

Preschool Sports

These clinics are indoors and/or outdoors and focus on the basics of the game, listening, sportsmanship, and teamwork. Come prepared for the weather (bring a water bottle and wear sunscreen). *“sports”*

3-5 yrs: Sept 5-26 | Oct 3-24 Saturdays

Basketball	8:45-9:30am	412116
Soccer	9:45-10:30am	412121
Tball	10:45-11:30am	412122

Sept Location: Longmont Recreation Center, 310 Quail Rd

Oct Location: St Vrain Memorial Building, 700 Longs Peak Ave

Fee: \$44 resident/\$55 non-resident

Amazing Athletes

Help your child build confidence through movement, play, and skill development. With exposure to 10 different sports, kids stay engaged while building coordination, focus, and a strong athletic foundation. It's more than just a class — Amazing Athletes is where confident athletes are built.

Amazing Tots:

1-3 yrs:	Sept 1-Oct 6, Tue, 4:30-5pm	445214
	Oct 13-Nov 17, Tue, 4:30-5pm	445214
	Dec 1-Jan 12, Tue, 4:30-5pm	445214

Amazing Athletes:

3-5 yrs:	Sept 1-Oct 6, Tue, 5-5:45pm	445213
	Oct 13-Nov 17, Tue, 5-5:45pm	445213
	Dec 1-Jan 12, Tue, 5-5:45pm	445213

Instructor: Amazing Athletes

Location: St Vrain Memorial Bldg, 700 Longs Peak Ave

Fee: \$90 resident/\$112.50 non-resident

Youth Badminton Lessons

Badminton is a racquet sport played using racquets to hit a shuttlecock across a net. Learn rules, strokes, footwork and strategy. Emphasis is on doubles play (two players per side). Bring your own racquet. *“badminton”*

11-18 yrs:	Sun, 5:30-6:30pm	412221
	Monthly sessions: Sept Oct Nov	

Location: St Vrain Memorial Bldg, 700 Longs Peak Ave

Fee: \$38.25 resident/\$48 non-resident

CARA Cross Country

Run long distance in a recreational atmosphere and compete in a meet appropriate to age and skill level. Practices are coed. Optional meets are on Saturdays and/or Sundays. A copy of a birth certificate at time of registration/first practice is required. *“CARA”*

7-14 yrs:	Aug 17-Oct 10, Mon/Wed, 6-7pm	412262
Location:	Various parks in Longmont	
Fee:	\$73 resident/\$91.25 non-resident	

Fencing Lessons

Learn to fence! A lively class with simple instructions introduces you to footwork and blade work, as well as the history and terminology used in this exciting sport. Each class builds on the skills learned in the previous class. All fencing equipment is provided. *“fencing”*

7-16 yrs:	Wednesday, 5-6pm	412252
	Sept 9-Oct 14 Oct 21-Nov 25 Dec 2-Jan 6	

7-16 yrs:	Saturday, 1-2pm	412252
	Aug 29-Oct 3 Oct 10-Nov 14 Nov 21-Dec 26	

Location: Fencing Academy of Denver in Longmont, 800 S Hover St #12

Fee: \$173.25 resident/\$216.75 non-resident

Youth Climbing Classes

These classes are a fun way for kids to try rock climbing in a safe and friendly space. Climbers learn how to use climbing gear, practice basic moves, and play games that help them build strength and confidence. Instructors help everyone learn at their own speed, with lots of support and encouragement. No climbing experience needed! All equipment provided. Wear comfy clothes and athletic shoes. *“climbing”*

Beginners 6-9yrs:	Thurs, 4-5pm or 5-6pm	417346
	Sept 10-24 Oct 1-22 Oct 29-Nov 19	

Intermediate 6-9yrs:	Fri, 4-5pm or 5-6pm	417346
	Sept 11-25 Oct 2-23 Oct 30-Nov 20	

All Levels 10-13 yrs:	Wed, 4-5pm	417346
	Sept 9-23 Sept 30-Oct 21 Oct 28-Nov 18	

Location: Longmont Recreation Center, 310 Quail Rd

Sept Fee: \$41.25 resident/\$51.50 non-resident

Oct Fee: \$55 resident/\$69 non-resident



Now Offering Belay Certifications

The Longmont Recreation Top-Rope Belay Certification is a practical, skills-only assessment -- not a class. Candidates must already be proficient Gri-Gri belayers before requesting a test. With this certification, individuals 14 and older can belay others under staff supervision. No appointment needed, check-in with climbing wall staff

14 & up: During Climbing Wall Open Hours

Fee: Regular drop-in admission/pass

Youth Basketball: Grades K-2

Learn to play basketball while having fun! Includes a t-shirt and a basketball.

