton Clubhouse, 18 S Sunset |        |
| <b>Fee:</b>        | \$50 resident/\$62.50 non-resident  |        |

### Dance Celebrating Neurodiversity

Join Mimi and friends for a dance session created for youth dancers and sensory seekers with neurodiversity. This class blends skill building, choreography, and movement games, with a variety of styles and music explored determined by the student community. Questions? Contact [mimi@dandelionartscollective.org](mailto:mimi@dandelionartscollective.org) *"dance"*

|                    |                                            |        |
|--------------------|--------------------------------------------|--------|
| <b>8-11 yrs:</b>   | <b>Sept 14-Oct 12, Mon, 5-5:50pm</b>       | 444622 |
|                    | <b>Oct 26-Nov 30, Mon, 5-5:50pm</b>        | 444622 |
| <b>Instructor:</b> | Dandelion Arts Collective                  |        |
| <b>Location:</b>   | St Vrain Memorial Bldg, 700 Longs Peak Ave |        |
| <b>Fee:</b>        | \$70 resident/\$87.50 non-resident         |        |

## ARTS & CRAFTS

### Hand Drumming

Hand drumming is a universal activity that can be enjoyed by everyone regardless of age, origin, talent, or ability. It is all inclusive and unites us with one common thread – The Love of The Beat! Check us out at [letsdrumnow.com](http://letsdrumnow.com). “drumming”

|                    |                                     |
|--------------------|-------------------------------------|
| <b>Sept 12-26</b>  | \$45 resident/\$56.25 non-res       |
| <b>Oct 3-24</b>    | \$60 resident/\$75 non-re           |
| <b>Nov 7-21</b>    | \$45 resident/\$56.25 non-res       |
| <b>Dec 5-19</b>    | \$45 resident/\$56.25 non-res       |
| <b>Instructor:</b> | Djembe jive LLC Nancy Brauhn Curnes |
| <b>Location:</b>   | Lashley St Station, 1200 Lashley St |



### Beginner Hand Drumming

No experience needed; drums and percussion instruments provided.

**9 & up:** Sat, 9-10am 447330

### Advanced Beginner Hand Drumming

This class is for those who have completed Beginning Drumming or have permission from the instructor. Build your skill level and number of learned rhythms.

**9 & up:** Sat, 10:15-11:15am 447331

### Intermediate Hand Drumming

Pre-requisite: Instructor approval.

**9 & up:** Sat, 11:30am-12:30pm 447354

## Callahan Classes

Art classes at Callahan House are hosted in the upstairs meeting room. Climbing stairs is required. All supplies included. No refunds for cancellations within 48 hours of class.

**Instructor:** Ellen Goetgeluck  
**Location:** Callahan House, 312 Terry St  
**Fee:** \$35 resident/\$43.75 non-resident  
 + \$10 materials fee due to instructor at time of class.

### Holiday Cards

Create and take home holiday-themed cards just in time to send to friends and family. Work on your own level while enjoying the process. These are beginner-friendly classes with fun results, perfect for people who love to be creative. “cards”

**12 & up:** Thursdays, 5-7:30pm  
**Oct 29:** Halloween: Ghosts & Pumpkins 447480  
**Nov 19:** Holidays: Winter & Christmas 447482

### Macrame Ornaments

Learn the macramé knots to make cute ornaments for your tree. They also make great gifts for friends and family. Make a gnome, a snowflake and a Christmas tree. “macrame”

**12 & up:** Dec 17, Thurs, 5-7:30pm 447477

### Sticky Fingers Cooking Enrichment Classes

Kids will have fun cooking with hands-on guidance from our chef instructors. They will prepare simple recipes, build kitchen skills, try new foods, and gain confidence. We provide all tools, ingredients, and instruction. “cooking”

**5-12 yrs:** Sept 3-Oct 8, Thurs, 4:30-5:30pm 446176  
 Oct 22-Dec 10, Thurs, 4:30-5:30pm 446176  
**Instructor:** Sticky Fingers Cooking  
**Location:** St Vrain Memorial Bldg, 700 Longs Peak Ave  
**Fee:** \$132 resident/\$165 non-resident

### Woodland Cupcake Decorating

Calling all cupcake lovers! Learn to decorate six cupcakes with fondant, decorating tools, and your creativity. Create fun woodland designs like mushrooms and cute animals with step-by-step guidance. No experience needed. \$10 material fee due to instructor at time of class. “cupcake”

**6 & up:** Sept 24, Thurs, 4-6pm 446147  
**Instructor:** Ellen Goetgeluck  
**Location:** Izaak Walton Clubhouse, 18 S Sunset  
**Fee:** \$35 resident/\$43.75 non-resident



## Introductory Still Life Drawing

An introductory course where participants learn basic drawing skills to produce their own still life art piece. Students will need to purchase their own art supplies. No experience with art required! *“drawing”*

**16 & up:** Oct 7-Nov 4, Wed, 5:15-7:15pm 447318  
**Instructor:** Jennifer R. Gracie  
**Location:** St Vrain Memorial Building, 700 Longs Peak Ave  
**Fee:** \$45 resident/\$79.75 non-resident

## Holiday Gingerbread House Workshop

Create your own ceramic gingerbread house in this festive workshop. Hand-build and decorate with clay, then paint with underglazes. Includes a lunch break and all materials. Pieces are fired and ready for pickup in 1-2 weeks at the artist's studio. *“gingerbread”*

**12 & up:** Oct 17, Sat, 9am-2pm 447427  
**Instructor:** Ana Balzan  
**Location:** TBA  
**Fee:** \$78 resident/\$97.50 non-resident



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## SEWING

Youth and adults can learn to sew in these beginner-friendly classes. Bring your own sewing machine if desired. *“sewing”*

**Instructor:** Cathy Georgerian  
**Location:** St Vrain Memorial Bldg, 700 Longs Peak Ave

### Sewing - Foxy Stole

Cooler weather is on the way, and scarves are a perfect way to warm up. We'll be using plush fabric to make a playful foxy wrap.

**9 & up:** Sept 26, Sat, 9am-12pm 447473  
**Fee:** \$35 resident/\$43.75 non-resident

### Sewing-Halloween Pillow

In this popular class, we start with a basic square and applique fabric to make a spooktacular creature for Halloween. Maybe a friendly ghost, cute pumpkin or a scary monster to name a few.

**9 & up:** Oct 17, Sat, 9am-12pm 446151  
**Fee:** \$35 resident/\$43.75 non-resident

### Sustainable Sewing: Napkins

Learn how to hem cloth napkins in different styles, from simple to fancy. Make your own reusable napkins while building sewing skills and learning a more sustainable way to set a table.

**9 & up:** Nov 14, Sat, 9am-12pm 447472  
**Fee:** \$35 resident/\$43.75 non-resident

### Sewing - Ugly Sweater

Ugly sweaters are a holiday favorite! In this hand-sewing class, decorate a mini felt sweater with fun trims and make a tiny hanger. Take home a festive ornament for your tree or gifts.

**9 & up:** Dec 10, Thurs, 5-8pm 447471  
**Fee:** \$35 resident/\$43.75 non-resident

### Sewing-Quilt & Pillow Workshop

Create a patchwork quilt using pre-cut fabric blocks in bold, colorful prints and solids. Learn how to piece fabric together, make unique blocks, and complete your own finished quilt.

**9 & up:** Dec 28-29, Mon & Tue, 9am-4pm 447470  
**Fee:** \$175 resident/\$209.75 non-resident

# GENERAL INTEREST

## YOUTHFLIX CAMP

Lights, camera, action! Campers create their own mock TV series while learning screenwriting, acting, camera work, storyboarding, and set design. They'll work as a team to bring their ideas to life. Families receive a professionally edited trailer and episode after camp. *"flix"*

**7-13 yrs:** Nov 23-25, Mon-Wed, 1-4pm 446903  
**Instructor:** Talk to the Camera  
**Location:** Izaak Walton Clubhouse, 18 S Sunset  
**Fee:** \$150 resident/\$187.50 non-resident

## Spanish Language: Beginning

Learn the basics of Spanish. Practice reading, writing, speaking, and listening. Build your vocabulary. Learn how to say words correctly. Practice making simple sentences and using common verbs. Use your Spanish in everyday conversations. Fun activities help you practice and build confidence. *\*No class 11/23-27.* *"Spanish"*

**9 & up:** Mon, Wed, or Fri, 10-11:30am  
Sept 9-Dec 7 447161  
**Instructor:** Laura Reed  
**Location:** St Vrain Memorial Bldg, 700 Long Peak Ave  
**Fee:** \$90 resident/\$112.50 non-resident



## PLAY-WELL TEKNOLOGIES LEGO®

Build, craft, design and create! Explore the endless possibilities of LEGO® with a trained Play-Well Instructor. *"lego"*

**Instructor:** Play-Well TEKnoLogies  
**Location:** St Vrain Memorial Bldg, 700 Longs Peak Ave  
**Fee:** \$126 resident/\$157.50 non-resident

## Minecraft LEGO Engineering

Bring Minecraft to life with LEGO® bricks! Build shelters, craft items, and defend against Creepers and the Wither with our instructors. If you can imagine it, you can build it.

**6-11 yrs:** Nov 20, Fri, 4-5:30pm 446186

## Halloween LEGO Workshop

Get ready for spooky fun! Build moving Halloween decorations using LEGO® bricks while learning simple engineering concepts like gear drives. Create ghosts and other festive designs to wow trick-or-treaters. With thousands of bricks, your Halloween display will be creative and fun.

**6-11 yrs:** Oct 30, Fri, 4-5:30pm 446186

## Winter LEGO Engineering

In this workshop we use engineering, architecture, and creativity to build a magical Winter Wonderland. Build motorized LEGO® snowmobiles and gondolas or create a hilltop village with ski slopes and sledding.