Kindergarten: Instructional, no games	
Oct 20-Nov 17, Tue, 4:15-5pm	412201
Location: Longmont Recreation Center, 310 Quail Rd	
Fee: \$60.50 resident/\$75.75 non-resident	

1st & 2nd Grade: Five Monday practices at either 5:15pm or 6pm. Four Tuesday games are at 5:15pm or 6:15pm. Schedules provided by Oct 16.

Oct 19-Nov 17, Mon & Tues, 5:15-7pm	412022
Location: Longmont Recreation Center, 310 Quail Rd	
Fee: \$83.25 resident/\$104.75 non-resident	



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Keyword here



Fall Youth Volleyball League

Join our coed volleyball league focused on teamwork, sportsmanship, skill-building, and fun! Each team plays 6 games and practices 2 hours per week.

Registration deadline: Sept 6. Games begin: Oct 10. *“volleyball”*

Sept 28-Nov 14	Grades 3 & 4	412423
	Grades 5 & 6	412425
	Grades 7 & 8	412427
Fee:	\$95.50 resident/\$119.50 non-resident	

CARA High School Volleyball League

For girls in high school not playing on a high school or club volleyball team. Times, dates and location of practices depend on coach's availability. Teams travel to Denver Metro locations to play games on Saturdays. *“volleyball”*

Grades 9-12	Sept 7-Nov 7	412429
Fee:	\$120 resident/\$150 non-resident	

Youth Basketball League: Grades 3-12

Practice two hours per week at local schools Monday-Friday evenings. Grades 3-8 play Saturday games in Longmont or surrounding towns. A basketball, Junior Nuggets reversible branded jersey, and a ticket to a Denver Nuggets game are included. High School League is for players who DO NOT play on a high school or club team. HS games are played on Sundays. Registration deadline is Dec 13. *“basketball”*

Dates: Jan 11-Feb 27, games begin Jan 23 & 24

Boys		Girls	
3rd Grade	112003	3rd / 4th Grade	112013
4th Grade	112004		
5th Grade	112005	5th / 6th Grade	112015
6th Grade	112006		
7th Grade	112007	7th/8th Grade	112017
8th Grade	112008		
9th-12th Grade	112012	<i>9th-12 Grade not offered</i>	
Individual Fee:		\$115 resident/\$143.75 non-resident	

New Team Basketball Registration Available!

Boys grades 3-12 and girls grades 3-8 may now register as team. Registration and full payment should be done by the coach – information on how each individual player registers (at no fee) will be provided to the coach. *“basketball”*

Team Fee:	\$1,150 per team
Code:	use basic code for grades above



Middle School Soccer League

For boys and girls who attend participating schools. Practices are after school 2-3 times per week, 1-2 hours each day. Teams play at least four games per season, Mon-Fri, at 4pm or 5pm. This program is dependent upon coaches, please call 303-651-8398 if you are able to coach or referee. Pay starts at \$16.43/hour. *“soccer”*

Grades 6-8: Early-Sept to mid-Oct	412725
Fee:	\$60

YOUTH & ADULT TENNIS LESSONS

Sessions are nine weeks long and end the week of Oct 26. Make-up classes will be held the week of Nov 2 if needed.

Tennis lessons for the very beginner and for those with some tennis skills. Learn proper technique, how to play, and ways to be competitive on the court. Each lesson focuses on your individual needs to help build confidence and improve your game.

Instructor: Henri Nawrocki

Location: Quail Tennis Court Complex, 310 Quail Rd

Youth Tennis Lessons – Ages 5-10

A developmental program for beginner to advanced beginner players. Develop tennis skills in a safe and friendly environment. *“tennis”*

Fall Session: Aug 31-Nov 4

5-6 yrs: Mon or Wed 3:45-4:30pm 412600

7-8 yrs: Mon, Wed, or Fri 4:30-5:15pm 412601

Fee: \$137.25 resident/\$171.75 non-resident

9-10 yrs: Mon, Wed, or Fri 5:15-6:15pm 412602

Fee: \$180 resident/\$225 non-resident

Junior Tennis – Ages 11-16

These game-based programs use specific exercises and fun games to help students understand aspects of tennis.

Fall Session: Sept 1-Nov 5

Beginner: Tue or Thurs, 4-5pm 412603

Intermediate: Tue or Thurs, 5-6pm 412613

Fee: \$180 resident/\$225 non-resident

Adult Tennis - Ages 16 & up

Beginners with little to no experience are introduced to basic techniques and movement, scoring, and some strategy. Intermediate requires solid basic strokes and knowledge of the game. Emphasis is on improving existing skills and movement.

Session 1: Sept 2-30 | Session 2: Oct 7-Nov 4

Adult Beginner: Wed, 6:15-7:45pm 412605

Adult Intermediate: Mon, 6:15-7:45pm 412615

Fri, 9-10:30am 412615

Session 1 Fee: \$196.50 resident/ \$245.75 non-resident

Session 2 Fee: \$157.75 resident / \$196.50 non-resident

PICKLEBALL LESSONS

Youth & Teen Pickleball Lessons

Pickleball is a combination of badminton, ping pong and tennis and played with a whiffle ball on a short tennis court. It's fun, social and easy to learn. Come learn the basics of the sport. Equipment provided. *“pickleball”*

9-11 yrs: Tue, 5:15-6:15pm 412222

Monthly session: Sept | Oct

12-15 yrs: Tue, 6:30-7:30pm 412222

Monthly session: Sept | Oct

Location: Hover Pickleball Courts, 1361 Charles St

9-15 yrs: Nov 3-Dec 1, Tue, 4:30-5:30pm 412222

Location: Longmont Recreation Center, 310 Quail Rd

Fee: \$57 resident/\$71.25 non-resident

Adult Pickleball Clinic

For players at intermediate to advanced levels. Join us to get better at pickleball while making new friends and having fun. The first hour is for drills, and the second hour is for practicing what you learned. You'll work on different serves, returns, and game strategies to help your team win. *“pickleball”*

18 & up: Sept 14-Oct 5, Mon, 5:30-7:30pm 312392

Location: Hover Pickleball Courts, 1361 Charles St

Fee: \$100 resident/\$125 non-resident

Adult Pickleball Lessons

Pickleball is combination of badminton, ping pong, and tennis. Learn rules, techniques, and basic strategies. Bring water and wear appropriate shoes for the court. *“pickleball”*

Fee: \$57 resident/\$71.25 non-resident

16 & up: Level 1: Beginners 412322

Equipment provided. For beginners.

Wed, 4:30-5:30pm Sept 9-30 | Oct 7-29

Thurs, 5:30-6:30pm Sept 10-Oct 1 | Oct 8-29

Location: Hover Acres Park, 1361 Charles Dr

Fri, 9-10am Nov 6-Dec 4

Sun, 1-2pm Nov 1-22

Location: Longmont Recreation Ctr, 310 Quail Rd

16 & up: Level 2: Advanced Beginners 412322

For players who have completed Level 1 or who advanced beginner or low intermediate players. Further develop your skills as well as next-level strategies. Equipment available.

Wed, 5:30-6:30pm Sept 9-30 | Oct 7-28

Thurs, 4:30-5:30pm Sept 10-Oct 1 | Oct 8-29

Location: Hover Acres Park, 1361 Charles Dr

Wed, 9-10am Nov 4-Dec 2

Location: Longmont Recreation Ctr, 310 Quail Rd

Shotokan Karate

Shotokan karate helps improve fitness, confidence, motor skills, flexibility, speed, focus, discipline, and personal safety. The classes are taught by Sensei Chad Callaghan, a 3rd degree black belt, and are part of the International Shotokan Karate Federation.

“karate”

7-17 yrs: Tue & Thurs, 6-7:30pm 445251

18 & up: Tue & Thurs, 6-7:30pm 445254

On-going monthly sessions

Youth Fee: \$80 resident/\$100 non-resident

Adult Fee: \$100 resident/\$125 non-resident

Instructor: Sensei Chad Callaghan,
Budo Shotokan Karate

Location: St Vrain Memorial Bldg,
700 Longs Peak



Tae Kwon Do

This is a traditional Chung Do Kwan style of Tae Kwon Do. All sparring is no-contact. Classes consist of basic techniques (kicks, punches, and blocks), forms or katas, no-contact sparring, and other self-defense techniques. *“tae kwon do”*

7 & up: Sept 2-Dec 30, M/W/F, 5:45-7:15pm 447250

Instructor: Jim Goldsmith

Location: St Vrain Memorial Bldg, 700 Longs Peak

Fee: \$130 resident/\$162.50 non-resident



ROLLER SKATING

Community Roll: First Rides Skate Class

Join us for a fun and supportive introduction to roller skating. Learn basic skating skills in this one-hour class. Practice balance, skating forward, stopping, and other skills to help you feel safe and confident on skates. Registration includes admission to open skate following the lesson.

4 & up: Select Saturdays, 6-7pm 446253

Daily Fee: \$30

Location: St Vrain Memorial Bldg, 700 Long Peak Ave

Community Roll: Open Skate Pop-Up

Practice your roller skating skills, skate to great music, and enjoy two hours of fun in a welcoming community setting. Skate rental available. *“skate”*

4 & up: Select Saturdays, 7-9pm 446253

Daily Fee: \$15

Instructor: FreeWheel

Location: St Vrain Memorial Bldg, 700 Long Peak Ave

NEED PRACTICE SPACE? WANT TO RENT A BALLFIELD?