**6-11 yrs:** Dec 21-23, Mon-Wed, 9am-12pm 446186

## RESOURCES

### Love Without the Noise:

#### Managing Anxiety While Dating

Dating can be fun but also stressful. Learn simple ways to feel calm, confident, and be yourself while dating. This class helps you manage anxiety, stop overthinking, and build healthy dating habits for stronger, more genuine connections.

**18 & up:** Nov 5-19, Thurs, 6:30-7:45pm 444708  
**Instructor:** Helaine Reiner  
**Location:** Izaak Walton Clubhouse, 18 S Sunset  
**Fee:** \$45 resident/\$56.25 non-resident

### Will Maker Legal Seminar

Estate planning made easy! In one session, you will complete a will, financial power of attorney, and medical directive with a Colorado-licensed attorney. Includes materials, notarizing, review, and time for questions. Pre-registration is required. Cost is per person. No materials needed. *"will maker"*

**18 & up:** Monday, 1:30-4:30pm 447120  
Sept 21 | Oct 5 | Nov 16 | Dec 14  
**Instructor:** Rocky Mountain Legal Center  
**Location:** Izaak Walton Clubhouse, 18 S Sunset  
**Fee:** \$130 resident/\$162.50 non-resident

## REAL ESTATE INVESTING

Presented by A Better Way Realty. Instructor Jim Flint, CRS, has 40 years' experience with real estate in five states. A \$20 workbook fee is payable to instructor at class. **"invest"**

Instructor: Jim Flint of Better Way Realty  
Location: St Vrain Memorial Bldg, 700 Longs Peak Ave  
Fee: \$30 resident/\$37.50 non-resident  
+ \$20 material fee due to instructor

### Fundamentals of Real Estate Investing

Learn how to buy homes in today's market and take advantage of opportunities like foreclosure sales. Explore bidding strategies, realistic cash flow projections, 1031 and Reverse Exchanges, tax reduction, and investing in cash-flow mini storage. Includes a personal meeting with instructor.

**21 & up:** Sept 22, Tue, 6-9pm 447121

### Managing Your Rental Properties

Taught by Jim Flint, CRS, and Dan Hagstrom. Learn tenant screening, eviction procedures, property maintenance, and Fair Housing Laws. Discuss professional property management and review a lease. **"rental"**

**Sept 24, Thurs, 6-9pm** 447126

### Alternatives to Traditional Real Estate Investing

Explore real estate investing beyond single-family homes and condos! Learn about commercial properties, assisted living homes, partnerships, and more. Create a business plan, understand financing, management, and ROI formulas. Ideal for experienced investors or those looking to diversify. **"investing"**

**18 & up:** Sept 29, Tue, 6-9pm 447127

## Angles Sports-Full Day Fly Fish

Build confidence to fly fish in Colorado rivers and lakes. This intro class is for beginners or anyone wanting a refresher and includes classroom and outdoor instruction, plus a lunch break. Learn gear basics, knot tying, reading water, basic entomology, and casting skills. **"fish"**

**10 & up:** Sept 12, Sat, 8am-3:30pm 447718  
Location: Angles Sports, 463 Main St  
Fee: \$100 resident/\$125 non-resident

## Hikes with Naturalist Suzanne Michot

Join naturalist Suzanne Michot on interpretive hikes around Chatauqua. Wear boots or study shoes and bring water, snacks, and rain gear. No pets, please. **"hike"**

Instructor: Suzanne Michot  
Location: Chatauqua Dining Hall, 900 Baseline Rd, Boulder

### Hike and Draw Beneath the Flatirons

Experience nature through art on a guided hike in Boulder Open Space Mountain Parks with views of the Flatirons. Learn basic drawing skills while observing plants, wildlife, geology, and landscapes. No experience needed. Bring sketching supplies.

**18 & up:** Oct 31, Sat, 1-4pm 447941  
Fee: \$30 resident/\$37.50 non-resident

### Hike to Woods Quarry

Join a guided hike to Woods Quarry and explore a historic Lyons sandstone quarry in Boulder Open Space Mountain Parks. Learn about the area's plants, animals, geology, and history with a naturalist. The hike is about 3 miles with a 700-foot elevation gain.

**18 & up:** Nov 21, Sat, 1-3:30pm 447942  
Fee: \$20.50 resident/\$25.75 non-resident

### History and Nature Hike

Discover the shared history of Chatauqua and Boulder Open Space Mountain Parks while learning about local plants, wildlife, and geology. The hike is about 3 miles with a 700-foot elevation gain.

**18 & up:** Sept 15, Tue, 5-7pm 447944  
Fee: \$20.50 resident/\$25.75 non-resident

### Sanitas History Hike!

Take a 3-mile hike in Boulder's Sanitas area. Learn about its history, geology and wildlife and how Mt Sanitas got its name. The hike has a 500-foot elevation gain.

**18 & up:** Oct 1, Thurs, 5-7:15pm 447945  
Location: Meet at Centennial Trailhead, 301 Sunshine Canyon Rd.  
Fee: \$20.50 resident/\$25.75 non-resident