Any organized sports team practicing at a City facility or athletic field must have a permit. Contact the Sports Office for permits, pricing, and more information at 303-774-3527 or sports@longmontcolorado.gov.

NOW HIRING FOR SPORTS STAFF

- » Coaches/Instructors
- » Referees/Umpires
- » Field/Facility Supervisors
- » Bus Drivers - driving 15 passenger vans

Competitive Pay + Work Perks

Experience preferred but not needed

Training Provided

CITY OF
Longmont
Recreation



ADULT SPORTS LEAGUES

Sport League registration and rules are available online and at the Longmont Recreation Center, 310 Quail Rd. Sign-up as a free agent! Free agents are individuals who don't have a team but want to play in an adult sports league. Free agents are combined to form a team(s).

**Split payment Option – Pay half the registration fee when you sign up and the rest of the fee halfway through the season. Split payment option adds \$20 to league pricing. Early Bird Discount – pay early and get a discount, look for before and after dates listed in the description.*

Fall Adult Basketball

Adult Recreational 5v5 basketball leagues are offered in winter, spring, summer, and fall on Thursday nights. End of season tournament included. **“basketball”**

18 & up: Longmont Recreation Center, 310 Quail Rd
Adult 5v5 Fall Dates: Sept 10-Nov 12; 8 games
 Registration Dates: Jun 29-Sept 1
 Fall Team Fee*: \$505 before 8/18; \$555 after 8/17
 Registration Deadline: 9/1; \$20 late fee begins 9/2
 Free Agent Fee: \$70 resident/\$87.50 non-res 412311

Fall Adult Flag Football

Down, set, hike! Flag Football returns to Longmont's athletic line up and will play at the new turf fields at Dry Creek Park. Play is 8v8, on Monday evenings, and designed for casual play with friends. **“football”**

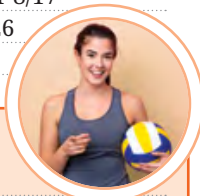
18 & up: Dry Creek Turf Fields, 1251 Grandview Meadows
Fall Dates: Sept 14-Nov 2; 8 games
 Registration Dates: Jul 6-Aug 31
 Fall Team Fee*: \$505 before 8/18; \$555 after 8/17
 Registration Deadline: 8/31; \$20 late fee begins 8/26
 Free Agent: \$70 res/\$87.50 non-res

Fall Indoor Adult Volleyball

Play is 4v4 and on Tuesday evenings. Games are participant officiated. Social and competitive divisions offered. **“volleyball”**

16 & up: Longmont Recreation Center, 310 Quail Rd
Fall Volleyball Dates: Sept 15-Oct 20; 6 games

Registration Dates: Jul 27-Aug 31
 Fall Team Fee: \$145 before 8/18; \$175 after 8/17
 Registration Deadline: Aug 31; \$20 late fee begins Sept 1
 Free Agent Fee: \$44 res/\$55 non-res 412326



LAST CHANCE TEAM ENROLLMENTS

The deadline for the following leagues has passed, yet there may be room for one or two more teams. To register, email sports@longmontcolorado.gov.

Fall Coed Kickball

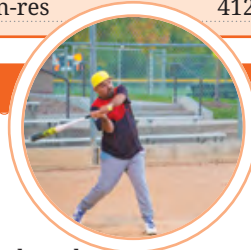
Adult kickball is wild fun – a sport that athletes of all abilities can play. Play is coed and on Tuesday nights. **“kickball”**

18 & up: Garden Acres Ballfields, 2058 Spencer St
Fall Dates: Aug 11-Oct 13; 8 games
 Fall Team Fee*: \$450

Fall Softball

Hey batter, batter! Men's, women's, and coed softball leagues are offered during three seasons. **“softball”**

16 & up: Garden Acres Ballfields, 2058 Spencer St
 Fall Dates: Aug 12-Oct 16; 8 games
 Fall Team Fee*: \$550

GOLF LONGMONT www.golflongmont.com

Three Great Municipal Courses, One Extraordinary Experience

- » Sunset Golf Course
- » Twin Peaks Golf Course
- » Ute Creek Golf Course

Players Cards offering discounts on rounds of golf are now on sale.

Purchase at the golf course club house while supplies last.



Sunset Golf Course
 303-651-8466
 1900 Longs Peak Ave



Twin Peaks Golf Course
 303-651-8401
 1200 Cornell Drive



Ute Creek Golf Course
 303-774-4342
 2000 Ute Creek Drive

Visit GolfLongmont.com

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